

Systematic review on the incidence/prevalence of severe maternal morbidity

**Meile Minkauskiene, MD, PhD student
Clinic of Obstetrics and Gynecology,
Kaunas University Hospital
Lithuania**

**Tutors:
Lale Say, Ana Betran**

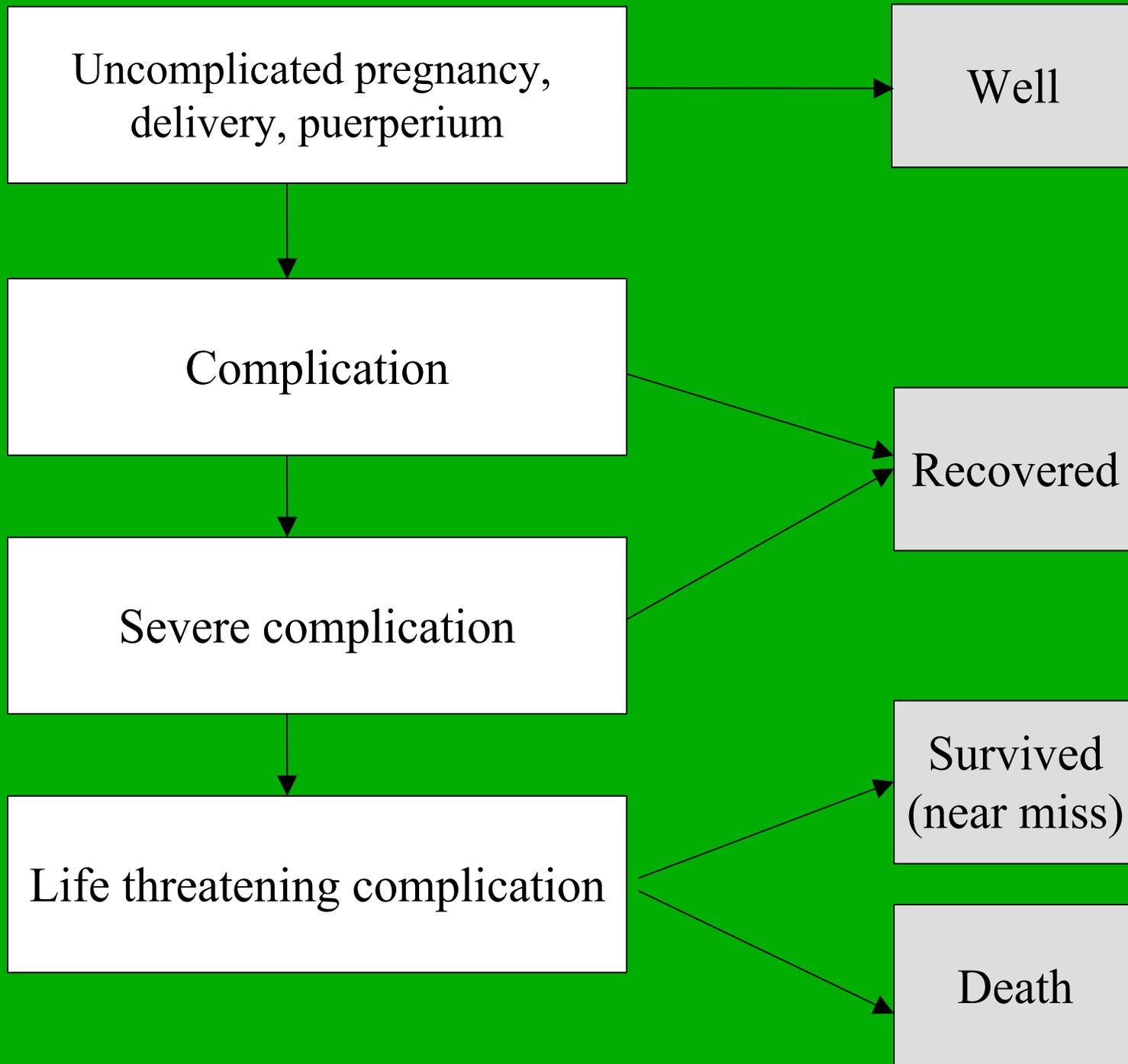
WHO

Maternal mortality is frequently described as "just the tip of the iceberg", implying that there is a vast base to the iceberg – maternal morbidity – which remains largely undescribed.

What do we know about maternal morbidity?

Why is it important to know?

Let's look for the answers.



What is severe maternal morbidity (SMM)?

- Near-miss?
- Severe obstetric morbidity?
- Life-threatening complication?
- Acute severe maternal morbidity?

Number of terms are in use to describe incidents and definition

Identification of these cases are the most difficult issue

What is SMM?

A near-miss describes a patient with an acute organ system dysfunction, which, if not treated appropriately, could result in death.

*Mantel GD et al.
Severe acute maternal morbidity:
a pilot study of a definition for a near-miss.
British J of Obstet and Gynecol, 1998;105:985-990.*

What is SMM?

Severe complications from 28th week of gestation to 42nd day post partum that would have resulted in death of the mother or a definite invalidating sequelae without medical intervention

*.Prual A et al.,
Severe maternal morbidity from direct obstetric causes in West Africa:
incidence and case fatality rates.
Bull of the WHO, 2000;78:593-602.*

What is severe maternal morbidity?

Near-miss maternal mortality: all women admitted for ICU in pregnancy or up to 42 days post partum.

*Murphy DJ et al.
Cohort study of near-miss maternal mortality
and subsequent reproductive outcome.
Europ J Obstet&Gynec and Reprod Biol 2002;102:173-178.*

Why is it important to know?

- Cases of severe morbidity occur in larger numbers than deaths allowing more robust conclusions on risk factors and substandard care
- Lessons to be learned from the management of cases who survived may be as useful as from those who died
- These lessons may be less threatening to health providers than deaths

Why is it important to know?

- If the requirement for total confidentiality is modified it may be possible to interview survivors
- Can be a potentially useful starting point for audits
- In developing countries these studies can be outcome measures for the evaluation of safe motherhood programmes at population level or just as case reviews

Objectives

- ◆ To summarise the prevalence /incidence of serious morbidity from studies
- ◆ To compare study designs and definitions

Search strategy

- *Computerised search of medical databases, including Medline, Popline, Scielo from 1998 to 2003; with the key words: "severe maternal morbidity" or "near-miss and maternal", limited to "human", "female and adults".*
- *The reference lists of identified articles were searched*
- *Hand search to identify articles in Lancet, European Journal of Obstetrics and Gynaecology, British Medical Journal, JAMA was made.*

Search strategy

- *WHO systematic review of maternal morbidity and mortality database was scanned for studies dated from 1998 .*
- *Experts were contacted for full text articles*
- *The title and abstract of the studies identified in the computerised search were scanned to exclude studies that were not obviously relevant*
- *The full texts of remaining studies were retrieved and scanned*

Quality of studies was assessed by the following criteria:

- *description of study period*
- *information about population characteristics*
- *information about place of delivery*
- *description of the study settings*
- *information about eligible and lost subjects, characteristics of them*
- *definitions of used conditions (morbidity or mortality)*
- *quality of forms of reporting data*
- *information about using special efforts to capture all maternal deaths*

Data extraction

- *The incidence/prevalence data on severe maternal diseases and complications were extracted*
- *Data on numbers and causes of maternal deaths were also collected*
- *The case-fatality ratio was calculated*

Results

58 studies identified

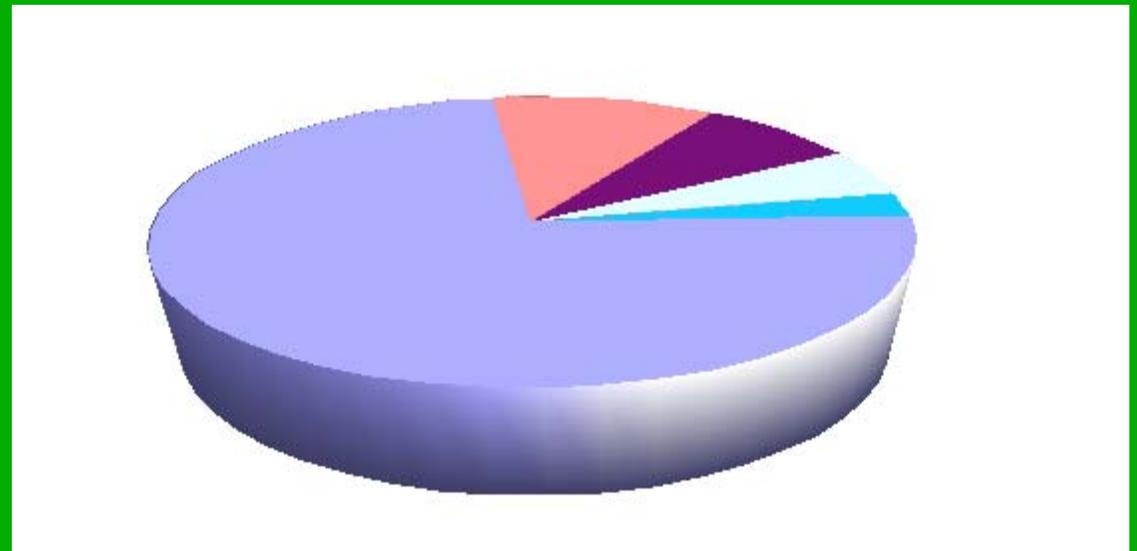
20 excluded

38 included

- *12 did not have data*
- *6 randomised placebo-controlled trials*
- *2 case-control design*

Design of the 38 included studies

- case-control population-based
- cohort population-based
- national data
- prevalence/-incidence survey
- hospital-based cross-sectional



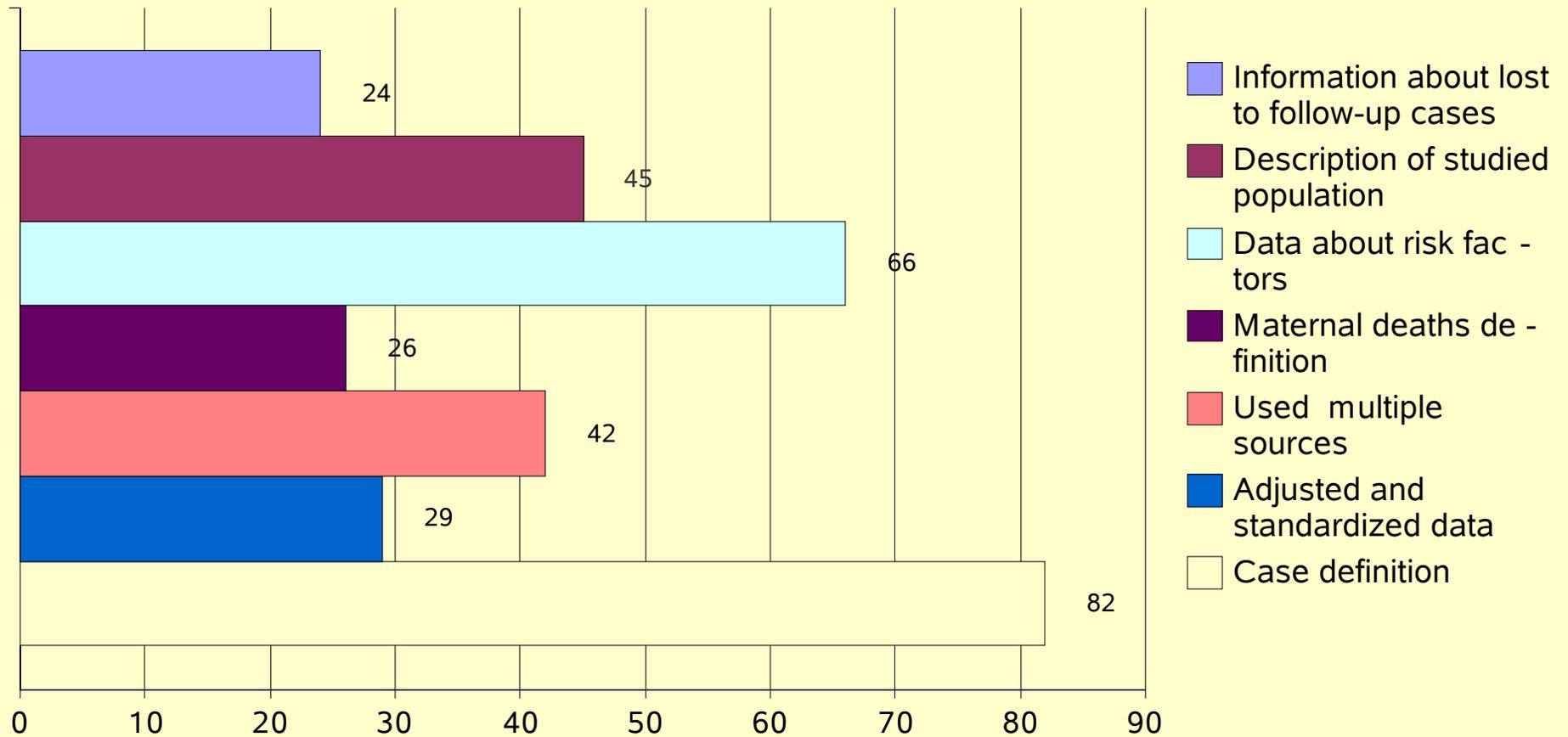
23 studies presented data on only one severe condition

- *5 about admissions to ICU*
- *5 about rupture of uterus*
- *5 about preeclampsia or eclampsia*
- *2 about hysterectomy*
- *All others about placenta accreta, severe liver disease, stroke and cerebral venous thrombosis, acute renal failure, acute abdomen*

15 studies presented data on complex SMIM

- *Rupture of uterus*
- *Hemorrhage*
- *Sepsis*
- *Eclampsia/preeclampsia*
- *Dystocia*
- *Thromboembolism*
- *Severe liver disorders*

Quality assessment of studies (%)



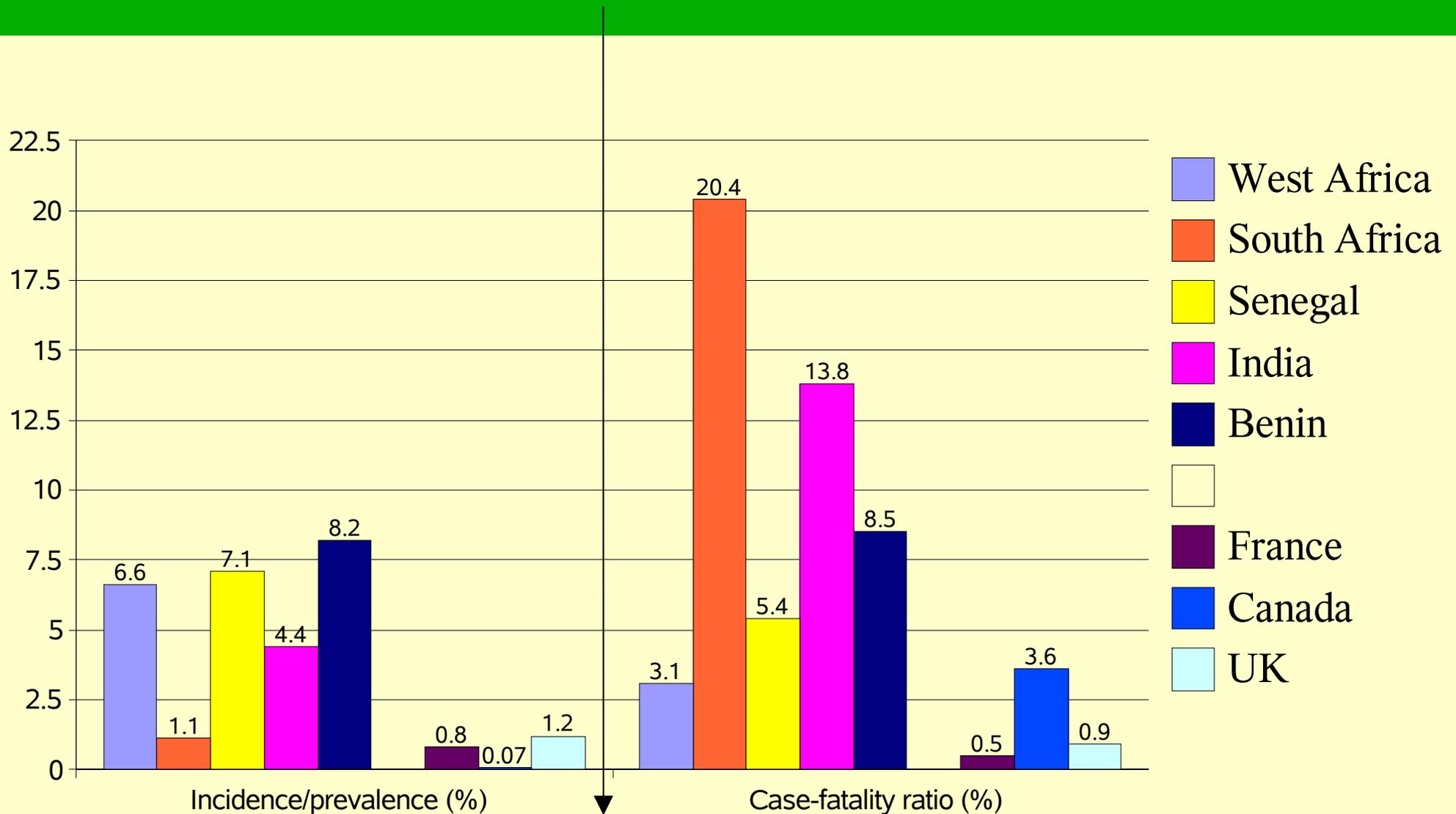
Summary of population-based SMM studies

<i>Location of study</i>	<i>Year of pub.</i>	<i>Sample size</i>	<i>Incid/preval.</i>	<i>Case-fatality (%)</i>
<i>West Africa¹</i>	<i>2000</i>	<i>20 326</i>	<i>6.6</i>	<i>1:33</i>
<i>South Africa²</i>	<i>1998</i>	<i>40 006</i>	<i>1.1</i>	<i>1:5</i>
<i>Senegal²</i>	<i>2000</i>	<i>3 777</i>	<i>7.1</i>	<i>1:20</i>
<i>UK²</i>	<i>2001</i>	<i>48 865</i>	<i>1.2</i>	<i>1:111</i>
<i>France²</i>	<i>2001</i>	<i>27 875</i>	<i>0.8</i>	<i>1:200</i>

¹denominator - live births

²denominator - deliveries

The incidence/prevalence and case-fatality ratio of SMM studies



Limitations:

- Different definitions of SMM
- Different definitions of every severe condition or disease

3 types of definitions for SMM were used

- *Management-based definition (admission to intensive care, emergency hysterectomy , caesarean section , blood transfusion, hospitalization for more than four days, anaesthetic accidents)*
- *Definitions based on clinical signs and symptoms (haemorrhage, hypertensive disorders and sepsis)*
- *Organ system-based definitions (organ failure or organ dysfunction: renal failure, cardiac decompensation, immunological, coagulation or cerebral dysfunction)*

Definition of severe vaginal bleeding

- *Blood loss ≥ 1500 ml if measured or haemorrhage leading to abnormalities of coagulation* (Girard et al, France, 2001)
- *Hypovolemic shock requiring any blood transfusion* (Prual et al, Niger, 1998)
- *Hypovolemia requiring $>5U$ blood* (Mantel et al, South Africa, 1998)

Used definitions of sepsis, rupture of uterus, thromboembolism and other diseases are different throughout the studies too.

Conclusions

- *Incidence of SMM ranges from 0.07—8.2%, case-fatality ratio 0.02-37%.*
- *There is big a difference between case-fatality ratio in developing (South Africa 1:5; India and Niger 1:11) and developed countries (UK 1:118; France 1:222).*
- *Studies estimating the incidence of SMM have used different definitions.*
- *Identifying cases of SMM requires sophisticated tools and clear definitions.*
- *Reviewing cases of SMM can provide useful complimentary insights into quality of care.*
- *A good quality medical system is required.*

Future research

- *SMM is measurable and may be a more meaningful way to measure improvements in health care*
- *The SMM/MM ratio can possibly be a new indicator of maternal care and could be used to compare improvements in treatments more accurately than mortality data alone*
- *It is necessary to carry out specific surveys with the appropriate methodologies*

