## Immunocontraception

#### Postgraduate Research Training in Reproductive Health

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## **Specific objectives**

- Definition
- Identify who will be able to use immunocontraception
- Justify the development of immunocontraception
- Identify the advantages of immunocontraception
- Identify the disadvantages of immunocontraception
- The target of immunocontraceptive agents
- The mechanism of action of immunocontraceptive agents
- Identify the actual limits of immunocontraception

## What is Immunocontraception?

- Immunity = Body defense mechanisms
- Contraception = Protection against unplanned pregnancy
- Immunocontraception = The use of body defense

mechanisms to provide protection against an unplanned

pregnancy

# Distinguish

anti-disease vaccine # Immunocontraception

- Anti-disease vaccine.
- Protection against disease
- Target is foreign pathogen
- Immunity often boosted by exposure to pathogens
- Long acting vaccine induced immunity

- Immunocontraception
- Protection for pregnancy
- Target is self cells/hormon
- Vaccine induced immunity
- Immunity is not boosted by re-exposure to antigen
- Long acting vaccine induced immunity

## Why the Immunocontraception? (1)-Unplanned pregnancies

New pregnancies/year: 210 millions (Aitken 2002).

• 38% are unplanned.

22% are aborted

## Why the Immunocontraception? (2)-population overgrowth

- By year 2000: 6 billions
- By year 2004: 6.4 billions
- By year 2050: 10 billions
- 97% worid growth is in developing countries
- This overgrowth will worsen the impact of many social, ecologic, economic and medical trends

## Why the Immunocontraception?(3)

 To provide an additional long acting option to family planning users

 Recourse to the self immune system, easily use

## Why the Immunocontraception? (4)-To diminish whilelife animals

As wildlife habitat continues to diminish and animals adapt to living near us, we have a practical and perhaps a moral obligation to find new management solutions

## Why the Immunocontraception? (5)-A mean to control wildlife population



#### **Examples of biocontrol approach**

- Interfering with fertilisation
- Preventing development of embryo
- Preventing the development of the reproductive system
- Interfering with lactation

# Target of immunocontraceptive agents



- FSH
- Steroids
- Gametes
- hCG

## **Common mechanism of action**

- Induction to the body the production of antibodies against it's own reproductive proteins
- This would block the action of the reproductive proteins or destroy them

## Various stages of clinical testing (1)-Phase I study

- Safety of the preparation in human
- About 50 subjects allocated sequentially to increase the dose.
- Lasting 1-2 years

## Various stages of clinical testing (2)-Phase II study

The efficacy of selected dose

About 100-200 subjects allocated

Lasting 2-3years

## Various stages of clinical testing (3)-Phase III study

The safety and efficacy

 About 1000 subjects randomized in groups

Lasting 4-6years

#### **GnRH** immunocontraception

- Immunological castration (Preclinical trials)
- Prolong anovulation in postpartum women (Clinical trials ongoing)
- Hormonal suppression in man with prostatic cancer (Clinical trial)

## **FSH immunocontraceptives**

- Immunogenesis + effect on spermatogenesis
  (Phase I clinical trial)
- Results:
  - .Some reduction in sperm number and motility .No significant effect on semen parameters .Preparation was weakly immunogenic

#### **Steroid immunocontraceptives**

Only preclinical trials are conducted

No clinical trial conducted to date

Gamete immunocontraceptives (sponsor-agent)

- Only preclinical trials are conducted
- Sponsor: HSUS (Human Society of the United States)
- Agent: Zona pellucida proteins (PZP)

Gamete immunocontraceptives (Mechanism of action)

Action of PZP:Spay-Vac<sup>R</sup>:form of immunovaccine

 After injection of pig PZP to the animal, that animal body produces antibodies to it. These antibodies attach to female ZP protein, then prevent sperm from attaching

No clinical trial conducted to date

#### **hCG** immunocontraceptives studies

- Many preclinical trials completed
- Many phase I, II clinical trials completed
- Phase III clinical trials are ongoing

#### hCG immunocontraceptives sponsors

- National Institute of Immunology, Delhi, India.
- Population Council, New York, USA.
- Word Health Organization, Geneva, Switzerland.

hCG immunocontraceptives sponsor and specific agent used: 1-National Institute of Immunology India

## Agent: Heterospecies dimer of Beta-hCG

- .alpha-oLH,
- .tetanus toxoid,
- .dipthteria toxoid,
- .LPS,
- .alum

## Many phase I, II clinical trials completed

Phase III clinical trials are ongoing

hCG immunocontraceptives sponsor and specific agent used: 2-Population Council, New York, USA

- Agent:
  - -beta hCG
  - -tetanus toxoid,
  - -alum.

#### Many pnase I, clinical trials completed

hCG immunocontraceptives sponsor and specific agent used: 3-World Health Organization, Geneva, Switzerland

#### Agent:

.hCG specific peptides, .diptheria toxoid, .muramyl dipeptide, .slow-release copolymer matrix, .water-in-oil emulsion vehicle

#### Many phase I, clinical preparation

Specific needs for Immunocontraception

- Clarification of mechanisms of action
- Reversal of contraceptive effect on demand
- Assessment of long term safety
- Assess the acceptability
- Clarify the social, economic and political issue

## Conclusion

- Immunocontraception is a long term family planning option for tomorrow
- But we need to keep its development in mind