## Aging research on cancer

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## **Possible mechanisms linking increasing cancer risk to aging**

## Age is the biggest risk factor for cancer



### Multiples causes for aging and cancer biological age

genetic predisposition (longevity genes,

environment

endogenous damage

repair genes)



### **ROS production and accumulation** of damage



### **Environmental risk factors**



### Accumulation of mutations in genes necessary for proliferation and repair

- Growth factors and their receptors
- Signal transduction pathway
- Cell cycle control genes
- DNA repair
- Tumor suppressors

### **Epigenetic changes**

- Most prominent changes are methylation or phosphorylation of chromatin components effecting gene expression
- Modification of chromatin structure leading to altered accessability of certain genes – silencing

### What is silencing?

- Aging is triggered by a gradual erosion in silencing
- Global loss of silencing may result in a loss of a robust differentiated phenotype

### Cancer in old age has a different face than cancer in young age.





BCC Basal cell carcinoma SCC Squamous cell carcinoma

## Why are epithelial cell derived cancers predominant in old age?

### **Characteristics of old age cancers**

1. Derived from epithelial cells

2. Most tumors are highly genetically unstable

### What is genetic instability?



Spectral caryotype profile

# Telomeres might be part of the story

#### Telomere function intact



#### **Telomere disfunction**



### Telomeres



Nucleus containschromosomes(DNA and protein)

- Telomeres are special structures at the end of chromosomes
- Telomere DNA consists of noncoding repetitive sequences



Blasco et al., 1997

### The theory of "replicative senescence"

- Normal somatic cells have a finite potential to divide when cultured in vitro: ~ 50 cell divisions
- When the number of possible cell divisions is reached cells irrevercibly enter a quiescent state (Go)
- Immortal cells are abnormal and most have properties of cancer cells

### Hayflick theorie.

- 40 years ago *Hayflick and Moorehead* suggested that a counting mechanism existed in normal cells (*Hayflick limit*)
- This *replicometer* has been identified as the telomere shortening mechanism

### **Telomere structure and function**



- protects chromosomes against degradation, rearrangements, and fusion with other chromosome ends
- protects against erosion of coding regions (~ 200 bp per cell division)
- telomere shortening is consistent with a telomere-based counting mechanism.

### The mechanism of telomere shortening





**5**<sup>2</sup>

New synthesis RNA primer

The end replication problem



TTGGGGTTGGGGTTGGGGTT G 3' AACCCC 5' Incomplete newly synthesized strand

Coding sequences - genes Telomer-repeats 5-20 kb

### **Telomerase or the illusion of immortality**

- The enzyme telomerase adds nucleotides to the 3'end
- Telomerase can compensate telomere shortening



#### Limited expression of telomerase

- Telomerase is not expressed in normal somatic tissue
- Telomerase is expressed in the germline, in some highly proliferative stem cells, and in activated lymphocytes
- Telomerase is upregulated in cancer cells

### MERVL STREEP BRUCE WILLIS GOLDIE HAWN Death Becomesher Death Becomesher

## Seeking for immortality?

#### In one small bottle ....

The fountain of youth. he secret of eternal life. ower of an ancient potion.

Sometimes it works... sometimes it doesn't.





#### Stress induced telomere shortening Accelerated aging

1. Cellular stress produces increased damage on telomere DNA

2. Defects in repair lead to accelerated loss of DNA fragments in telomere regions (Lansdorp, 2000)



#### Telomere length, cellular senescence, aging

- How telomere shortening is sensed is not known (telomere binding proteins?)
- Replication arrest can be overcome and result in genetic instability and cancer
- Accumulation of senescent cells and apoptosis contribute to the aging process



### Mice deficient for telomerase

- Mice have longer telomeres than humans
- In old mice epithelial cell derived tumors are not typical
- Mice deficient for telomerase, show critical telomere shortening after 6 generations
- Telomerase deficient mice have more tumors and of epithelial origin
  - (Artandi et al. 2000)

### **Telomere shortening - loss of genetic** stability



### How can cancer evolve?



Genetic instability Telomeric instability

# Why might telomeres be important in the old age cancers?



### **Suppression of genetic instability**



tumor suppressors

### **Multiple steps towards malignancy**



### Telomerase a double edged sword



1. Activation of telomerase prior to genetic instability: immortality

2. Activation of telomerase after loss of growth control: immortality and cancer

### **Clinical impact of telomere length**

- Measuring telomere length: biological marker
- Measuring telomerase activity: tumor marker
- Inhibition of telomerase activity as specific anticancer therapy
- Upregulation of telomerase in cell therapy (hepatitis)





Determination of telomere length by quantitative FACS

### Human diseases linked to telomere erosion

- Patients with Werner's Syndrome (WS) Patients are not only facing premature aging, but telomere shortening, chromosomal rearrangements, and cancer.
- The Bloom's syndrome (BS), characterized by a genetic predisposition to cancer, presents a cellular phenotype similar to WS.
- The Ataxia Telangiectasia syndrome (ATM) is characteristic for shortened telomeres and a predisposition to cancers.

# Genes linked to premature aging syndromes



# The link between telomeres and cancer

- Telomere erosion leads to telomeric instability
- Telomeric instability can potentiate the deleterious effect of mutations accumulated in « control genes »

# Is there a link between caloric restriction and cancer?

- Caloric restriction can postpone the aging process
- Reduced metabolism and decreased production of associated endogenous damaging agents
- Reduced glucose signaling, increased silencing

### Can we postpone or prevent the onset of cancer?



Caloric restriction

#### Intracellular signaling

**Reduced** silencing (altered gene expression)



Sir2 is increasing silencing

### The cancer predisposition genes

- BRCA1 and 2 (breast cancer predisposition gene)
  - Deficiency of BRCA1/2 genetic instability
  - Function DNA repair in complex with other repair proteins: BRCA2, ATM, Rad51, helicases
- New function of BRCA2: protection of telomere structure



### **Telomeres - an intracellular clock !**

# Cancer - ignoring the signals of the clock?