### Management of premalignant lesions and micro-invasive cervical cancer

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#### A COMPLETE MANAGEMENT PROTOCOL

#### Treatment should ideally be done as part of a complete management protocol which involves

- screening,
- referral for diagnosis
- 🗠 treatment
- 🛆 follow-up



#### **MANAGEMENT PROTOCOL**

# #All these services should be in place and functioning. By treating premalignant lesions, invasive cancer is prevented

#### MANAGEMENT OF ABNORMAL SMEARS 1

- Sector ASCUS and AGCUS are reported in some smears in Europe or U.S.A.
  - △ASCUS = Atypical squamous cells of uncertain significance
  - △AGCUS = Atypical glandular cells of uncertain significance
- Here are cells of undetermined significance are not to be neglected though because of lack of facilities, the cut off point for disease in developing countries is High grade SIL.

#### MANAGEMENT OF ABNORMAL SMEARS 2

- **#**The cut off point for disease in developing countries is High grade SIL.
  - △ 50% of HG-SIL had previous ASCUS.
  - Repeat cytology still gives a false negative rate of >60%.
  - Colposcopy gives less than 50% specificity though more than 90% sensitivity.
  - But with HPV testing the cytology results can be improved upon.
  - If the woman is ASCUS positive but HPV negative a repeat smear should be done in 6 months.

#### **SUMMARY OF MANAGEMENT**



#### MANAGEMENT OF LOW-GRADE CYTOLOGICAL SMEARS

- **30-40 % of women with low grade cytology (LG-SIL) have a high grade epithelial lesion co-existing within the cervix.**
- **8-14% of women with ASCUS smear harbour a high grade lesion.**
- **#** But regression occurs in 50-70% of these lesions that have been histologically proven.
- Herefore, repeat cytology before referring LG SIL cases for colposcopy; and repeat cytology twice for ASCUS before sending for colposcopy. The cytology is carried out 6 monthly.
- ₩ Where HPV/DNA testing is available, a positive test in a woman ≥35 years even with a LG-SIL or ASCUS, warrants referral for colposcopy. Remember transient HPV occurs in 10-15% of women under 30 years of age, but in only 3-5% of those over 35 years.

#### **TREATMENT OF PRE-INVASIVE LESIONS** (Colposcopy available)

- **#** Transformation zone (TZ) may be completely visible or not
- **#** A. TZ completely visible
  - 1. completely exocervical

Small size: any method adequate

Large: cryotherapy not a good option

🔼 2. partially endocervical

Small size: most conventional treatment methods adequate

**Exercision** *methods* 

Destructive method if with endocervical curettage

**B- TZ not completely visible : Conisation** 

⊠(Cold knife; Electro-surgical loop excision; Laser)

#### **TREATMENT OF PRE-INVASIVE LESIONS 2** (Colposcopy available)

- ₭ For local destructive techniques to be used as an acceptable option, the following conditions must be observed:
  - No evidence of malignant disease either at cytology or colposcopy.
  - The colposcopic examination must be declared satisfactory.
  - There must be no great disparity between cytology and biopsy reports.
  - The woman must be amenable to follow-up.

#### **TREATMENT WITHOUT PRIOR COLPOSCOPY 1**

- **H** There is risk of over treating approximately 1/3 of the women.
- **#** This is a situation, where HPV/DNA testing would increase specificity.
- **#** But it is often in this type of situation that the test is not available.
- **#** The precision of treatment can be improved by the application of 3-5% acetic acid.
- **#** The same principles as above then apply i.e. the degree of visibility of the transformation zone and the size of the aceto-white area.

#### **TREATMENT WITHOUT PRIOR COLPOSCOPY 2**

#### **∺**CIN I (LG – SIL)

- A) With HPV/DNA testing
  - Kertain HPV/DNA negative, routine follow-up in 6–12 months
  - **HPV/DNA** positive; colposcopy
- **b)** Without HPV/DNA Testing: Colposcopy and Biopsy
  - ☑ If negative, follow-up in 6 months
  - **⊠**If positive treat and follow-up
  - If repeatedly positive, treat by excision

#### **TREATMENT WITHOUT PRIOR COLPOSCOPY 3**

#### **#**CIN II and CIN III (HG – SIL)

- Confirm diagnosis by colposcopy + biopsy
- If no colposcopy, punch biopsy after application of acetic acid or Lugol's iodine
- High grade SIL must be treated
- Excisional methods may be preferable to local destructive methods
- Failure occurs because of deviation from standard protocol

#### **MANAGEMENT OF DIFFICULT CASES**

- **3 ENTITIES:**
- **⊯ Ø** Pregnancy
  - Smear and even colposcopy often over-estimated.
- **∺**Ø Menopause
  - **Less than 20% of CIN lesions are detected.**
  - $\square$  Local or systemic  $E_2$  given for 10-14 days before colposcopy.
- <mark>೫Ø</mark>HIV:
  - Good correlation of cytology, colposcopy and histology.
  - ARV drugs and other measures have improved survival.

#### **TREATMENT FOR ADENOCARCINOMA IN SITU**

- HIS is a rare pre-malignant condition often diagnosed by chance on a cervical cone performed for co-existing CIN.
- **K** No reliable colposcopic features of AIS.
- Local treatment appropriate provided length of cone >25mm and free margins.

#### **POST-TREATMENT FOLLOW UP PROTOCOLS**

#### Patients treated for HG-SIL must be followed intensely for at least 10 years

#### **MICRO-INVASIVE CARCINOMA**

- **B** Diagnosis made only after a cone biopsy examination by a competent pathologist.
- Stage 1
  - Conisation or simple hysterectomy (Pivers I). No lymph node involvement.
- **Stage 1 A2:** 
  - Conisation; lymphadenectomy recommended either by laparotomy or laparoscopy (MAS)
  - Radical trachelectomy (D'Argent)
  - 🔼 Coelio-Schauta
  - **Wertheim modified with lymphadenectomy (Pivers II)**
  - Radiation
- **Here is a 4-10% risk of pelvic lymph node involvement in stage 1 A2**



## THANKS