HEREDITY & CANCER: Breast cancer as a model

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Genetics, Cancer and Heredity

<u>Cancers</u> are <u>genetic diseases</u>

• **Predisposition** to some cancers is hereditary

⇒ "at risk" individuals



Iahn & Weinberg, Nat Review Cancer 2002

"Hereditary" cancer: Definition

Cancer resulting from the inheritance, generally as an autosomal dominant trait, of a germline alteration in one gene, conferring a genetic susceptibility to the development of cancer.

"Hereditary" cancer: RETINOBLASTOMA: a paradigm

- Childhood eye tumor
- Both hereditary and sporadic forms
- Sporadic forms always unilateral
- Hereditary forms usually bilateral

The two-hit hypothesis [Knudson, 1978]

- Each cell contains 2 copies of each autosomal gene
- In **HEREDITARY Rb**, one mutation of the *RB1* gene is passed to the child (sometimes *de novo*)
- Thus there is a single *RB1* mutation in all retinoblasts:
 - no advantage to the mutated cell
 - when a second hit occurs (to any retinoblast) there is no functioning Rb protein ⇒ RETINOBLASTOMA

The two-hit hypothesis [Knudson, 1978]

- Tumors often bilateral because each eye has 10⁷ retinoblasts, so two hits in more than one cell is not so unlikely.
- In **SPORADIC**, non-hereditary Rb, BOTH hits have to occur post-natally in the retinoblasts: this is much less likely to happen, so sporadic Rb is late in onset and unilateral.

Hereditary predispositions to cancer

• 5-10% of all cancers

Autosomal dominant transmission
 risk at each conception = 50%

• Low prevalence, high penetrance

Familial Cancer Syndromes

| Syndromes | Genes | Chromosomes |
|---|------------------|-------------|
| Hereditary breast cancer | BRCA1 | 17q |
| | BRCA2 | 13q |
| Hereditary nonpolyposis colorectal cancer | MSH2 | 2р |
| (HNPCC; Lynch syndrome) | MLH1 | 3р |
| | MSH6, PMS1, PMS2 | 2p, 2q, 7p |
| Familial adenomatous polyposis (FAP) | APC | 5q |
| Li-Fraumeni | TP53 | 17p |
| Retinoblastoma | RB1 | 13q |
| Multiple endocrine neoplasia (MEN) 2 | RET | 10q |
| von Hippel-Lindau | VHL | 3р |
| Familial melanoma | CDKN2 | 9р |
| | CDK4 | 12q |
| Familial gastric cancer | CDH1 | 16q |
| Cowden disease | PTEN | 10q |
| Peutz-Jeghers | STK11 | 19p |

Hereditary Cancer Syndromes: Use of genetic testing



dHPLC, SSCP, PTT, sequencing



Identification of pathogenic mutations





Surveillance/prevention



Reassurance

Genetic screening in oncology: Who's concerned?

Suggestive familial aggregation, if cancer:

- in \geq 2 generations
- early age of onset
- identified in gender where usually uncommon
- associated with other types of cancer, congenital malformations or genetic syndromes
- in a defined ethnic background

Genetic screening in oncology: Who's concerned?

"Individual" susceptibility, if cancer:

- bilateral
- multicentric
- multiple
- at an unusual age, site or gender
- associated with congenital malformations or genetic syndromes
- in a defined ethnic background

Genetic screening in oncology: Why?

- Clarify risk evaluation
- Target screening/prevention efforts to the identified carriers of genetic predisposition to cancer
- Exclude the non-carriers of specific programs of screening/prevention
- No risk for the children of proven non-carriers
- Knowledge of the genetic status: "need to know"

Hôpitaux Universitaires de Genève Oncogenetic counseling process



• Follow-up

Genetic testing: Types of result

1. Genetic alteration identified

- pathogenic mutation
- variant (unknown biological significance)
- polymorphism

2. No genetic alteration ("no mutation detected")

- does not exclude a genetic predisposition!
- technical limits, other gene, phenocopy

3. Genetic alteration excluded

- <u>only when</u> previously identified in the family

GENETIC PREDISPOSITION to BREAST CANCER



[Clin Breast Ca 2000]



BRCA1/BRCA2 germline mutations and breast cancer

- Major genetic predisposition to breast/ovarian cancer
- Autosomal dominant transmission
- *BRCA1/2*-related breast cancers: histo-pathological characteristics usually associated with worse outcome
- Clinical outcomes incompletely defined
- Clinical management questions unanswered

Hereditary breast cancer: Other predisposing genes

- **TP53** Li-Fraumeni syndrome
- **ATM** Ataxia telangiectasia
- STK11/LKB1 Peutz-Jeghers syndrome
- **PTEN** Cowden syndrome
- BRCA3 (?) locus on chromosome 13q21



- 17q21
 > 100 kb
 24 exons
- > 500 different genetic alterations
- Nuclear phosphoprotein: 1863 aa / 220kDa
- Responsible for ~30% of site-specific hereditary breast cancer and ~50% of hereditary breast/ovarian cancer





- 13q12 > 70 kb 27 exons
- > 200 different genetic alterations
- Nuclear protein: 3418 aa / 384kDa
- Responsible for ~40% of site-specific hereditary breast cancer and ~15% of hereditary breast and ovarian cancer



BRCA1 & BRCA2: Multifunctional proteins

- Transcriptional regulation
- Cell cycle regulation (checkpoint control)
- Growth suppression
- Response to DNA damage
 - double strand-break repair
 - base excision repair (BRCA1)
- Maintenance genome stability
- Apoptosis induction

BRCA1/2 mutations: Risk of breast/ovarian cancer







[Eeles & Powles, J Clin Oncol 2000]

BRCA1/BRCA2 germline mutations: Epidemiology

| | BRCA1 | BRCA2 |
|--------------------|------------------------------|--------------------|
| General population | 1/830 | ? |
| Ashkenazi Jews | 1/86 (185delAG, 5382insC) | 1/74 (6174delT) |

| BREAST CANCER | BRCA1 + BRCA2 |
|----------------------|---------------|
| General population | 2 - 5% |
| < 40 years | 6 - 16% |
| Ashkenazi Jews | ~12% |
| < 40 years | ~40% |

BRCA1-related breast cancer: Clinicopathological features

- Younger age of onset
- Invasive ductal P = 0.05
- Medullary/atypical med.
- Histological grade 3
- ER/PR negativity
- TP53 mutation

P < 0.0001

P < 0.0001

- *P* < 0.0001
- *P* = 0.0003
- HER2 positivity (less) P < 0.0001

BRCA2-related breast cancer: **Clinicopathological features**

- Invasive ductal P = 0.06
- Less tubule formation
- TP53 mutations P = 0.03

[Sem Surg Oncol 2000; 18:287-95]

P < 0.0001

"Hereditary" breast cancer: Clinical presentation

- Early age of onset (< 45 years)
- Several family members affected (≥ 3)
- More than one generation involved (autosomal dominant)
- Bilateral breast cancer
- Associated cancers:
 - #1: ovarian cancer, peritoneal and fallopian tube cancer
 - others: male breast, prostate, pancreas cancer (BRCA2)

High risk women for breast cancer: **OPTIONS**

- SCREENING
- CHEMOPREVENTION
- PROPHYLACTIC SURGERY
- Lifestyle modification?

High risk women for breast cancer: Screening recommendations

| Technique | Start | Frequency |
|-----------------------------|-------------|-------------|
| Breast self examination | 20 years | 1x / month |
| Clinical breast examination | 25 years | 2-3x / year |
| Mammography \pm US | 25-30 years | 1x / year |
| MRI (investigational) | 25-30 years | 1x / year |

Surveillance in *BRCA1/2* mutation carriers: **Prospective studies**

| | Brekelmans et al. [J Clin Oncol 2001] | Meijers-Heijboer et al. [N Engl J Med 2001] | Scheuer et al. [J Clin Oncol 2002] |
|----------------------------|--|---|--|
| BRCA1/2 carriers | 128 | 63 | 165 |
| Screening | BSE 1x/m, CBE 2x/y, mammo ± US 1x/y | BSE 1x/m, CBE 2x/y, mammo ± US 1x/y; MRI 1x/y (since 1995) | BSE 1x/m, CBE 2-4x/y, mammo ± US 1x/y |
| Mean follow-up 3 years | | 3 years | 2 years |
| <i>In situ carcinoma</i> 0 | | n/s | 3 |
| Invasive carcinoma 9 | | 8 | 9 |
| N+ 5/9 | | 4/8 | 3/9 |
| Interval cancers | 4/9 | 4/8 | 6/12 |
| Sensitivity | 56% | 50% | 50% |

Mammography and MRI



- 5 studies in high risk women
- No randomization
- No data on mortality rates

High risk women for breast cancer: Mammography & MRI 1x/year

| | Kuhl e <i>t al</i> . | Tilanius- Linthorst e <i>t al</i> . | Meijers- Heijboer e <i>t al</i> . | Stoutjesdijk <i>et al</i> . | Warner <i>et al</i> . |
|------------------------------|--------------------------------------|---|--------------------------------------|--------------------------------------|---|
| | [Radiology 2000] | [Breast Ca Res Treat 2000] | [N Engl J Med 2001] | [J Natl Cancer Inst 2001] | [J Clin Oncol 2001] |
| Population studied | 192 "high risk" 35 <i>BRCA1/2</i> | 109 > 25% risk + > 50% dense tissue 12 <i>BRCA1/2</i> | 63 BRCA1/2 | 179 "high risk" 47 <i>BRCA1/2</i> | 196 high risk 96 <i>BRCA1/2</i> |
| Type of study | prospective | retrospective | prospective | historical cohort | prospective |
| Mean follow-up | 2.5 years | n/s | 3 years | n/s | 1.5 years |
| <i>In situ</i> /invasive BC | 2/7 | 0/3 | 0/8 | 3/10 | 1/6 |
| Mammography | 3/9 (2/9: "fibroadenomas") | 0/3 | 2/8 | 6/12 | 3/6 |
| MRI | 9/9 | 3/3 | 6/6 | 13/13 | 6/7 (<i>in situ</i> not detected) |
| Positive predictive value | Mammo: 30% MRI: 64% | Mammo: 0% MRI: 33% | n/s | Mammo: 33% MRI: 43% | Mammo: 66% MRI: 26% |

High risk women for breast cancer: CHEMOPREVENTION

TAMOXIFEN

 LHRH agonists aromatase inhibitors retinoids, ...

High risk women for breast cancer: **PREVENTION by SURGICAL MEASURES**

MASTECTOMY

OOPHORECTOMY

BRCA1/2 mutation carriers: Breast cancer risk after prophylactic mastectomy

| Study | n Follow- (years) | | # breast cancer | Type of mastectomy |
|--|--------------------------------------|-----|-----------------|------------------------------|
| Hartmann et al. [N Engl J Med 1999] | Moderate risk: 425 High risk: 214 | 14 | 4 3 | subcutaneous subcutaneous |
| Hartmann et al. [J Natl Cancer Inst 2001] | BRCA1/2: 26 | 16 | 0 | total |
| Meijers-Heijboer et al. [N Engl J Med 2001] | BRCA1/2: 76 | 2.9 | 0 | total |
| Scheuer et al. [J Clin Oncol 2002] | BRCA1/2: 29 | 2 | 0 | n/s |

BRCA1/2 mutation carriers: Breast cancer risk after prophylactic mastectomy

| Study | n | Follow-up (years) | # breast cancer | Type of mastectomy | Surveillance group |
|--|--------------------------------------|----------------------|--------------------|------------------------------|--|
| Hartmann et al. [N Engl J Med 1999] | Moderate risk: 425 High risk: 214 | 14 | 4 3 | subcutaneous subcutaneous | - |
| Hartmann et al. [J Natl Cancer Inst 2001] | BRCA1/2: 26 | 16 | 0 | total | - |
| Meijers-Heijboer et al. [N Engl J Med 2001] | BRCA1/2: 76 | 2.9 | 0 | total | 8 breast cancers in 63 carriers ($P = 0.003$) |
| Scheuer et al. [J Clin Oncol 2002] | BRCA1/2: 29 | 2 | 0 | n/s | 12 breast cancers in 165 carriers $(P = 0.13)$ |

Prophylactic oophorectomy and breast cancer risk

| Study | Gene | n | Follow-up | RR |
|--|---------|-----|-----------|---|
| Rebbeck et al., [J Natl Cancer Insr 1999] | BRCA1 | 43 | 9.6 years | 0.53 (0.33-0.84) |
| Eisen et al., [J Clin Oncol 2000] | BRCA1/2 | n/s | n/s | BRCA1: 0.39 (0.2-0.75) BRCA2: 0.56 (0.16-1.95) |

- Lower risk with > 10 year follow-up
- Reduction risk not lost by HRT
- Risk reduction greatest when oophorectomy \leq 40 years

Prophylactic surgery and breast cancer risk: Remaining issues

- Early data look encouraging
- No evidence of long-term effectiveness mastectomy in BRCA1/2 mutation carriers ascertained prospectively
- Psychological impact
- Prolongation of survival?

Genetic testing in oncology: Conclusions

- Highly specific, but low sensitivity
- Population concerned is limited
- Predicitive oncology = probabilistic medicine
- Standard of care
- Multidisciplinary approach
- Psycho-social and ethical implications

Genetic testing in oncology: Unresolved issues

- Validation of tests
- Pathogenicity of rare variants
- Geno/phenotypic correlations
- Modifier genes/environmental factors
- Psycho-social issues
- Surveillance and prevention

Genetic testing in oncology: Perspectives

Multigenic disorders

- Sporadic cancers: population screening
- Changes in social/medical behaviors:

"medicine for well-being individuals"

Innovative preventive strategies