# Training Course in Reproductive Health/Sexual Health Research Geneva 2007

# YFS CHARACTERISTICS AND CORRESPONDING QUESTIONS: VERSION TWO FOR FIELD TEST

#### **EQUITABLE:**

- 1. Policies and procedures are in place that do not restrict the provision of health services to adolescents on any terms.
  - a. Adolescent client tool:
    - i. Have you ever come to this clinic and not been able to receive a particular type of service?
      - 1. If so, do you know why you couldn't receive the service?
    - ii. Are there any services offered at this facility that you think certain adolescents might not be able to receive?
      - 1. If so, explain (the services AND the characteristics of the adolescents)
      - 2. How do you know that such an adolescent might not receive that service (s)?

## b. Health care provider tool:

- i. Are there certain policies or procedures at this facility that might restrict the provision of health services to some groups of adolescents (i.e., those who are below a certain age, those who are not married, or those belonging to a certain group, such as commercial sex workers)?
  - 1. If so, could you describe what they say or do that restricts the adolescents from receiving a service?
- ii. Can you think of an example when an adolescent might be denied a service?

#### c. *Manager tool:*

- i. Are there certain policies or procedures at this facility that might restrict the provision of health services to some groups of adolescents (i.e., those who are below a certain age, those who are not married, or those belonging to a certain group, such as commercial sex workers)?
  - 1. If so, could you describe what they say or do that restricts the adolescents from receiving a service?
- ii. Can you think of an example when an adolescent might be denied a service?

### d. Adolescent in community tool:

- i. Have your or your friends been denied services at the health facility (name of facility)?
  - 1. Do you know why you were denied the service (i.e., was it because you were below a certain age, was unmarried, or some other reason)?

- 2. Health care providers treat all their adolescent clients with equal care and respect, regardless of status
  - a. Adolescent client tool:
    - i. Have you been treated by the health care provider in a manner that you would want to be treated?
    - ii. Did the health care provider make you feel comfortable?
  - b. Health care provider tool:
    - i. Are there some groups of adolescents for which you do not feel comfortable in providing a certain reproductive health care service (i.e., being a certain young age, being unmarried, etc.)?
      - 1. If so, could you explain why you feel uncomfortable?
- 3. Support staff treat all adolescent clients with equal care and respect, regardless of status
  - a. Adolescent client tool:
    - i. Have you been treated by the receptionist in a manner that you would want to be treated?
    - ii. Did the receptionist make you feel comfortable?
  - b. Support staff tool:
    - i. Are there some groups of adolescents for which you do not feel comfortable in helping to receive a certain reproductive health care service (i.e., being a certain young age, being unmarried, etc.)?
      - 1. If so, could you explain why you feel uncomfortable?
  - c. Adolescent in community tool:
    - i. Have you or your friends been denied services/sent away by receptionist or other support staff?
      - 1. If so, what do you think was the reason for it (i.e., was it because of your age, your marital status, the work that you do, etc.)?

#### ACCESSIBLE:

- 4. Policies and procedures are in place that ensure that health services are either free or affordable to adolescents
  - a. Adolescent client tool:
    - i. Were you asked to pay for the services you received?
      - 1. If yes, were you able to pay?
      - 2. In case you could not pay, did you receive the service anyway?
  - b. Manager tool:
    - i. Are adolescents charged for specific services at this facility?
      - 1. If yes, please list down the service and charge for the same
    - ii. Are fees for adolescents different from general client fees?
    - iii. Do you provide concessions for those who cannot afford services?

- c. Adolescent in community tool:
  - i. Have you or your friends been denied services/sent away by the staff at the health facility because you could not pay for a service fee?
- 5. Point of service delivery has convenient working hours
  - a. Adolescent client tool:
    - i. Do you know the days and times that the clinic is open?
    - ii. Are the days and times of the clinic convenient for you?
  - b. Manager tool:
    - i. What are the times and days that this facility is open?
    - ii. Are these times convenient for adolescents?
    - iii. Has the clinic made any changes in the times and days it is open to make it more convenient for adolescents?
      - 1. If so, how? (i.e., separate hours or the extending the times?)
  - c. Adolescent in community tool:
    - i. Do you know the days and times that the clinic is open?
    - ii. Are the days and times of the clinic convenient for you?
- 6. Adolescents are well informed about the range of reproductive health services available and how to obtain them
  - a. Adolescent client tool:
    - i. Could you tell me the reproductive health services that are offered at this clinic?
    - ii. How did you hear/learn about these services?
  - b. Outreach worker tool:
    - i. What type of outreach activities have been conducted in the last year to create awareness among adolescents about the availability of reproductive health services?
    - ii. Are adolescents involved in such outreach activities?
  - c. Manager tool:
    - i. What type of outreach activities have been conducted in the last year to create awareness among adolescents about the availability of reproductive health services?
    - ii. Are adolescents involved in such outreach activities?
  - d. Adolescent in community tool:
    - i. Could you tell me the reproductive health services that are offered at this clinic?
    - ii. How did you hear/learn about these services?
    - iii. Would you be able to receive all of these services at the clinic?

- 7. Community members engage in respectful and participative discussion with health care providers creating a shared understanding of adolescent health and development and increased support of reproductive health service provision
  - a. Adolescent client tool:
    - i. Do you feel your parents/guardians would be supportive of you coming to this clinic to receive any type of reproductive health service available?
    - ii. Are there some services your parent(s)/guardians might not approve of?
      - 1. If so, which ones?
    - iii. Do you think other adults in the community are supportive of adolescents coming to this clinic for reproductive health services?
      - 1. How do you know?
  - b. Health care provider tool:
    - i. Do community members support the provision of reproductive health services for adolescents?
      - 1. If so, do they assist you in any way? (explain how)
  - c. Community member tool:
    - i. Do you know the reproductive health services that are available to adolescents at this clinic?
    - ii. Do you think that adolescents need reproductive health services?
    - iii. Are there certain reproductive health services that adolescents should not receive at the clinic?
      - 1. If so, which ones and why?
    - iv. What types of efforts has the clinic made to inform the community about the types of services adolescents need at this clinic?
    - v. What types of efforts have been made to inform the community about adolescent health and development?
  - d. Adolescent in community tool:
    - i. Do you feel your parents/guardians would be supportive of you coming to this clinic to receive any type of reproductive health service available?
    - ii. Are there some services your parent(s)/guardians might not approve of?
      - 1. If so, which ones?
    - iii. Do you think other adults in the community are supportive of adolescents coming to this clinic for reproductive health services?
      - 1. How do you know?

- 8. The provision of health services by selected community members, outreach workers, and peer-to-peer educators are implemented to reach adolescents
  - a. Adolescent client tool:
    - i. Have you ever seen someone from the clinic providing health services in the community?
      - 1. If so, what type of services was he/she providing?
      - 2. Were adolescents involved in providing the service?
    - ii. Are you aware of any adolescents who are involved in providing services to other adolescents in the community (i.e., doing peer education work)?
      - 1. If yes, could you describe what they do?

# b. Outreach worker tool:

- i. Do you provide any type of services to adolescents in the community?
  - 1. If so, could you describe what you do?
- ii. Are adolescents involved in providing any type of service to adolescents in the community?
  - 1. If so, could you describe what they do?

# c. Manager tool:

- i. What types of activities do you or your staff do to provide services to adolescents in the community?
  - 1. Are adolescents involved in any of these activities?
    - a. If so, could you describe what they do?

# d. Adolescent in community tool:

- i. Have you ever seen someone from the clinic providing health services in the community?
  - 1. If so, what type of services was he/she providing?
  - 2. Were adolescents involved in providing the service?
- ii. Are you aware of any adolescents who are involved in providing services to other adolescents in the community (i.e., doing peer education work)?
  - 1. If yes, could you describe what they do?

#### ACCEPTABLE:

- 9. Policies and procedures are in place that guarantee client confidentiality
  - a. Adolescent client tool:
    - i. Do you believe the information you shared with the provider will be kept confidential?
    - ii. What about the receptionist or anyone else who was working there, do you think that they will keep your information confidential?
    - iii. Do you think the following is true (yes/no/not sure):
      - 1. If I tell a doctor something personal, others in the clinic, the school, or the community will find out.
      - 2. If I tell a nurse something personal, others in the clinic, the school, or the community will find out.

3. If I tell a peer educator something personal, others in the clinic, the school, or the community will find out.

#### b. Health care provider tool:

- i. When you see an adolescent client, how do you guarantee his/her confidentiality?
- ii. Can you give me other examples of policies or procedures that are in place at this clinic that ensures a client's confidentiality?
- iii. Are there any circumstances in which you would not follow any of these policies or procedures?
  - 1. If so, could you explain?

## c. Manager tool:

- i. Are there policies or procedures in place that ensures a client's confidentiality?
  - 1. If so, could you describe them?
  - 2. How are staff made aware of these policies and procedures?

## d. Observation guide:

- i. Do written procedures exist for protecting client confidentiality?
- ii. How is confidentiality maintained in terms of registration, recordkeeping, and disclosure of information when outsiders ask for information?

## 10. Point of service delivery ensures privacy

#### a. Adolescent client tool:

- i. When you visited the clinic, did you feel that the clinic did enough to make sure that no one could see or overhear what you were there for?
- ii. Was the registration at the reception done in a way that no one could overhear what you were saying?
- iii. Did anyone interrupt your discussion with the provider?
- iv. Do you feel that others could hear your discussions with the provider outside the room?

# b. Health care provider tool:

- i. Are you ever interrupted by other staff persons when providing services to clients?
- ii. Is it possible for other people to hear your conversations or counselling sessions with clients?

# c. Manager tool:

i. What steps are taken to provide privacy for adolescent clients?

### d. Observation guide:

- i. In the reception area, is it possible to hear the conversations between the receptionist and the clients?
- ii. In the waiting room, is it possible to hear the conversations between the providers and their clients?
- iii. What are some of the ways you notice that the clinic staff have done to ensure privacy for its clients?

- 11. Point of service delivery ensures consultations occur in a short waiting time, with or without an appointment, and (where necessary) swift referral
  - a. Adolescent client tool:
    - i. Have you found the waiting times to actually see the health care provider reasonable?
    - ii. Have you had to make a referral for a service that was not offered here?
      - 1. If yes, what was the process?
      - 2. Were you happy with this process?
      - 3. How long did it take for you to get a referral?
  - b. Health care provider tool:
    - i. What is the procedure for referrals?
    - ii. In what ways do you assist the adolescent client in seeing the referred provider?
  - c. Support staff tool:
    - i. How long do clients have to wait before they see a health care provider?
    - ii. Do you think this is a reasonable amount of time for adolescents to wait?
    - iii. If a referral is made, how is the process handled?
      - 1. Could you explain?
  - d. Observation guide:
    - i. How long is the waiting time? (time a client who registers and then finally is called to see the health care provider)
    - ii. Do you hear any complaints from adolescent clients about the waiting time?
- 12. Point of service delivery has appealing and clean environment
  - a. Adolescent client tool:
    - i. Did you find the waiting room comfortable?
    - ii. Did you find all areas that you used in a clean condition?
      - 1. Toilets?
      - 2. Clinic outside surrounding?
      - 3. Reception area?
      - 4. Waiting room?
      - 5. Consultation room?
      - 6. Exam room?
  - b. Observation guide:
    - i. Are all areas that clients use clean?
      - 1. Toilets?
      - 2. Clinic outside surrounding?
      - 3. Reception area?
      - 4. Waiting room?
      - 5. Consultation room?
      - 6. Exam room?

- ii. Does the waiting room have adequate seating for each waiting client (i.e., no standing clients?)
- iii. Does the waiting room have lightening sufficient to read? (either natural light or electricity?)
- iv. Is the clinic well ventilated? (fresh air, no smoking?)
- v. Is there safe drinking water available for clients?
- 13. Point of service delivery provides information and education through a variety of channels
  - a. Adolescent client tool:
    - i. What types of informational education materials on adolescent health topics were available during your visit to the health clinic?
      - 1. Were the materials useful?
      - 2. Were they easy to read?
      - 3. Did you understand them?
  - b. Outreach workers tool:
    - i. What types of IEC (information, education, and communication) activities have you conducted on adolescent health in the community?
  - c. Manager tool:
    - i. What types of IEC (information, education, and communication) activities are being conducted on adolescent health in the community?
    - ii. What types of IEC materials do you have available for adolescents in the waiting room?
  - d. Observation quide:
    - i. Are there any IEC materials or media that adolescents can read/watch while they are waiting?
    - ii. Are there any signs or posters in the clinic that target adolescents?
- 14. Adolescents are actively involved in the assessment and provision of health services
  - a. Adolescent client tool:
    - i. Are you aware of adolescents who are involved in the decisionmaking about how services should be delivered to adolescents?
      - 1. If so, what do/did they do?
    - ii. Are you aware of any adolescents who have been consulted regarding how services should be delivered to adolescents?
    - iii. Do you feel you could make a suggestion for improving the services here to the staff? Explain.
  - b. Manager tool:
    - i. What opportunities do you give to adolescents to suggest/recommend changes to make services more responsive to the needs of adolescents?
    - ii. Are adolescents currently involved in the decision-making about how health care services are delivered to adolescents?

- 1. If so, how are they?
- iii. Are adolescents currently consulted on how services should be delivered to adolescents?
- c. Outreach worker tool:
  - i. Are adolescents currently involved in the decision-making about how health care services are delivered to adolescents?
    - 1. If so, how are they?
  - ii. Are adolescents currently consulted on how services should be delivered to adolescents?

#### APPROPRIATE:

- 15. The required package of health care is provided to reflect and fulfil the individual needs of all adolescents either at the point of service delivery or through referral linkages
  - a. Adolescent client tool:
    - i. Did you receive the service/treatment you need to deal with your problem or concern?
    - ii. Were you referred to other services for care?
      - 1. If so, what did the health care provider do to ensure that you receive the services for which you have been referred?
  - b. Health care provider tool:
    - i. Are adolescent clients offered the following reproductive health services:
      - 1. provision of contraceptives, including condoms
      - 2. STI management
      - 3. HIV counselling and testing
      - 4. pregnancy care
      - 5. Other preventive health services:
        - a. Nutrition counselling
        - b. Substance abuse counselling
        - c. Violence assistance
    - ii. If some services are not available at your point of service delivery, do you know how and were to refer clients for these services?
  - c. Manager tool:
    - i. Are adolescent clients offered the following reproductive health services:
      - 1. provision of contraceptives, including condoms
      - 2. STI management
      - 3. HIV counselling and testing
      - 4. pregnancy care
      - 5. Other preventive health services:
        - a. Nutrition counselling
        - b. Substance abuse counselling
        - c. Violence assistance

ii. If some services are not available at your point of service delivery, does your staff know how and where to refer clients for these services?

#### **EFFECTIVE:**

- 16. Health care providers have the required competencies to work with adolescents
  - a. Adolescent client tool:
    - i. Did you feel the health care provider had enough knowledge and skills to serve you?
    - ii. Did the health care provider explain things in a way you could understand?
    - iii. Did the health care provider inform you of the risks, benefits, potential complications and alternatives of the treatments and procedures?
  - b. Health care provider tool:
    - i. Do you feel you have adequate knowledge and skills to provide clinical services to adolescents in the following areas:
      - 1. provision of contraceptives, including condoms
      - 2. STI management
      - 3. HIV counselling and testing
      - 4. pregnancy care
      - 5. Other preventive health services:
        - a. Nutrition counselling
        - b. Substance abuse counselling
        - c. Violence assistance
    - ii. Do you feel that you are able/trained to communicate with adolescents about all the risks, benefits, and potential complications of the treatments and procedures you provide?
    - iii. Do you tell them about different alternatives to such procedures/treatments?
  - c. Manager tool:
    - i. What have you done to ensure that your staff has the knowledge and skills to provide the following services to adolescents:
      - 1. provision of contraceptives, including condoms
      - 2. STI management
      - 3. HIV counselling and testing
      - 4. pregnancy care
      - 5. Other preventive health services:
        - a. Nutrition counselling
        - b. Substance abuse counselling
        - c. Violence assistance
    - ii. What have you done to ensure that your staff has the knowledge and skills to counsel adolescents effectively?

- 17. Health care providers are able to dedicate sufficient time to deal effectively with their adolescent clients
  - a. Adolescent client tool:
    - i. Did you have enough time to ask the health provider everything you wanted to ask?
    - ii. Did the health care provider answer your questions in a relaxed manner or did he/she seem rushed and hurried to see the next client?
  - b. Health care provider tool:
    - i. In your opinion, do you feel you have enough time allowed for the adolescent client?
    - ii. Do you at times feel rushed to see all the clients in the waiting room?
- 18. The point of service delivery has the required equipment, supplies, and basic services necessary to deliver the essential care package
  - a. Adolescent client tool:
    - i. Did the clinic have all the equipment and supplies needed to help you?
  - b. Health care provider tool:
    - i. Do you have all the supplies you need?
    - ii. In the last six months, have you had shortages or stock-outs of supplies that disrupted the provision of any services offered?
      - 1. If yes, please list down supplies specific to the services provided
    - iii. Do you have all the equipment you need?
    - iv. In the last six months has unavailability of equipment or nonfunctioning of equipment disrupted the provision of any of the services offered here?
      - 1. If yes, please list down this equipment
  - c. Manager tool:
    - i. Does the clinic have a system for maintaining an inventory and recording drugs and supplies?
  - d. Observation guide:
    - i. Does the clinic have a system for maintaining an inventory and recording drugs and supplies?
    - ii. Checklist of required equipment, supplies (list of drugs and commodities) and basic services necessary to deliver the essential care package