

# Adolescent health and development with a particular focus on sexual and reproductive health

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**World Health  
Organization**

Training Course in Sexual and Reproductive Health Research  
Geneva 2010

# Objectives of the course:

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As a result of undertaking the course, participants will know:

- Why they need to invest in the health and development of adolescents (including their sexual and reproductive health)
- What they could do to improve the health and development of adolescents and how to do this (with a particular focus on too-early pregnancy and HIV),
- Where they could get support to do this.

# The topics to be covered in the course:

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1. The meaning of adolescence, the rationale for addressing adolescents, the needs and problems of adolescents, and frameworks for addressing the health and development of adolescents.
2. Evidence-based approaches to sexuality education to adolescents
3. Evidence based approaches to sexual and reproductive health service provision to adolescents
4. Adolescent pregnancy
5. HIV and young people

# The topics to be covered in the course:

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The topics were selected by you, from a list of ten items. We thank you for articulating your expectations clearly. The topics on the list which we will not cover in this course are:

- Understanding and responding to the special needs of adolescent girls
- Understanding and responding to the special needs of adolescent boys
- Strengthening the way in which national RH and HIV programmes address adolescents
- Monitoring the way in which RH and HIV programmes are addressing adolescents

# Teaching-learning methods

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The schedule for the topics is as follows:

1. Introduction to adolescence and adolescent health: 30 August-3 September
2. Evidence-based approaches to sexuality education to adolescents: 6-10 September
3. Evidence based approaches to sexual and reproductive health service provision to adolescents: 13-17 September
4. Adolescent pregnancy: 20-25 September
5. HIV and young people: 28 September-2 October

On each of the topic, we will post the following items:

1. A set of 10-15 slides with accompanying talking points
2. 1-2 key documents
3. One assignment

You will be required to read the materials & do the assignment.

You will also have an opportunity to send us your comments and questions, which we will respond to.

# Course facilitators:

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The course will be conducted by members of the Adolescent Health and Development team of the department of Child and Adolescent Health and Development. We are (in alphabetical order):

- Paul Bloem
- Anita Blavo
- Krishna Bose
- Meena Cabral
- Venkatraman Chandra-Mouli
- Virginia Camacho
- Jane Ferguson
- Marcus Stahlhofer

Thank you !

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