



## **Dr B N. Mishra**

***Professor Department of Community Medicine  
Pravara Institute of Medical Sciences, PMT, Loni***

- 1. NAME :** **Dr. BADRINARAYAN MISHRA**
- 2. PRESENT DESIGNATION AND ADDRESS :** **PROFESSOR**  
Department of Community Medicine  
Rural Medical College  
Pravara Institute of Medical Sciences  
PMT, Loni Bk. – 413736  
Rahata, Ahmednagar  
Maharashtra  
Phone –(o) 02422- 273600 -1249  
® 02422 -273600 - 1797
- 3. CORRESPONDENCE ADDRESS :** **Qtr. No. 760/2/10**  
**Lonteck Qtrs.**  
PMT  
Loni Bk. - 413736  
Rahata, Ahmednagar  
Maharashtra  
Phone - ® 02422 -273600 -1797  
**Cell: 09860081220**  
e-mail : **badrinmishra@gmail.com**
- 4. PERMANENT ADDRESS :** C/O Mr. D.P. Sinha  
Villa No. 2  
Karma Garden  
Rajenamundi, Chikalim  
Vasco; Goa.
- 5. PRESENT EMOLUMENTS :** Rs.1, 11, 153/- & other allowances as per PMT rules) per month.
- 6. FATHER'S NAME :** Shri (Late) Brajasundar Mishra, Social Activist and freedom fighter

7. **DATE & PLACE OF BIRTH** : 20<sup>th</sup> May 1963, Cuttack.

8. **ACADEMIC RECORD:**

**MBBS, MD, DSM, DSA.**

9 **DISTINCTION/  
PRIZE/MEDAL  
S/ AWARDS/  
HONOURS**

1. Awarded **Best Participant** Award at “1<sup>st</sup> International workshop on Translational research for S-E Asia” at Kathmandu (Conducted by BRIDGE for **International Diabetes Federation** on 16 Oct. 2008
2. **Gold Certificate** for High end user by **BMJ learning**, 2010.

10 **FIELD OF  
SPECIALI-  
ZATION**

Preventive and Social Medicine/ **Community Medicine**  
(**Geriatrics, MCH, NCDs, CDs(TB, HIV), Nutrition & Epidemiology as specialty**)

11 **(a) TEACHING  
EXPERIENCE  
(in years)**

**A. Under Graduates: More than 15 Years;**

1. PG/Tutor at **S. C. B. Medical College**, Cuttack; Orissa June 1995 - 98.
2. Assistant Professor; SMIMS, Manipal, 1998 – 2003.
3. Associate professor; SMIMS, Manipal, 2003 – Aug 2005.
4. Associate professor; AMC, Bijapur, KA; Aug 2005 Aug. 2006.
5. Associate Professor, Rural Medical College (RMC), Loni, MH; Aug. 2006 –Aug 2007.
6. Professor, Rural Medical College (RMC), Loni, MH; Aug. 2007 – till date.

7. **Post Graduate:** More than **7 Years**; since Associate Professor at **SMIMS (Sikim Manipal)**, July 2003.

**B. PROFESSOR more than 3 years since Aug. 2007 At RMC, Loni.**

**(b) RESEARCH  
EXPERIENCE  
(in years)**

1. Supervising **PhD** (PSM & allied subjects) since 2010
2. Supervising **MD** (PSM & allied subjects) research theses since 2003 i.e. **Over 7 years.**
3. Undertaking Community Medicine Research since 1998 i.e. over last **12 years.**

4. Undertaking ICMR Student Research since 2007 i.e. over last **3 years**.

**(c) EXPERIENCE OF GUIDING RESEARCH :**

1. PhD thesis - 1
2. M.D. These - 3
3. ICMR STS - 3
4. Institutional Student Research - 12
5. PSBH student research - 5

## **PUBLICATIONS : (A) TOTAL PAPERS-----31**

**International=5, National =26 (List of last 3 year publications Annexed in chronology – 13 papers)**

1. "Evaluation of work place stress in health university workers" – A study from Rural India. - accepted for publication in **IJCM**. [www.ijcm.org.in](http://www.ijcm.org.in)
2. "Fallacies in blood pressure recording" – our own experiences – under publication IJMR official publication of Indian council of medical research (ICMR). [www.ijmr.org.in](http://www.ijmr.org.in)
3. "*Tackling Diabetes Through Translation*", **Indian Journal of Community Medicine**; 35;2; 207 -08; 2010; [www.ijcm.org.in](http://www.ijcm.org.in)
4. "*Study of mentally Challenged Children in Rural Maharashtra*"; **Ind. Med. Gazette**; CXLIV; 1; 23-26; 2010.
5. "*Epidemiological Study of Road Traffic Accident Cases from Western Nepal*", **Indian Journal of Community Medicine**; 35; 1; 115-121;2010; [www.ijcm.org.in](http://www.ijcm.org.in)
6. "*Secret of Eternal Youth; Teaching from the Centenarian Hot Spots (Blue Zones)*", **Indian Journal of Community Medicine**; 34; 4; 273 -275; 2009. [www.ijcm.org.in](http://www.ijcm.org.in)
7. "*Are The Future Doctors Low On Mental Health And Self Esteem: A Cross Sectional Study From A Rural Health University*". **Indian J. Prev.Soc,Med.**40;3 & 4;189-193;2009.[http:indmed.nic.in](http://indmed.nic.in)
8. "*The Epidemiology of Opportunistic Infections in HIV/AIDS cases in Nepal*", **Indian J. Prev.Soc, Med.**40; 1 &2; 96-100; 2009. [http:indmed.nic.in](http://indmed.nic.in)
9. "*A Comparative Evaluation of Stress Factors in Different Study Groups in Rural Areas of Loni, Pravaranagar and PIMS; Loni*", **Pravara Med. Rev**; 3; 4; 10, 14; 2008. [www.pmrpravara.com](http://www.pmrpravara.com)
10. "*Evaluation of Impact of health Education Material on Maternal Knowledge and Practice*", **Indian J. Prev.Soc, Med.**39; 1 & 2; 63-66; 2008. [http:indmed.nic.in](http://indmed.nic.in)
11. Food with low Glycemic index, glycemic response and glycemic loads -the guide to health and longevity, **Pravara Med. Rev**; 2; 4; 7-10; 2007. [www.pmrpravara.com](http://www.pmrpravara.com)
12. "*Epidemiology of Childhood Surgical Admissions -----*"; **Indian J. Prev.Soc, Med.**38; 1 & 2; 80-87; 2007. [http:indmed.nic.in](http://indmed.nic.in)
13. Planning Physical activities as a modality for goal based behavioral intervention in type 2 diabetes, **Pravara Med. Rev**; 3; 2; 32-34; 2008. PMR [www.pmrpravara.com](http://www.pmrpravara.com)

## **(B) TOTAL CONTRIBUTIONS IN BOOKS/SOUVENIRS : 2**

- "*Basic Concepts on International health regulations*"; 46-54. for Souvenir on Symposium on Legal Aspects of Medical Practice, Conducted by Dept.

## RESEARCH PROJECTS

: TOTAL 10

### (A) *Principal Investigator*

8

1. Principal Investigator “*Comparative Evaluation Of Safety And Efficacy Of Dolonex Dt Over Other NSAIDS*”, **Pfizer** (India) Project;1993 - 95.
2. Principal Investigator & Nodal Officer “*Impact of stress on Adolescent Girls staying out of home*”; **World Vision International** Project;2003- 04.
3. Principal Investigator; “*RTA Project- Evaluation Of Risk And Impact Of First Aid On RTA*”; **World Vision International** Project;2004- 05.
4. Principal Investigator & Nodal officer, “*HIV/AIDS project – Prevalence of HIV and OI among HIV positives*”. **HMMH&FW** project – 2003 2005
5. Principal Investigator, “*Pravara diabetes Project(PDP)- series 1;phase 1; “estimation of high risk group for Diabetes” in PMT staffs*’, **PMT**, 2008.
6. Principal Investigator, “*Pravara diabetes Project(PDP)- series 1;phase 2; “prevalence estimation and low cost multicomponent intervention for type 2 diabetes” among i PMT staffs*’, **PMT**, 2009; on going.
7. Principal Investigator, ‘*Effectiveness and sustainability evaluation of a community based low cost multicomponent diabetes intervention program “the7\*7\*7 initiative” in rural india by cross over experimental design*’. **IDF**, 2009 in process.
8. Principal Investigator, “*Community Survey for Dengue in Field practice area of Pravara Medical Trust*”. **PMT**, 2009.

### B) *Co- Investigator*

2

1. Co-investigator, “*Factors of daily living affecting health*”, **PMT**; 2008-09.
2. Co-investigator “*prevalence study of diabetes and its correlates in school children in rural India*” – Grant from RSSDI 2008 -2010.

**\* Most of the completed projects are published in Indexed journals.**

- 13      **CONFERENCES/SEMINARS etc. ATTENDED & PAPERS PRESENTED**      More than 40  
    **Organized 03 workshops;**  
    ○ First Aid work shop for community volunteers, **World Vision International**, 2003.  
    ○ HIV community awareness work shop, **World Vision International**, 2004.  
    ○ PSBH work shop for Medicos, **PSBH** 2005.
- 14      **CME CREDITS EARNED**      ○ 11.75points in 2010 from **Medscape CME**.  
    ○ **Gold user for BMJ Learning** (more than 10 CME cleared with distinction) in 2010.

#### 14. ADDITIONAL INFORMATION

##### **(a) Special Training's :**

- ◆ Trained in "Teacher's training" at RMC, Loni – 2010.
- ◆ Trained on translational research techniques from BRIDGE, IDF, at Kathmandu, Oct.2008.
- ◆ Training on PBL, PIMS, PMT 2008.
- ◆ Training on PSBH research techniques; 2005.
- ◆ Training on Micro teaching MCOMS, 2005.
- ◆ Regular CME with Credits on BMJ Learning, Medscape and Medline plus.

##### **(b) Consultant / Expert:**

- Permanent Judge Research Cell, PIMS, for 2008-09.
- Chairman Research committee, Center for Social Medicine, PIMS, 2006-07.
- Member research and ethical Committee, Center for Social Medicine, PIMS, since 2008.
- Member board of Studies for Community Medicine and allied Subjects, PIMS, PMT, since 2008.
- Member souvenir committee (padmanjali), PIMS, PMT, 2010.

**(c) Advisory Board Member:**

**International**

**Member Scientific Advisory board;**

**IJSR (International Journal of Student Researcher)**

**2010 - Cont.**

**Member "Geneva Foundation for Medical Education and Research"**

**2010 – Cont.**

**National**

**Member Scientific Advisory board, Pravara Medical Review;**

**2008 – 2010.**

**(d) Editor**

**♦ National**

**1. Member Editorial Board, *Indian Journal of Preventive & Social Medicine.***

**2. Member Editorial Board, *Studies on Ethno Medicine.***

**(e) Reviewer**

**• International –**

**a. European Journal of Public Health (From the house of Oxford)**

**2010 – Cont.**

**b. Journal of Diabetes( from DASG, Asian chapter of International Diabetes Federation)**

**2010 – Cont.**

**(e) Life Membership**

**♦ International**

- **DASG( Diabetes Asia Study Group)**
- **Diabetes Voice(IDF)**
- **Health Net Working**
- **BMJ Learning**
- **Medscape CME**
- **Medline plus**
- **Solution exchange initiative.**

♦ **National**

- Indian Journal of Community Medicine & Association of PSM
- Indian Journal of Preventive & Social Medicine
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**(f) Examiner ship:**

- **M.B.B.S.** – IMS (Institute of Medical Sciences); BHU, Varanasi, UP. PIMS( Pravara Institute of Medical Sciences), PMT, Loni, MH, MUHS( Maharashtra University of health Sciences), Nasik, MH., Goa Universty,Goa; Dattamaghe Institute of Medical Sciences, Sawangi, Wardha,MH;
- **M.D-** IMS(Institute of Medical Sciences);BHU, Varanasi, UP);Pune University,Pune, MH; PIMS( Pravara Institute of Medical Sciences), PMT, Loni, MH; MUHS( Maharashtra University of health Sciences), Nasik, MH; Goa Universty,Goa; Dattamaghe Institute of Medical Sciences, Sawangi, Wardha,MH;BLDE University, Bijapur, KA; Suman Deep Vidyapeeth, Vadodara; Devraj URS Academy of Higher Education & Research, Tamaka, Kolar, KA.

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**Professor**  
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