

## **Principles of evidence based medicine**

One of a series of short courses designed to share insights into today's international public health agenda and provide busy health professionals with key skills for understanding the issues and applying the strategies.

### **Background:**

The practice of evidence based medicine (EBM) requires the use of current best evidence combined with clinical expertise emphasizing on patient oriented outcomes.

### **Course description:**

The course aims to provide basic knowledge about EBM principles, following the five steps proposed when practising EBM. The course consists of lectures and individual group work. The candidates are required to actively participate in the training by fulfilling group tasks and individual work and by presenting their results.

### **Key topics:**

- Provide participants with an understanding of the five steps of evidence based practise
- Train participants to
  - ask structured clinical questions
  - develop a simple search strategy
  - critically appraise the retrieved literature
  - apply the results to a clinical scenario
  - implement the evidence into practice

### **Duration of the course:**

1 full day

Course language: English

### **Information:**

- e-mail to [info@gfmer.org](mailto:info@gfmer.org)