Capacity Building:  
What kind of health professional we needed  
Focus in Primary care

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Objectives

- To define the actual health scenario
- To know or imagine what kind of MDs we needed
- To see the real “gap” in public health
- To compare health capacity building vs. barriers
World Health Scenario

- Epidemiological Transition
- Ageing Population

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The actual MD
The Real Health Gap

• Health scenario vs. Medical education
  => We need a change !!!!

• Undergraduate curricula
• Focus on primary care
Undergraduate curricula

- Dilemma: > specialization or broad base?
- Curricular change imply Qs about needs and also a sociocultural change
- Change is to value resources + to build capacities
- Different models
  - assistance vs. research
  - lineal/compartiment vs spiral/integral curricula
Why Primary Care?

- Provide person focused care over time
- Is a different approach: first contact, longitudinal, comprehensive, prev + curative + rehab.
- Humanistically oriented

- Is the answer after the care fragmentation
# From primary medical to primary health care

<table>
<thead>
<tr>
<th>Focus</th>
<th>From illness to health prevention and care</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>From cure to prevention and care</td>
</tr>
<tr>
<td>Contents</td>
<td>From episodic care to continuous care</td>
</tr>
<tr>
<td></td>
<td>From specific problems to comprehensive care</td>
</tr>
<tr>
<td>Organization</td>
<td>From specialist to GP</td>
</tr>
<tr>
<td></td>
<td>From physician to multidisciplinary group</td>
</tr>
<tr>
<td></td>
<td>From single handed practice to team</td>
</tr>
<tr>
<td>Responsability</td>
<td>From health sector alone to intersectorial collaboration</td>
</tr>
<tr>
<td></td>
<td>From professional domain to community participation</td>
</tr>
<tr>
<td></td>
<td>From passive perception to self responsibility</td>
</tr>
</tbody>
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Source: Vuori, Health Pol. 1985
The market ???
Medical and Patient Agendas

- **Med agenda**
  clinical records, physical Ex, lab test, Dx, etc

- **Patient agenda**
  behaviour comprehension and understanding of vital experiences. Expectatives, feelings, fears.
Barriers

- Undergraduate education: Education + Health
- Elderly community issues: Social + Health

- Normally we can identify the points to change but..................How to change it ???
Possible solution:

- Population and Gov $\gg\gg\gg$ health = social capital
- Empowerment $\Rightarrow$ community participation
- Capacity building $\Rightarrow$ continuing dynamic process
  - assessment health needs
  - planning and building at different level
  - consensus and political commitment $\text{!!!!}$
  - priorities
  - recollection + evaluation + compare (network)
Summary 1

- We need a change !!!!
- Epidemiological Transition + Elderly Population enforce new kind of HP
- Health Capacity Building is a validity strategy + necessary resource
- Capacity Building at different levels !!!
- Primary care. Good strategy !!!!!
Summary 2

- “Line separating clinical medicine and public health, has become increasingly blurred”

- “Medical education is also, and today more than ever, about teaching how to manage change”

- “As educators we need be motivators of change at different level. We have the change on our hands to assurance equity and appropriate care for next generation in the a new health world”

D.G. Dr Brundtland, March, 2003

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We are a Team  !!!
Don’t forget !!!
Thanks you
Merci
Obrigado
Shukriya
감사합니다
Xin cảm ơn !!
Gracias