## Young People's Health Development and Protection (YPHD&P) and HIV/AIDS

**Resource list** 

for Country Offices in CEE/CIS and the Baltics

- Action for Adolescent Health: Towards a Common Agenda, Recommendations from a joint Study Group, WHO/UNICEF/UNFPA, 1995 - To order, contact: <u>cah@who.int</u>
- Action with Youth HIV/AIDS and STD: A training manual for young people, 2<sup>nd</sup> edition, International Federation of Red Cross and Red Crescent Societies, 2000 To order, see Web-Site http://www.ifrc.org (publications)
- □ Advancing Young Adult Reproductive Health: Action for the Next Decade, Focus on Young Adults, End of Program Report 2001, Pathfinder International, *Available online at <u>http://pathfind.org/focus.htm</u>*
- □ An Introduction to Sexual Health, International Federation of Red Cross and Red Crescent Societies *To order, see Web-Site http://www.ifrc.org (publications)*
- Declaration on Young People and Alcohol, WHO, 2001 To order: contact the Alcohol and Drugs Unit, WHO Regional Office for Europe, 8,Schefigsvej DK-2100 Copenhagen, Denmark, E-mail:webmaster@who.dk - See also Web-Site <u>http://www.who.dk</u>
- European Alcohol Action Plan 2000-2005, WHO-Europe To order: contact the Alcohol and Drugs Unit, WHO Regional Office for Europe, 8,Schefigsvej DK-2100 Copenhagen, Denmark, E-mail:webmaster@who.dk - See also Web-Site <u>http://www.who.dk</u>
- □ **Facts for Life,** Published by UNICEF,WHO, UNESCO,UNFPA, UNDP, UNAIDS, WFP and the Worldbank, Third edition, 2002 *Available on line at:* <u>http://unicef.org</u> (*information resources, see: publications*)

- □ **Guidelines for children's participation in HIV/AIDS programmes,** Jane Colling *To order, contact: <u>unaids@unaids.org</u>*
- Guide to the strategic planning process for a national response to HIV/AIDS (5 modules: Introduction, Situation analysis, Response analysis, Strategic plan formulation, Resource mobilization), UNAIDS, 1998 Available on-line at <u>http://www.unaids.org</u> (*publications bibliographic database*)
- HIV/AIDS in Central and Eastern Europe, the Commonwealth of Independent States and the Baltic States Region, A time for concerted and decisive action, Background paper, Conference on Children in Europe and Central Asia, Berlin – *To order, contact:* <u>mbelgharbi@unicef.org</u>
- □ **HIV Prevention needs and successes: A tale of three countries** (an update on HIV prevention success in Senegal, Thailand and Uganda. UNAIDS Best practices collection, April 2001 *To order, contact: <u>unaids@unaids.org</u>*
- Impact of HIV and Sexual Health Education on the Sexual Behaviour of Young People: a review update, UNAIDS, 1997 – Available on-line at <u>http://www.unaids.org</u> (publications – bibliographic database)
- Involving People. Evolving Behaviour, Neill Mc Kee, Erma Manoncourt, Chin Saik Yoon, Rachel Carnegie, editors. UNICEF, 2000 - Published by Southbound Sdn.Bhd. – *To order, see Web Site http://www.southbound.com.my*
- □ **It's only Right**. A practical guide to learning about the Convention of the Rights of the Child, UNICEF, 1993, Available in English and French. *–To order, see Web Site http://www.unicef.org* (*publications*)
- Primary Prevention of Substance Abuse, A Facilitator Guide, WHO/UNDCP, 2000 -To order, contact WHO, Dept.of Mental Health and Substance Dependence: <u>mnh@who.int</u>
- Primary Prevention of Substance Abuse, A Workbook for Project Operators, WHO/UNDCP, 2000 - To order, contact WHO, Dept.of Mental Health and Substance Dependence: <u>mnh@who.int</u>
- Priority Outcome Three: Adolescents have opportunities to fully develop their individual capacities in safe and enabling environments and are helped to participate in and contribute to their societies (UNICEF internal document 20/10/99) Contact: <u>mbelgharbi@unicef.org</u>
- Programming for Adolescent Health and Development. Report of a WHO/UNFPA/UNICEF Study Group on Programming for Adolescent Health, WHO, 1999 – To order, contact: <u>bookorder@who.int</u> order no. 1100886 – Or see Web Site <u>http://www.who.org</u> (publications – topic: adolescent health)

- Promoting Children's Participation in Democratic Decision-Making, by Gerison Lansdown, Innocenti Insight,6, UNICEF Innocenti Research Centre, Florence, Italy, 2001 - Available on-line at <u>http://www.unicef-icdc.org/publications</u>
- Promoting Strategic Adolescent Participation: a discussion paper for UNICEF, Final Draft, by Rakesh R. Rajani, December 1999 Contact: <u>mbelgharbi@unicef.org</u>
- Risks and Opportunities, Synthesis of Studies on Adolesence, MicheleD. Kipke, ed., Board on Children, Youth and Families, National Research Council and Institute of Medicine, 1999 – Available on line at <u>http://www.nap.edu</u>
- □ **Summary Booklet of Best practices, Issue I, 1999, UNAIDS** Available on-line at <u>http://www.unaids.org</u> (publications bibliographic database)
- □ **Summary Booklet of Best practices, Issue II, 2000, UNAIDS** Available on-line at <u>http://www.unaids.org</u> (publications bibliographic database)
- □ **Talking rights, taking responsibility, Activities for secondary English and citizenship -** UNICEF,1999 - See Web Site: http://www.unicef.org (publications)
- □ **The Second Decade, Improving Adolescent Health and Development**. WHO, WHO/FRH/ADH/98.18 *To order, contact: cah@who.int*
- □ The Media and Children's Rights, A practical introduction for media professionals, UNICEF, 1999 – To order, contact: <u>mbelgharbi@unicef.org</u>
- □ Why should we invest in Adolescents?, WHO PAHO advocacy and programming document, 1998 *To order, contact: <u>mbelgharbi@unicef.org</u>*
- Working with Street Children, A Training Package on Substance Use, Sexual and Reproductive Health including HIV/AIDS and STDs - World Health Organisation, 2000 -*To order, contact WHO, Dept.of Mental Health and Substance Dependence:* <u>mnh@who.int</u>
- Young People and Substance Use: A manual Create, Use and Evaluate Educational Materials and Activities. Ed, by M. Monteiro, 1999, World Health Organization & Mentor Foundation - To order, contact <u>bookorder@who.int</u>, order no. 1930151 - Or see Web Site: http://www.who.org (publications - topic: substance abuse)
- Young People in Central and Eastern Europe, the Commonwealth of Independent States and the Baltic States Region, Helping Young People to shape the future, Background paper, Conference on Children in Europe and Central Asia, Berlin – To order, contact: <u>mbelgharbi@unicef.org</u>
- Young People in Changing Societies, Discussion Guide, UNICEF, World Organization of the Scout Movement, 2001, Terre de Sienne editrice, Italy Available on-line at <a href="http://www.unicef-icdc.org/publications">http://www.unicef-icdc.org/publications</a>

- □ Youth Health For a Change, a UNICEF Notebook on Programming for Young People's Health and Development, UNICEF, 1997
- **Youth participation: UNICEF's experience Working with Young People**, UNICEF, 1999
- Resource Kit for HIV/AIDS Programming 2002, UNICEF Programming, global statistics and overall guidance, Orphans and Vulnerable Children, PMTCT, HIV and infant feeding, Prevention among young people, HIV/AIDS and Conflict, Monitoring and Evaluation, UNICEF/HQ, 2002

- □ Coming of Age: From Facts to Action for Adolescent Sexual and Reproductive Health, WHO, WHO/FRH/ADH/97.18 To order, contact: <u>cah@who.int</u>
- □ Learning to live. Monitoring and evaluating HIV/AIDS programmes for young people, Douglas Webb and Lyn Elliott, Save the Children, 2000, 12.95 £ To order, see Web Site: www.savethechildren.org.uk Or contact <u>unaids@unaids.org</u>
- Programming for Adolescent Health and Development, What should we measure and how?, report of the third meeting, Washington DC, June 12-16, 2000, UNICEF, WHO – *To order, contact: cah@who.int*
- Street Children, Substance Use and Health: Monitoring and Evaluation of Street Children Projects, WHO/PSA/95.13 – To order, contact WHO/Dept. of Mental and Substance Dependence, <u>mnh@who.int</u>
- The Narrative Research Method Studying behaviour patterns of young people by young people A guide to its use,1993 (English, French, Spanish) To order, contact: bookorder@who.int, order no. 1930054 Or See Web Site: http://www.who.org (publications topic: adolescent health)
- The Rapid Assessment and Response Guide on psychoactive substance use and especially vulnerable young people (EVYP-RAR), WHO Substance Abuse Department, Draft for *field testing*, July 1998 See <u>http://www.who.int/substance\_abuse/pubs\_prevention\_assessment.htm</u>
- The Rapid Assessment and Response Guide on substance use and sexual risk behaviour (SEX-RAR), Joint WHO (SAB Dept) and UNAIDS Project, Draft for field testing, December 1998 – See <u>http://www.who.int/substance\_abuse/pubs\_prevention\_assessment.htm</u>

- The Rapid Assessment and Response Guide on injecting drug use (IDU-RAR), WHO Substance Abuse Department, and UNICEF, with collaboration with UNAIDS and UNDCP, Draft for field testing, May 1998 – See http://www.who.int/substance\_abuse/pubs\_prevention\_assessment.htm
- □ A Framework for Peer Learning, Youth Clubs UK, 1995, Second Edition 2000 To order, see Web Site: http://www.youthclubs.org.uk Or contact: Youth Clubs UK, 2<sup>nd</sup> Floor Kirby House, 20-24 Kirby Street, London EC1N8TS, UK
- □ AIDS, Working with young people, P. Aggleton, C. Horsley, I. Warwick, T. Wilton, AVERT, UK, 1993 To order, contact : AVERT, 11, Denne Parade. Horsham, West Sussex RH12 1JD, UK Or see Web Site: http://www.avert.org
- Approaches to peer-led health education: a guide for youth workers Clemets I, Buczkiewitcz M, Health Education Authority, 1993 (*Out of print*) - *Contact:* <u>mbelgharbi@unicef.org</u>
- European guidelines for youth AIDS peer education, Europeer, Lund University, Malmo Sweden, by Gary R. Svenson and other collaborators, 1998 – Available on-line at http://www.europeer.lu.se
   Or contact: Europeer, Department of Community Medicine, Malmo University Hospital, S-205 02 Malmo, Sweden
- Friends tell Friends on the Street, Greg Carl, Nonthathorn Chaiphech, The Thai Red Cross AIDS Research Centre, 2000 -To order, contact: The Thai Red Cross AIDS Research Centre, 1871 Rama IV Road, Bangkok 10330, Thailand. Tel 662 256-4107-9, Fax 662 254-7577.
- Guide to implementing TAP (Teens for AIDS Prevention), Advocates for youth, 1990
   To order, see Web Site http://www.advocatesforyouth.org
   Or contact: Advocates for Youth, 1025 Vermont Avenue NW, Suite 200, Washington DC 20005, USA
- How to create an effective Peer Education project, Guidelines for AIDS Prevention Projects - AIDSCAP (Family Health International), US - Available on-line at http://www.fhi.org (publications) - Or contact: Family Health International, PO Box 13950, Research Triangle Park, Durham NC 27709, USA
- Know the Score, Youth Clubs UK, 1999 To order, see Web Site http://www.youthclubs.org.uk - Or contact: Youth Clubs UK, 2<sup>nd</sup> Floor Kirby House, 20-24 Kirby Street, London EC1N8TS, UK

- Peer Education. A manual for training young people as peer educators Book 1: Peer Education: an introduction, Book 2: Training peer educators (15 training sessions in 5 modules), Book 3: HIV/AIDS and Sexuality (training sessions) Murtagh, Brian, National Youth Federation in association with the Health Promotion Unit, Ireland, 1996, 127 p - Order from: National Youth Federation, 20 Lower Dominick Street, Dublin, Ireland, tel. 353-1-872 9933
- Peer education and HIV/AIDS: Concept, uses and challenges, UNAIDS Best Practice Collection, 1999 – Available on-line at <u>http://www.unaids.org</u> (publications – bibliographic database)
- Peer to peer: Youth preventing HIV infection together, Advocates for Youth, US, 1993 - To order, see Web Site http://www.advocatesforyouth.org - Or contact: Advocates for Youth, 1025 Vermont Avenue NW, Suite 200, Washington DC 20005, USA
- Peer Potential: Making the Most of How Teens Influence Each Other. A report from the National Campaign to Prevent Teen Pregnancy, 1999 Order from: The National Campaign to Prevent Teen Pregnancy, 2100 M Street, NW, Suite 300, Washington, DC 20037 USA Or see Web Site http://www.teenpregnancy.org (publications)
- □ Right Directions, A Peer Education Resource on the UN Convention of the Rights of the Child To order, see Web Site http://www.savethechildren.org.uk, £4.99
- □ **The Crunch. Negotiating the agenda with young people.** A peer education training manual. The Health Education Board for Scotland, *1997 Order from: Fast Forward, 4, Bernard Street, Edinburgh, EH6 6PP, E-mail: <u>admin@fastforward.org.uk</u>*
- Together we can, Peer Educator's Handbook & Activity Kit, Jamaica Red Cross HIV/AIDS Peer Education Project, Jamaica Red Cross, 1995 - To order, contact jrcs@infochan.com
- Yes Me! Youth Clubs UK, 1996 To order, see Web Site http://www.youthclubs.org.uk
  Or contact:: Youth Clubs UK, 2<sup>nd</sup> Floor Kirby House, 20-24 Kirby Street, London EC1N8TS, UK
- You can't be serious! Youth Clubs UK, 1997 To order, see Web Site http://www.youthclubs.org.uk - Or contact: Youth Clubs UK, 2<sup>nd</sup> Floor Kirby House, 20-24 Kirby Street, London ECIN8TS, UK

- Choices, A Guide for Young People,
  Gill Gordon, 1999, 126 p, ISBN 0 333 687469 Order from: MacMillan Education Ltd, Houndsmills, Basingstoke, Hants., United Kingdom
- Leaving Home: a Training Course and Resources Guide
  National Youth Agency, UK, 1991 Order from: National Youth Agency, 17-23 Albion Street, Leicester LE1 6GD
- Life Planning Education: a youth development program
  Advocates for Youth, 1995, 541 p, \$75.00 To order see Web Site
  http://www.advocatesforyouth.org
  Or contact Advocates for Youth, 1025 Vermont
  Avenue NW, Suite 200, Washington DC 20005, USA
- Life Skills and Livelihood Skills Education in Out-of-School Settings in CEE/CIS and the Baltics. Review of needs, good practice and resource materials & Suggestions for programming. UNICEF RO for CEE, CIS and the Baltics, 2001 – contact <u>mbelgharbi@unicef.org</u> for electronic copy.
- Life Skills Training in the Baltic States, Final Report. TACADE in collaboration with WHO Regional Office for Europe, UNICEF RO for CEE/CIS and the Baltics, UNDCP, June 2000 (Internal *document WHO/UNICEF – not published – electronic copy available) – Contact: mbelgharbi@unicef.org*
- Life Skills Training Programme Supported by WHO & UNICEF, 30 May 4 June 2000, Developed by Ian Warwick & Kim Rivers, Thomas Coram Research Unit Institute of Education University of London, UK (Internal document WHO/UNICEF not published electronic copy available) *To order, contact: <u>mbelgharbi@unicef.org</u>*
- □ Safe Choices National Resource Center for Youth Services, Oklahoma, US, 1994 Order from: National Resource Center for Youth Services, 202 West Eight street, Tulsa, OK 74119-1419, USA, fax +1 918 592 1841
- School Health education to prevent AIDS and STD: A resource package for curriculum planners - WHO Global Programme on AIDS and UNESCO, 1995 -*To order: bookorder@who.int, order no. 1930061*
- Skills-based health education in schools, World Health Organisation, Division of Mental Health, 2001 - (release expected by Sept. 2001) - See Web Site http://www.who.org
- □ Skills-based health education to prevent HIV/AIDS, new UNICEF Web Site <u>http://www.unicef.org/programme/lifeskills/mainmenu.html</u>

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- Skills for Life, A Whole School Approach to Personal, Social and Health education and Citizenship, TACADE, UK – To order, see Web Site http://www.tacade.com (publications)
- You're on Your Own. Young People's research on Leaving Care, Andrew West *et al.* Save the Children, UK, 1995, 48 pp – To order, see Web Site http://www.savethechildren.org.uk

- Adolescent friendly health services, Power-point presentation by Chandra Mouli (WHO HQ Dept. Child and Adolescent Health Development) at the UN Interagency Group on YPHD&P (IAG) Meeting, October 2000 Gives overview of YFS and lessons learned. *Contact: <u>mbelgharbi@unicef.org</u> for electronic copy.*
- Counselling Skills Training in Adolescent Sexuality and Reproductive Health, A Facilitator's Guide, WHO, 1993 - To order: <u>bookorder@who.int</u> order no. 1930053 - Or see Web Site <u>http://www.who.org</u> (publications – topic: adolescent health)
- □ Meeting the needs of young clients, A Guide to Providing Reproductive Health Services to Adolescents, by Barbara Barnett with Jane Schueller, Family Health International, 2000 – Available on-line at <u>http://www.fhi.org</u> (training & multimedia)
- Improving the accessibility of health services that meet the sexual and reproductive needs of adolescents in schools. Republic of Bulgaria, Ministry of Health/ WHO.
  Women's Reproductive Health Programme, WHO Regional Office for Europe/Child and Adolescent Health Programme, WHO Geneva, 2000 Available on-line at <a href="http://www.who.org">http://www.who.org</a> or contact: <a href="http://www.who.org">webmaster@who.dk</a>
- WHO Tool Kit on Youth Friendly Services, under development Anticipate full package end 2002

## 6- IDUs

 A participatory handbook for Youth Drug Prevention Programs, A guide for Development and Improvement, Published by UNODCCP & The Global Youth Network (Russian version available) http://www.odccp.org/youthnet/youthnet\_youth\_drugs.html

- Health and Health Behaviour among Young People, WHO Policy for children and adolescents, Issue 1, International report, EUR/ICP/IVST 06 03 05 (A), WHO/EURO, Universität Bielefeld, 2000 - See Web Site or contact: <u>vbr@who.dk</u>
- Regional Monitoring Report No. 4: Children at Risk in Central and Eastern Europe: Perils and Promises, UNICEF Innocenti Research Centre, Florence, Italy, 1997 – Available on-line at <u>http://www.unicef-icdc.org/publications</u>
- Regional Monitoring Report No. 7: Young People in Changing Societies, The MONEE Project CEE/CIS/Baltics, UNICEF Innocenti Research centre, Florence, Italy, 2000 -Available on-line at http://www.unicef-icdc.org/publications
- The 1999 ESPAD Report, The European School Survey Project on Alcohol and Other Drugs, Alcohol and Other Drug Use Among Students in 30 European Countries Available on-line at <u>http://www.can.se</u>
- The HIV Epidemic in Central and Eastern Europe, Update, UNAIDS- Karl L. Dehne, University of Heidelberg, Germany, September 1999 & Update by Karl L. Dehne and Yuri Kobyscha, 29 November 2000 – Contact: <u>mbelgharbi@unicef.org</u> or <u>Karl-Lorenz.Dehne@unvienna.org</u> for electronic copy.

- Website: <u>http://www.developmentgateway.org/unhivlearning</u> Menu, Key Issues, Clearinghouse of Learning Resources
- Annotated bibliography about youth AIDS peer education in Europe Edited by Gary Svenson et al., Department of Community Medicine, Lund University, European Commission, 1998 – Available on-line at http://www.europeer.lu.se - Or contact: Europeer, Department of Community Medicine, Malmo University Hospital, S-205 02 Malmo, Sweden

- Guide to WHO Documents Concerning Adolescent Health and Development, to assist in the programming process, helping Young People to remain a Force for Change during the World AIDS Campaign and beyond, WHO, WHO/FCH/CAH/99.2 - *To order*, *contact:* <u>cah@who.int</u>
- Working with young people on sexual health and HIV/AIDS -Healthlink worldwide, UK, 2<sup>nd</sup> edition 1996 - Order from: Healthlink Worldwide, 29-35 Farringdon Road, London, EC1M 3JB, UK

## **Useful Web sites:**

- http://www.avert.org
- <u>http://www.avocatesforyouth.org</u>
- <u>http://www.europeer.lu.se</u>
- http://www.fhi.org
- http://www.lifeskillstraining.com
- http://www.national-academies.org/cbsse/bocyf
- <u>http://www.savethechildren.org.uk</u>
- http://www.tacade.org
- http://www.unaids.org
- http://www.unesco.org
- http://www.unfpa.org
- http://www.unicef.org/teachers/teacher/lifeskil.htm
- <u>http://who.int./hpr</u>
- http://www.youthclubs.org.uk