

# Sample size and sampling methods

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# End of this session

Participants are able to:

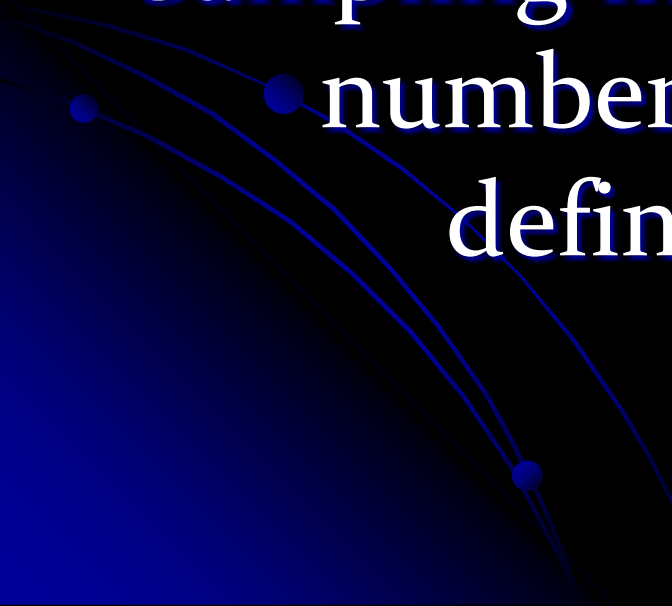
- ❑ describe the concept of sampling methods.
- ❑ discuss issue related to the choice of sampling methods.
- ❑ decide appropriate on the sampling method for research design being develop.

# Introduction

What is sampling?

Sampling involves the selection of a

- number of study units from a  
define study population



Research design concerns the selection of the components of a research project.

Five components which are essential to the coherence of your study



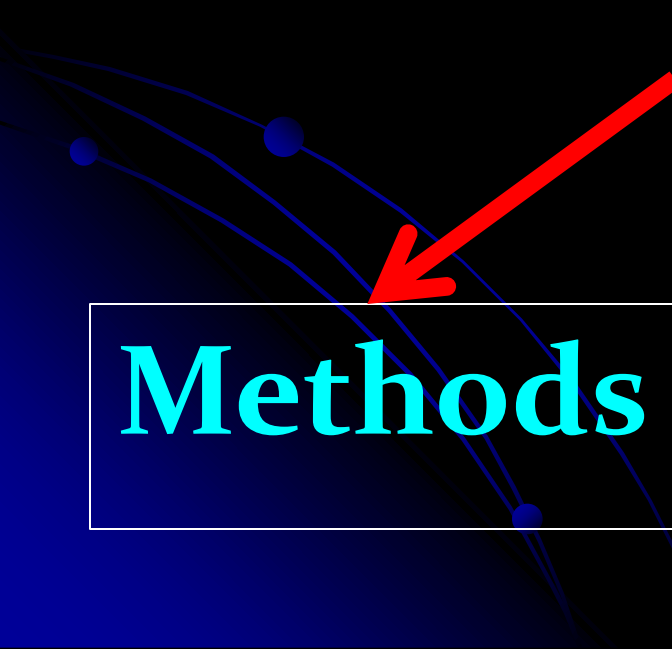
**Purpose**

**Theory**

**Research  
question**

**Methods**

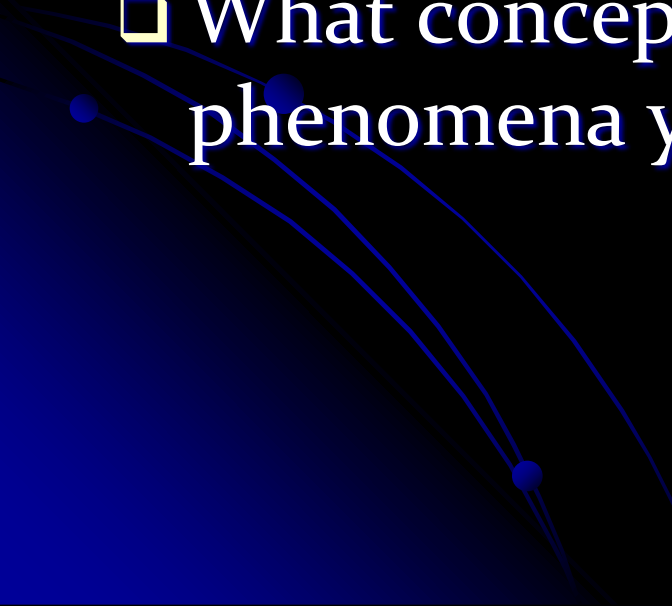
**Sampling**



# Purpose(s)

- ❑ What is the research trying to achieve?
- ❑ Why is it being done?
- ❑ Are you seeking to describe something, or explain or understand something?
- ❑ Is it in response to a problem or issue for which solutions are sought?
- ❑ Is it hoped to change something as a result of the research?

# Theory

- ❑ What theories will guide or inform your study? This includes theories associated with research traditions.
  - ❑ How will you understand the findings?
  - ❑ What conceptual framework links the phenomena you will study?
- 

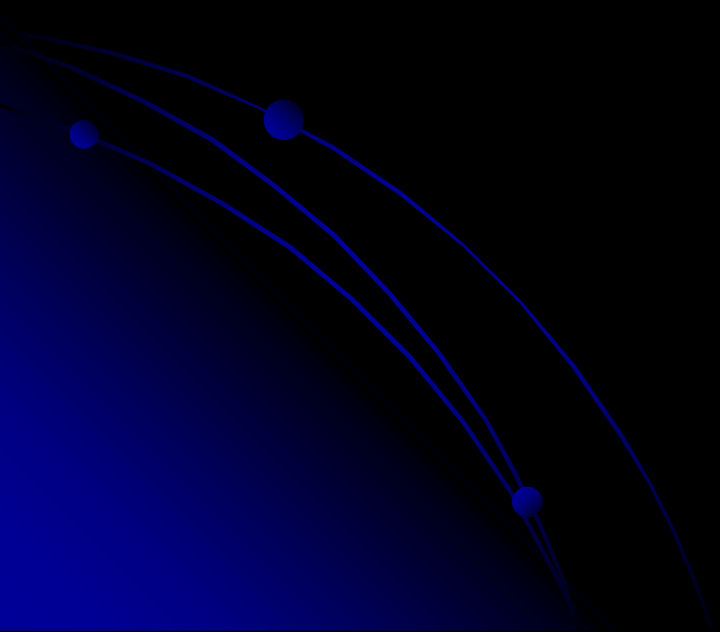


# Research questions

- ❑ To what questions is the research being geared to finding answers?
- ❑ What do you need to know to achieve the purpose(s) of your study?
- ❑ How are the questions related to one another?
- ❑ What is it feasible to ask given the resources of time, money, manpower etc available to you?

# Sampling strategy

- ❑ From whom should you seek data?
- ❑ Where and when?
- ❑ How large should your sample be?



# Methods

- ❑ What specific methods/techniques will you use to collect data?
- ❑ How do these constitute an **integrated** strategy?
- ❑ How will the data be analyzed?
- ❑ What are the threats to *trustworthiness* of the data and what methods will you use to deal with these?

# Sampling methods

Two main types of sampling:

1. **Probability sampling**
2. **Non probability sampling  
(purposive)**



# 1. Probability sampling

Probability sampling is generally held to be the most precise type of sampling, but it is largely **inappropriate for qualitative research.**



**Population** → **Sampling**

**Data collection/  
analysis**

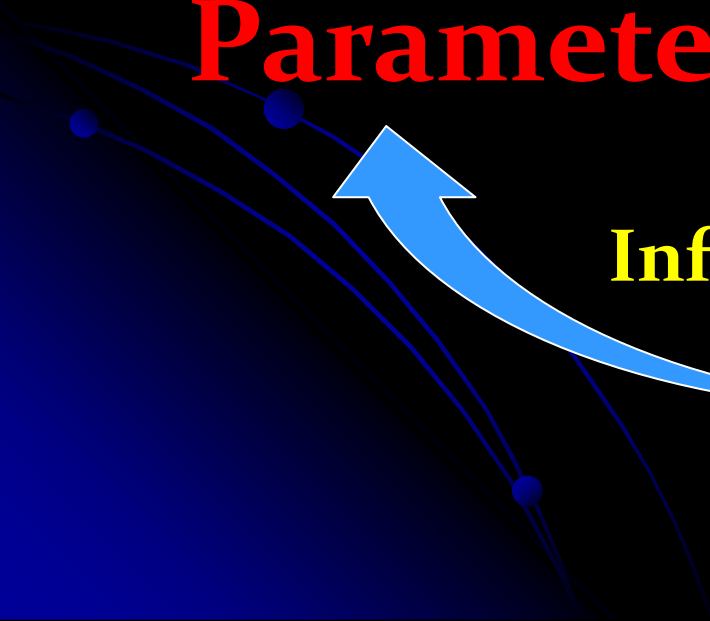
**Study sample**

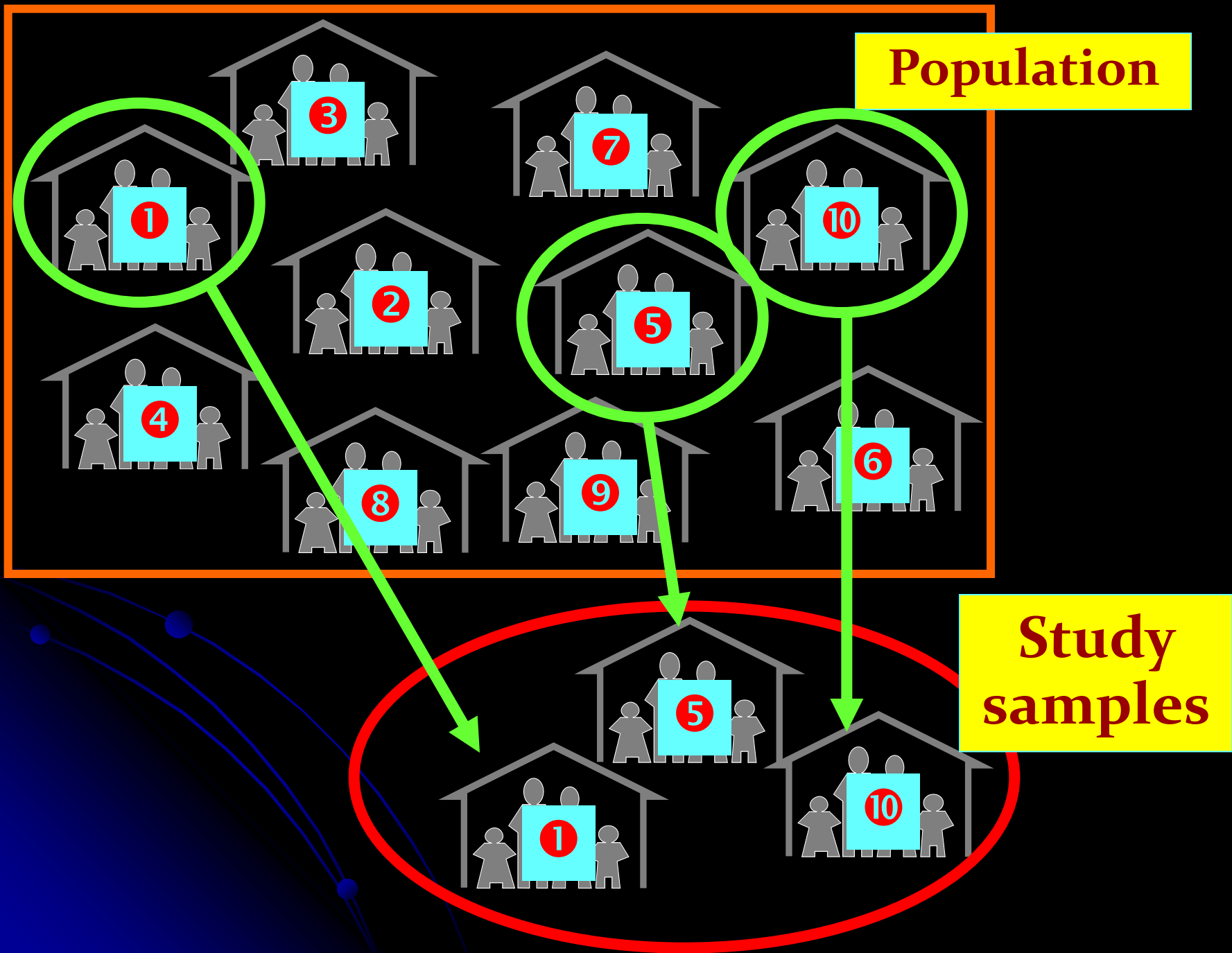
**Descriptive  
statistic**

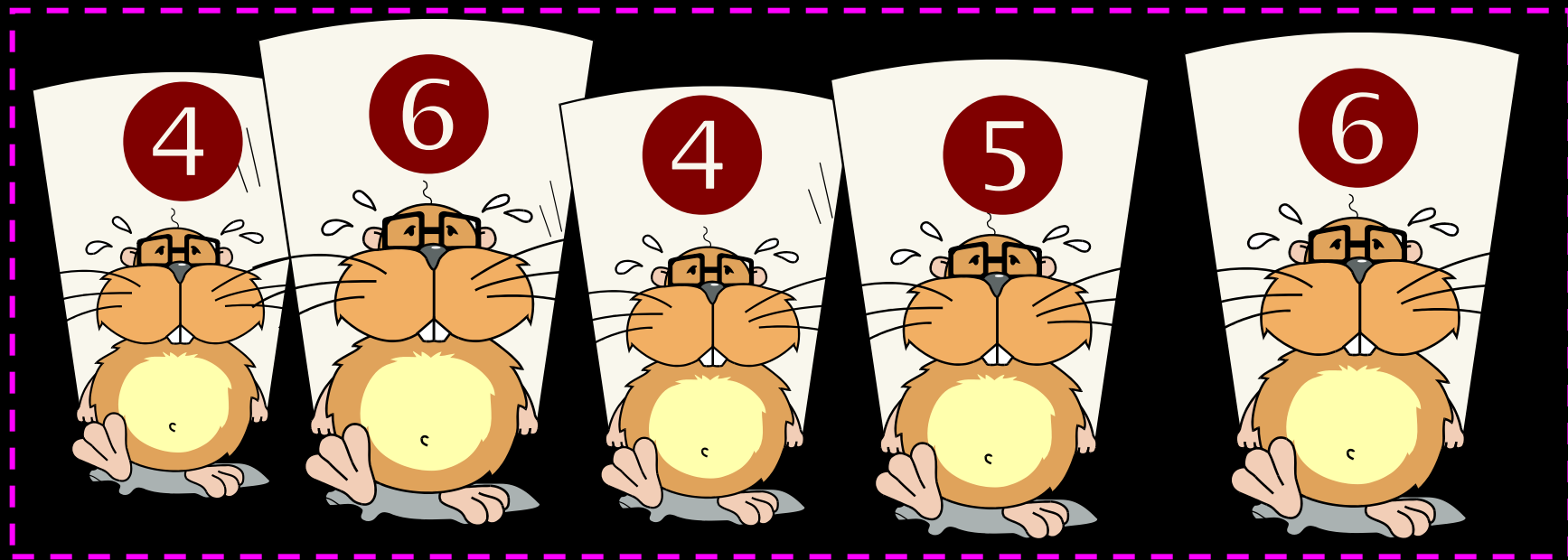
**Parameter**

**Statistics**

**Inferential statistic**



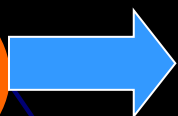




*Outcome (weight)*



**Mean**



$$\frac{4+6+4+5+6}{5}$$

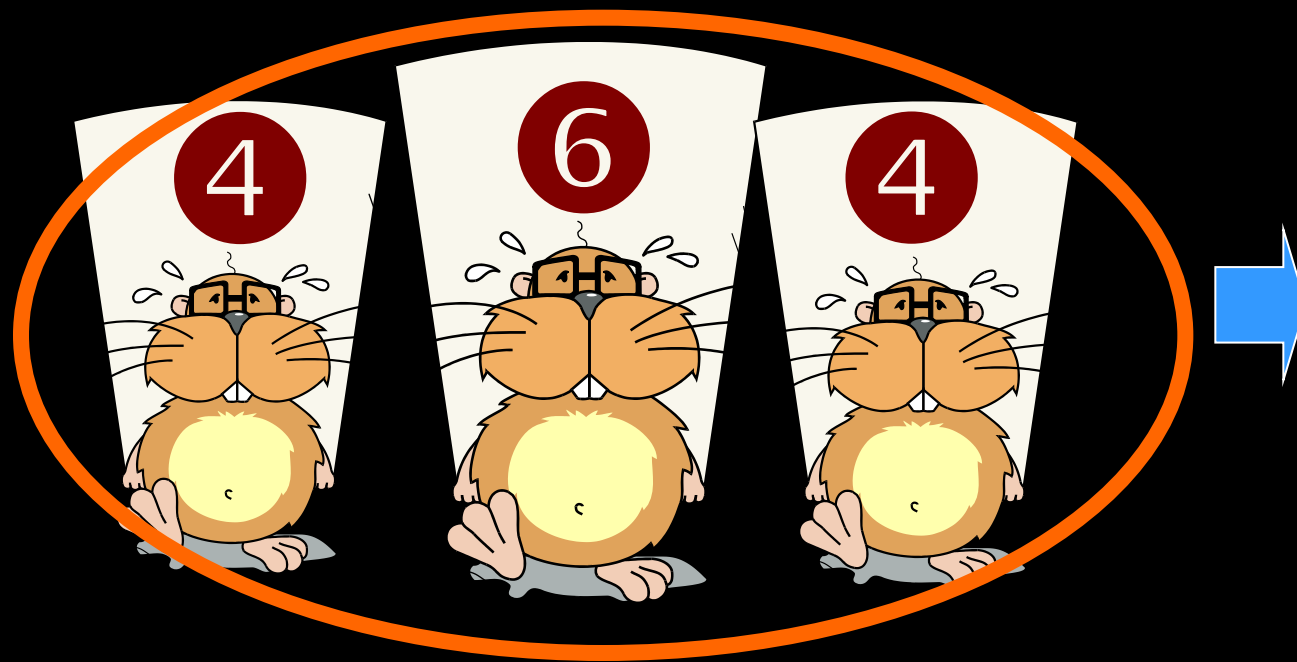
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**5**

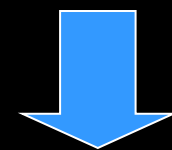
**Parameter**



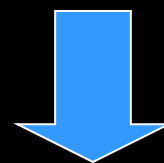




**Study  
samples**

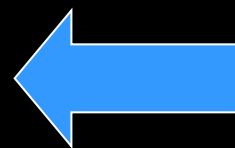


**Mean**

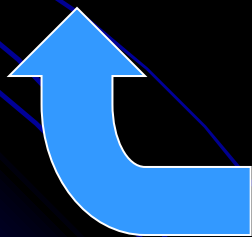


$$\frac{4+6+4}{3}$$

**4.67**

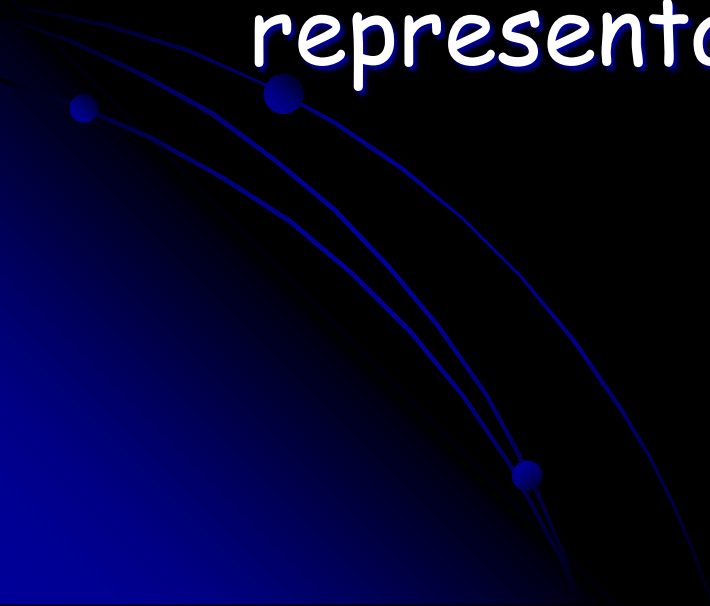


**Statistics**

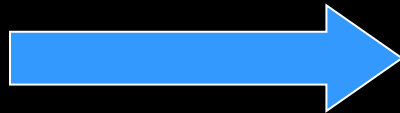


# Representative sample

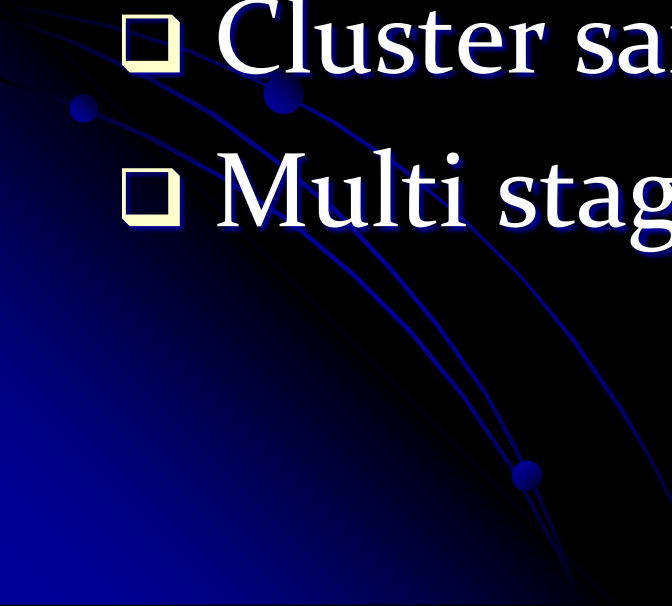
If researchers need to draw a conclusion valid for the whole study population, they should draw a sample in a way that it is representative of that population



# Drawing blood sample

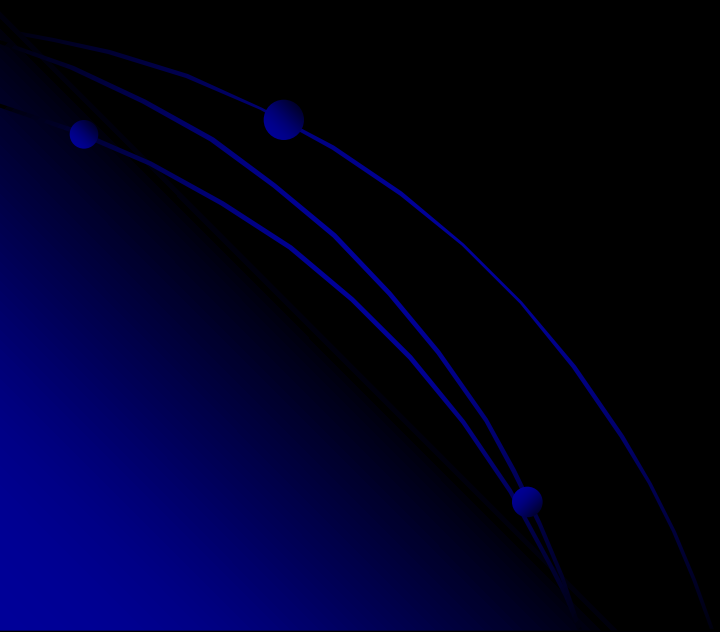


# Probability sampling

- ❑ Simple random sampling
  - ❑ Systematic sampling
  - ❑ Stratified sampling
  - ❑ Cluster sampling
  - ❑ Multi stage sampling
- 

# Calculation sample size

1. Target population is known
2. Target population is unknown



In case of the target population is unknown

$$n = \frac{Z_{\alpha/2}^2 p(1-p)}{e^2}$$

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$$p = 0.05$$

$$Z_{0.025} = 1.96$$

$$e = 0.01$$

$$n = 1824.7$$



$$n = 1825$$

In case of target population is known

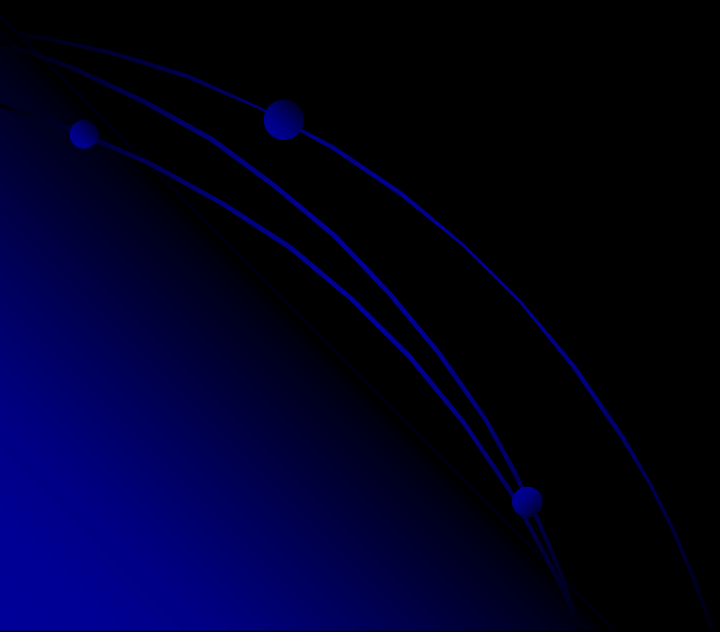
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$$n = \frac{NZ_{\alpha}^2 p(1-p)}{e^2(N-1) + Z_{\alpha}^2 p(1-p)}$$




## 2. Non probability sampling

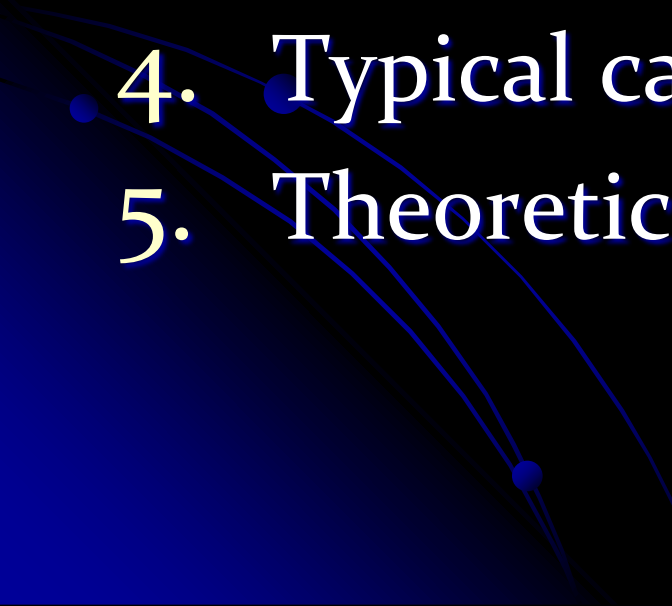
In qualitative research non-probability sampling is used for selecting the population to study



Because qualitative research is usually focused on a small number but the selection of participant and research sites is crucial to the overall usefulness of the research findings.

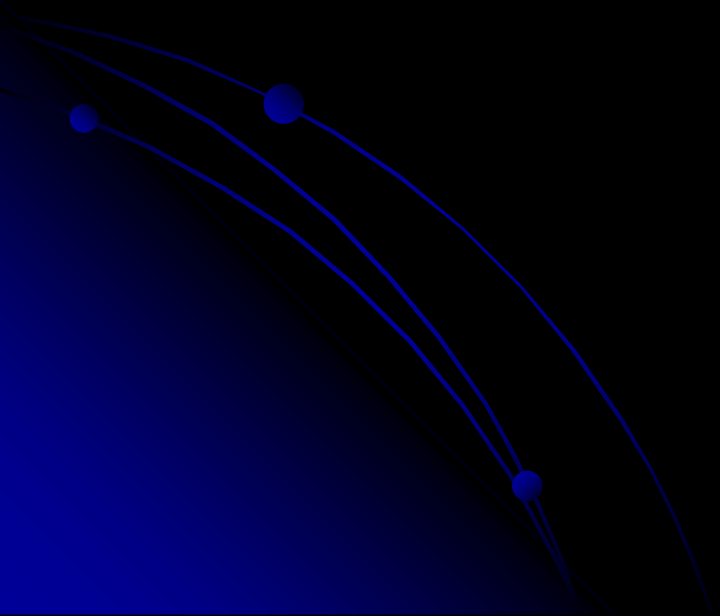


# Purposive full for qualitative studies

1. Convenience sampling
  2. Maximum variation sampling
  3. Snowball sampling
  4. Typical case sampling
  5. Theoretical sampling
- 

# Convenience sampling

Lacks any clear sampling strategy: the researcher selects the sample according to ease of access.

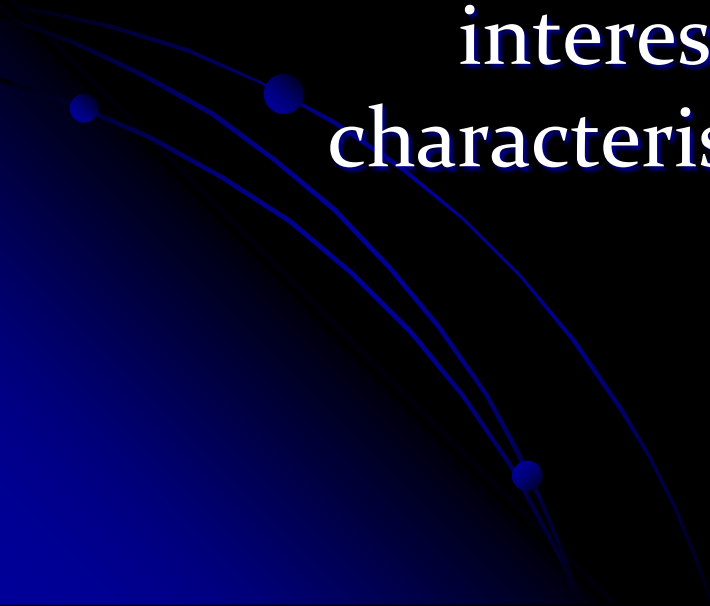


## Maximum variation or heterogeneous sampling – a prominent strategy.

Here there is a deliberate strategy to include characteristics that vary widely from one another. The aim is to identify central themes which cut across cases/informants.

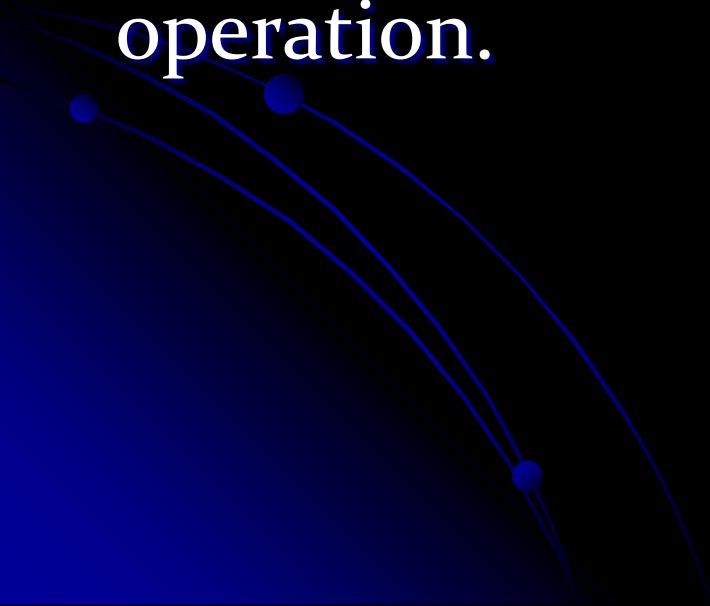
# Snowball sampling

You start with one or two information rich informants and ask them if they know persons who know a lot about your topic of interest or who represent the characteristics you are interested in.




# Critical case sampling

Cases are selected because they demonstrate a phenomenon or position 'dramatically' or are pivotal to the delivery of a process or operation.



# In qualitative study

Talk about **transferability or extrapolation rather than generalization** and leave it up to someone else to decide whether they want to **transfer or extrapolate your findings to another** setting or population.






# Bias in sampling

What is bias in sampling?

Bias in sampling is a systematic error in sampling procedures that lead to a distortion in the result of the study



# Thank you

