## Sexual and reproductive health work at WHO

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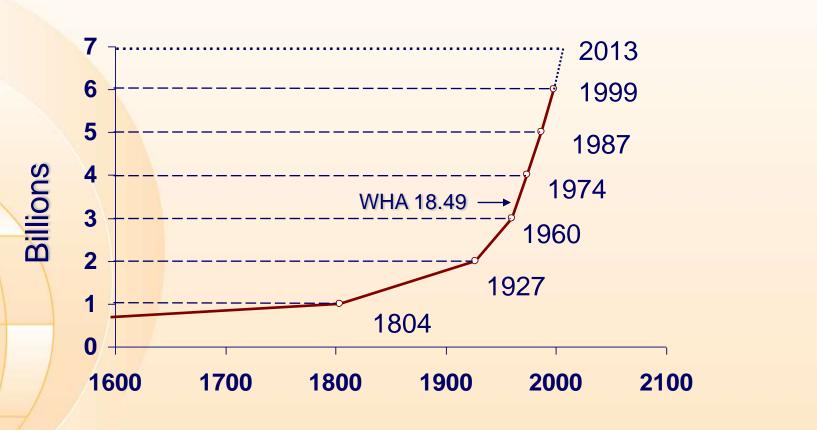
Geneva 2008







### How it began...







Reproductive Health and Research



### HRP's history [1]

"REQUESTS the Director-General to develop further the programme proposed:

(a) in the fields of reference services, studies on medical aspects of sterility and fertility control methods and health aspects of population dynamics; ..."

(WHA Resolution 18.49; 1965)







### HRP's history [2]

1965: Human Reproduction Unit within

existing Division of Family Health

(WHA Resolution 18.49; 1965)

1972-1988: WHO (Expanded) Special Programme of

Research, Development and Research

Training in Human Reproduction

1988-present: UNDP/UNFPA/WHO/World Bank

cosponsored Special Programme

(WHA Resolution 41.9; 1988)







## Department of Reproductive Health and Research (RHR)

- Created in November 1998
- Composed of two pre-existing entities
  - UNDP/UNFPA/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction (HRP)
  - WHO Division of Reproductive Health (Technical Support) (RHT)

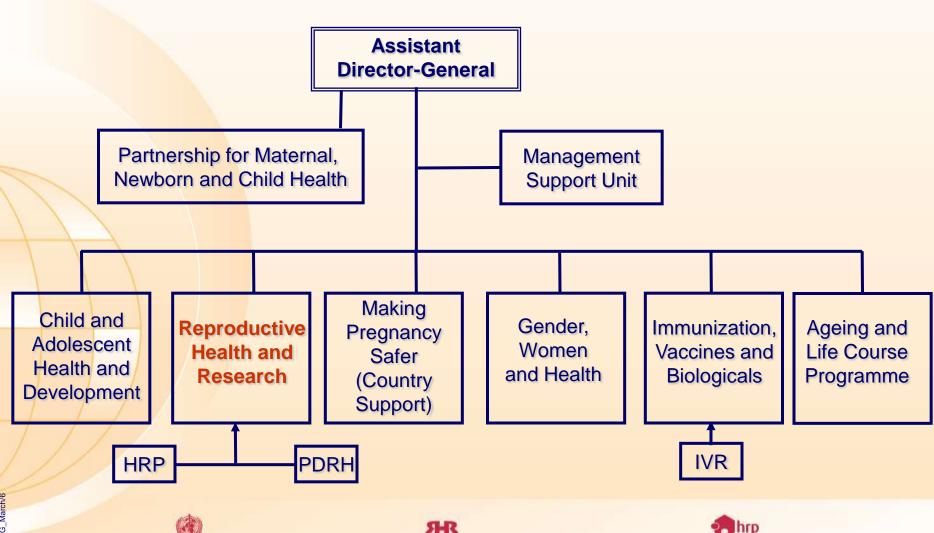
RHR = RHT (PDRH)+HRP







### Family and Community Health Cluster



World Health Organization

# The International Conference on Population and Development (Cairo, 1994)

### The new conceptual framework

"Reproductive health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity, in all matters relating to the reproductive system and to its functions and processes..."

(ICPD Programme of Action, paragraph 7.2)







## Overall goal

"All countries should strive to make accessible through the primary health-care systems, reproductive health to all individuals of appropriate ages as soon as possible and no later than the year 2015."

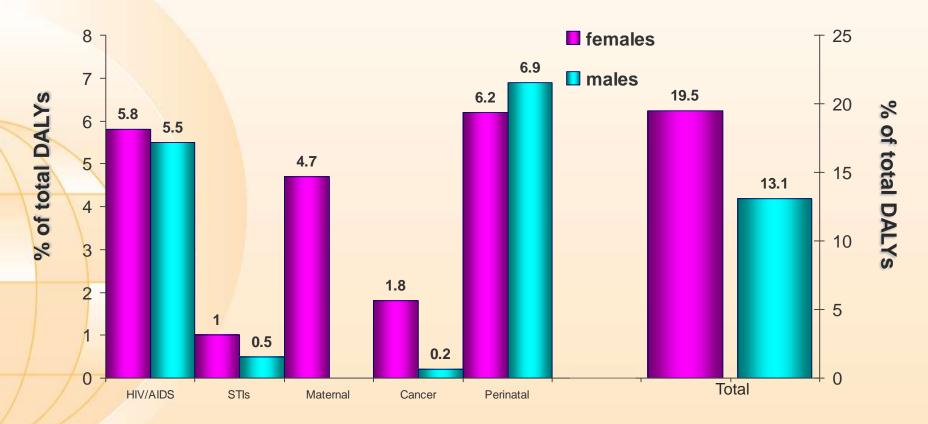
(ICPD Programme of Action, para. 7.6)







## Reproductive ill-health accounts for substantial portions of global burden of disease

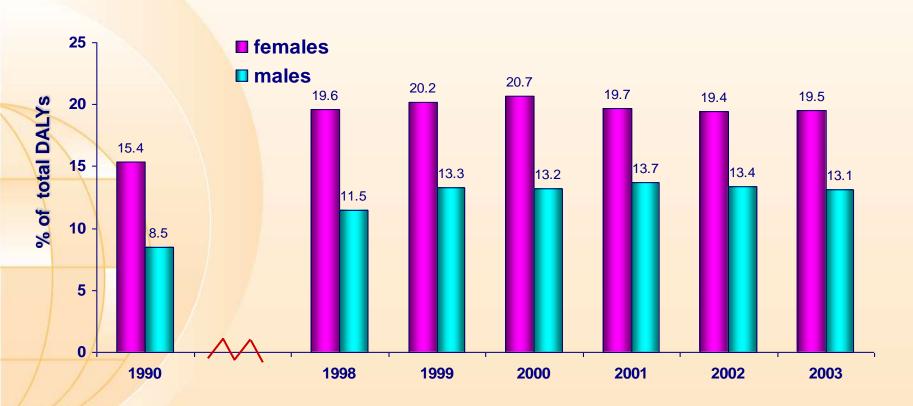


(Source: World Health Report, 2004)





# Reproductive ill-health as proportion of global burden of disease shows no sign of declining



(Source: The Global Burden of Disease, 1996 and World Health Reports, 1999-2004)







### Millennium Development Goals

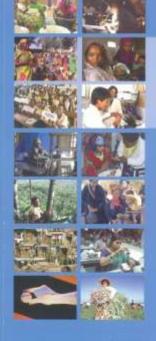
- Eradicate extreme poverty and hunger
- II. Achieve universal primary education
- III. Promote gender equity and empowerment of women
- IV. Reduce child mortality
- V. Improve maternal health
- VI. Combat HIV/AIDS, malaria and other diseases
- VII. Ensure environmental sustainability
- VIII. Develop a global partnership for development











#### **Investing in Development**

A Practical Plan to Achieve the Millennium Development Goals

Overview

"Sexual and reproductive health - essential for reaching the Goals"

(pages 82-84)



07\_PVL\_HUG\_March/12







"To this end we commit ourselves to:

(g) Achieving universal access to reproductive health by 2015, as set out at the International Conference on Population and Development, integrating this goal in strategies to attain the internationally agreed development goals, including those contained in the Millennium Declaration, ..."







## The final recognition of the role of sexual and reproductive health in achieving MDGs

"...I am therefore recommending the incorporation of these commitments [i.e. those agreed at the 2005 World Summit] into the set of targets used to follow up on the Millennium Declaration. This includes: ... a new target under Goal 5: to achieve universal access to reproductive health by 2015; ..."

Report of the Secretary-General on the work of the Organization, General Assembly Sixty-first Session, 2 October 2006









The WHO global reproductive health strategy was adopted by WHO's Member States in May 2004







### An overview of the strategy paper

Guiding principle: human rights

Core aspects of reproductive and sexual health services

- Improving antenatal, perinatal, postpartum and newborn care
- Providing high-quality services for family planning, including infertility services
- 3. Eliminating unsafe abortion
- 4. Combating sexually transmitted infections including HIV, reproductive tract infections, and cervical cancer
- 5. Promoting sexual health







### Maternal and perinatal health today

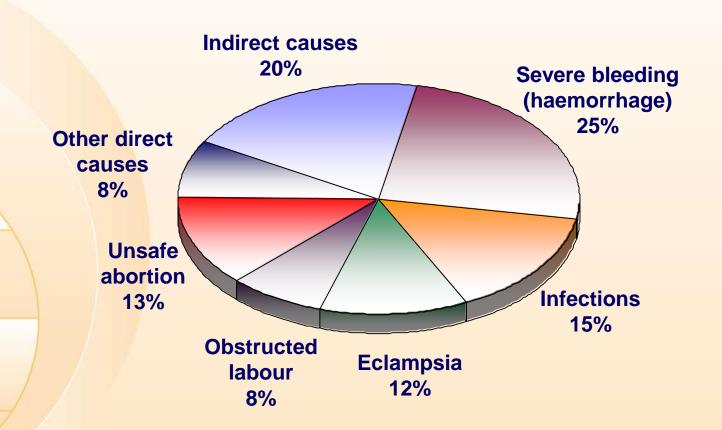
- 529,000 women die each year during pregnancy, childbirth and postpartum period (> 99% in developing countries)
- over 300 million women suffer from short-term or longterm illness brought about by pregnancy and childbirth
- lifetime risk of maternal death in Africa is 1 in 16
- each year nearly 3.3 million babies are stillborn
- 4 million babies die during first 28 days of life (three quarters in the first 7 days)







#### Causes of maternal deatha



<sup>a</sup> Total is more than 100% due to rounding.

(Source: World Health Report, 2005)







## Maternal and perinatal health research completed during 1995-2005 with leading participation of WHO

	Countries	Women	Status
Antenatal care	5	24 678	Published (2001)
Prevention of postpartum haemorrhage	9	18 530	Published (2001)
Treatment of pre-eclampsia (MAGPIE trial)	28	10 141	Published (2002)
Caesarean section	5	149 206	Published (2004)
Epidemiology of preterm delivery and IUGR	4	38 319	Published (2004)
Prevention of pre-eclampsia (calcium supplementation)	6	8 325	Published (2006)
WHO Reproductive Health Library	2	77 765	Published (2007)
Long term follow-up of infants:			
Calcium trial I	1	591	Published (1997)
Magpie trial	19	3 283	Published (2007)
Calcium trial II	2	800	Submitted
Total	25 *	331 638	

<sup>\*</sup> Some countries have been involved in more than one study







### Maternal and perinatal health research ongoing with leading participation of WHO

Prevention of preeclampsia 4 1365 Data analysis (anti oxidants)  Treatment of asymptomatic 4 1500 Ongoing bacteriuria  Treatment of postpartum 4 900 Ongoing haemorrhage  Prevention of preeclampsia 6 2000 Initiated (treatment of hypertension)  WHO Global Survey of Maternal and Perinatal Health  - Latin America 8 97 184 Published and further analysis ongoing  - Africa 7 81 961 Data analysis					
(anti oxidants)  Treatment of asymptomatic			Countries	Women	Status
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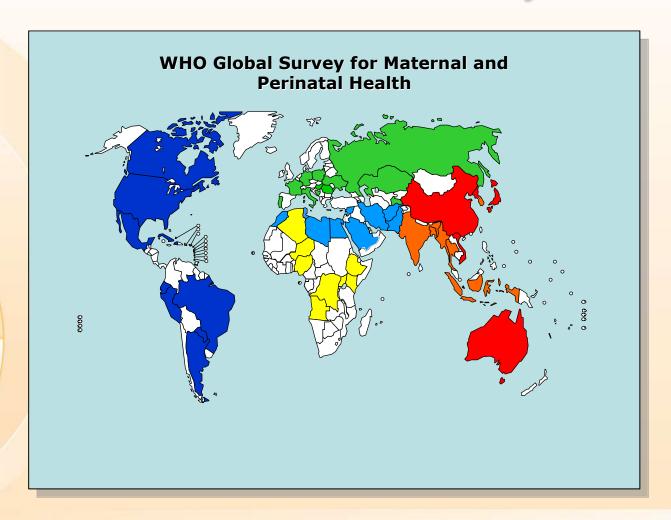


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## WHO Global survey









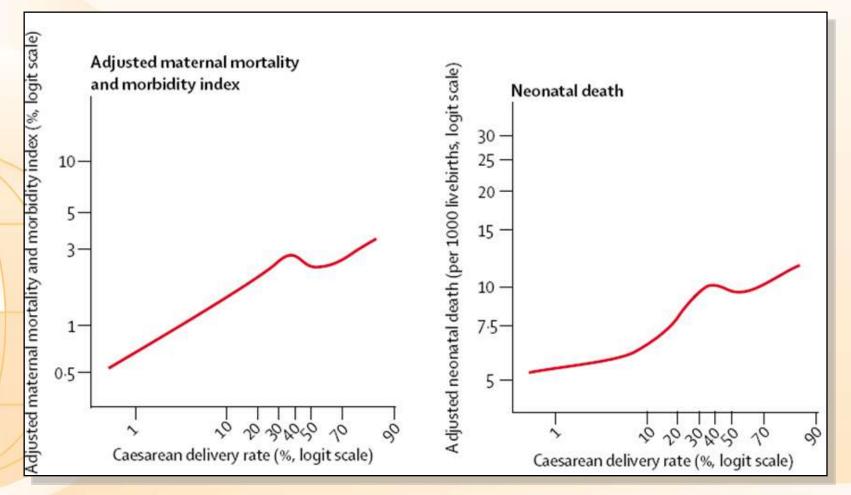




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## 2005 Global Survey results – Latin America (n= 97095 deliveries)









07\_PVL\_HUG\_March/23

#### Relationship between caesarean delivery and intrapartum fetal death according to fetal presentation

	n / N	OR (95% CI)		
Cephalic Presentation				
Vaginal delivery (Reference level)	242/61870	1.0 <sup>(1)</sup>		
Elective CD vs. Vaginal delivery	35/11300	0.7 (0.4 – 1.0)		
Intrapartum CD vs. Vaginal delivery	73/16543	1.3 (0.9 – 1.7)		
Breech and Other Presentations				
Vaginal delivery (Reference level)	53/547	1.0 <sup>(2)</sup>		
Elective CD vs. Vaginal delivery	18/1874	0.3 (0.1 – 0.5)		
Intrapartum CD vs. Vaginal delivery	14/2043	0.2 (0.1 – 0.4)		

odds ratios adjusted by gestational age, maternal age, education, previous stillbirth or neonatal death, vaginal bleeding in 2nd half of pregnancy, other medical conditions, type of onset of labour (induced/not induced) and country.

odds ratios adjusted by gestational age and type of onset of labour (induced/not induced). 07\_PVL\_HUG\_March





## Relationship between caesarean delivery and neonatal death according to fetal presentation at delivery

	n / N	OR (95% CI)			
Cephalic Presentation					
Vaginal delivery (Reference level)	231/61299	<b>1.0</b> (1)			
Elective CD vs. Vaginal delivery	87/11237	1.7 (1.3 – 2.2)			
Intrapartum CD vs. Vaginal delivery	107/16434	2.0 (1.5 – 2.6)			
Breech and Other Presentations					
Vaginal delivery (Reference level)	36/421	<b>1.0</b> (2)			
Elective CD vs. Vaginal delivery	33/1846	0.7 (0.4 – 1.3)			
Intrapartum CD vs. Vaginal delivery	33/2021	0.6 (0.3 – 1.0)			

Odds ratios adjusted by gestational age, hypertensive disorders, any anaesthesia during labour and type of facility. (2) Odds ratios adjusted by gestational age.

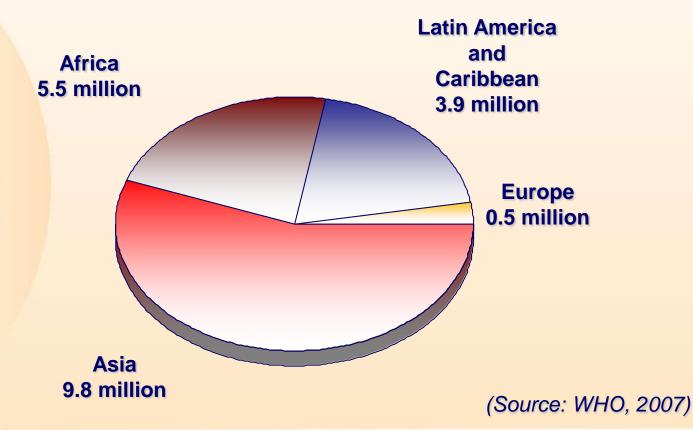






# Estimated annual numbers of unsafe abortion, around the year 2003

Total number of unsafe abortions = 20 million (Total number of abortions = 42 million)



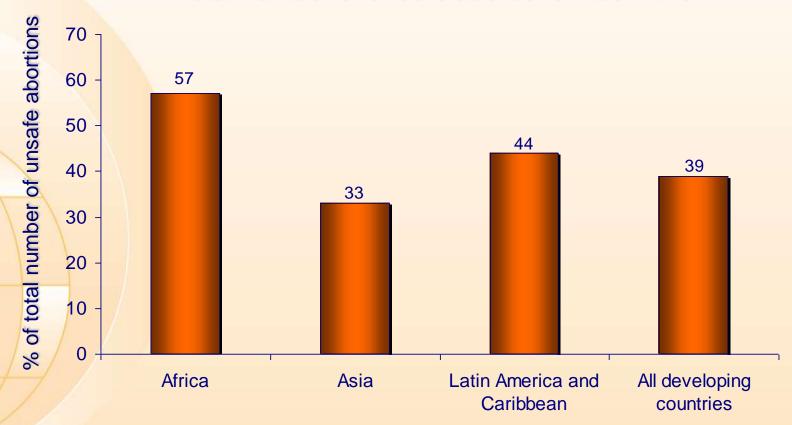






# Estimated proportions of unsafe abortions among 15-24 year olds, around the year 2003

Total number of unsafe abortions = 20 million



(Source: WHO, 2007)

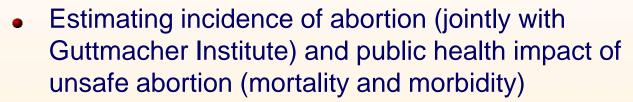




Reproductive Health and Research



### Preventing unsafe abortion



- Providing guidance on management of complications of unsafe abortion, including guidance on postabortion contraception
- Improving technologies and interventions for provision of safe abortion
- Assisting implementation of technical and policy guidance on safe abortion for health systems
- Supporting countries in the development of policies and programmes to reduce unsafe abortion and improve access to safe abortion and quality postabortion care







#### Getting research into practice



Cambodia Ethiopia Ghana India Moldova Mongolia Nepal Romania Russia South Africa Tunisia Turkey Ukraine



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Reproductive Health and Research



Viet Nam

### "It is estimated that up to 100 000 maternal deaths could be avoided each year if women who did not want children used effective contraception."

(Marston and Cleland, 2003, quoted in World Health Report 2005)







### Unmet needs in contraceptive hardware

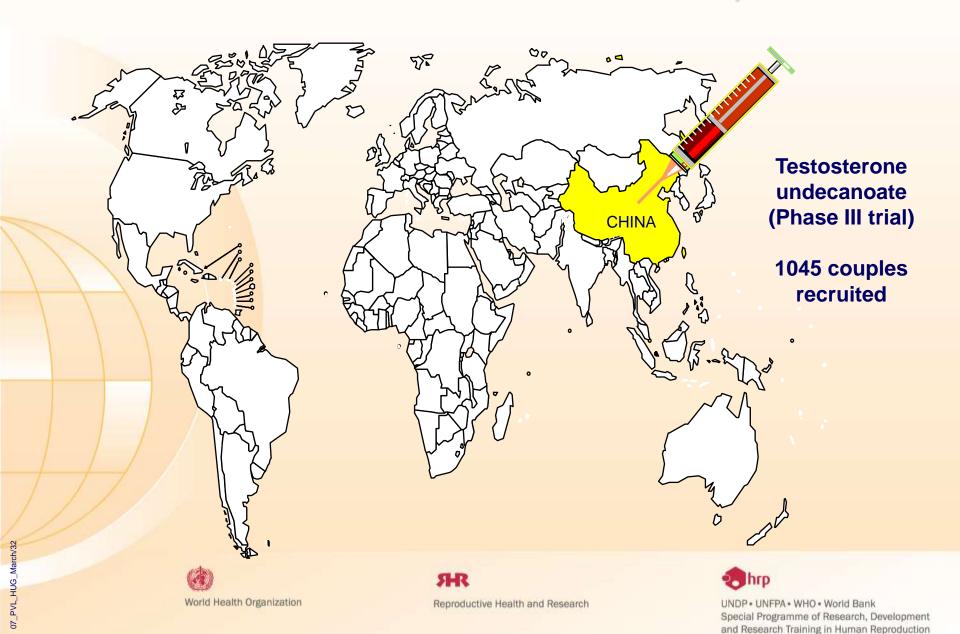
- Methods for dual protection (including improved barrier methods)
- Reversible methods for men
- Postcoital methods for repeated use during the cycle
- Improved hormonal methods for women
- Long-acting, non-hormonal methods for women



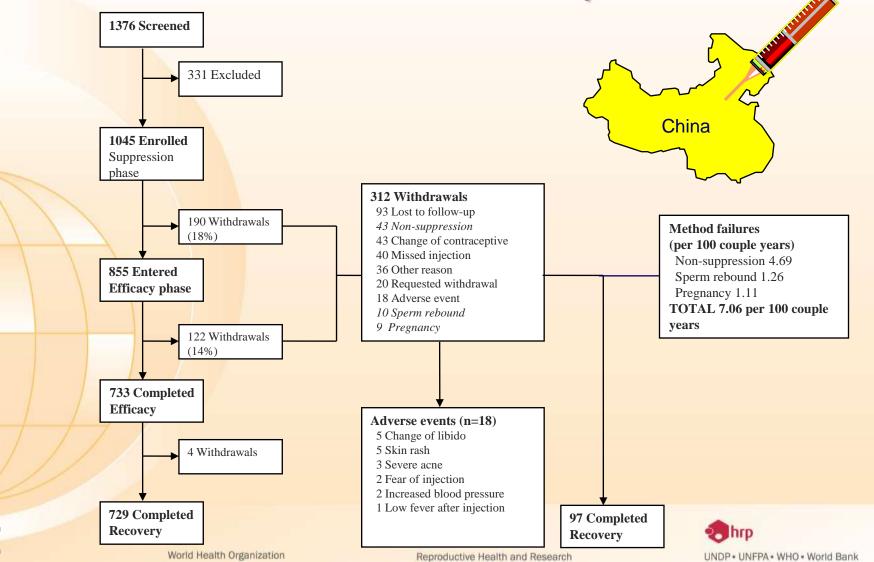




### Towards a male hormonal contraceptive



Phase III study of testosterone undecanoate for male contraception



Special Programme of Research, Development and Research Training in Human Reproduction

07\_PVL\_HUG\_March/33













# Important new knowledge about safety/efficacy of hormonal fertility-regulating methods

- Oral contraceptives and cancer (benefits and risks)
- Oral contraceptives and cardiovascular disease
- Oral contraceptives and breast cancer
- DMPA and breast cancer
- Safety and efficacy of mifepristone
- Third-generation oral contraceptives and venous thromboembolism
- Long-term safety and efficacy of contraceptive implants (Norplant<sup>®</sup>, Jadelle<sup>®</sup> and Implanon<sup>®</sup>)







### The epidemic of sexually transmitted diseases

- 340 million new cases of curable STIs annually
- more than 186 million ever-married women (15-49 years) in developing countries are infertile
- over 500,000 deaths (fetal and neonatal) due to syphilis each year
- 2.5 million [1.8 million 4.1 million] people became newly infected with HIV in 2007 (more than half of them were young people, 15-24 years; progressive "feminisation" of epidemic)
- 2.1 million [1.9 million 2.4 million] people died of AIDS in 2007
- cervical cancer is most common cause of cancer deaths among women in developing countries (some 200,000 deaths each year)



UNDP . UNFPA . WHO . World Bank

Special Programme of Research, Development and Research Training in Human Reproduction

# Research on the prevention of sexually transmitted infections — Selected examples

- Female condoms: comparative effectiveness for pregnancy prevention with male condoms (China, Nigeria, Panama, South Africa)
- Microbicides:
  - product development (identification of potential new products; safety monitoring of trials of potential microbicides)
  - capacity building for microbicide research and for regulatory decision-making
- Mother-to-child transmission of HIV
- Introduction of HPV vaccine







# Our commitment to research capacity strengthening





**US\$ 2** 

Research and development

**US\$1** 

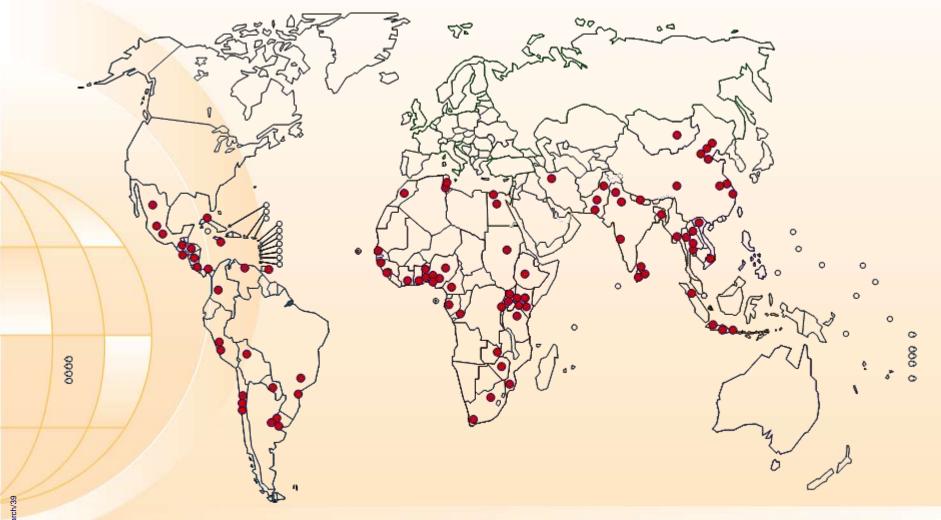
Research capacity strengthening







# Distribution of research capacity strengthening grants awarded since 1990

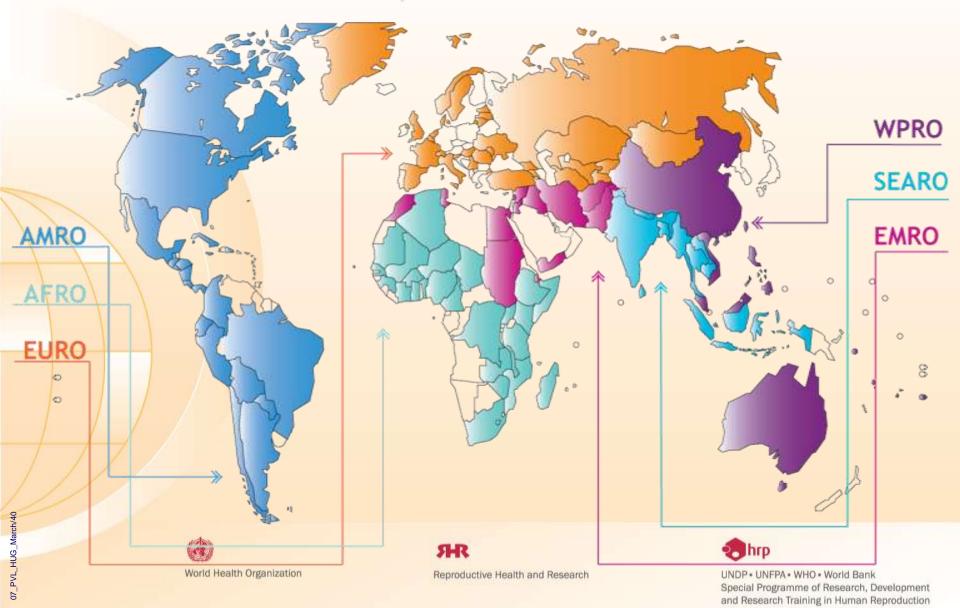




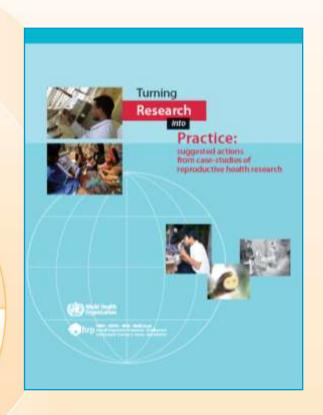




# Countries collaborating with the Programme 2006, n=107 countries



# Bridging the know-do gap



**Turning** 

Research

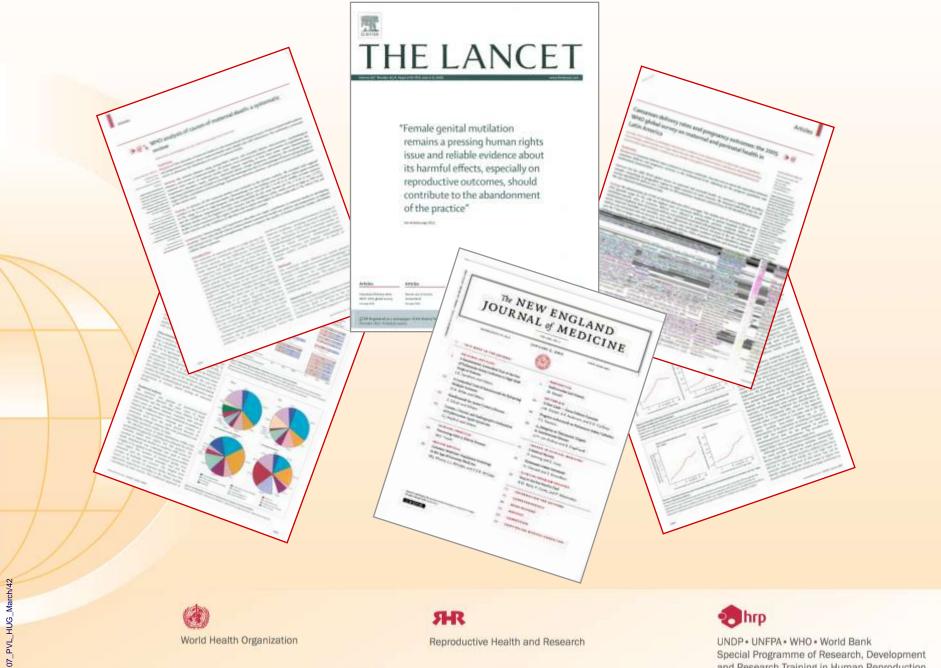
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Practice









World Health Organization



# The policy brief - the essence of research findings and their policy implications

"The internet is an effective means of providing sex and reproductive health education to young people in China"



Social science research policy briefs

The internet is an effective means of providing sex and reproductive health education to young people in Shanghai, China

An increasing number of young people in China is ongaging in sexual relations before man riage and the age at sexual debut in the country is declining. However, most young people (10-24 years) continue to lack basic sexual and reproductive health knowledge and skills. to negotiate safe sexual practices. Moreover, sex education itself, and the channels of communication that are best suited for providing it for armarried young people, remain

In recent years, the interset has emerged as an important medium in Chira for information dissernination, especially for young people. In 2004, an estimated 87 million people used the internet in China: 54% of them were below the ago of 25 years. In large cities such as Beijing and Starighal, the percentage of young people using the Internet is even higher. This pioneering study evaluated the potential of the Internet as a means of providing sex and reproductive health education to young people in China.

#### Objective

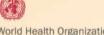
Launched in 2003, the study aimed to assess the feasibility and effectiveness of sex and reproductive health education for young people conducted through the Internet.

#### Methods

The research was conducted in two high schools and four colleges in a science and engineering university in Shanghai. One high school and two colleges were selected as the intervention group and the rest served as the control group. Beseline surveys were conducted among aludents in the two groups to assess individual sexual and reproductive. health knowledge, attitude to contraception, and assual behaviour. The intervention group was then introduced to a specially designed web alto entitled (literal translation) "Flying youthhood", which offered sexual and reproductive health knowledge and service information, ten educational videos, professional counselling through ereal and a buildinboard for group discussions and exchange of information and experiences. The web site was password-protected to ensure that only the intervention group could access it. Students in the intervention group were invited to visit the web site as often as they wanted during the 10-month intervention period. The control group did not have access to the special web site, but received information on sexual and reproductive health in school and/or through other media available to the peneral public. At the end of the intervention period, a followup survey was conducted, which re-evaluated the two groups' knowledge, attitudes and



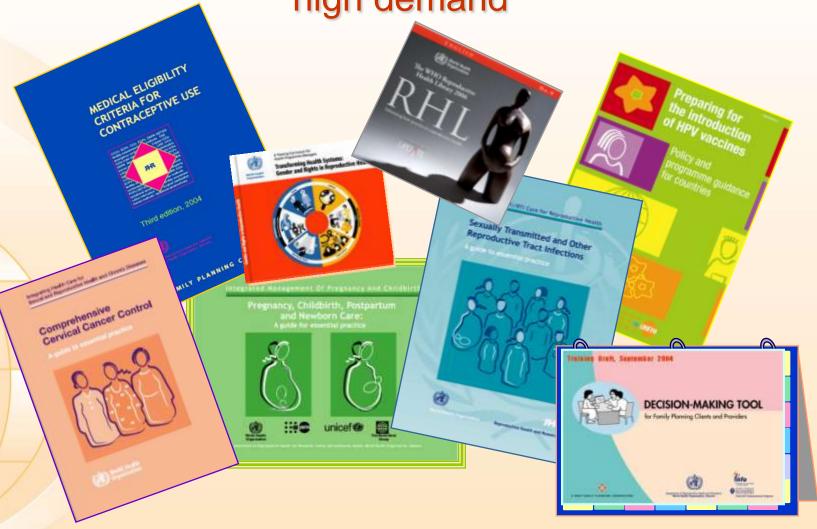








Widely acclaimed guidance materials in high demand









# Authoritative responses to concerns of Member States





#### WHO Statement

Carcinogenicity of combined hormonal contraceptives and combined menopausal treatment

the scientific actions on the reprocessor state or homes-

posed by conduced extrajen-processinger to tives (CSCs) and completed symogen-gro restal metapocal therapy. The outcome will be an IAAC Monograph, to be combined

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#### WHO STATEMENT ON HORMONAL CONTRACEPTION AND BONE HEALTH

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#### Combined methods of opetroception

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- troops day is some, some stuffer hear stood than to bose headn's the conscription of fracture. Bore military. I statute before that DMW upp reduces SMD in enterin who lendry (SRD) resourcement are community used to 60- have etained peet have mars, and impairs the accuration of bone moving among those who have not yet attenue sess now must. The majorable of effect on EMD is littler errors a vertity of studies, these persons studies show lower BMD or larger-term DMSA wants by approxiname 2.5 tD at his and spire compared with mosusers. is compared trades, which (2.15 start), and which tent (herwiche is ~ III peet) but but around 5 to 7 process (approximately G.S.SS) of BMD at the pame sites. tion (SD) decrease is BMD. There is little information on ... after 2 years of companyous use of DMRs. The risks of loss

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INSTRUMENA-WHO-WORLD DARK-Special Programme of Face Development and Research Training is Human Reproduction

Statement on hormonal contraception and risk of STI acquisition

A study published by Morrison et al. Instantited infection (STI) among we medroopsogesterone acetate (DMP) using hormonal methods of contrace Maryland, USA. Results did not succ chlamydal or genecoccal infection a hormonal contraceston. For womer chlamydial infection (95% confidence contraceptive methods. However, the differences in populations of users a

Subsequently, WHO's systematic rev modifies the risk of acquiring a STI v Guideline Steering Group who conclu guidance, namely: there are no restri requiring a STL

#### References

1. Morrison CS, Bright P, Wong EL, Rank I contraceptive son, servical ectupy, and 300431:561-567



#### Hormonal Contraception and HIV: Science and Policy Africa Regional Meeting

#### STATEMENT

This years Regional Office for Africa, In-partmentily self-the Reproductive Health and His Senseth Lint of the University of Witcomerous in South Africa (a WHO Callaborating Centre). international Planned Farenthaud Pederation Africa Region and Family Health International Shift, solvened a releting of 72 representatives. from 17 framoughous, loosphone and angituhena Contributed and HV: Science and Policy'

programmer managers insulted selfs family stanning Sexual and reproductive health, and HW ADS, woman's health advisorable, people fixing with MW and selectable and obtained, brooked with family planning analysty respects. They were sorted by 13 representative book strengtions donor and non-governmental organizations and agencies. The post of the meeting was to promote problems based black colleges and placed managers in respecte to new Information on any potential appopulation detineen flormanial contraceptive use

The meeting reviewed data and information on the assembleto between one of kommonsi-conducation and the risk of adjusting lift intention. This included a review of previously and state area to heav as notworship hadeless, are expected to the made public in the next fee

+ A study auditahed to 2004 on a policet of senvertice followed ever many papers Morrison. Navys, strawed that sizes of formulad stationapher days a 1.5-feld provisions was contraraptives (CDCsb) to 1/8-hold bispernedrocyprogeoterson acetate (DMPAI) higher not of anything HV infection compared with non-come. Other studies conducted among risks. Misseuve: It is not known whether such make also apply to sharely of family prainting samples, ryboos triumal risk of acquising HW is tightedly loves than that of ear workers.

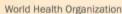
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2 Worse and their parties are strongly economied to project agency unimmed empressor, 57th and 45th using conducts above or in audition to another contraceptive method (blast protection). The ass of male or female spiritures in recommended wherever there in any passibility of expansion to Effic, maturing HTM Tragramment to promote due per incontrolly supported











risk at childbirth - More information

HRP SPECIAL PROGRAMME UNDP/UNFPA/WHO/World Bank Special Programme of Research, Development and Research Training in Human Reproduction (HRP) HRP is the main instrument within the United Nations system for research in human reproduction, HRP brings together health care providers, policy-makers, scientists, clinicians and consumer and community representatives to identify and address pritorities for research aimed at improving sexual and reproductive health. More information on HRP

utilization of research findings and innovative approaches to capacity-building including elearning, More information

## www.who.int/reproductive-health/

**100%** 



Highlights

Africa

Americas

Europe

South East Asia

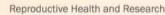
Western Pacific

Governance

Regional offices

Eastern Mediterranean





Local intranet







## Strategic Partnership Programme



#### Goal

to improve support to countries through the implementation of evidence-based norms and tools for reproductive health

### Overall objective

to promote sexual and reproductive health through the application of evidence-based practices and informed policy and decision-making in health interventions

### What the partnership should achieve



introduce systematically, selected practice guides to improve sexual and reproductive health (SRH), initially in family planning and sexually transmitted and reproductive tract infections (STIs/RTIs)

support dissemination, adaptation and adoption of guidelines within countries through UNFPA Country Technical Services Teams (CSTs) and Country Offices, WHO Regional Offices and Country Offices



strengthen technical capacity through orientation and backstopping in SRH, including maternal health

enhance linkages between creation of evidence-based tools and implementation to improve programmes and service delivery



### Expected outcomes

 Adoption of tools and up-scaling of evidenci-based macrices

2. Ingrowed quality of reproductive bealth care services, particularly in family planning, STL/RTIs, and maternal health

### Evidence-based tools



Maternal and newborn health



STURTI control



Further information on SRH guidelines including online electronic versions: www.wbo.int/reproductive-health - Further information on SPP activities: mbizvom@who.int



World Health Organization

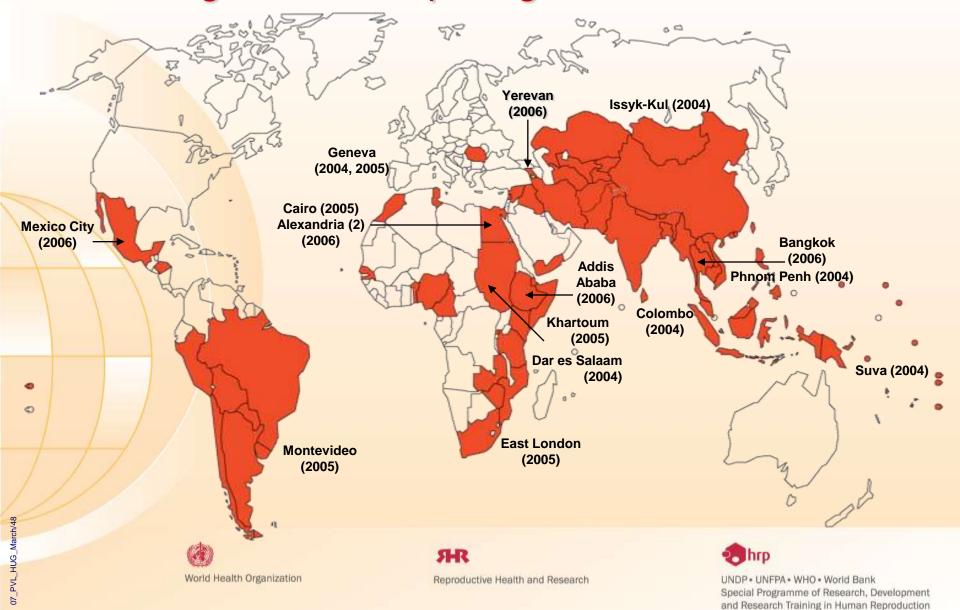


Reproductive Health and Research

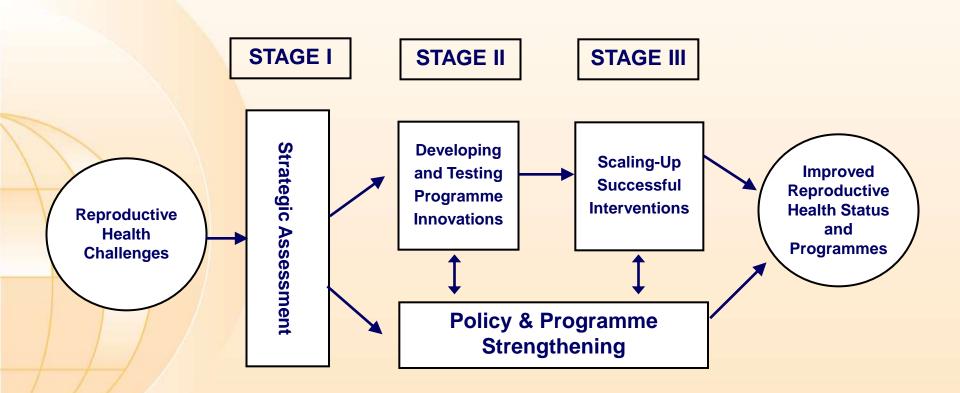


UNDP • UNFPA • WHO • World Bank Special Programme of Research, Development and Research Training in Human Reproduction

# WHO/UNFPA Strategic Partnership Programme 2004-2006



# The Strategic Approach **Implementation Process**







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# Using the Strategic Approach in Countries to Strengthen Reproductive Health Programmes



# Support to countries

- Repositioning family planning
- Strengthening linkages between sexual and reproductive health and HIV/AIDS services (incl. submission to the Global Fund to Fight AIDS, TB and Malaria)
- VIA for cervical cancer prevention
- Screening for congenital syphilis
- Promoting gender and human rights







# Lancet series on sexual and reproductive health

# THE LANCET

"Sexual and reproductive health is fundamental to the social and economic development of communities and nations, and a key component of an equitable society."

Sexual and Reproductive Health

07\_PVL\_HUG\_March/52

## Main papers

- 1. Epidemiology of sexual and reproductive ill-health: Glasier et al. (4 November 2006)
- 2. Sexual behaviour: Wellings et al. (11 November 2006)
- 3. Family planning: Cleland et al. (18 November 2006)
- Unsafe abortion: Grimes et al. (25 November 2006)
- Sexually transmitted infections: Low et al. (2 December 2006)
- Call to action: Fathalla et al. (9 December 2006)

## Commentaries (4 November 2006)

- ICPD looking back: Langer
- Sexual health: rights and responsibilities: Shaw
- Sex, politics and money: Thomas







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- Turny), Chandre P. Cadlet P. Marries L. Nedland Sto-officery (Ca end industry spains on Acoptain gender world toloration. Maley | 2004; \$-46.

## Art for women's health

The difference in the sexual and reproductive health status of women in developed and developing countries is vast. of social injustice of our time. About \$30,000 pregnant generations. The statements incorporated into the two women and 3 million newborn babies die every year because of complications related to pregnancy and childbirth. Almost all these deaths happen in developing countries.' Similarly, sossally transmitted infections, reproductive-tract infections, cervical career induced by the human papillomavinn, and other gynaecological disorders disproportionately affect the most vulnerable and disenfranchised populations of women.

Much could be done to rectify these situations if more people were informed about and mobilised to act towards the improvement of global sexual and reproductive health. Greater advocacy and support for sexual and reproductive health interventions—including information-based campaigns, for example—could lead to substantial changes in the dire conditions many women and their newborn babies currently endure. The intention of the Art for Health project is to contribute to these efforts in an innovative way. Specifically, the project uses contemporary art as a medium to increase people's awareness of sexual and reproductive health issues around the world, particularly those that negatively affect the lives of women and their families.

Participants at the XVIII World Congress of the International Federation of Gynecology and Obstetrics (FICO)-in Kuala Lumpur, Malaysia, Nov 5-10, 2006will be able to view the first set of contemporary artworks produced for the Art for Health project at WHO's stand. The project is actively enclosed by the WHO Department of Reproductive Health and Research (RHR), which has commissioned 18 paintings and is sponsoring the first exhibition of a selection at the congress. The department is also using the artwork for promotional material and publications.

The paintings that will be featured at the congress portray women from diverse ethnic and social back-

grounds. Within the images are messages by the women haaling in the second of the seco themselves that call on the viewer to join them in a DOLLD THEMSELVES unified effort to better their lives and those of future applications of modifications of famous quotes of outspoken women and exemplify these interconnected themes of solidarity. agency, and collective action. "Same sky, same women", for example, promotes awareness of an underlying tie connecting women around the world (figure 1). "I want to fight with dreams in my soul, with you" furthers this sentment by asking viewers to engage in partnerships with women living in low-resource nations, partnerships that are characterised by mutual respect and geared



Figure 1: Same sky, Leave won

promite lamest and Yell Deversion 16, 2006.



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SAME SAI WON

# "If you think research is expensive, try disease."

(Mary Lasker)



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