Aneuploidy Screening on Uncultured Amniocytes in Selected Referral Groups – A Clinical Audit.

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### Summary

We present a clinical audit of aneuploidy-screening on uncultured amniocytes from two referral groups: abnormal ultrasound scan and Down syndrome risk (low AFP) > 1:100. Ninety five samples were screened, 68 samples were received for an abnormal ultrasound scan and 27 for increased Down syndrome risk. Fluorescent in situ Hybridization (FISH) screening detected 17 unequivocal aneuploidies. The same referral group revealed 26 abnormalities detected by conventional cytogenetic analysis. All 20 aneuploidies were unequivocally confirmed by conventional cytogenetics together with six structural abnormalities not detected by FISH. This clinical audit with a limited data set, highlights the fact that selection of a high-risk referral group that has a relatively high risk of FISH detectable aneuploidy, coselects for structural chromosome abnormalities which subsequently require rapid, high quality cytogenetic analysis.

### Introduction

We present a clinical audit of aneuploidy screening on uncultured amniocytes from two referral groups

- 1. Abnormal ultrasound scan
- 2. Advanced maternal age and/or maternal serum screen double test (MSSDT) risk > 1:100 at consultant request.

Ninety-five samples received between 01/01/ 98 and 21/05/99 were screened. Sixty-eight samples were referred because of an abnormal scan and 27 for consultant request because of increased Downs syndrome risk defined by serum screening. Tests were performed using commercial probe sets LSI 13/21 and CEP X/Y/18 (Vysis). We reviewed: 1) the cytogenetic findings by gestational age and reason for referral 2) the FISH assay results and 3) the abnormalities present in the sample group. We investigate the outcome of pregnancies in which an abnormality was detected and finally we correlate FISH and cytogenetic amniotic fluid analysis findings. t

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This clinical audit on a limited data set seeks to evaluate the use-effectiveness of the FISH technology versus conventional karyotyping in a high risk referral group.

### Clinical Protocol

All amniotic fluid specimens referred for rapid detection of aneuploidies by FISH were simulflaneously processed for cytogenetic analysis. A 2-3 ml aliquot was

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used for FISH and was processed to permit two Edependent hybridizations. Probe sets for chromosomes B/21 and 18/X/Y were used depending on the request received from the referring physicians. Clumped nuclei, nuclei with attached cytoplasm or cellular membrane and nuclei which looked similar to polymorphonuclear cells were not scored. Each case was analysed by two independent scorers. A conclusive test has been defined as a minimum of 50 cells scored with 25 cells checked, atleast 65 percent of which must show a consistent signal pattern.

## Results

Table I shows that most of the amniocenteses (84.2%) were performed between 16 and 24 weeks gestational age. Eight (8.4%) tests were performed before 16 weeks in which 3 abnormalities were detected: one fetus with nuchal translucency >6mm had Trisomy 21, two fetuses with cystic hygromata had Monosomy X. Eight (8.4%) tests were performed after 24 weeks of which one fetus with abnormal growth profile was found to have Trisomy 18 at 35 weeks. Three aneuploidies were detected in this group.

### Table I

## Cytogenetic analysis by weeks of gestation

13/21 and CEP 18/X/Y

No. tested with 13/21 or

18/X/Y only

Table II shows the number of FISH assays. Nine cases were selected for FISH screening from amniotic fluids received between 01.01.98 to 2 and represent 1.78% of this work load. Mean rep time for all FISH assays was 4 days. Cytogenetic a on these samples was completed within the ran 22 days.

Table III shows the correlation between res amniocentesis, karyotype and FISH assays. O cases with a normal FISH result, cytogenetic a revealed 46 normal karyotypes, six stri abnormalities, one Trisomy 21 (which was not c as only X/Y/18 probe was applied) and one fa the 17 cases reported as being abnormal on F were confirmed on karyotype. Four samples in th although strictly inconclusive (12-37 nuclei score reported as abnormal on FISH (>50% of nuclei Trisomy 21). FISH failed in four cases, three had a normal karyotype and one of which was 18. Of the 20 cases reported as FISH inconclhad a normal karyotype, one was 45X and o cytogenetically. No cases reported as abnorma were subsequently shown to have normal kary

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Gestation	12/13	14/15	16/17	18-20	21-24	25-28	29-32
Trisomy 21	-	1	4	2	1	_	-
(08)							~
a) MSSDT	2						
b) abscan	1	2	2	1			
Trisomy 18	-	-	2	1	2	-	-
b) abscan	2	1	2	1			
Trisomy 13	-	-	1	2	1	-	-
b) abscan	1	2	. 1	-			
Monosomy X	1	1	-	-	-	-	
b) abscan	1	1					
Structural	-	-	1(bal.RTL)	1	4	·· 2	-
chr.anom.					14.		
b) abscan	-	-	1	4 -	-	-	-
Normal karyo (69)	2	3	12	27	19	1	3
a) MSSDT (24)	1	1	10	10	1	1	-
b) abscan (45)	1 /	1	11	13	14	-	3
Total number referred (95)	3.1	5	20	33	27	1	3
Table II		2			~		
Numbers of FISH assays							
*			(	Cases		7	Fests
FISH performed		95				166	
Samples tested with LSI		71 142			142		

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Table III

FISH result	FISH	FISH	FISH	FISH	Total
Amnio result	Normal	Abnormal	INCN	FAIL	
Normal	46	0	18	3	67
Abnormal	7	17	1	1	26
			(45X)	(T18)	
Fail	1	0	1	0	2
Total	.54	17	20	4	95
Incn: inconclusive	(<50 cells availab	le to score)			

### Correlation between results of amniocentesis Karvotype and FISH assays

With reference to the abnormal karyotypes detected (Table IV) of the six fetuses with Trisomy 21 and abscan, 3 had pleural/pericardial effusions with increased nuchal translucency. All the six fetuses with trisomy 18 had abnormalities on scan. There were five fetuses with structural chromosomal abnormalities and abnormal scan findings – diaphragmatic hernia [ del (15) and der (13) t (4;13), omphalocoele and ventriculomegaly (add 9p), cardiac defect der (5) t(5:8) and choroid plexus cyst inv '95)]. Both fetuses with Monosomy X had cystic hygroma. The der(13)t (4;13) was suspected to be a cultural artefact and cord blood sampling after birth revealed a normal karyotype.

Twenty of the 26 women opted to have termination of pregnancy (TOP) (Table V). Of the 18 women who had both an abnormal karyotype and anomalies on ultrasound, 12 underwent TOP after the final cytogenetic report, 3 had TOP on the basis of

## ultrasound findngs and before the final cytogenetic results. One with a Trisomy 18 fetus and two with Trisomy 21 fetuses opted to continue pregnancy and all three conditions were confirmed on cord blood samples after birth. In all women that opted to continue pregnancy the diagnosis of aneuploidy had been made prior to 22 weeks gestation. Of the five fetuses with structural chromosomal abnormalities, two had TOP on ultrasound findings alone, [der (5) with cardiac defect and del (15) with diaphragmatic hernia] and one after the cytogenetic report.

### Discussion

This is a clinical audit of aneupolidy screening on uncultured amniocytes using fluorescent insitu hybridization in two high risk referral groups. FISH has been successfully performed on amniocytes from 12 to 36 weeks gestation. Tests were performed using

Abhormar Karyotypes detected				
Anomaly detected	Cytogenetics	FISH		
Trisomy 21	8	7+(01 not detected, only CEP X/Y/		
		18 requested)		
Trisomy 13	4	4		
Trisomy 18	6	5 + (1 fail)		
Monosomy X	2	1+(1 inconclusive)		
Structural chromosomal anomalies	6	Not detectable with probes used		
Total	26	17		

#### Table IV Abnormal Karnotunos datastad

Table V

## Outcome of pregnancy by Karyotype and scan findings

Karyotype and scan findings	TOP prior to cytogenetic report	TOP after cytogenetic report	Continuation of pregnancy	
MSSDT risk with	-	2		
abnormal karyotype and normal scan	4			
Abscan with aneuploidy	3	12	-4	
Structural chromosomal anomalies with abscan	2	1	2	

commercially available probe sets LSI 13/21 (Vysis) and CEP X/Y/18 (Vysis). Fluorescent insitu Hybridization (FISH) screening detected 17 unequivocal aneuploidies. One trisomy 18 was not detected due to technical failure and one 45, X karyotypic outcome was inconclusive with FISH. One trisomy 21 was not detected because a trisomy 18 only screen was requested. The same referral group revealed 26 abnormalities detected by conventional cytogenetic analysis. All 20 aneuploidies were unequivocally confirmed by conventional cytogenetics together with six structural abnormalities not detected by FISH. All cases were reported within 22 days (mean 12.6), whereas mean FISH reporting time was 4 days. Five women opted for termination, on the basis of scan and FISH reports, 15 opted to do so after the final cytogenetic report, six women with abnormal scan findings continued with their pregnancies. This group consisted of T-18, T-21, rob (14;21) and der 13(t) (4;13). The abnormal scan referral group accounted for 5/6 structural abnormals and 18/20 FISH detected aneuploidies. On the basis of this audit we propose the following conclusions.

- Selection of high risk referral groups for FISH detectable aneuploidy (abscan and MSSDT) coselects for structural chromosome abnormalities which subsequently require rapid high quality cytogenetic analysis.
- FISH will rapidly and accurately detect 13,18,21 and X and Y aneuploidies but will fail to detect most structural abnormalities. (Eiben et al, 1998; Spathas et al, 1994).

Reporting of provisional results on FISH analysis should stress that a full karyotype has still to be performed and that the FISH result excludes trisomy (for the chromosomes tested) only.

Potential disadvantages of this technology include increased maternal anxiety following an uniformative result and the negative effect of receiving a disomic FISH result followed by the identification of a chromosomal lesion not identified by the FISH protocol. (Ward et al 1993).

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