

## CURRICULUM VITAE

### 1. PERSONAL DETAILS

Surname and First Name      **ADHIKARI RAMESH Mr.**

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Date of Birth                              May 22, 1972  
Nationality                                Nepalese

### 2. EDUCATION

Master's degree in Population and Reproductive Health (2005),  
Institute for Population and Social Research (IPSR), Mahidol University, Thailand  
Major Subjects: Demography, Research techniques, Reproductive Health, Monitoring and Evaluation,  
Gender studies

Master's Degree in Population Studies (1996), Tribhuvan University,  
Center Department of Population Studies (CDPS) Kirtipur Central Campus, Kathmandu, Nepal:  
Major subjects: Demography, Quantitative technique, Family planning evaluation etc.

Bachelor's Degree in Arts (1994), Tribhuvan University,  
Birendra Multiple Campus, Bharatpur, Chitwan:  
Major subjects: Mathematics and Economics

### 3. CURRENT EMPLOYMENT

**Lecturer : Mahendra Ratna campus, Tribhuvan University, Kathmandu.** (March 1999 to date)  
**Assignments:** teach bachelor level students in population studies impart training to the student  
researchers for their research work; supervise case study and field study

**Research Associate:** Center for Research on Environment, Health and Population Activities (CREHPA), a not-  
for profit NGO in Kathmandu (March 1999 till date)

*Job responsibilities* include preparing drafts for research proposal, imparting training to enumerators,  
developing sampling frame and sampling, designing research instruments (quantitative and qualitative),  
monitoring fieldwork, Manage/analyze data (Univariate, Bivariate and Multivariate), and report writing.

## CONSULTANCY AFFILIATIONS IN RESEARCH PROJECTS

1. Save the Children Norway-Nepal (SCNN) **Effect of conflict in pushing girls and women into sex trade** (10 August - 10 September, 2004)
2. Save the Children UK (SC UK), **Baseline survey on Knowledge and Behaviour of children and young people of Jhapa and Morang Districts** (December 12- January 20, 2004)
3. National Human Rights commission, National Rapporteur's office, Kathmandu **A Study of girls and young women employed in the entertainment sectors in three districts of Nepal** ( December 1- January 30, 2004)
4. Nepal Safer Motherhood Project, Teku **Processing of Data collected from eight districts on costs for access EOC service** (November 11- 10 December 2003)

### 4. POPULATION AND HEALTH RELATED PROFESSIONAL TRAINING/SEMINAR ATTENDED

**"Training Course in Sexual Health Research"** Feb 4-March 5, 2008; Organized by Geneva Foundation for Medical Education and Research (GFMER) WHO Collaborating Centre in Education and Research in Human Reproduction, Geneva, Switzerland

**"4<sup>th</sup> Asia Pacific Conference on Reproductive and Sexual Health & Rights: Exploring New Frontiers...."** 29-31 October, 2007; Hyderabad, India

**"Reproductive Health & Development: Analytic Skills for Policy & Programs"** June 4-June 15, 2007; organized by Gates institutes, Baltimore, USA

International Conference on **"Emerging Population Issues in the Asia Pacific Region: Challenges for the 21st Century"** organized by International Institute for Population Sciences (IIPS), 10-13 December, 2006, Mumbai, India

**"European population conference"** June 21-24, 2006; Liverpool, UK

**"International Symposium on Quality Service in Family Planning/Reproductive Health"** November 14-16, 2005; organized by Shanghai Institute of Planned Parenthood Research, Shanghai China.

32<sup>nd</sup> Summer Seminar on Population **"Workshop on Researching Sensitive Issues in Sexuality and Reproductive Health"** May 31 - June 30, 2001; organized by East West Center, Honolulu, Hawaii, USA.

**Training for Trainer on Research Management**, May 21-24, 2003; training organized by Nepal Health Research Council (NHRC), Kathmandu, Nepal

**"Workshop on Advocacy Actions and Skill"** January 29-31, 2002; training provided by Dr. Malicca and organized by UNFPA CST Office, Kathmandu, Nepal

**"Analysis of Ethnographic data using ANTHROPAC software packages"**

March 8-10, 2000; Training provided by Dr. Pertti J. Peltto and Sponsored by WHO, Geneva and hosted by CREHPA, Kathmandu, Nepal.

**"Qualitative Methods of Data Collection & Analysis"** Dec 17-18, 1999; Training Provided by Dr. Siddhi Hirve and Dr. Bela Ganatra and Sponsored by School & Community Health Project (SCHP), Kathmandu, Nepal.

**"Analysis of qualitative data using ATALAS Ti software packages"**

June 12-14, 2001; Training provided by Dr. Pertti J. Pelto and Sponsored by WHO, Geneva and hosted by CREHPA, Kathmandu, Nepal.

## **5. PROFESSIONAL RESEARCH EXPERIENCES**

**Research Associate** Survey on sexual Reproductive Health Knowledge, Experience and Needs of Internally Displaced Adolescents and Youth in Kathmandu Valley- Funding support from Gates Institute (Ongoing)

**Assignments:** Assist Principle Investigator (PI) and CO-PI in design and execution of the study, field monitoring, impart training to the researchers, analysis the data and prepare reports

**Research Associate** Survey on quality of care in FPAN CAC center and Knowledge, attitude, Behavior and Practice (KAPB) of safe abortion among community women at Reproductive age (2006-2007)

**Assignments:** Assist Principle Investigator (PI) in writing proposal, design and execution of the study, field monitoring, impart training to the researchers, analysis the data and prepare reports

**Research Associate** Baseline Survey on Building Demand for Reproductive Health among Adolescent Boys in Conflict Affected Districts of Nepal Putting Learning into Action–CEDPA, 2006

**Core team member:** Behavioral study of prison population, Funding Support from UNDP  
**Assignments:** Assist Principle Investigator (PI) in design and execution of the study, field monitoring, analysis and impart training to the researchers and prepare reports

**Core team member:** Endline Study for Assessing the Increased Knowledge, Attitude and Practices in Terms of Reproductive Health among Adolescent Boys (BuD for RH) Funding Support from CEDPA (2006)  
**Assignments:** Assist Principle Investigator (PI) in design and execution of the study, field monitoring, analysis and impart training to the researchers and prepare reports

**Core team member:** Baseline Survey of Formal and Non-formal Life Skills Based Education Programme, Funding Support from UNICEF (Sept. 2005 to March 2006)  
**Assignments:** Assist Principle Investigator (PI) in design and execution of the study, field monitoring, analysis and impart training to the researchers and prepare reports

**Core team member:** National Estimates of Adult HIV Infections Nepal, 2005

Funding Support from FHI/Nepal (Ongoing- Oct. 2005 to Dec. 2005)  
**Assignments:** Estimate number of HIV cases, and draft report

**Associate coordinator:** End line family life- skills/ Reproductive Health Knowledge Attitude and Practice survey among adolescent girls of A GIFT-RH Project area, Baglung CEDPA/AMK/CREHPA (2002)

**Assignments:** Assist PI in design and execution of the study, impart training to the researchers, analyze the data and prepare reports

**Associate coordinator:** End line Reproductive Health /Family Planning knowledge, Attitude and Behavior Survey in ENABLE project areas of Nepal Red Cross Society CEDPA/NRCS/CREHPA (2002)

**Assignments:** Assist PI in design and execution of the study, impart training to the researchers, field monitoring, analyze the data and help report preparation

**Team leader:** End line Survey of Reproductive Health Awareness among adolescent girls in four Reproductive Health Initiative (RHI) Project districts of Aama Milan Kendra AMK/CREHPA (2002)

**Assignments:** Develop research tools, impart training to the researchers, field monitoring, analyze the data and prepare reports

**Team leader:** Interrelationship between Literacy and Reproductive Health – A longitudinal Study among adolescent Girls Participating non-formal education in 'A GIFT FOR RH' Project Areas, Baglung: CEDPA/AMK/CREHPA, (1999-2002)

**Assignments:** Develop research tools, impart training to the researchers, mobilize field research teams, analyze the data, and prepare reports

**Core team member:** Pre-Intervention Baseline Survey on Effectiveness of Community-based Women's group and Health Volunteers in enabling women to make informed reproductive decisions and pregnancy care

**Assignments:** Assist PI in design and execution of the study, impart training to the researchers, analyze the data and reports writing (Ongoing)

**Core team member:** Pre-test of adolescent sexual and Reproductive Health Newsletter-IV: A Qualitative study. Funding support from EC/UNFPA RHI Umbrella project for Nepal (2002)

**Assignments:** Assist Team Leader in design and execution of the study, field monitoring, analyze the qualitative data and help report preparation

**Core team member:** Extent of Contraceptive Failure, Unwanted Pregnancy & Induced Abortion among Married Couples in Kathmandu Valley: CREHPA (2000)

**Assignments:** Assist PI in design and execution of the study, field monitoring, analyze the data and help report preparation

**Core team member:** Determining Effective and Replicable Communication Based Mechanism for Improving Young Couples' Access to and Utilization of Reproductive Health Information and Services, Funding Support from Population Council (2000-2002)

**Assignments:** Assist PI in design and execution of the study, field monitoring, analysis and impart training to the researchers, YCAG leaders, FCHV and Field workers of Nepal Red Cross Society of Udaypur District

- Core team member:** Men's involvement in safe motherhood, Funding Support by EC/UNFPA (2002)  
**Assignments:** Assist PI in design and execution of the study, field monitoring and manage/analyze the data
- Core team member:** Nepal Baseline franchise study: Mystery client study of health provider, Funding Support by PSI (2003)  
**Assignments:** Assist PI in design and execution of the study, field monitoring, manage/analyze the data, impart training to the researchers, and reports writing
- Field coordinator:** A Situation Assessment of Sex workers and intravenous Drug Users in Kathmandu Valley: A Focused Ethnographic Study. Funding Support from FHI, (2001-2002).  
**Assignments:** Field monitoring, analyze the qualitative data and help report preparation

## **6. INVOLVEMENT IN FIELD-LEVEL TEAMS**

- Field Supervisor:** Family Profile Survey, PLAN International-Nepal/CREHPA, 1999.
- Field Supervisor:** Baseline RH/FP Knowledge Attitude and Behavior Survey in Enable Project Areas of Nepal Red Cross Society: CEDPA/NRCS/CREHPA, 1999.
- Research assistant:** National Survey (Follow Up) on Migration, Employment and Birth Death & Contraception 1998 conducted by Central Department of Population Studies (CDPS), TU/National Planning Commission, 1998.
- Field enumerator:** National Survey on Migration, Employment and Birth Death and Contraception 1995/96 conducted by Central Department of Population Studies (CDPS), TU/ National Planning Commission, 1995-1996.

## **7. DATA ANALYSIS [dBase and SPSS software were used]**

- Baseline RH/FP Knowledge Attitude and Behavior Survey in Enable Project Areas of Nepal Red Cross Society: CEDPA/NRCS/CREHPA, 1999
- Impact Assessment of Public Education and Advocacy Program: CEDPA/CREHPA, 1999
- Baseline Family Life-Skills/RH Knowledge Attitude and Practice Survey Among Illiterate Adolescent Girls of A Gift-RH Project Area, Baglung: AMK/CREHPA, 1999
- Pariwar Swastha Sewa Network Tracking Study: CMS/NFCC/CREHPA, 1999 –2000
- Baseline Reproductive Health Knowledge Attitude and Behavior Survey Among Youth in 'Youth for Each Other Project' Area of Nepal Red Cross Society: CEDPA/NRCS/CREHPA, 2000
- The Role of Community Based Volunteers in Improving The Quality of Mobile VSC Outreach Services An Operations Research Study: CEDPA/AVSC/CREHPA, 2000
- Impact of Community Health Workers Client Survey: CEDPA/CREHPA, 2000
- Impact of Community Health Workers: CEDPA/CREHPA, 2000
- Socio-Economic and Reproductive Health Baseline Survey in Landhruk (Lumle VDC) of Ghandhruk Sector of Annapurna Conservation Area Project: ACAP/CREHPA, 2000
- Providers' Perspective on Addressing Adolescents Reproductive Health Needs in Rural Areas of Kathmandu Valley: CREHPA, 2000
- Unwanted Pregnancies and Abortion Seeking Behavior: CREHPA, 2000
- Behavior Sentinel Surveillance of Sex Workers Regarding Sex, STD and HIV/AIDS Under UoH STD/HIV Project/SEDA, 2000

- Role of Private Pharmacists in Preventing Pregnancy Related Complication Including Unsafe Abortions: CREHPA 2000
- Effectiveness of Nurse and Paramedic Network, an operation research study: CMS/NFCC/CREHPA, 2001
- A survey of sexual risk behavior and risk perceptions of unwanted pregnancies and sexually transmitted diseases among young factory workers in Nepal: CREHPA/LSHTM/TWT, 2001
- Adolescents Health Maintenance Behaviors in Nepal: CREHPA, 2001

## **8. AFFILIATION IN PROFESSIONAL SOCIETIES**

Full Member, *International Union for Scientific Study of Population (IUSSP)*

Life Member, *Population Association of Nepal (PAN)*

General member, *Nepal Red Cross Society (NRCS)*

## **9. COMPUTER SKILL**

Quantitative Software: dBase IV, SPSS and Stata

Qualitative Software: Anthropac, Atlas/ti, Text base Beta

Other Software: MS Word, Excel, and Power Point

## **10. PUBLISHED AND UNPUBLISHED RESEARCH PAPERS/POSTER PRESENTATION**

Ramesh Adhikari (2007). **Risky Sexual Behavior among Male College Students in Kathmandu, Nepal** Paper for the poster in the 4<sup>th</sup> Asia Pacific Conference on "Reproductive and Sexual Health and Rights: Exploring New Frontiers" at Hyderabad, India during 29-31 October, 2007

Ramesh Adhikari (2006). **Differences in male and female college students' attitude towards providing contraceptive services for unmarried youth in Nepal** Paper for the poster in the International Conference on "Emerging Population Issues in the Asia Pacific Region: Challenges for the 21st Century" organized by International Institute for Population Sciences (IIPS), at Grand Hyatt, Mumbai during 10-13 December, 2006

Ramesh Adhikari, Kusol Soonthorndhada and Pramote Prasartkul (2006) **Determinants of Unintended Pregnancy among currently married women in Nepal** Poster presentation on European Population Conference, Liverpool, UK, June 21-24, 2006

Anand Tamang, Jyotsna Tamang, Binod Nepal and Ramesh Adhikari (2006) **Adolescent girls' perspectives on sexual and reproductive health illness and their care seeking behavior in Rural Nepal**, paper published in Nepal Journal of Obstetrics & Gynecology, May, 2006

Sharad Kumar Sharma, Ramesh Adhikari and Chai Podhisita(2005). **Mass Media Exposure, Family Characteristics and Sexual Risk Behavior of Nepalese Adolescents** Paper presentation on *Linkages between Population and Millennium Development Goals: the Asian Perspective*, National Library, Islamabad, Pakistan, 29<sup>th</sup> Nov-1<sup>st</sup> Dec. 2005

Anand Tamang, Binod Nepal and Ramesh Adhikari (2002) **Contraception, Unwanted Pregnancies & Induced Abortion in Kathmandu valley Nepal**, Paper presentation on *National Workshop on Abortion in Nepal: Post legalization Challenges*, Experiences from Neighboring countries & Strategies for Nepal, 20-21 June 2002

Jyotsna Tamang, Anand Tamang, Kajal Maskey and Ramesh Adhikari (2002) **Measuring Severity Perceptions of Health Related Problems: A Comparison of Results Derived from Qualitative and Quantitative research Conducted Among Rural Adolescent Girls in Nepal**, Paper presentation at IUSSP Conference on Population held at the college of population studies, Chulalongkorn University, Bangkok, Thailand, 10-12 June 2002

Anand Tamang, Binod Nepal and Ramesh Adhikari (2001). **Contraception, Unwanted Pregnancies & Induced Abortion in Rural Nepal**, Paper for poster presentation at 24<sup>th</sup> IUSSP Conference Salvador- Bahia, Brazil 18-24 August, 2001

## **11. MASTER'S THESIS**

**“Determinants of unintended pregnancy among currently pregnant married women in Nepal”** An unpublished thesis submitted to Institute for Population and Social Research (IPSR), Mahidol University, Thailand (Using secondary data from Nepal Demographic Health Survey).

**"Fertility Behavior of Chepang Community "** at Shaktikhore VDC in Chitwan District, Nepal  
An Unpublished thesis submitted to Central Department of Population Studies, T.U. Kathmandu, Nepal (Using Primary data, 1998).

## **12. SCHOLARSHIPS AND AWARDS**

1. Scholarship from the William and Flora Hewlett Foundation for pursuing Masters' Degree in Population and Reproductive Health (2004-2005) from Institute of Population and Social Research, Mahidol University, Bangkok.
2. Scholarship from the William and Flora Hewlett Foundation to attend the 32<sup>nd</sup> Summer Seminar on Population "Workshop on Researching Sensitive Issues in Sexuality and Reproductive Health" May 31 - June 30, 2001; organized by East West Center, Honolulu, Hawaii, USA
3. Scholarship from the United Nations Population Fund (UNFPA) for paper for poster presentation on European Population Conference, Liverpool, UK, June 21-24, 2006
4. Scholarship from the Gates institutes for two-week training course "Reproductive Health & Development: Analytic Skills for Policy & Programs" June 4-June15, 2007; Baltimore, USA
5. Scholarship from the Fonds Universitaire Maurice Chalumeau for five-week training course "Sexual Health Research 2008" Feb 4-March 5, 2008; Geneva, Switzerland

## **Referees**

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