

Module 2: Evidence based approaches to sexuality education for adolescents - Adolescent health and development with a particular focus on sexual and reproductive health - Assignment

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Background

Effective sexual education is essential for equipping adolescents with knowledge and skills to make responsible choices in their lives.

Sexual education is not formally incorporated in Macedonia's education system. Adolescents mostly take information about sexuality and prevention of sexual transmitted disease by non-government organizations or biology lessons. Otherwise, many pamphlets, booklets and electronic documents about these issues are available in our primary and secondary schools.

Main barriers for successful development and implementation of sexual education in Macedonia

- Talking about sexuality traditionally is taboo in many areas in Macedonia, mostly rural.
- Conservative social and cultural settings.
- Sexual education is not part of formal education in our schools.
- Lack of declarative support by community members.
- Lack of cooperation between community sectors (health, non-government organizations, schools)

Possible solutions

- School-based sexuality education should be an essential part of national educational system.
- Family is the base for good sexual education. Adolescents should feel free in talking with their parents about sexuality and prevention of sexual transmitted infections.
- Sexual education should be introduced into the school curriculum.
- More young people should be involved in planning and performing sexual education.
- More teacher training courses in sexuality education.
- Sharing experiences with other national programs for sexual education.

Assignment documents

1. [IPPF. From evidence to action: Advocating for comprehensive sexuality education. London: IPPF; 2009.](#)

2. [UNESCO. International Technical Guidance on Sexuality Education. Volume I. The rationale for sexuality education. Paris: UNESCO; 2009.](#)
3. [UNESCO. International Technical Guidance on Sexuality Education. Volume II. Topics and learning objectives. Paris: UNESCO; 2009.](#)
4. [UNESCO. Levers of Success. Case studies of national sexuality education programmes. Paris: UNESCO; 2010.](#)