

# *Viral hepatitis in reproductive health*

*Pierre Jean Malè*

*Training in Reproductive Health  
Research - Geneva 2006*

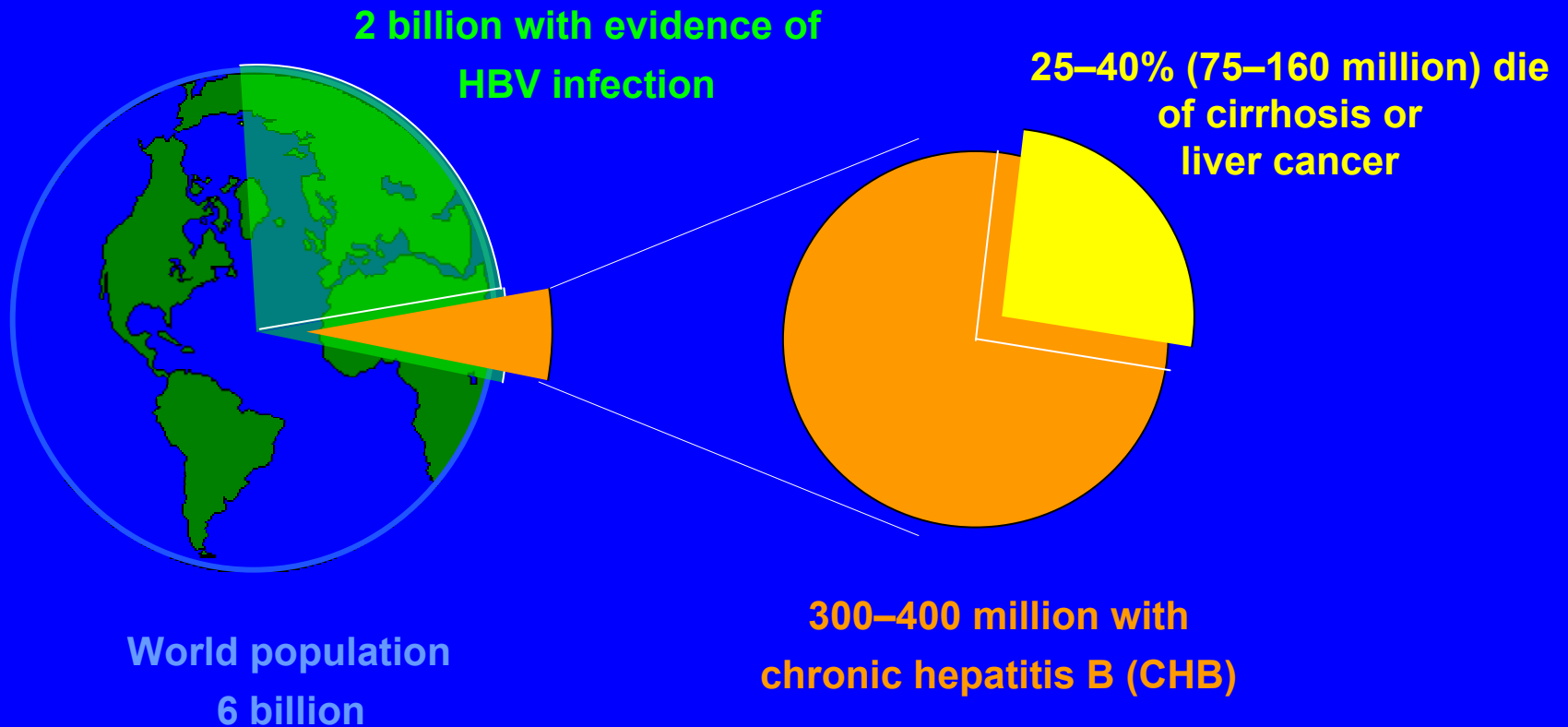
15.03.2006

# *HBV and HCV treatment*

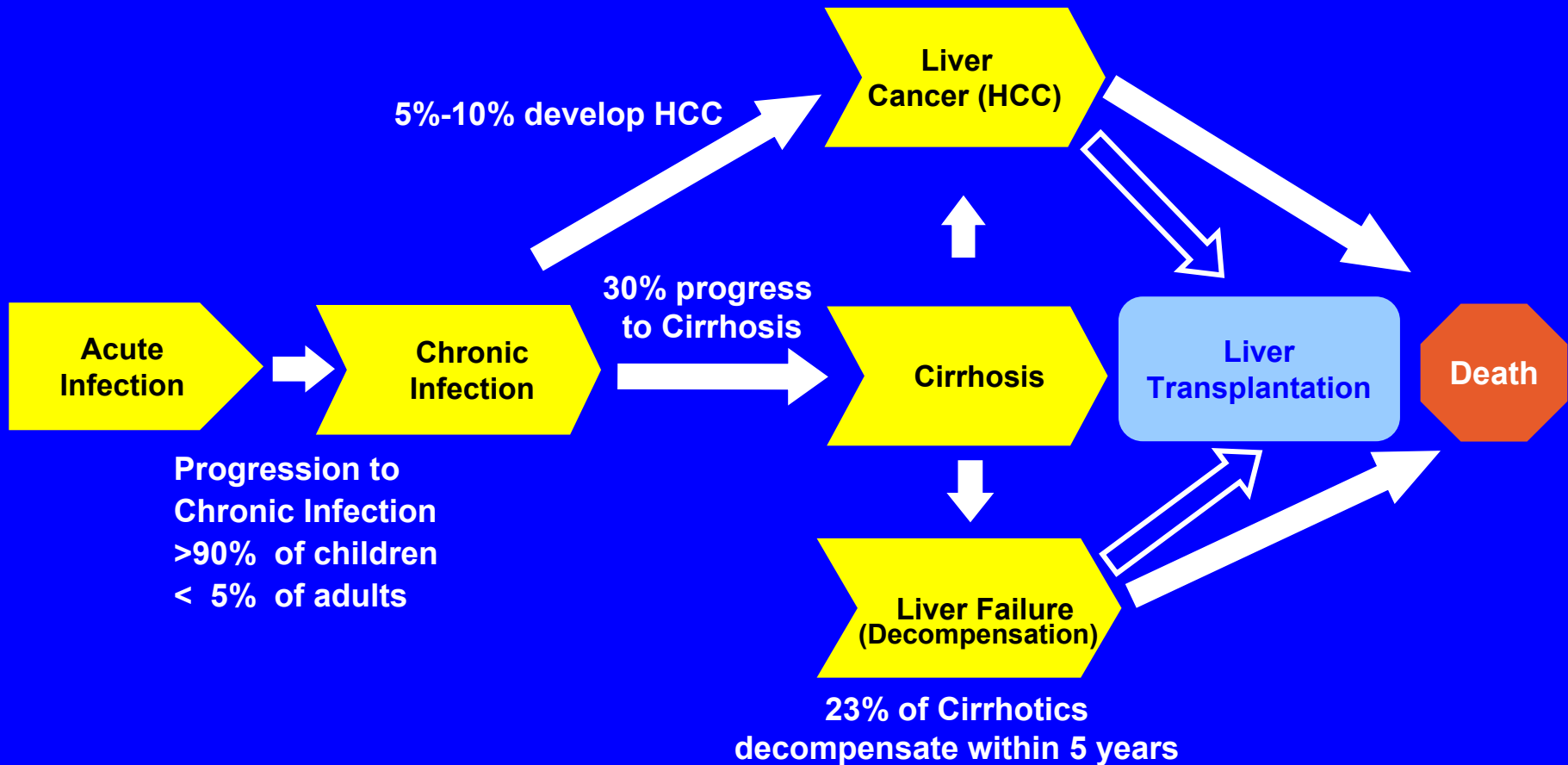
*Pierre-Jean Malè MD*

15.03.2006

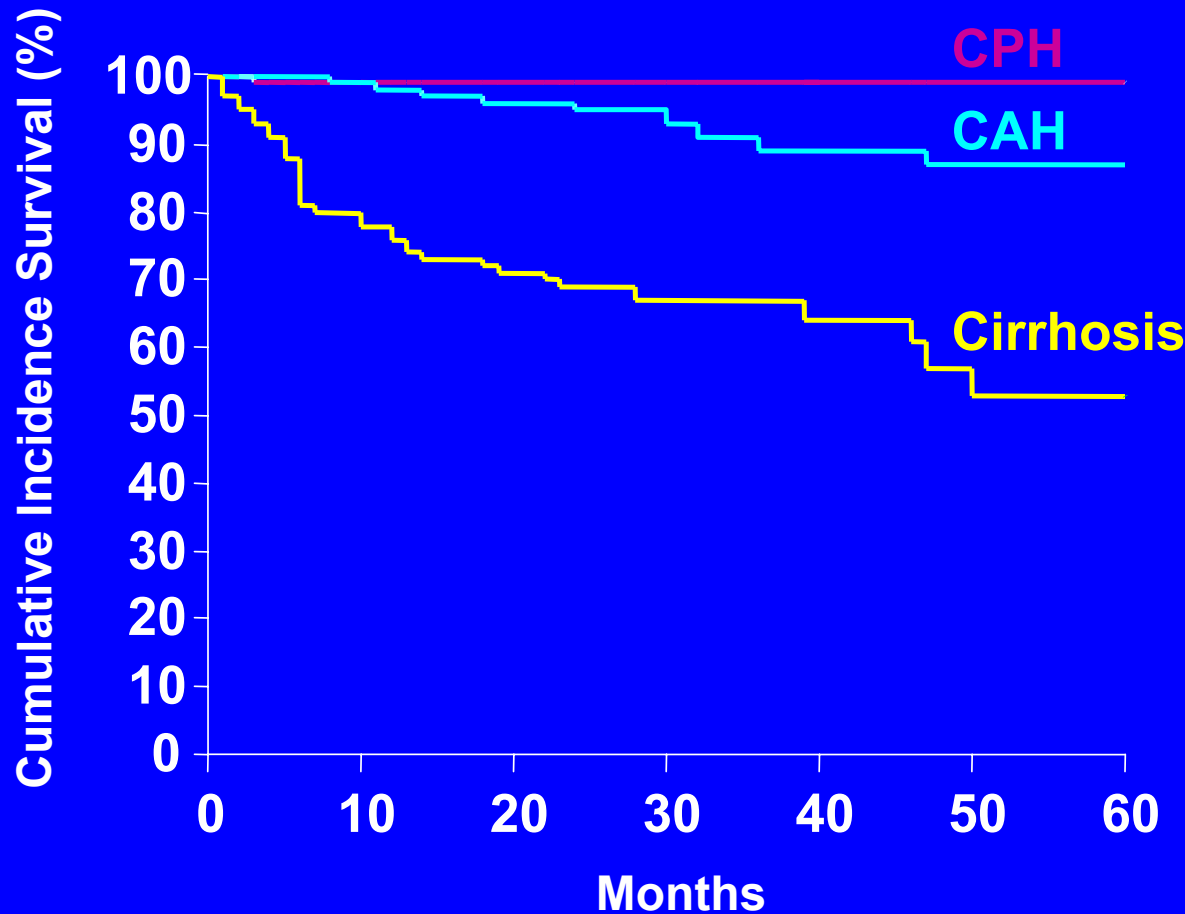
# *Global Impact of Hepatitis B*



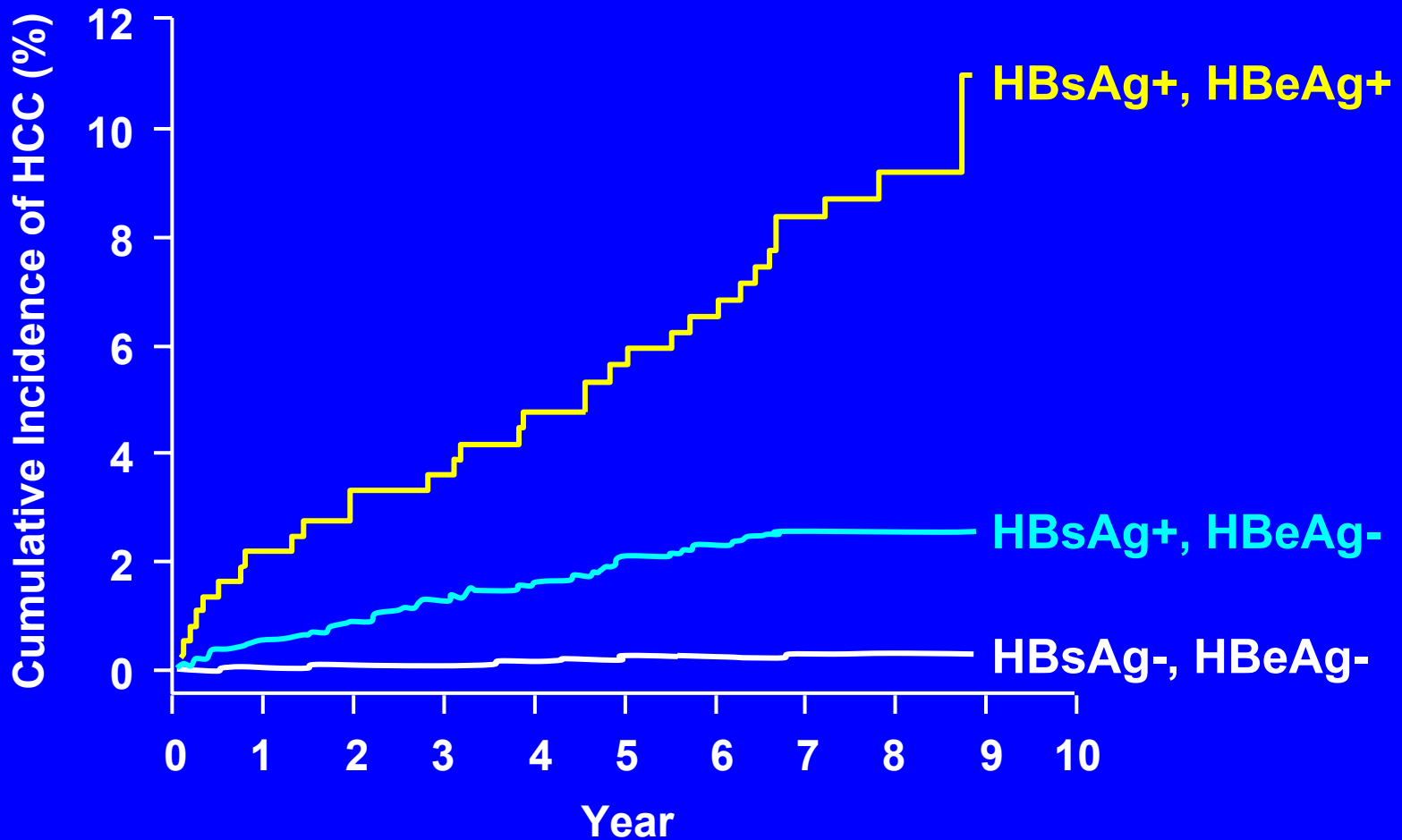
# Hepatitis B Disease Progression



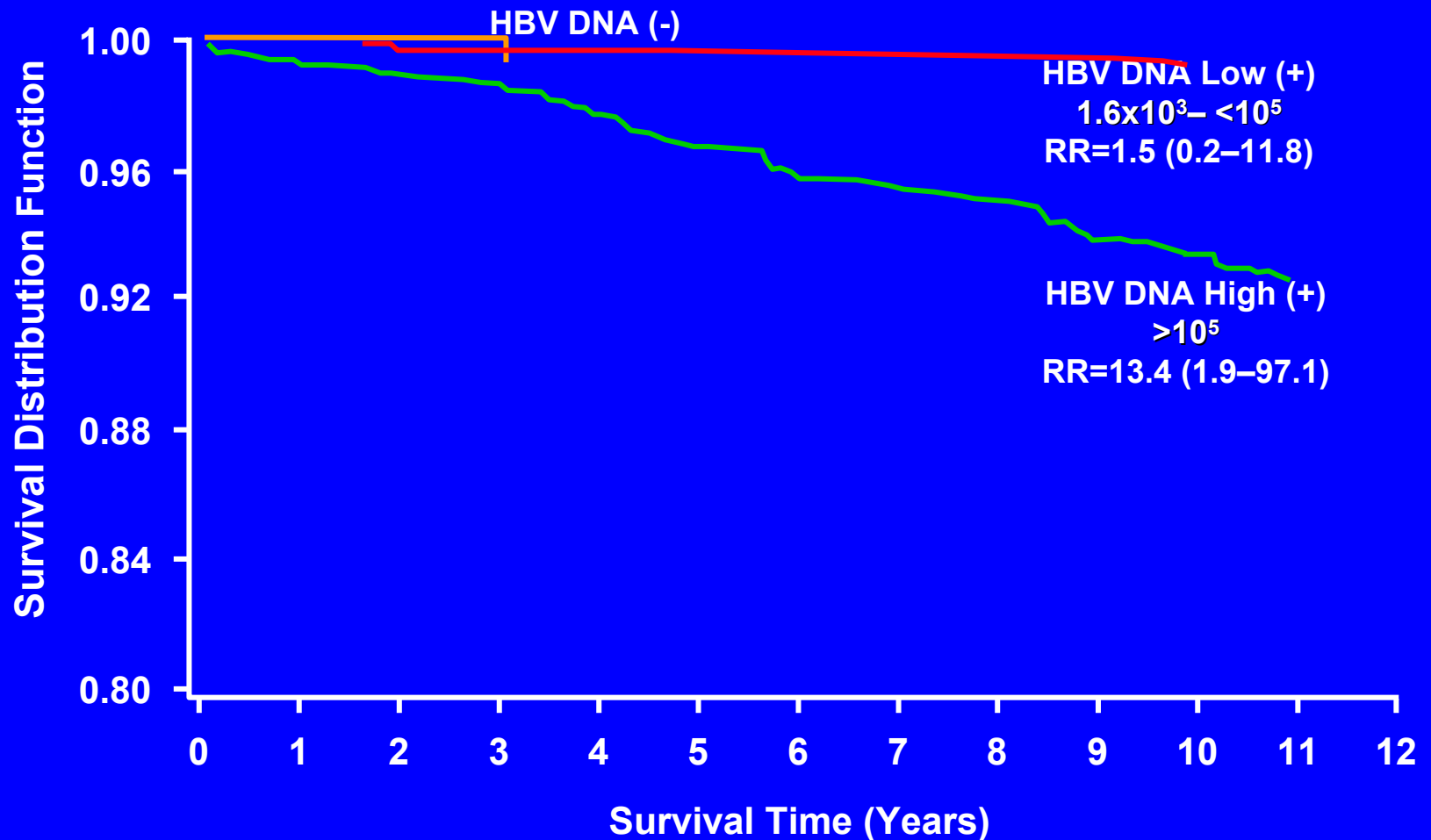
# *5 Year Survival in Chronic Hepatitis B*



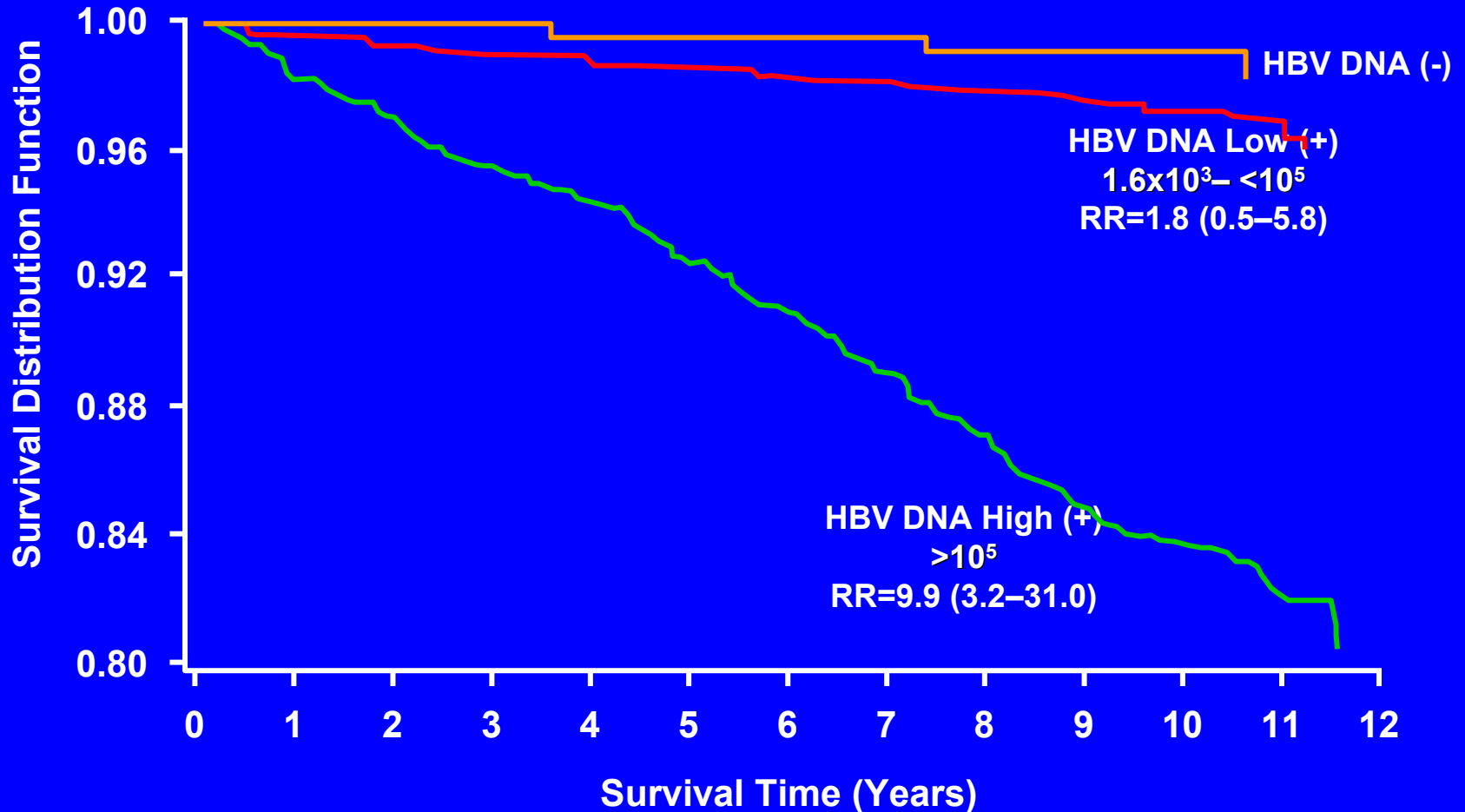
# *Hepatitis B and Risk of HCC*



# *Chronic Liver Disease Mortality by HBV Viral Load at Baseline*



# *HCC Mortality by HBV Viral Load at Baseline*





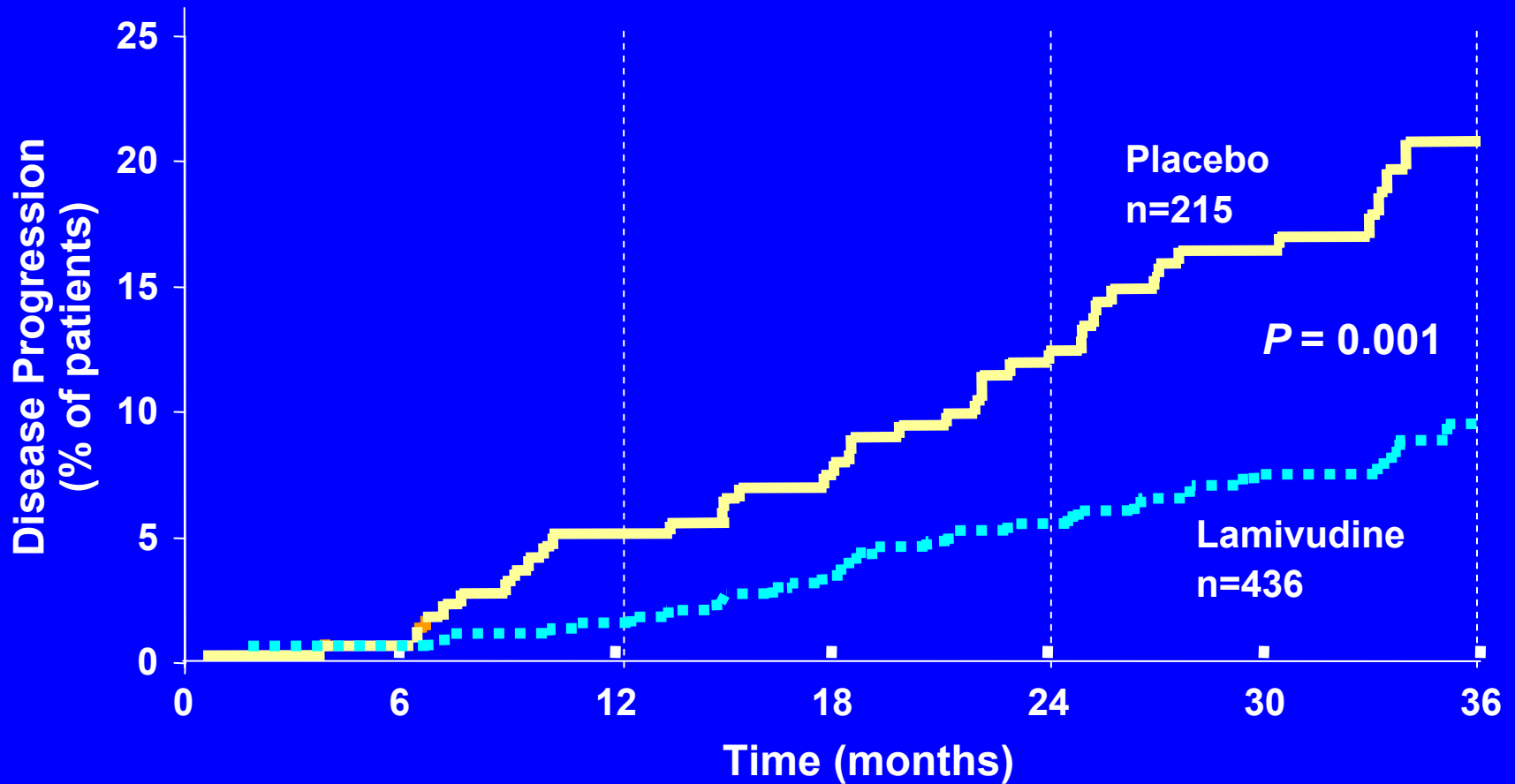
# *Active-passive Hepatitis B immunization*

- *prevention is the best way to control hepatitis B*
- *active-passive immunization successful in 95 % of the children*
- *hepatitis B immunization is a cancer vaccine in reducing the incidence of HCC to 1/4-1/3 of that in children born before the hepatitis B vaccination era in Taiwan*
- *pregnant women must be checked for HBV markers*

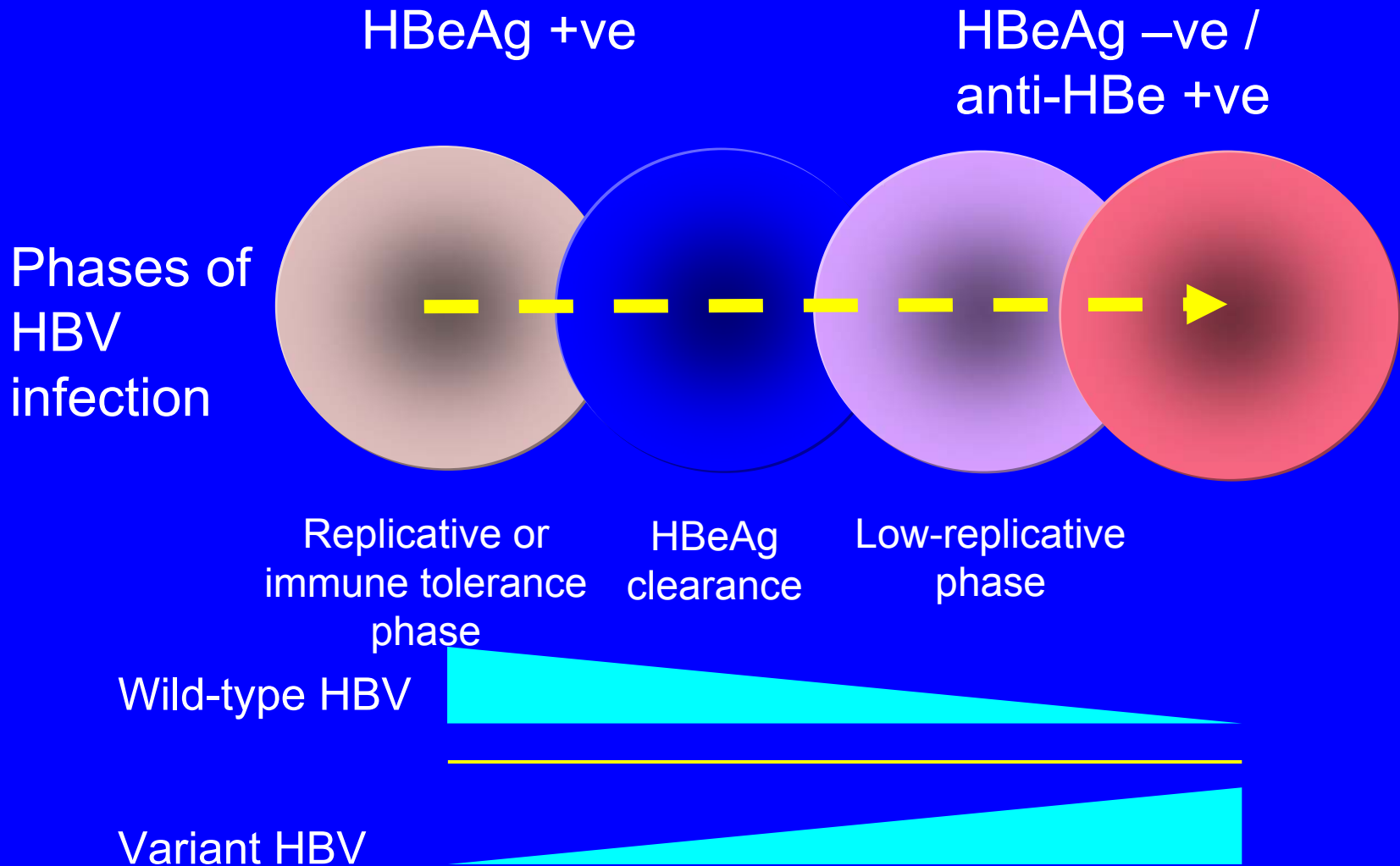
# *Goals of Treatment*

- Eliminate or significantly suppress HBV replication
- Prevent progression of liver disease to cirrhosis and liver failure
- Prevention of HCC
- Improve survival
- Treatment endpoints
  - Normalize ALT
  - Decrease HBV DNA
  - Induce HBeAg loss and seroconversion
  - Improve histology
  - Prevent and/or reverse decompensation

# Effective Treatment May Slow Disease Progression



# Natural Course of Chronic HBV Infection



# *Treatment of hepatitis B: whom?*

- Acute hepatitis B
  - usually not indicated
- Inactive carrier
  - not indicated (except in case of prophylaxis of reactivation before chemotherapy)
- Chronic hepatitis B, HBeAg+
  - if HBV DNA  $>10^5$  **and** disease
- Chronic hepatitis B, HBeAg-
  - if HBV DNA  $>10^4$  **and** disease

**KEEFFE et al, 2004**

# Recommendations for Treatment

\*

	EASL 2003		AASLD 2004		Keeffe Algorithm 2004	
<b><u>HBeAg +</u></b> HBV DNA	> 10 <sup>5</sup> copies/mL		> 10 <sup>5</sup> copies/mL		≥ 10 <sup>5</sup> copies/mL	
ALT	N or <2xULN	No	≤ 2x ULN	No	Normal	if disease
	> 2x ULN	Yes	> 2x ULN	Yes	Elevated	Yes
<b><u>HBeAg-</u></b> HBV DNA	< 10 <sup>5</sup> copies/mL		< 10 <sup>5</sup> copies/mL		< 10 <sup>4</sup> copies/mL	
ALT	N or < 2xULN	No	≤ 2 x ULN	No	Normal	No
HBV DNA	> 10 <sup>5</sup> copies/mL >		> 10 <sup>5</sup> copies/mL		≥ 10 <sup>4</sup> copies/mL	
ALT	2x ULN	Yes	> 2x ULN	Yes	Normal	if disease
					Elevated	Yes

\* Keeffe et al. *Clinical Gastroenterology and Hepatology*, 2004; 2:87-106

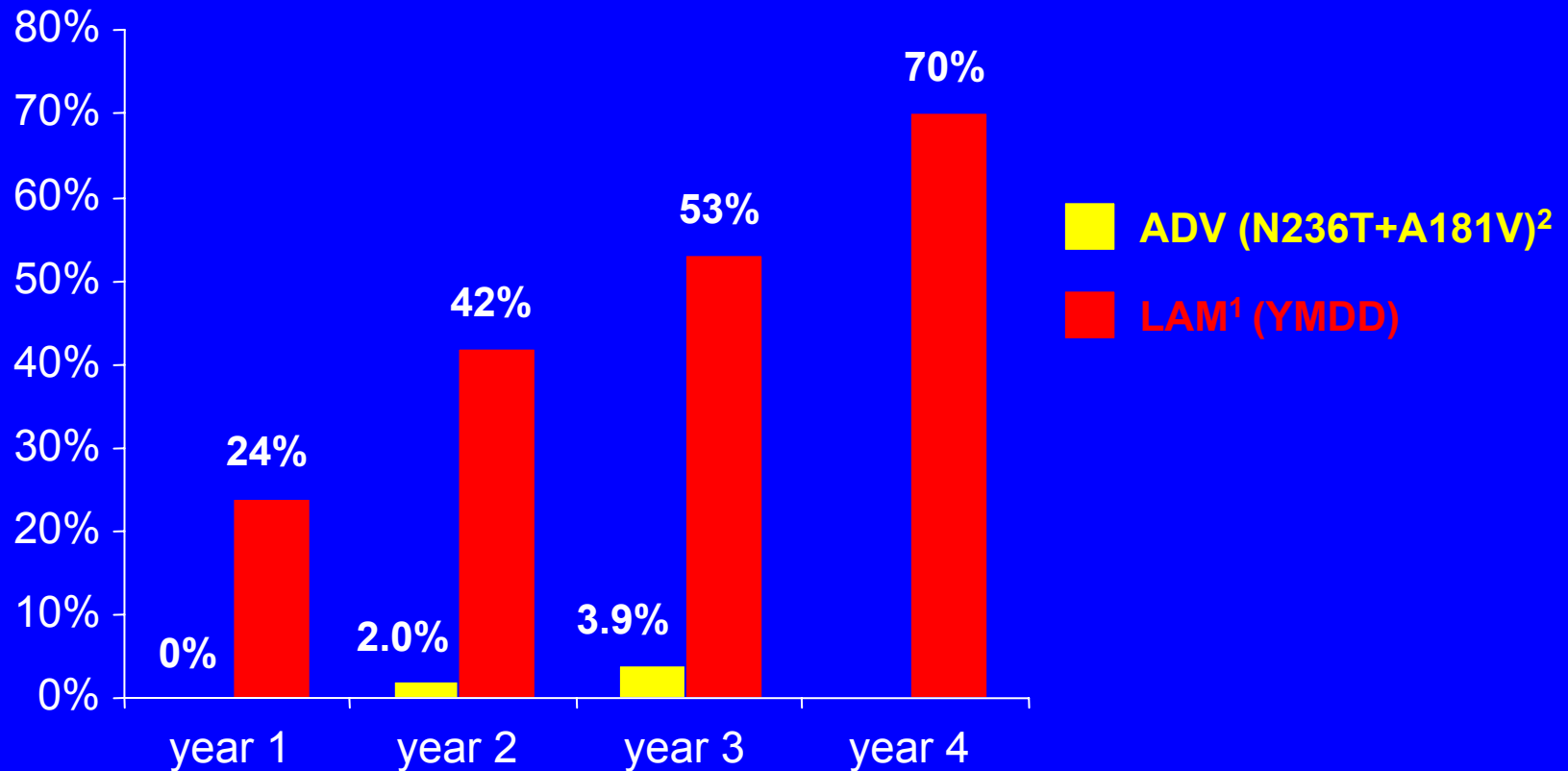
# Current Treatment Options

	<b>Strengths</b>	<b>Weaknesses</b>
<b>Lamivudine</b>	<ul style="list-style-type: none"><li>• Oral</li><li>• Negligible side effects</li></ul>	<ul style="list-style-type: none"><li>• Long /indefinite therapy</li><li>• Significant rate of resistance with long term therapy</li></ul>
<b>Adefovir</b>	<ul style="list-style-type: none"><li>• Oral</li><li>• Effective against wild-type and LVD resistant HBV</li><li>• Low rate of resistance</li></ul>	<ul style="list-style-type: none"><li>• Long /indefinite therapy</li><li>• Moderate viral load reduction</li></ul>
<b>Interferon</b>	<ul style="list-style-type: none"><li>• Finite duration of treatment</li><li>• Durable post-treatment response</li><li>• No report of resistant mutations</li></ul>	<ul style="list-style-type: none"><li>• Injection</li><li>• Side effects frequently reported</li></ul>

Adapted from Lok ASF. HBV Treatment Guidelines: Questions and Controversies  
<http://clinicaloptions.com/hep/conf/ccohcp2004/>. Accessed: December 9, 2004.  
EASL Consensus Conference, J Hepatol, 2003

# *Incidence of ADV Compared to Lamivudine Resistance*

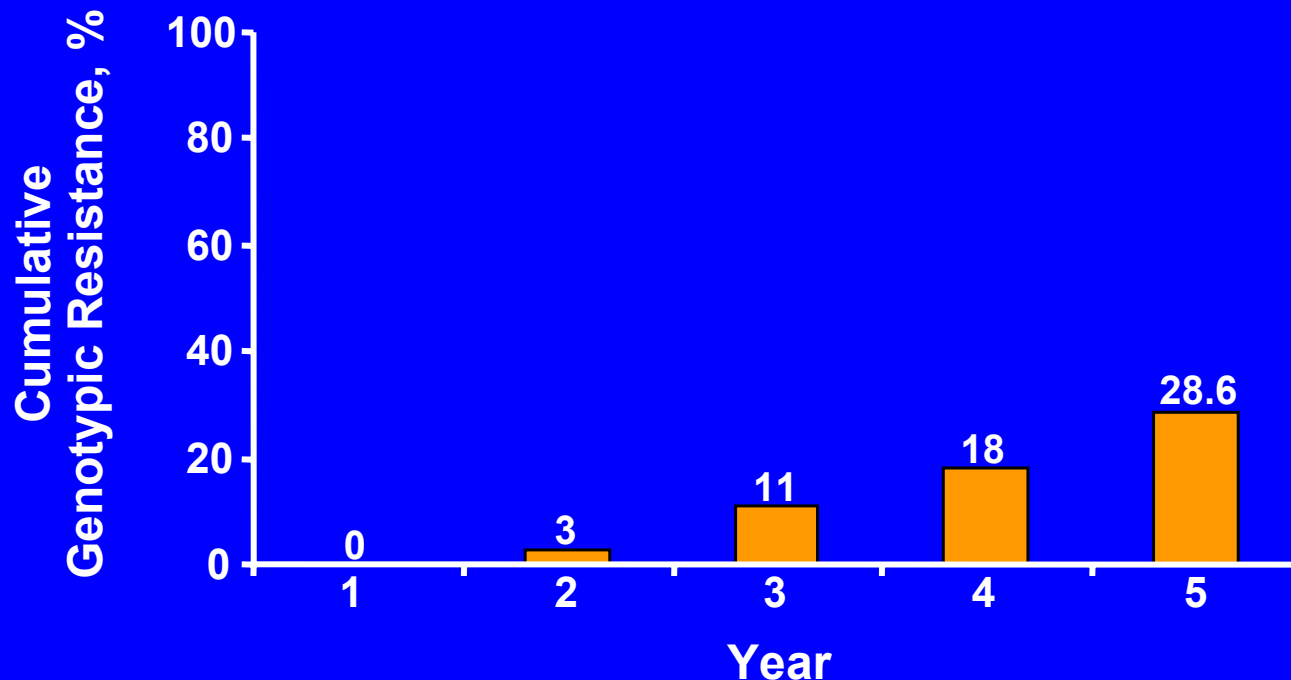
- Delayed and infrequent emergence of adefovir resistance mutations



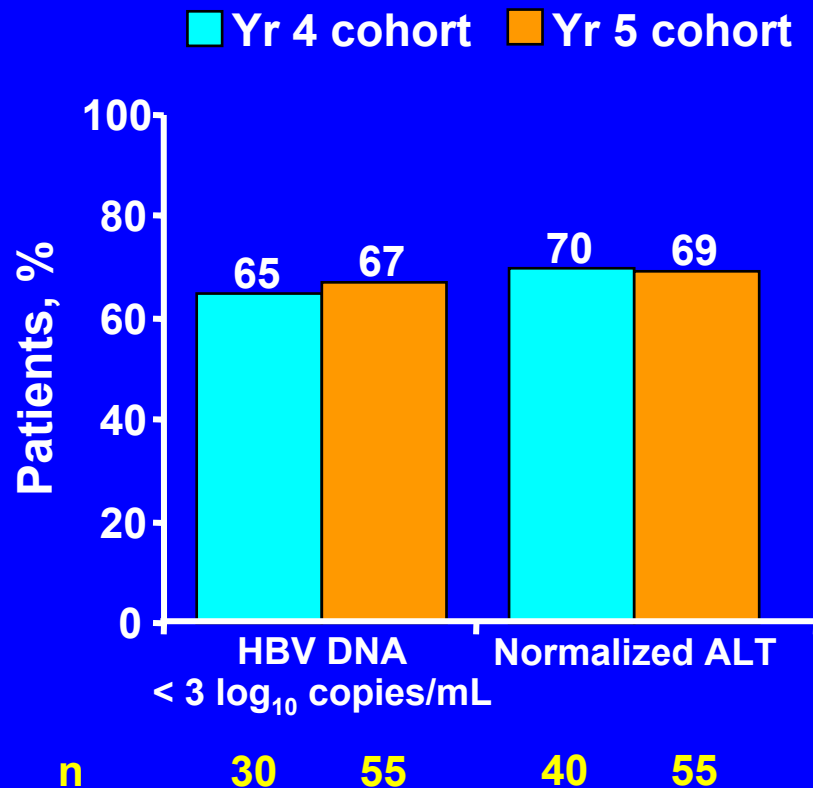


# *Long-Term Data on Treatment With Adefovir in HBeAg-Negative Patients*

- Cumulative genotypic resistance by Year 5, 28.6%
- 4 (3%) by Yr 5 had increase in creatinine of  $\geq 0.5$  mg/dL

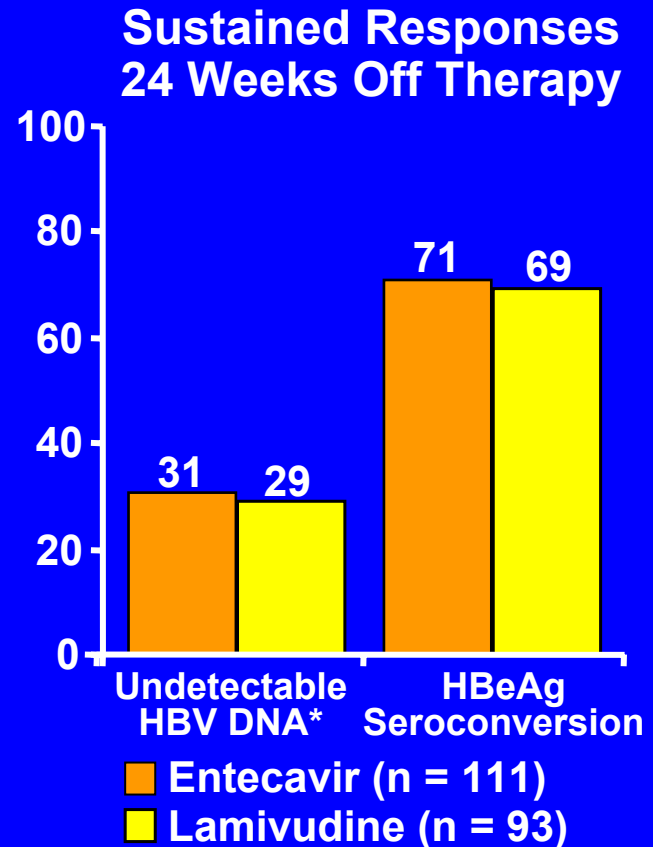
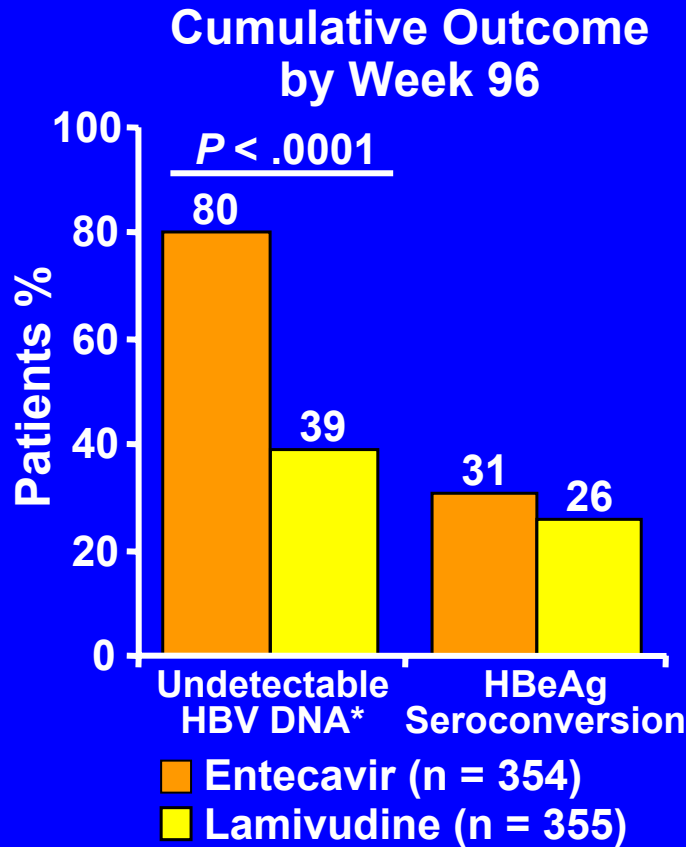


# Long-Term Data on Treatment With Adefovir in HBeAg-Negative Patients



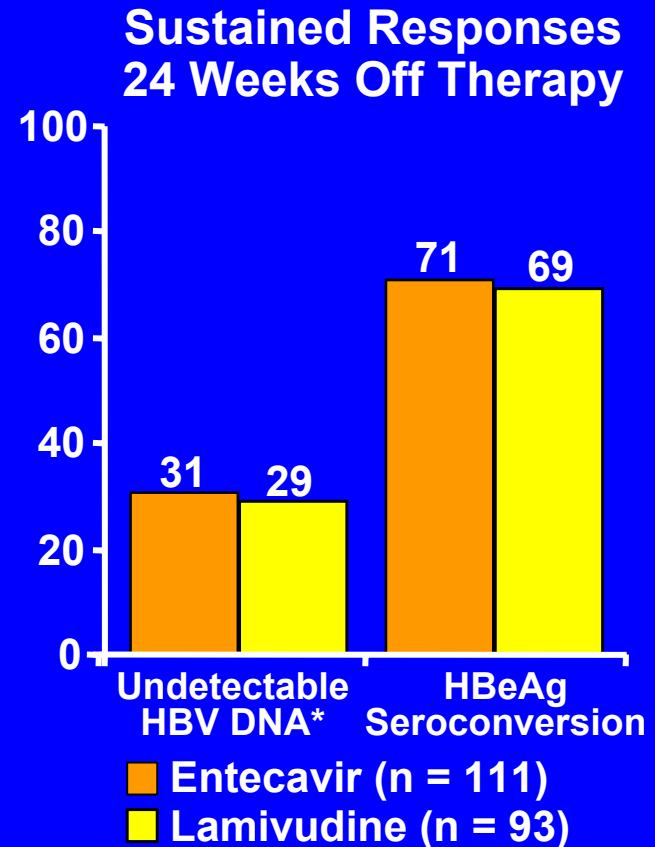
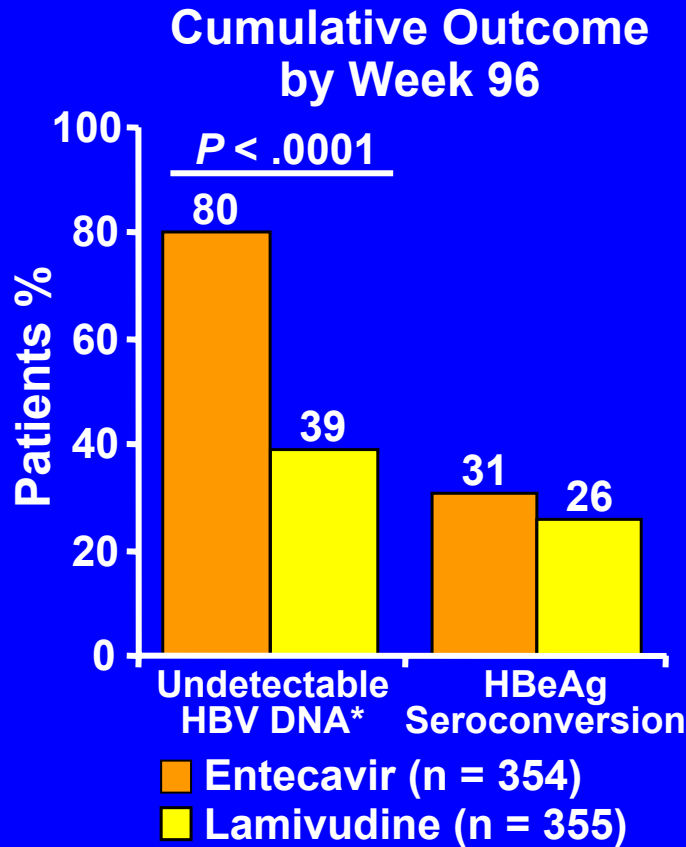
- > 5% of patients had HBsAg loss by Year 5
- 50% had regression of bridging fibrosis or cirrhosis by Year 5
- ≥ 1-point reduction in Ishak fibrosis score
  - Year 4 cohort, 55%
  - Year 5 cohort, 71%

# *ETV-022: HBeAg-Positive Patients Treated Up to 96 Wks With Entecavir*



\*Undetectable HBV DNA, < 300 copies/mL

# *ETV-022: HBeAg-Positive Patients Treated Up to 96 Wks With Entecavir*



\*Undetectable HBV DNA, < 300 copies/mL

# *Nucleoside/Nucleotide Analogues*

<b>Compound</b>	<b>Activity</b>	<b>Company</b>	<b>Status</b>
<b>Lamivudine</b>	HIV, HBV	GlaxoSmithKline	Approved for HBV 1998
<b>Adefovir</b>	HIV, HBV	Gilead	Approved for HBV 2002 US 2003 Europe
<b>Entecavir</b>	HBV only	Bristol-Myers Squibb	Approved 2005 US Not currently approved elsewhere in the world
<b>Emtricitabine</b>	HIV, HBV	Gilead	Approved for HIV In development for HBV
<b>Telbivudine</b>	HBV only	Idenix/Novartis	In development for HBV
<b>Tenofovir</b>	HIV; HBV	Gilead	Approved for HIV In development for HBV



# 2004 AASLD Annual Meeting

**Peginterferon alfa-2a (40KD) (PEGASYS®)  
Monotherapy and in Combination with Lamivudine is  
More Effective than Lamivudine Monotherapy in  
HBeAg-positive Chronic Hepatitis B: Results from a  
Large, Multinational Study**

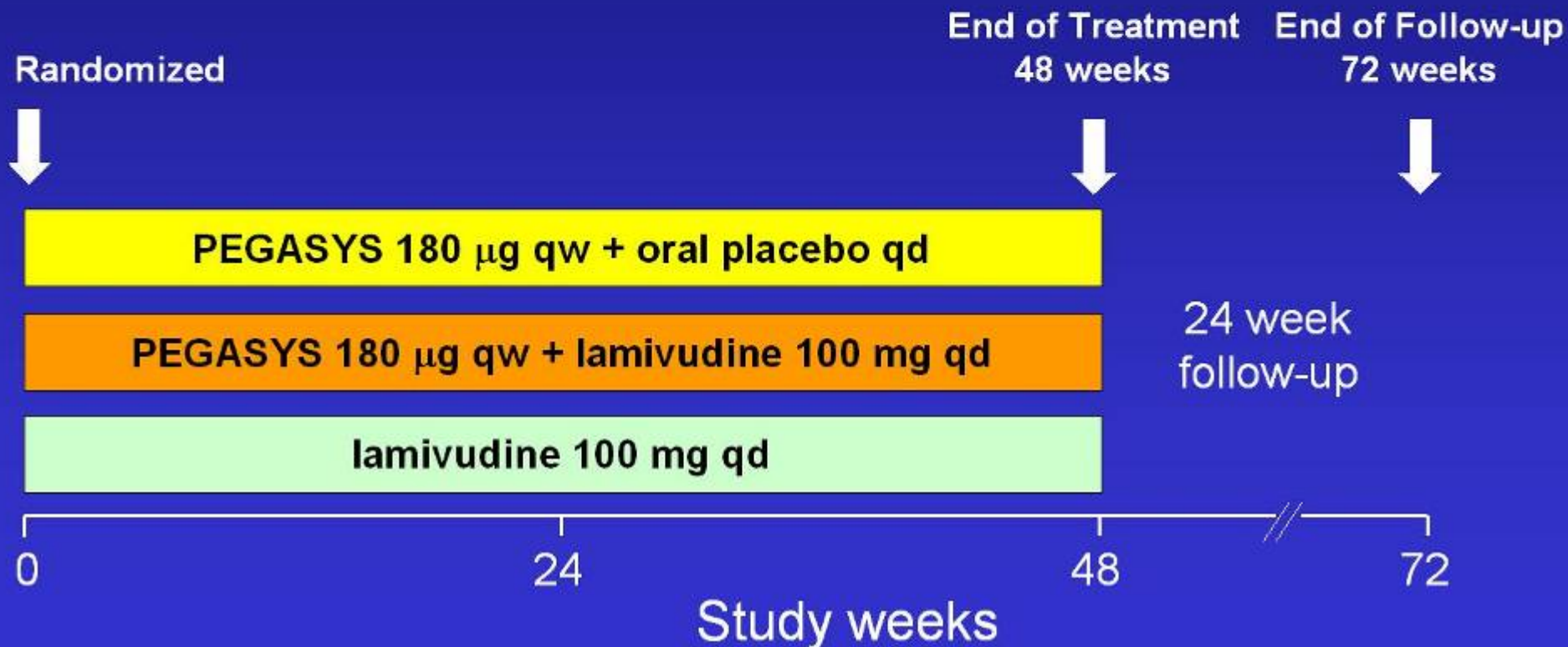
**Professor George K. K. Lau**  
Hong Kong

I have financial relationships with commercial entities and the content of my presentation does include discussion of off-label/investigative use of medicine(s), medical devices, or procedures.  
[Consultant and lecturer for Roche]

# Study Design

Patients with HBeAg-positive CHB were randomized using a 1:1:1 ratio

ITT population: n=814



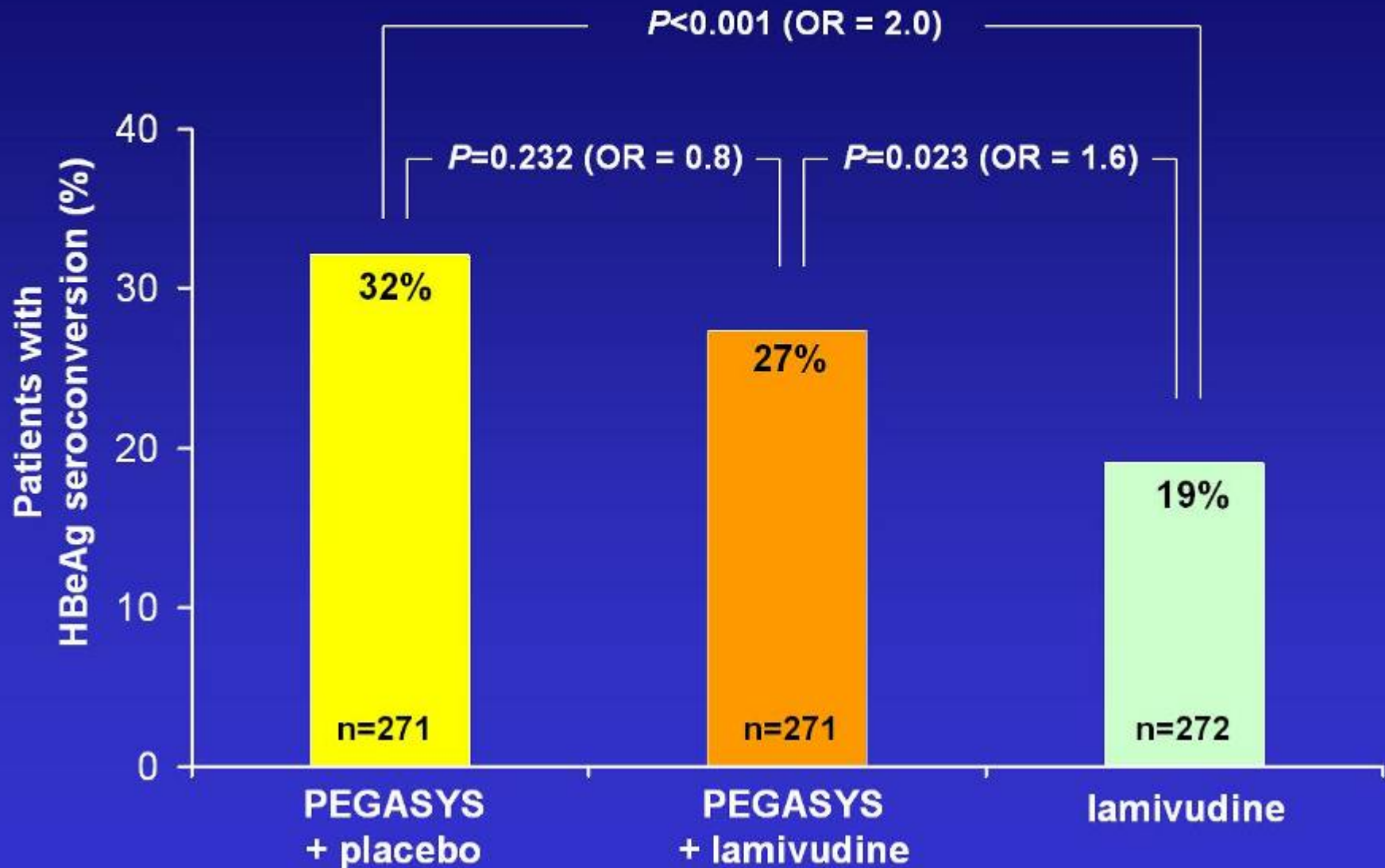
# Key Inclusion Criteria

---

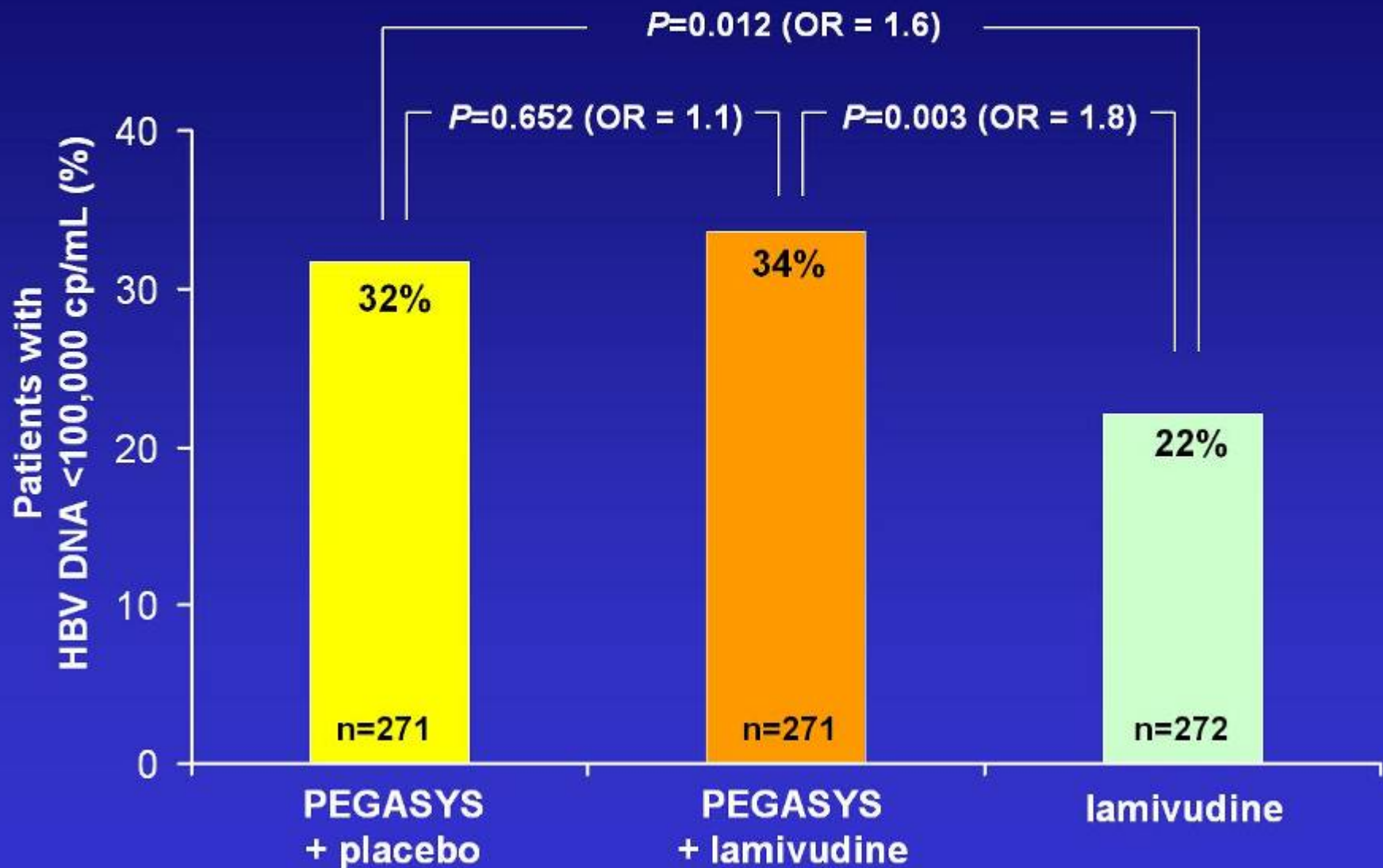
- HBsAg-positive for >6 months
- HBeAg-positive
- anti-HBs-negative
- HBV DNA >500,000 cp/mL  
(COBAS AMPLICOR HBV MONITOR®)
- Serum ALT >1, but  $\leq 10$  x ULN at screening
  - <20% with serum ALT 1–2 x ULN
- Liver biopsy proven CHB
  - Maximum 30% with bridging fibrosis/cirrhosis



# HBeAg Seroconversion at End of Follow-up (Week 72)



# HBV DNA <100,000 cp/mL at End of Follow-up (Week 72)



# HBsAg Loss and Seroconversion\* at End of Follow-up (Week 72)

	PEGASYS + placebo (n=271)	PEGASYS + lamivudine (n=271)	lamivudine (n=272)
<b>HBsAg loss, n (%)</b>	<b>9 (3%)</b>	<b>11 (4%)</b>	<b>2 (&lt;1%)</b>



<b>HBsAg seroconversion, n (%)</b>	<b>8 (3%)</b>	<b>8 (3%)</b>	<b>0 (0%)</b>
------------------------------------	---------------	---------------	---------------



\* loss of HBsAg and presence of anti-HBs

**Peginterferon alfa-2a (40KD) (PEGASYS®)  
monotherapy is more effective than  
lamivudine monotherapy in the treatment of  
HBeAg-negative chronic hepatitis B**

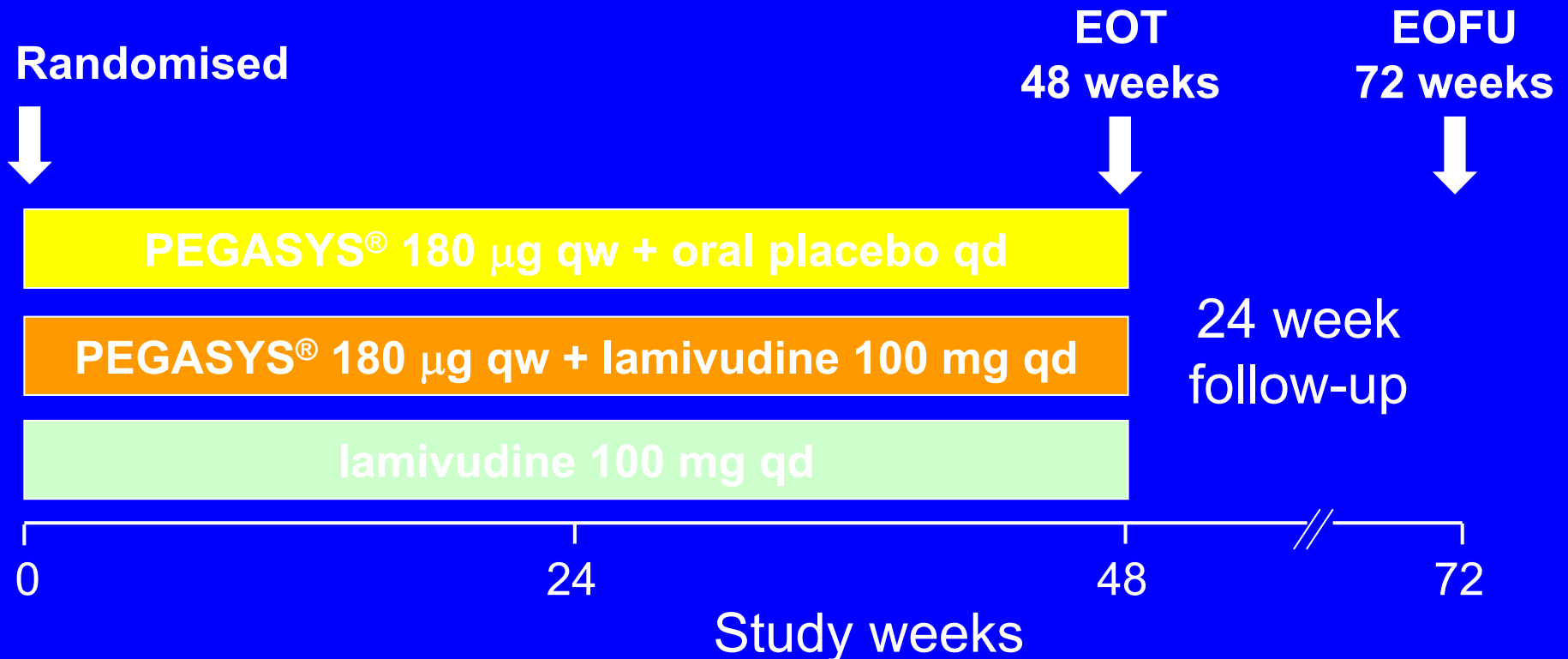
*72-week results from a Phase III, partially double-blind study*

P Marcellin, GKK Lau, F Bonino, P Farci, S Hadziyannis,  
R Jin, Z-M Lu, T Piratvisuth, G Germanidis, N Pluck

# Study Design

Patients with HBeAg-negative CHB were randomised using a 1:1:1 ratio

ITT population: n=537



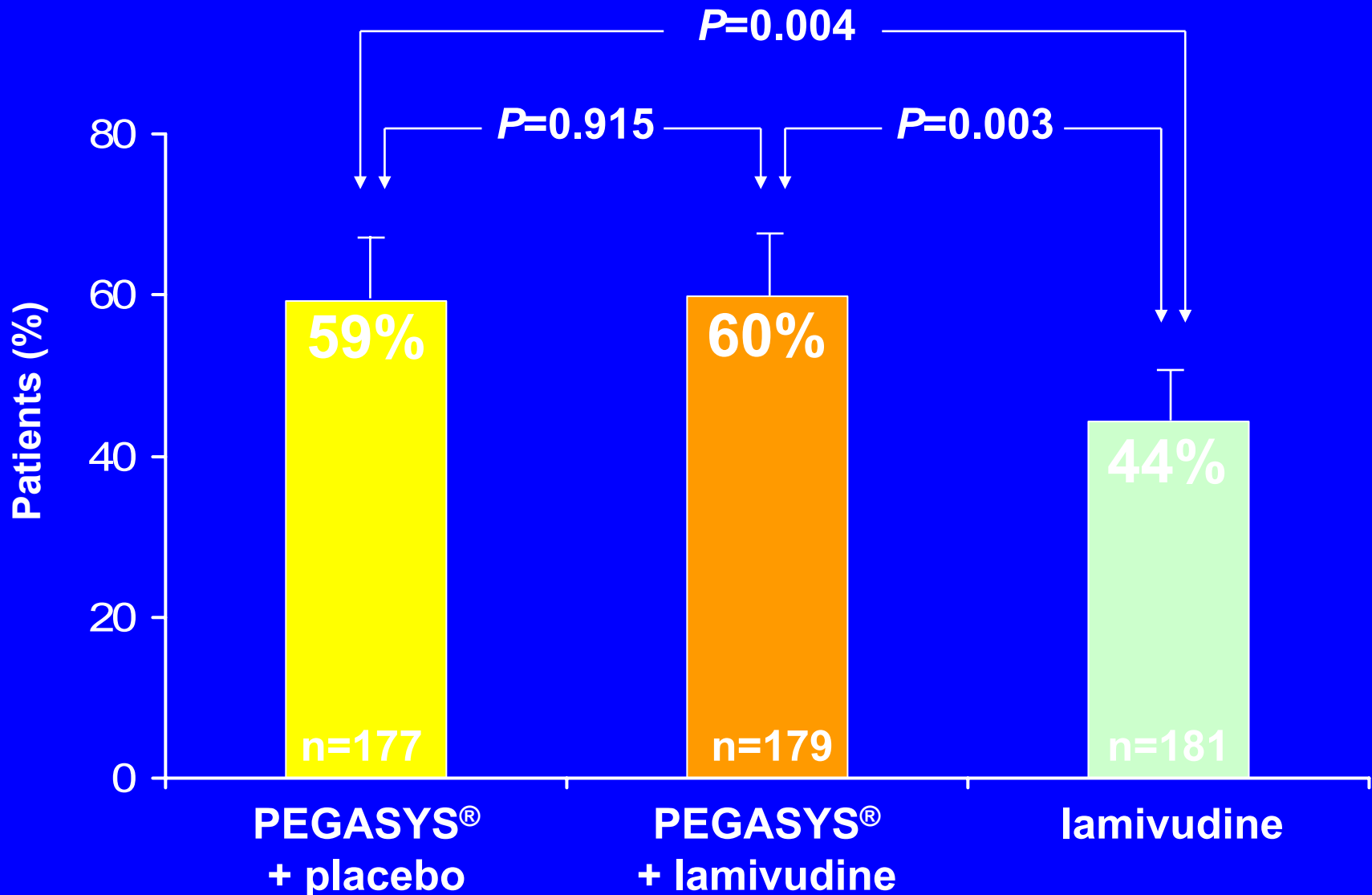
# Key Inclusion Criteria

- **HBsAg positive for  $\geq 6$  months**
- **HBeAg negative, anti-HBe positive for  $\geq 6$  months**
- **HBV DNA  $> 100,000$  cp/mL  
(COBAS AMPLICOR HBV MONITOR<sup>®</sup>)**
- **Serum ALT  $> 1$  but  $\leq 10$  x ULN at screening**
  - **Less than 20% with serum ALT 1–2 x ULN**
- **Liver biopsy proven CHB**

# Study Endpoints

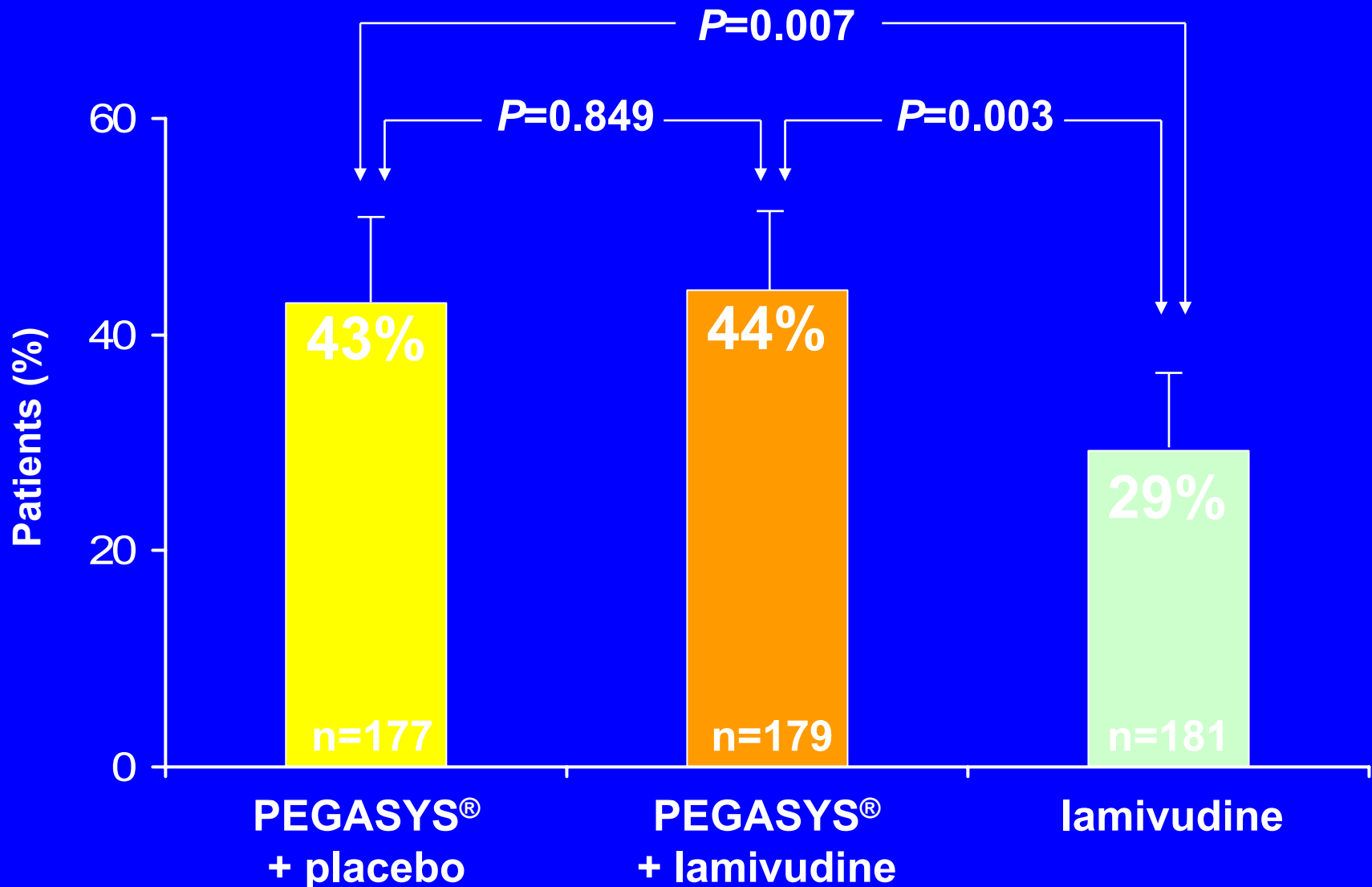
- **Co-primary endpoints**
  - **Normal ALT ( $\leq 1 \times$  ULN) at end of follow-up**
  - **HBV DNA  $< 20,000$  cp/mL at end of follow-up (COBAS AMPLICOR HBV MONITOR<sup>®</sup>)**
- **Secondary endpoints**
  - **HBV DNA over time**
  - **Histology at end of follow-up (Ishak)**
  - **HBsAg loss/seroconversion at end of follow-up**

# Normal ALT at End of Follow-up (Week 72)



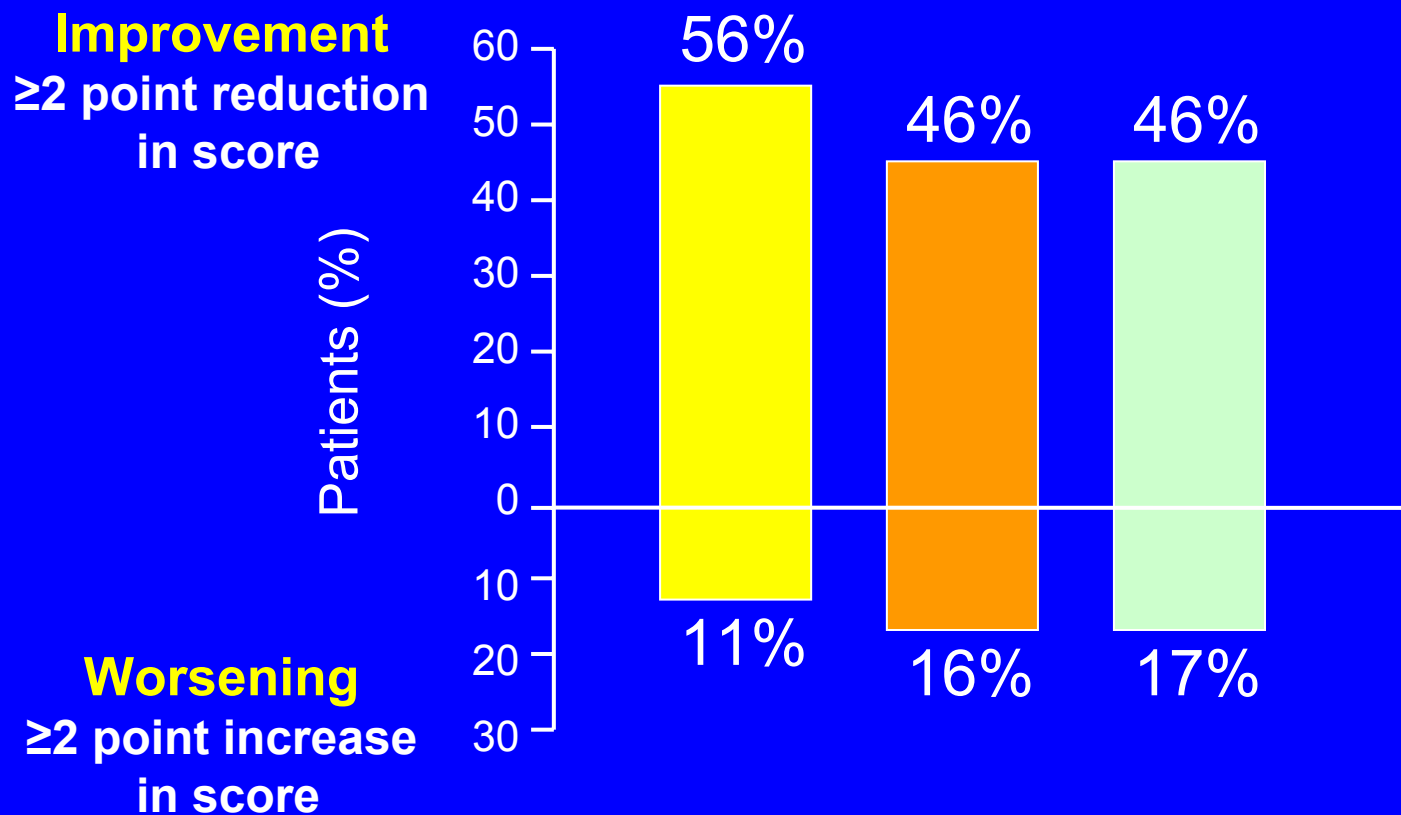


# HBV DNA <20,000 cp/mL at End of Follow-up (Week 72)





# Necroinflammatory Activity at End of Follow-up (Week 72): Patients with Paired Biopsy

■ PEGASYS® + placebo    ■ PEGASYS® + lamivudine    ■ lamivudine

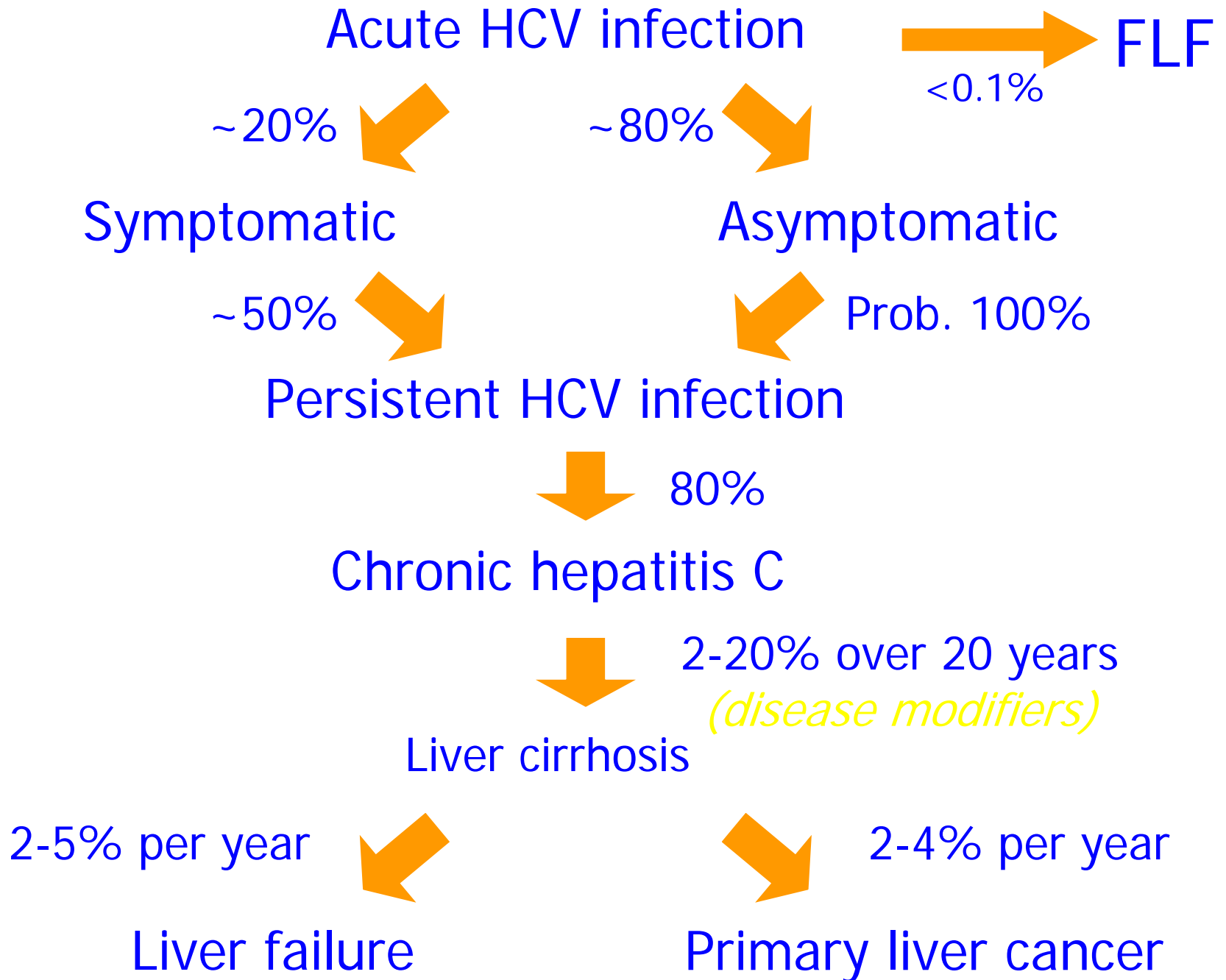


# HBsAg Loss and Seroconversion at End of Follow-up (Week 72)

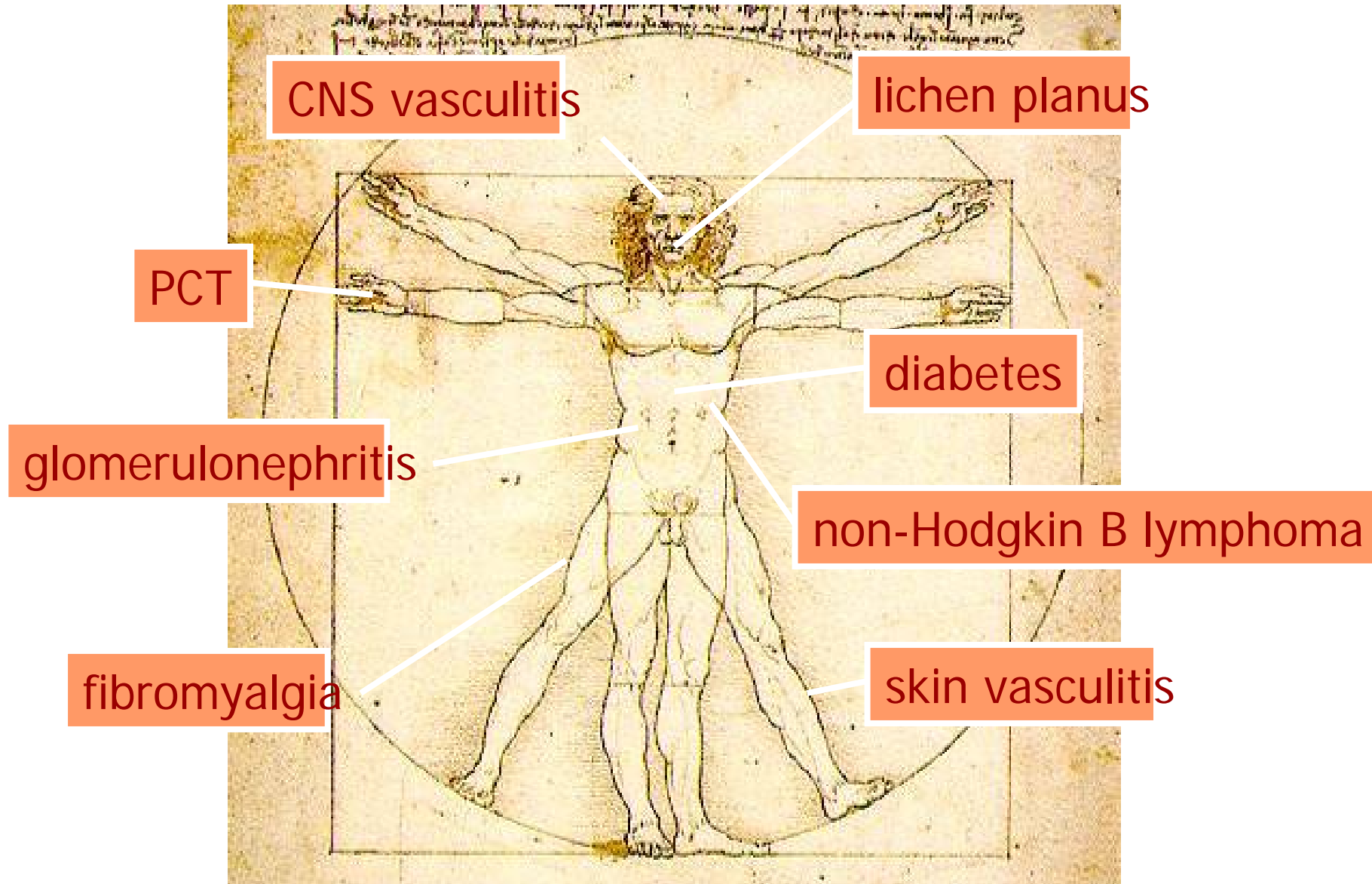
	PEGASYS® + placebo (n=177)	PEGASYS® + lamivudine (n=179)	lamivudine (n=181)
HBsAg loss, n (%)	7 (4%)	5 (3%)	0 (0%)
	 $P=0.007$		
's' seroconversion, n (%)	5 (3%)	3 (2%)	0 (0%)
	 $P=0.029$		

# *Treatment of hepatitis B: conclusions*

- Many hepatitis B patients will progress spontaneously to inactive carriership
- Current therapy aims at accelerating the natural history of HBV infection towards progression to inactive carriership
- The efficacy of current regimens depends on the competence of the host adaptive immune response to HBV antigens
- Seroconversion to anti-HBs is still very rare



# HCV and extrahepatic manifestations



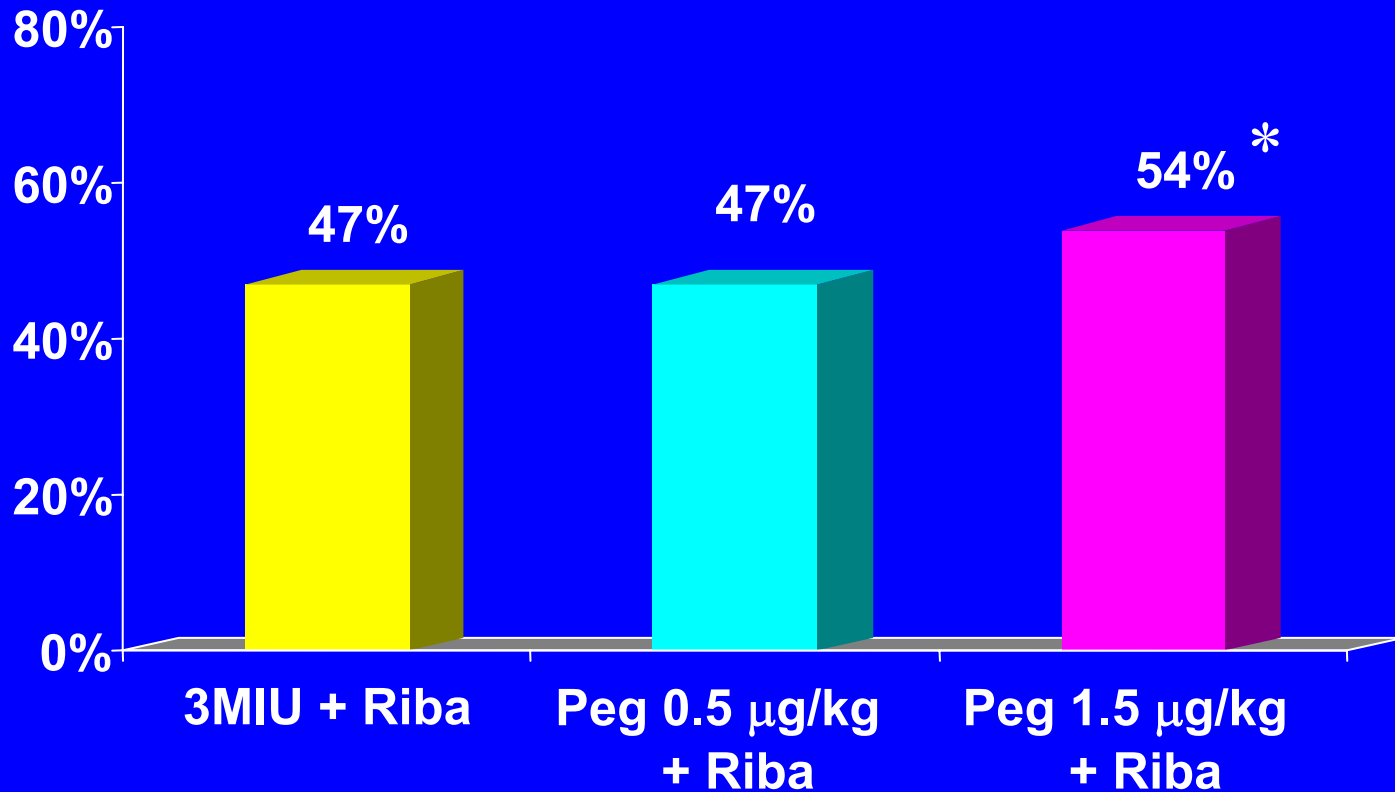
# *Treatment of Chronic Hepatitis C*

- PEG-Interferon- $\alpha$  + ribavirine is superior to standard IFN- $\alpha$  combination or (PEG)-IFN- $\alpha$  alone
- Patients with **genotype 1**: PEG-IFN- $\alpha$  + ribavirine for 48 weeks
  - $\approx$  51% SVR rate
- Patients with **genotypes 2 and 3**: PEG-IFN- $\alpha$  + ribavirine for 24 weeks
  - $\approx$  80 % SVR rate

NIH Consensus on Hepatitis C, 2002

# PegIntron + Rebetol

## Sustained Virologic Response - All Genotypes

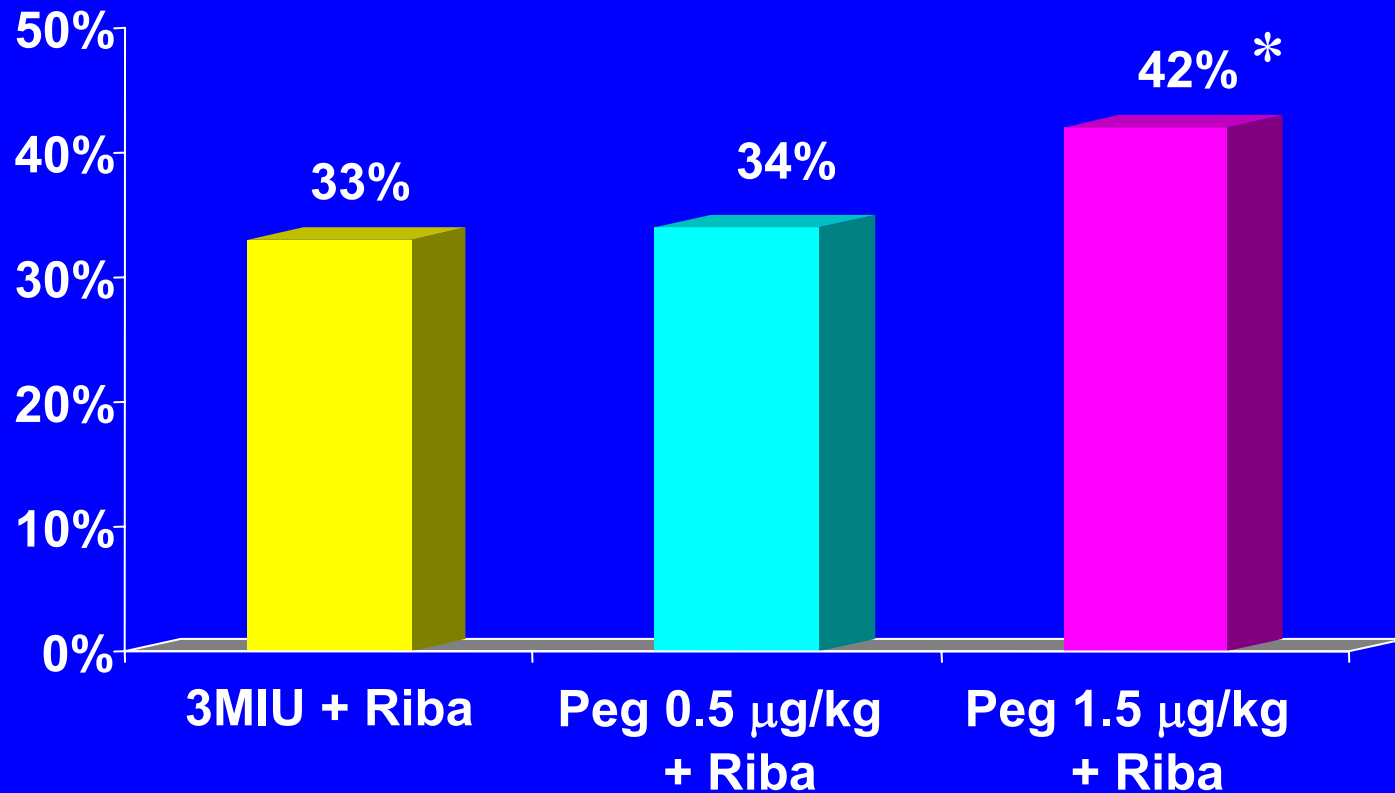


\* Peg 1.5/800 vs. I/R  $p=0.01$



# PegIntron + Rebetol

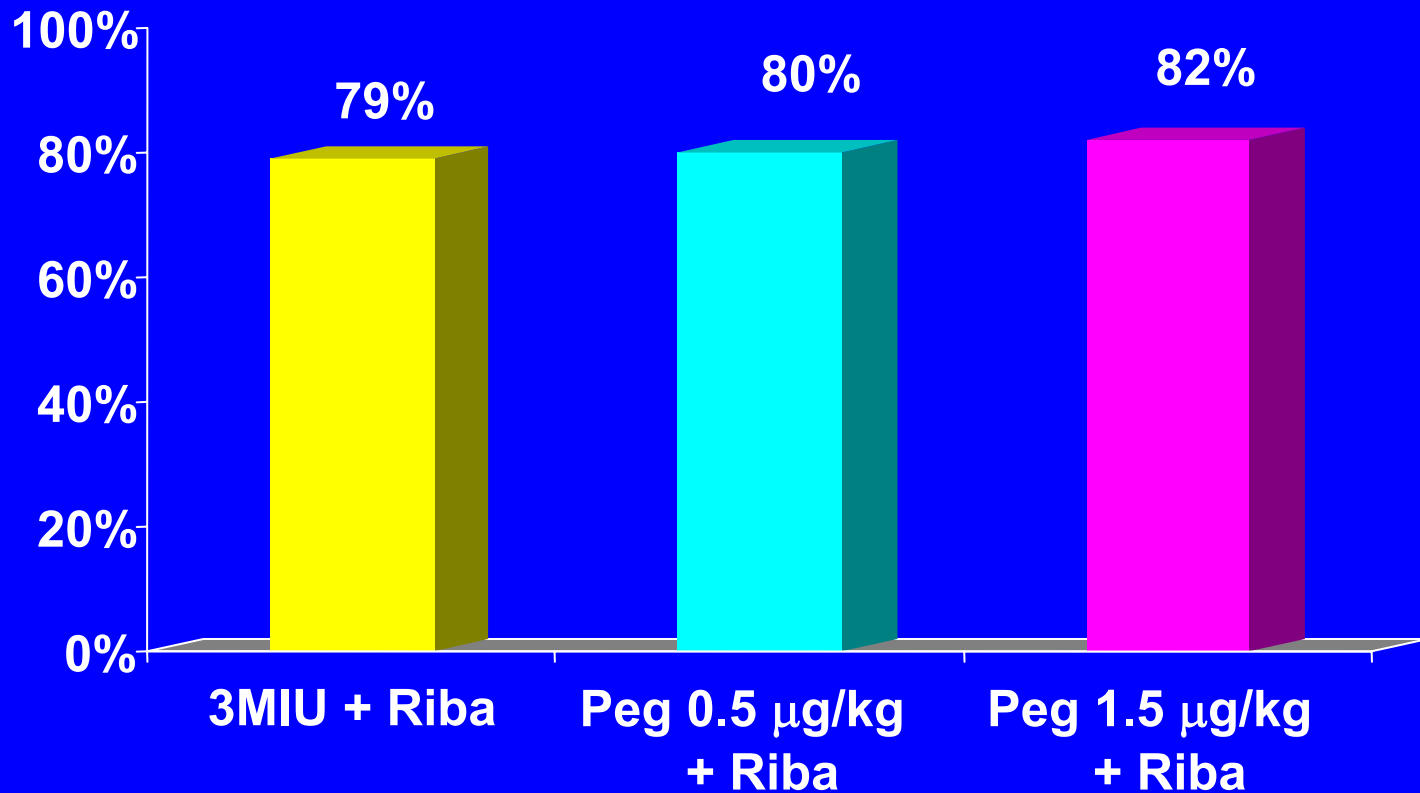
## Sustained Virologic Response - Genotype 1



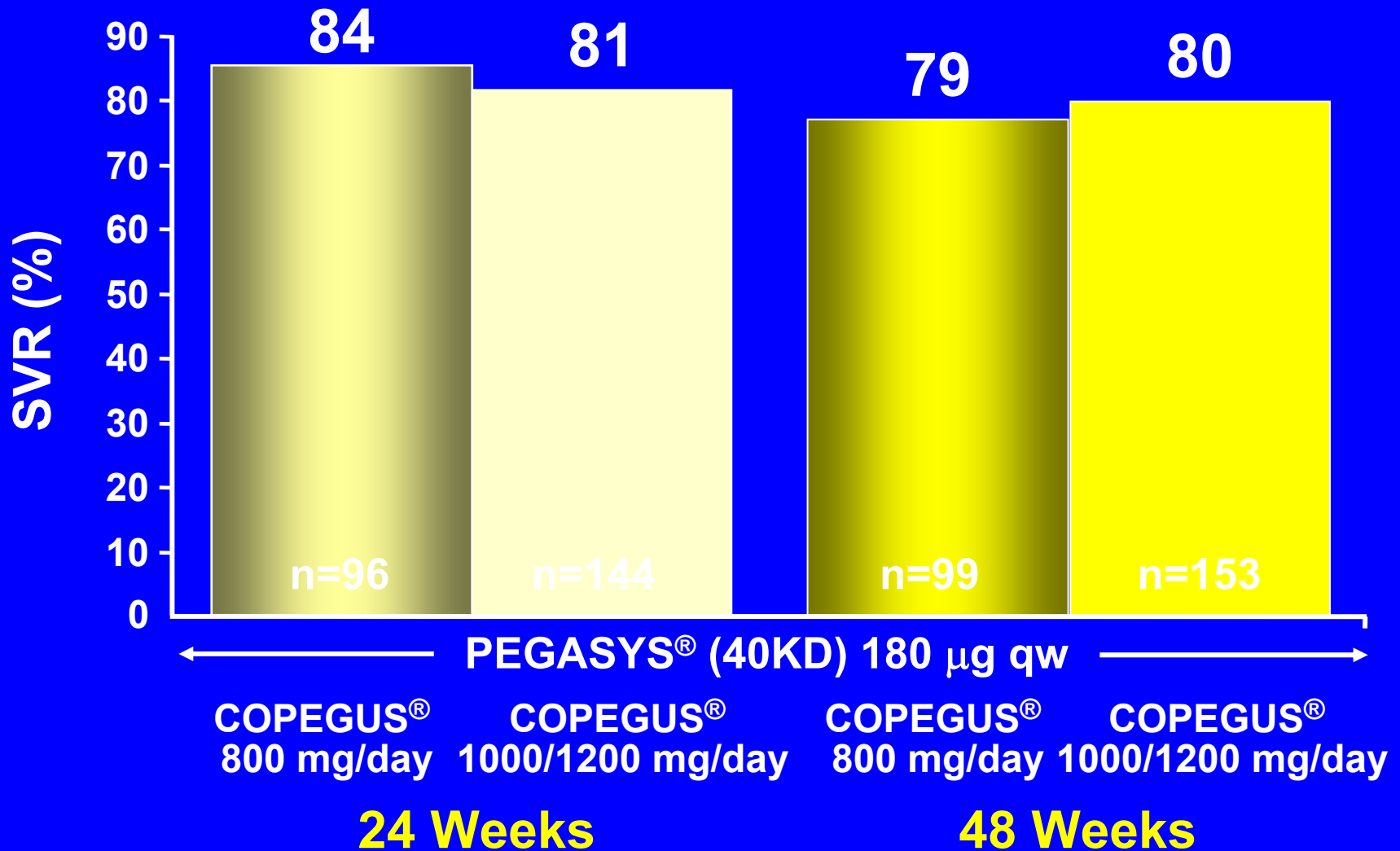
\* Peg 1.5/800 vs. I/R p=0.02

# PegIntron + Rebetol

## Sustained Virologic Response - Genotype 2/3



# PEGASYS® (40KD) Plus COPEGUS®: SVR in Patients With HCV Genotype 2 or 3 (ITT Analysis)\*

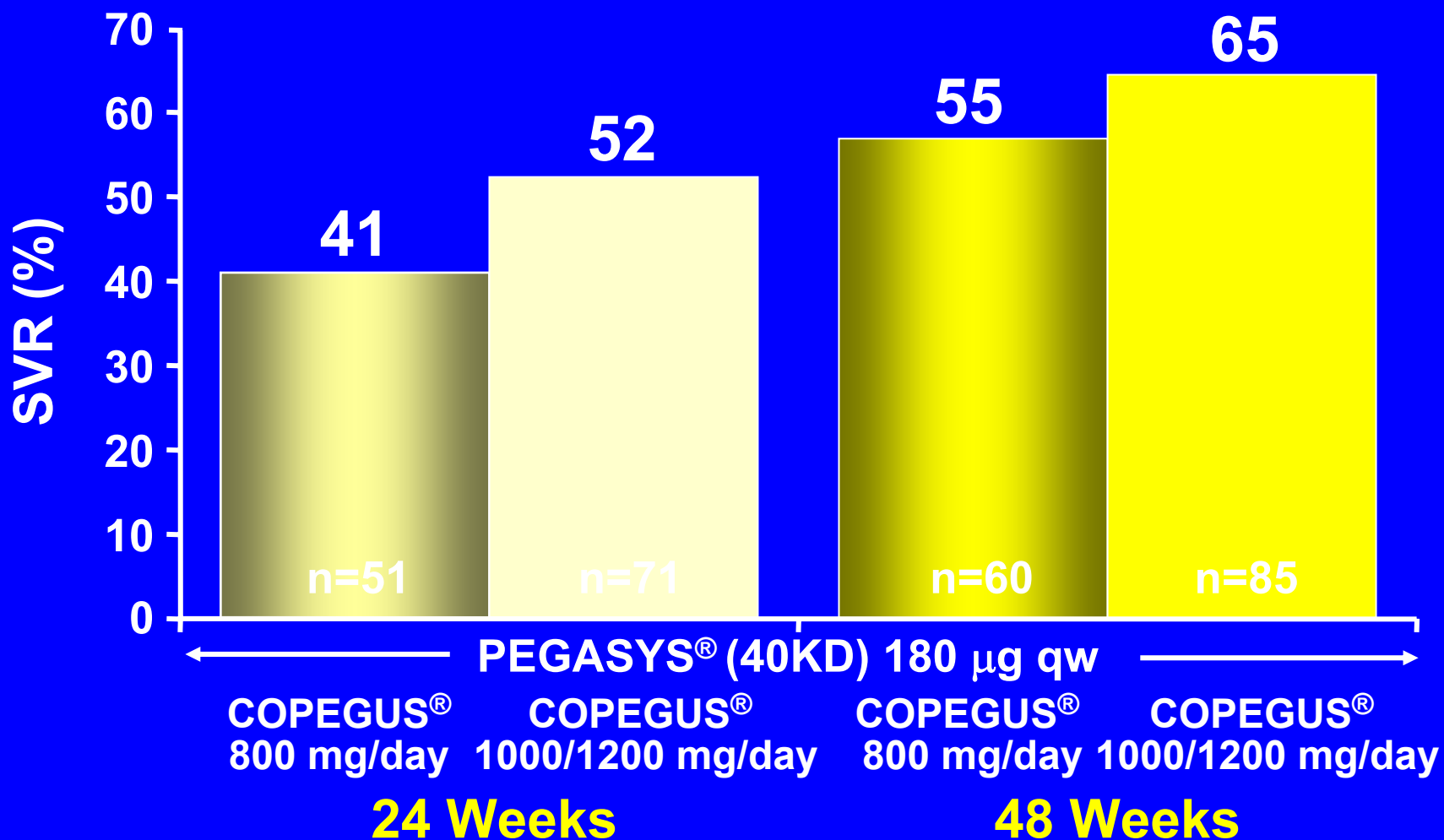


\*Intent-to-treat analysis.

Hadziyannis et al. *Ann Intern Med.* 2004.

# PEGASYS® (40KD) Plus COPEGUS®:

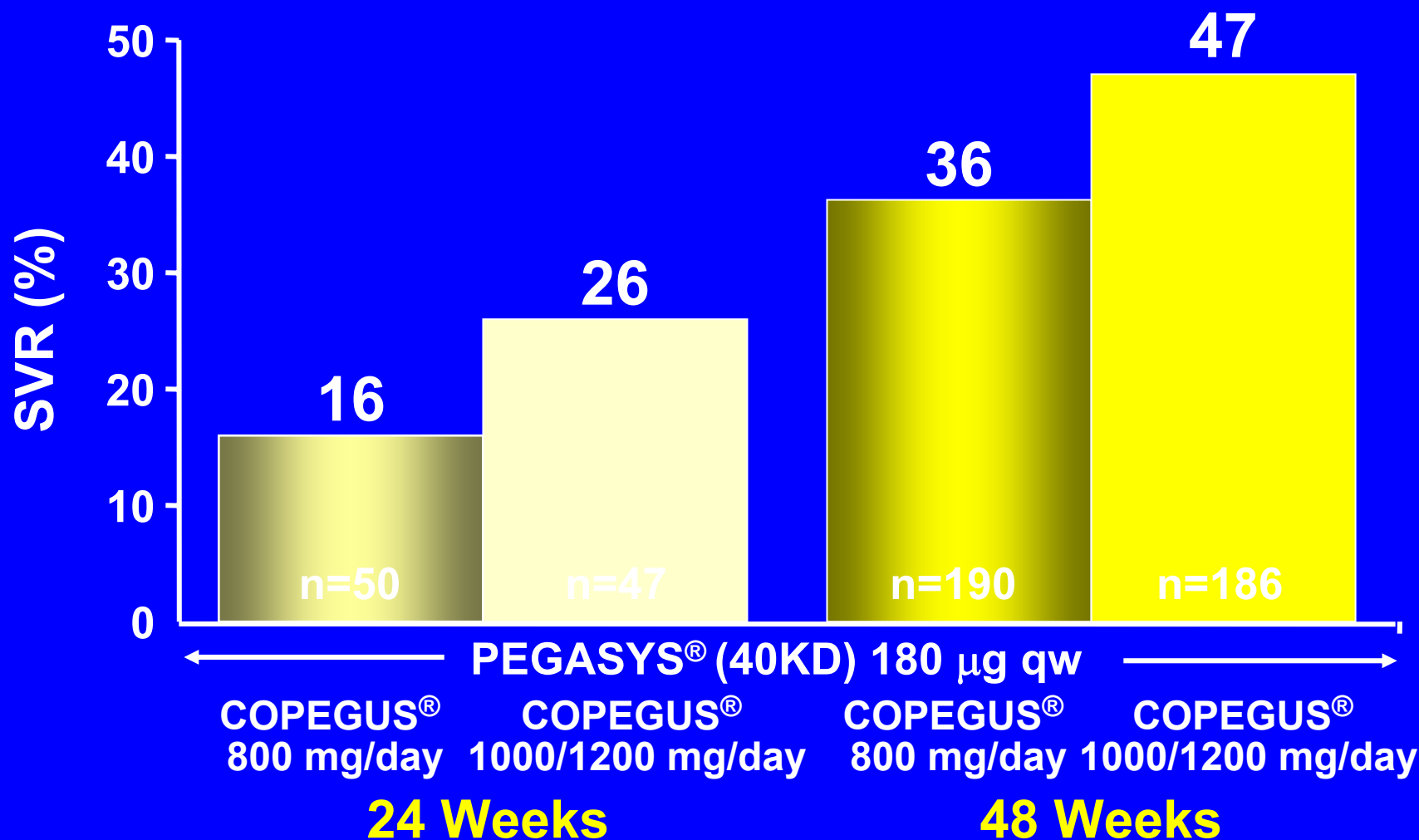
SVR in Patients With HCV Genotype 1 and Low Viral Load\*



\*Intent-to-treat analysis.

Hadziyannis et al. *Ann Intern Med.* 2004.

# PEGASYS® (40KD) Plus COPEGUS®: SVR in Patients With HCV Genotype 1 and High Viral Load\*

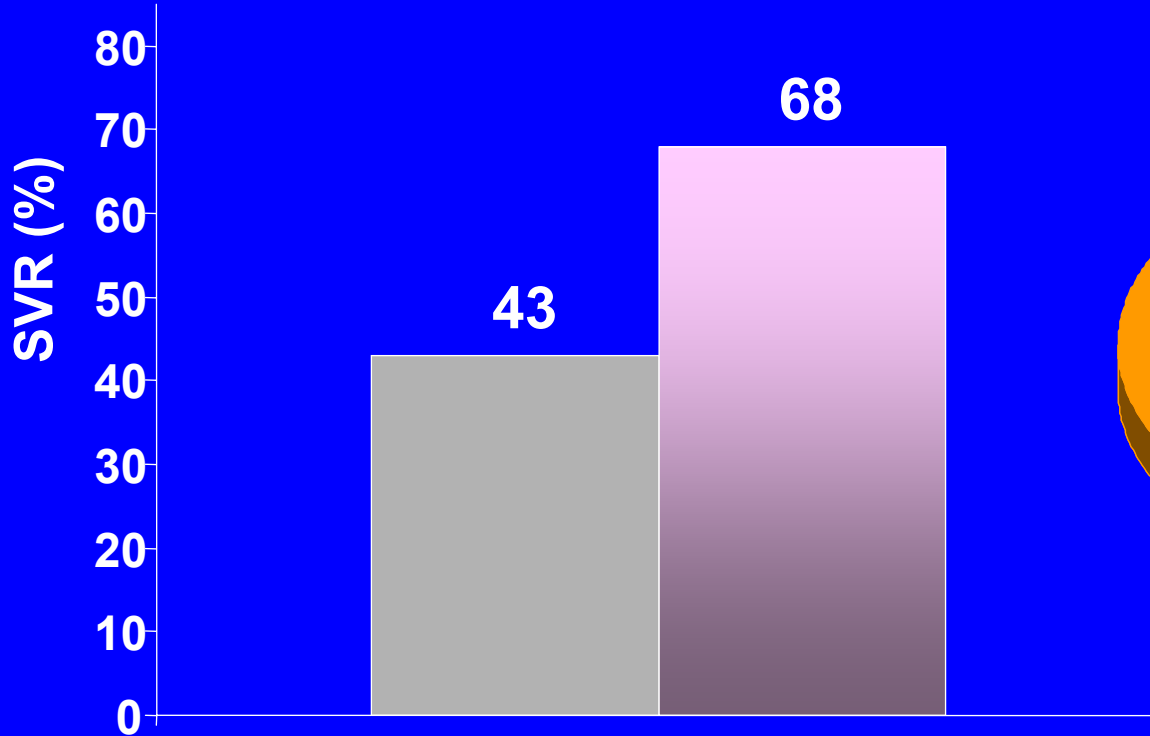


\*Intent-to-treat analysis.

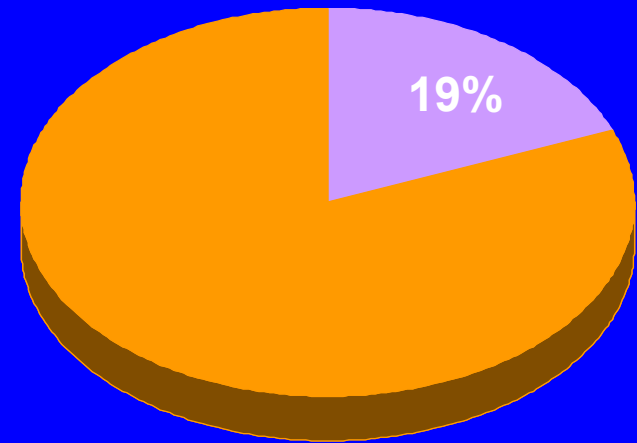
Hadziyannis et al. *Ann Intern Med.* 2004.

# Peginterferon Alfa-2b (12KD) Plus RBV: SVR in HCV Genotype 1 Low Viral Load

- IFN  $\alpha$ -2b + RBV
- PEG-IFN  $\alpha$ -2b (12KD) 1.5  $\mu$ g/kg + RBV

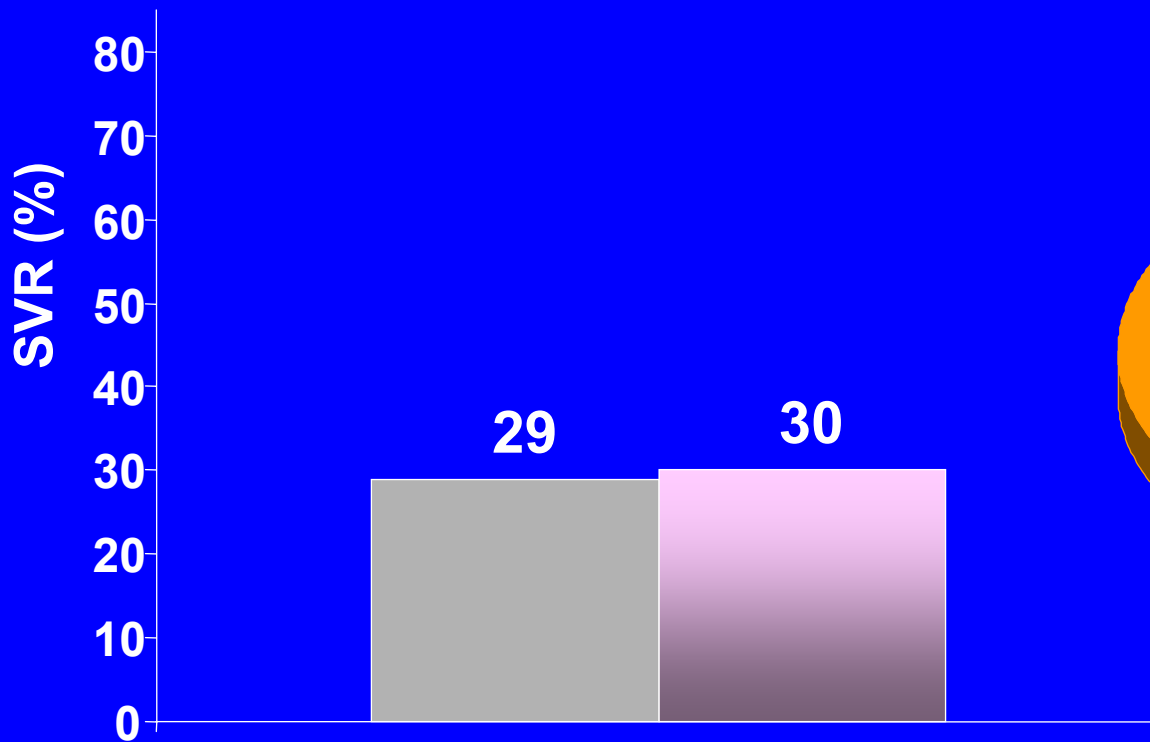


Percent of Study Population

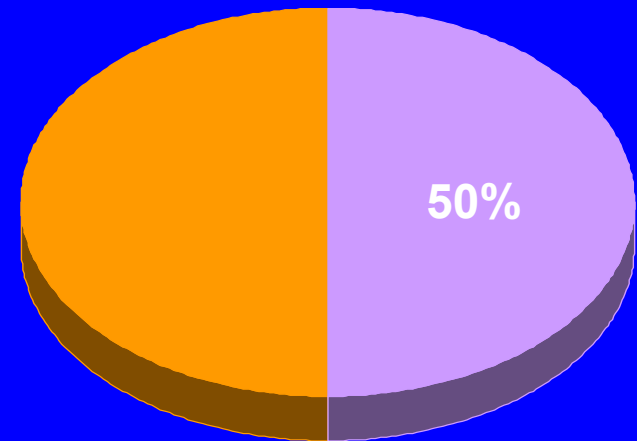


# Peginterferon Alfa-2b (12KD) Plus RBV: SVR in HCV Genotype 1 High Viral Load

- IFN  $\alpha$ -2b + RBV
- PEG-IFN  $\alpha$ -2b (12KD) 1.5  $\mu$ g/kg + RBV



Percent of Study Population

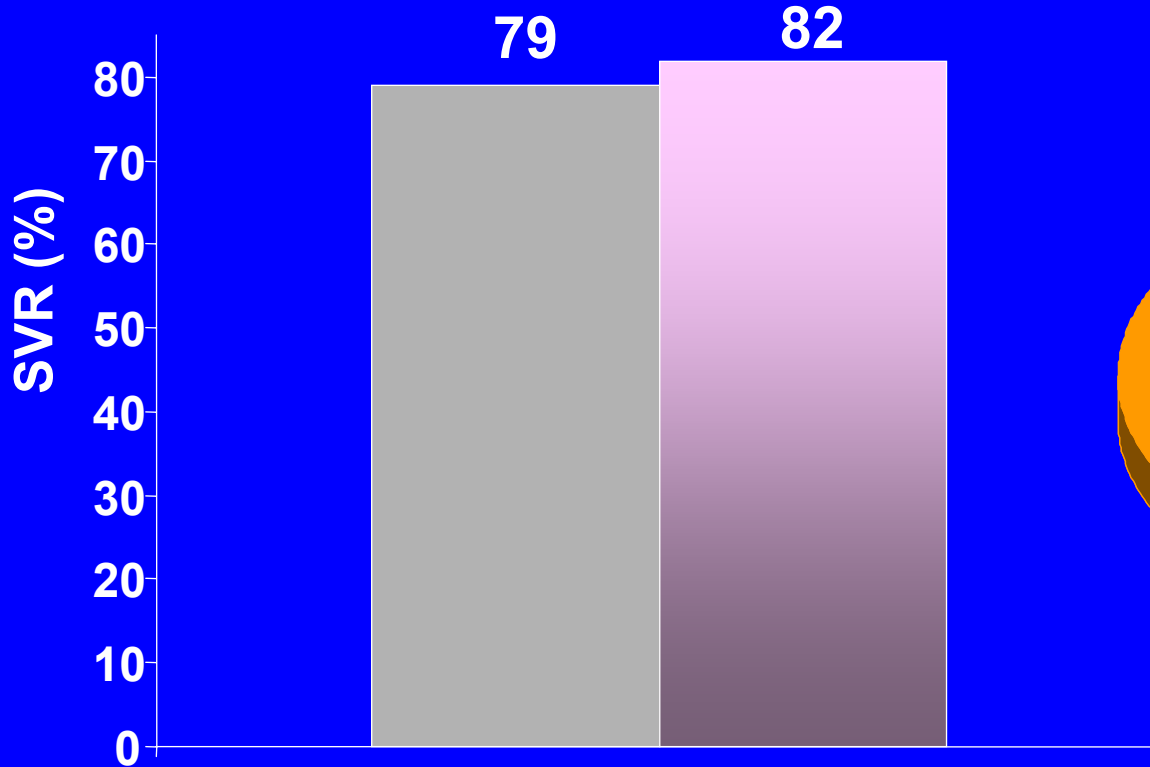


# Peginterferon Alfa-2b (12KD) Plus RBV:

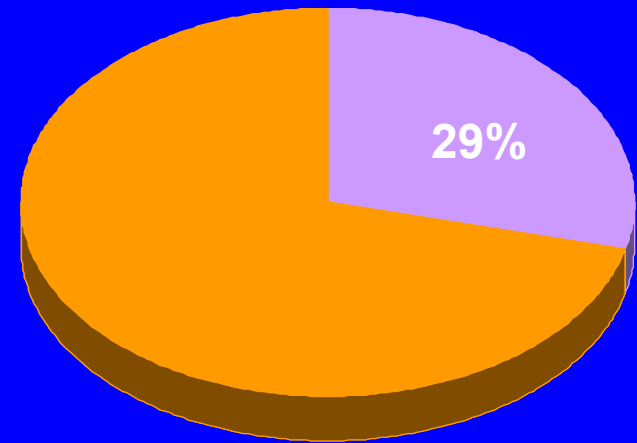
## SVR in HCV Genotype 2/3

■ IFN  $\alpha$ -2b + RBV

■ PEG-IFN  $\alpha$ -2b (12KD) 1.5  $\mu$ g/kg + RBV



Percent of Study Population





# *Treating Patients with Chronic Hepatitis C: Whom?*

- Consider patient's wish, contraindications
- Monitor patients with F0 - F1 (irrespective of the A score), due to the low risk of progression of liver disease in the absence of cofactors
- Consider treatment of F0 – F1 only if:
  - patient presents with extra-hepatic manifestation (e.g. vasculitis due to cryoglobulinemia)
  - patient is highly motivated and wishes to become virus free
- Treat if the fibrosis score is  $\geq$  F2 (irrespective of the A score)

# *Factors affecting fibrogenesis and response to therapy in HCV infection*

Factor	Affects fibrogenesis	Affects treatment response
Age	Yes	Yes
Sex	Yes	Yes
Genotype	Unclear	Yes
Viral load	No	Yes
Alcohol abuse	Yes	Yes
HIV coinfection	Yes	Yes
HBV coinfection	Yes	Unclear
Overweight	Yes	Yes
Steatosis	Yes	Yes
Insulin resistance	Yes	Yes

Final Week-72 Results of APRICOT:  
A Randomized, Partially Blinded,  
International Comparative Trial of Peginterferon alfa-2a (40 kDa)  
(PEGASYS®) ± Ribavirin (COPEGUS®)  
vs Interferon alfa-2a + Ribavirin in the Treatment of HCV in HIV-  
HCV Co-infection

Francesca J. Torriani M.D.  
University of California, San Diego

# HIV-HCV Co-infection Study

**AIDS**

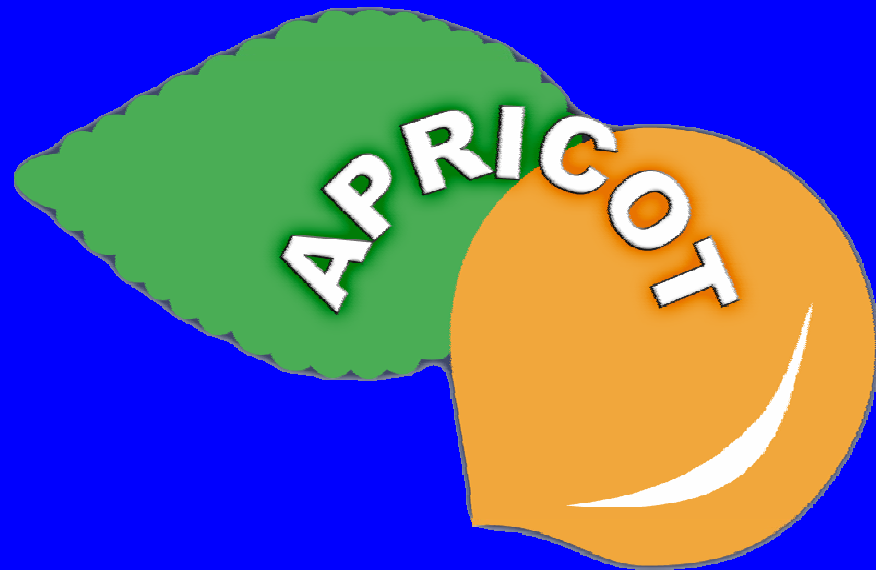
**PEGASYS®**

**Ribavirin**

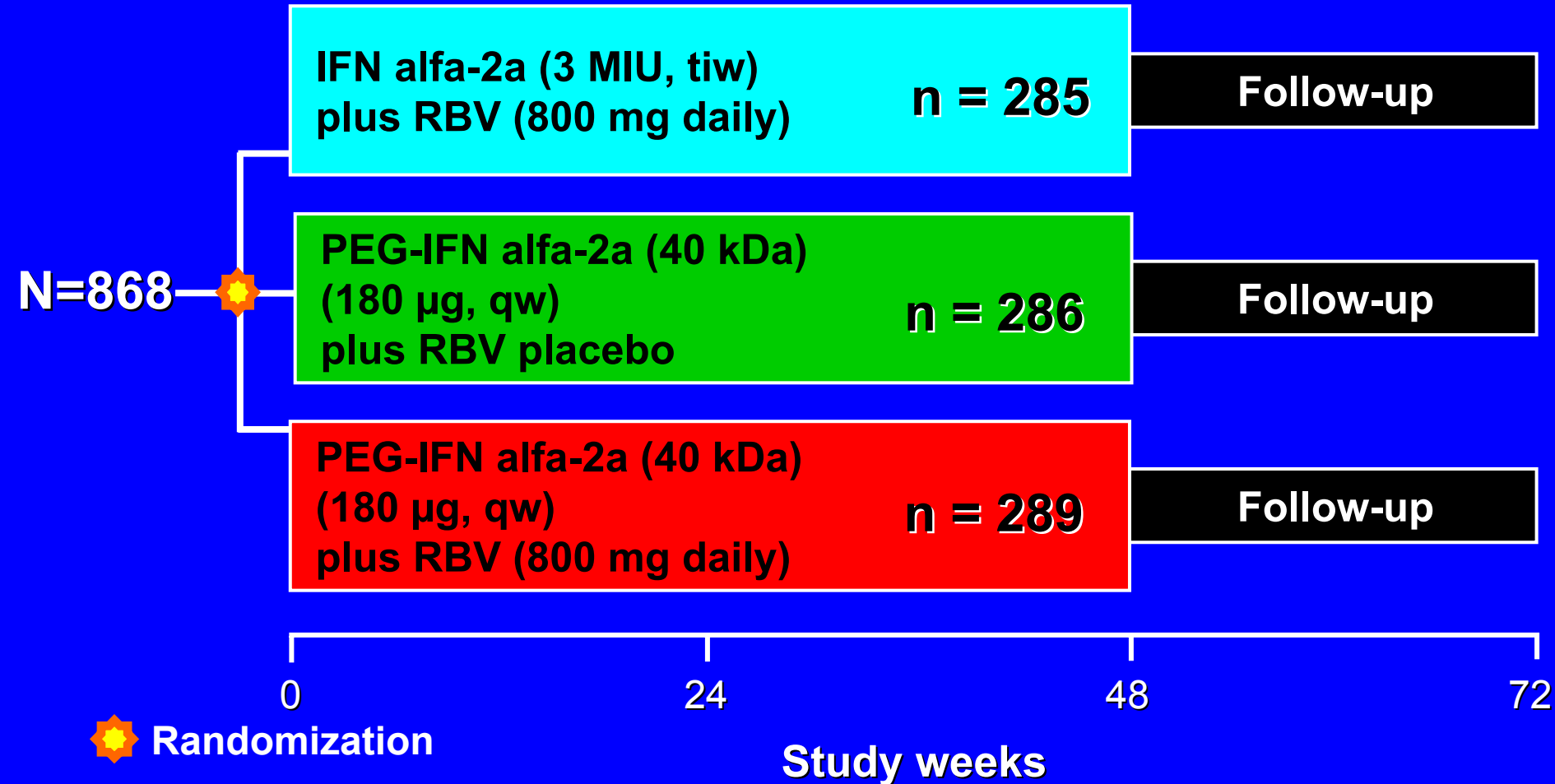
**International**

**CO-Infection**

**Trial**



# APRICOT



860 received at least one dose

# APRICOT Study Design

- Use of RBV was blinded in the PEG-IFN alfa-2a (40 kDa) arms (RBV vs placebo)
- Stratified
  - Genotype 1 vs non-1
  - CD4<sup>+</sup> 100 to <200/ $\mu$ L vs  $\geq$ 200/ $\mu$ L
  - ART vs no ART
  - Cirrhotic vs non-cirrhotic
  - Geographic region

# Key Inclusion Criteria

- HIV criteria
  - HIV antibody or quantifiable HIV RNA
  - CD4<sup>+</sup> cell count
    - $\geq 200/\mu\text{L}$  *or*
    - $\geq 100/\mu\text{L}$  to  $< 200/\mu\text{L}$  with  $< 5000$  copies/mL HIV RNA
- Stable HIV disease with or without antiretroviral treatment

# Key Inclusion Criteria

- HCV criteria
  - Naive to IFN and ribavirin
  - HCV antibody positive
  - Quantifiable HCV RNA (Amplicor<sup>®</sup> MONITOR)
  - Elevated serum ALT
  - Liver biopsy ( $\leq 15$  months) consistent with HCV infection
- Non-cirrhotic or cirrhotic
  - If cirrhotic, Child-Pugh Grade A

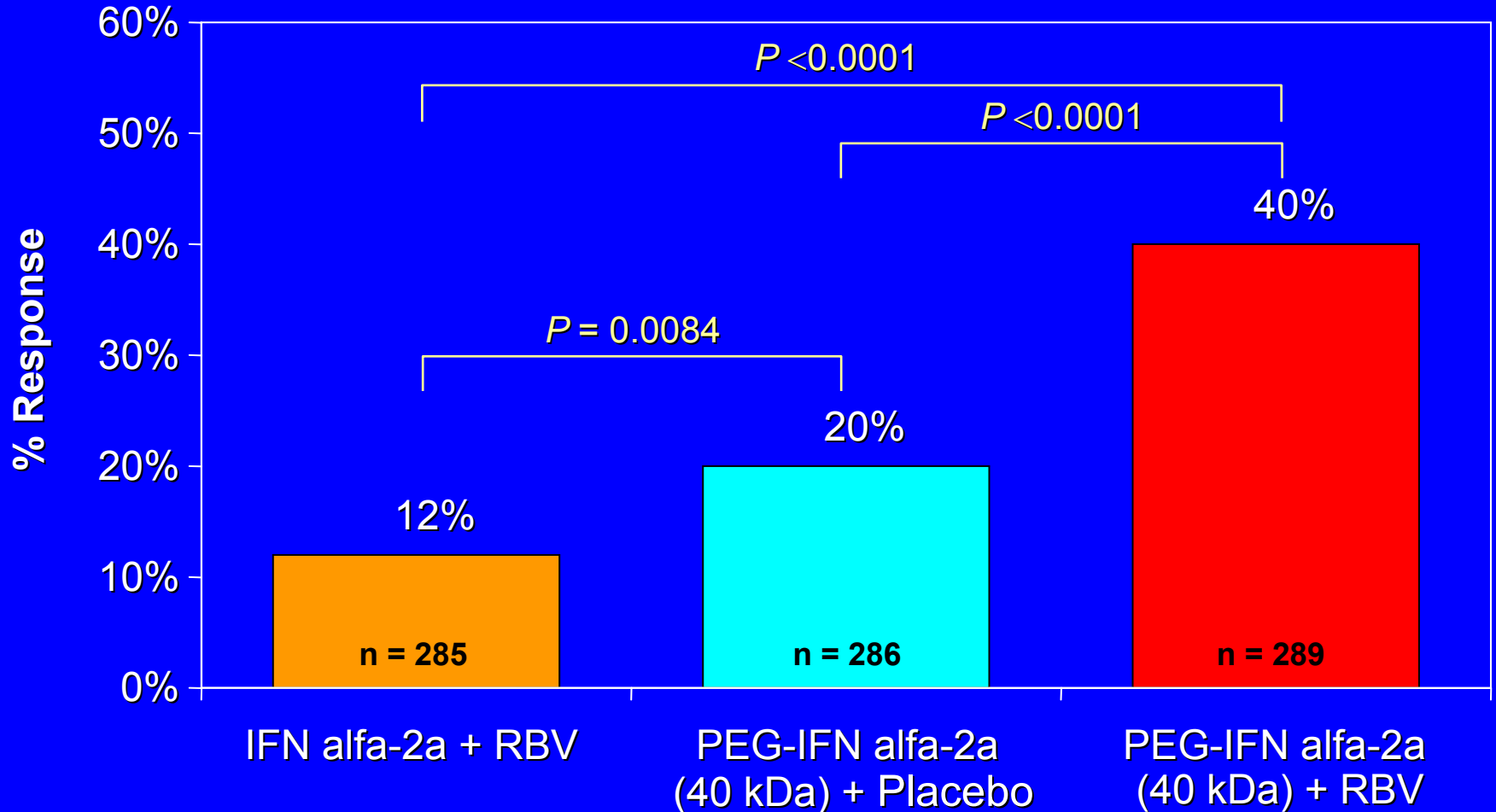


# Primary efficacy endpoint

Sustained Virologic Response (SVR) –  
Undetectable serum HCV RNA\*  
at end of 24-week treatment-free follow-up  
(week 72)

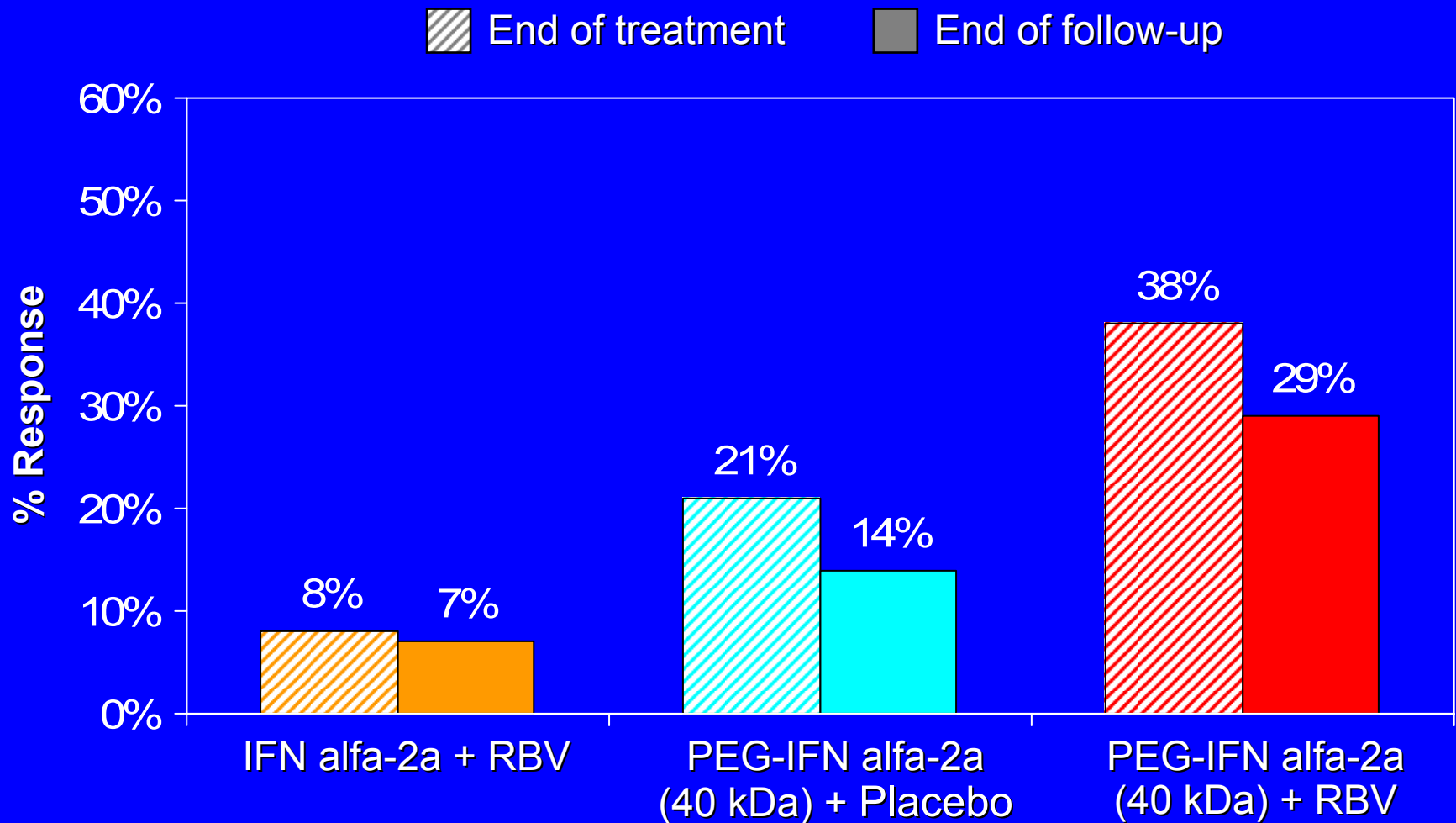
\*Cobas Amplicor® HCV test v2.0, sensitivity <50 IU/mL

# Sustained Virologic Response\*



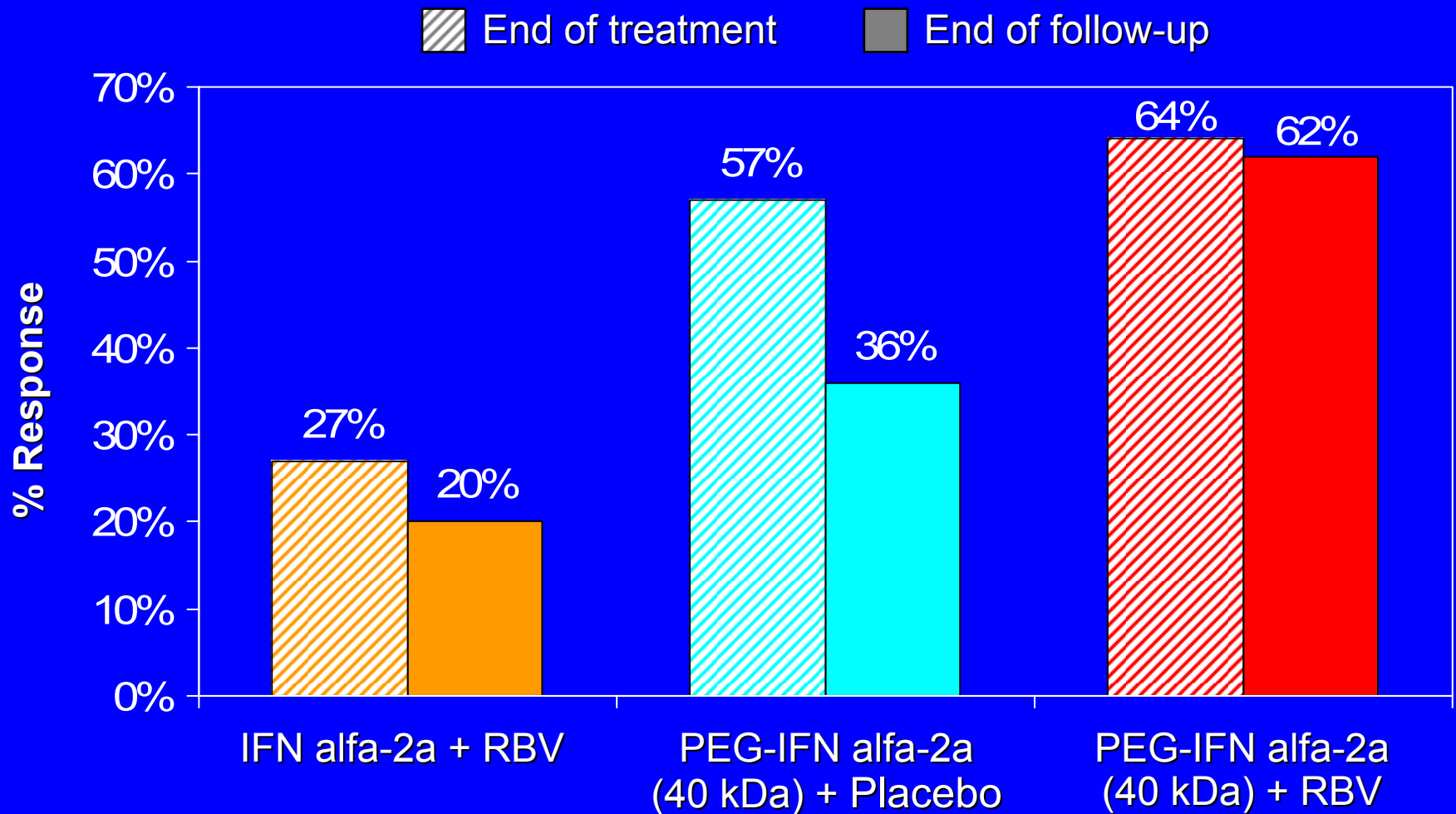
\* Defined as <50 IU/mL HCV RNA at week 72; ITT

# Virologic Response\* – End of Treatment vs End of Follow-up (Genotype 1)



\* Defined as <50 IU/mL HCV RNA

# Virologic Response\* – End of Treatment vs End of Follow-up (Genotype 2 and 3)



\* Defined as <50 IU/mL HCV RNA

# *Treatment of hepatitis C: conclusions*

- Only a minority of chronic hepatitis C patients will progress to cirrhosis, depending on the presence of several disease modifiers
- Current treatment options are limited, poorly accepted by patients, and should be offered only to potential « progressors »
- HCV eradication is possible in more than half of patients who complete therapy

# *Protease Inhibitor: SCH 503034*

## *Monotherapy*

- Randomized, double-blind trial
  - HCV-positive patients who failed PegIFN, N = 61
- Randomized to:
  - 100 mg BID
  - 200 mg BID
  - Placebo
  - 400 mg BID
  - 400 mg TID
- Reduction in HCV VL corresponded with dosage
- Mean maximum VL reduction in 400 mg TID group
  - 2.06 log<sub>10</sub> from baseline (range, 1.1-2.7 log<sub>10</sub>)

# *SCH 503034 + PegIFN alfa-2b*

- Multicenter, open-label study in HCV-positive patients who failed PegIFN alfa, N = 61
- Random sequence with 3-week washout between treatments:
  - SCH 503034 200 mg or 400 mg TID for 7 days
  - PegIFN-alfa 2b 1.5 µg/kg/QW for 14 days
  - Combined therapy for 14 days
- HCV RNA undetectable:
  - 400 mg combination group: 4/10
  - PegIFN alfa-2b alone: 0/22
- Mean maximum VL reductions:
  - 200 mg combination group: 2.4 log<sub>10</sub> copies/mL
  - 400 mg combination group: 2.9 log<sub>10</sub> copies/mL

# *Protease Inhibitor: VX-950*

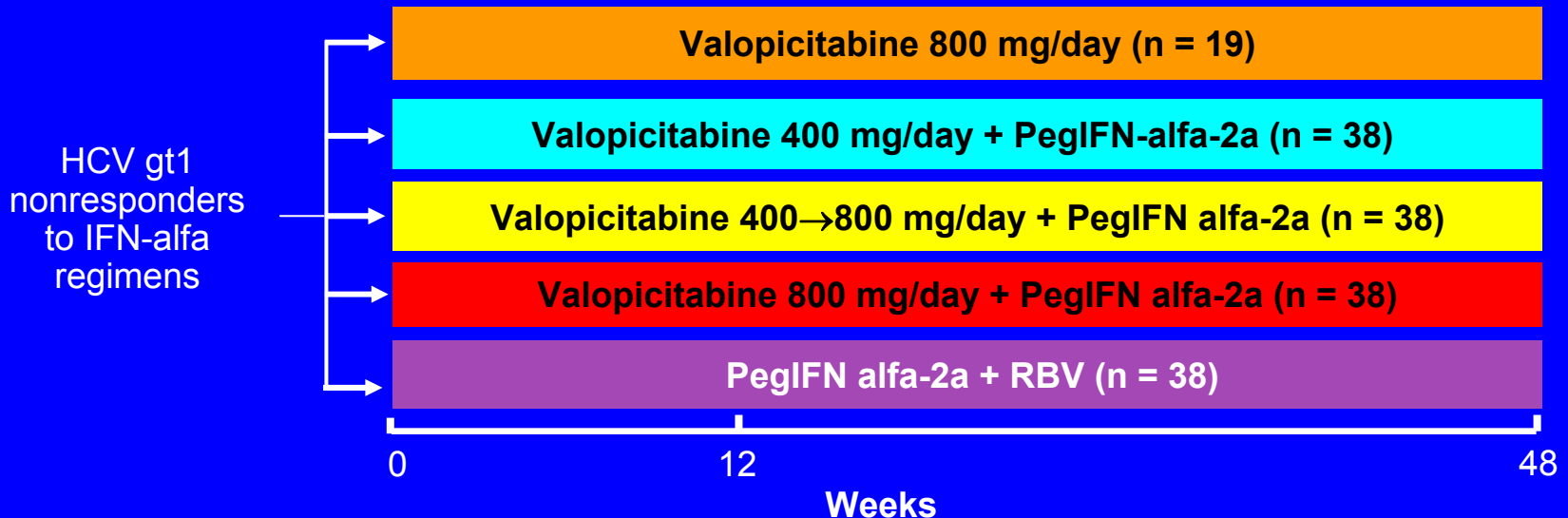
## *Phase 1b Trial*

- Subjects:
  - Healthy HCV-negative (3 panels of 8 subjects)
  - HCV genotype 1 (3 panels of 12 subjects)
- Dosing:
  - Part A: 450 mg, 750 mg, 1250 mg Q8h for 5 days
  - Part B: 450 mg or 750 mg Q8H or 1250 mg Q12h for 14 days
- All HCV-positive patients demonstrated  $\geq 2 \log_{10}$  viral load decline
- 750-mg dose group (highest trough concentration):
  - 4.4  $\log_{10}$  decline in HCV RNA

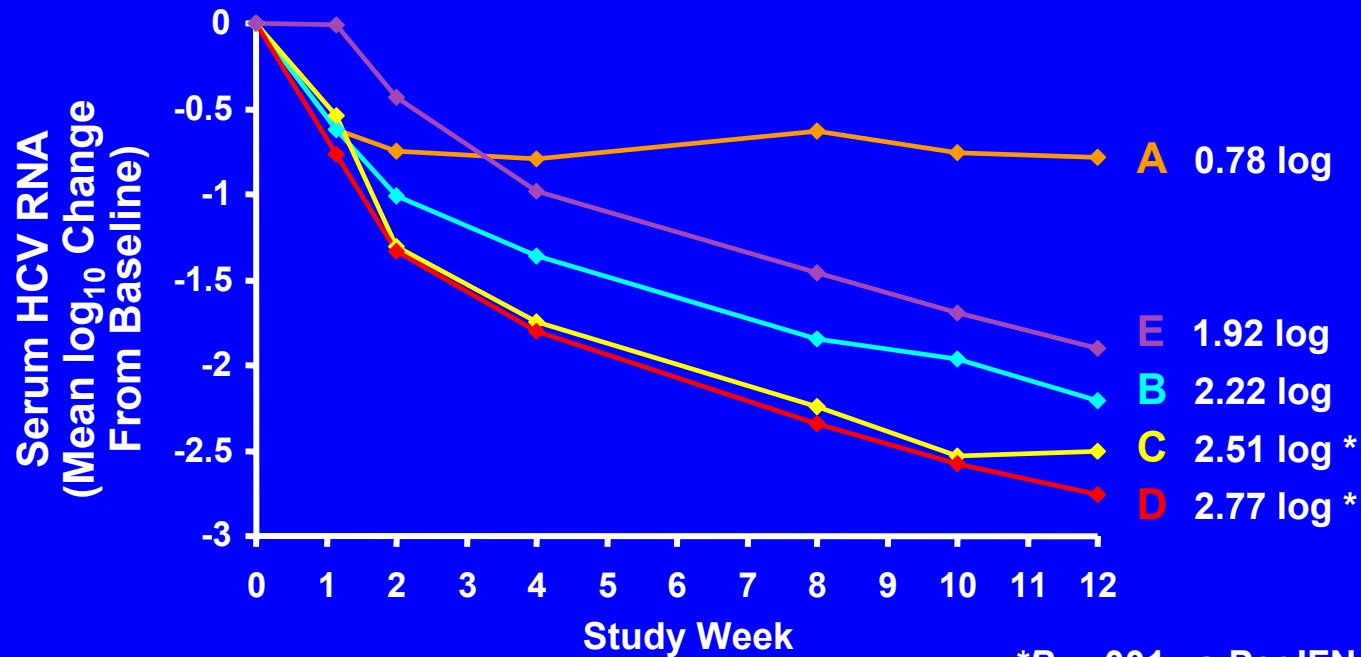


# *Ribonucleoside Analogue Prodrug: Valopicitabine*

- Multicenter (22), randomized, controlled trial in HCV gt1 nonresponders
- HCV RNA response criteria at Weeks 4, 12, 24
  - Patients required to have HCV RNA drop  $\geq 0.5$  log at Week 4,  $\geq 1.0$  log at Week 12, and  $> 2.0$  log at Week 24 to continue treatment
  - Early termination if viral response criteria not met
- Primary efficacy endpoint: SVR 6 months after last dose of study medicine



# HCV RNA Reduction at Week 12 With Valopicitabine



\*P = .001 vs PegIFN + RBV

- A** Valopicitabine 800 mg QD
- B** Valopicitabine 400 mg QD + Peg-IFN 180 µg QW
- C** Valopicitabine 400-800 mg QD → 800 mg QD + Peg-IFN 180 µg QW
- D** Valopicitabine 800 mg QD + Peg-IFN 180 µg QW
- E** Peg-IFN 180 µg QW + Ribavirin BID

# *New Agents: Summary*

Antiviral	Manufacturer	Drug Category	Phase of Development
Valopicitabine	Idenix	Ribonucleoside analogue prodrug	Phase 2b
Albuferon	Human Genome Sciences	IFN-alfa fused to HSA	Phase 2
HCV-AB <sup>XTL</sup>	XTL	Monoclonal Ab (anti-E2)	Phase 1/2
VX-950	Vertex	Protease inhibitor	Phase 1b
SCH 503034	Schering	Protease inhibitor	Phase 1
GNS 037	Genoscience	Entry inhibitor	Preclinical
ITMN A and B	Intermune	Protease inhibitors	Preclinical