

[Module 3: Evidence based approaches to health service provision to adolescents - Adolescent health and development with a particular focus on sexual and reproductive health - Assignment](#)

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Reality of adolescent friendly health services in Sudan

In Sudan the adolescence friendly health service centers are not presented separately except in the IDPs camps in war affected areas, where the organizations work, but the rest of young adults used to get health services with publics in the hospitals. Currently some efforts are going on to target the youth in the universities through ministry of health to increase the awareness and apply services related to STIs and HIV/AIDS.

The WHO's approach

I think the suggestion made for the utilization of services to adolescents by WHO is excellent, because as we know it's clear that the 5 components that mentioned will pave the way forward to the adolescents to get appropriate health service, and the possibility of applying the five mentioned points is not so much difficult, it's just need for some collaborative efforts from the authorities and community to make it feasible.

Evolution of the national adolescents – friendly clinic initiative in South Africa

The document is an example of successful initiative towards adolescent health care provision, since it addressed the issues that adolescents suffering from, in term of confidentiality, privacy, and respect which is so sensitive for young adults.

The good thing is that they followed a very professional and standard method from the beginning, by doing self-appraisal that followed by external assessment and evaluation program, through these steps they managed to increase the numbers of NAFCI Clinics in the period between 2000-2005 to 350 NAFCI sites.

One of the most important keys is the involvement of both youth and community in the implementation of the NAFCI programs that aimed to deal with HIV as menace and epidemic that threatening human beings and young adults in particular.

Assignment documents

1. [WHO Department of Child and Adolescent Health and Development. Improving the quality and expanding the coverage of health services for adolescents. WHO's approach.](#)

Paper presented at: Training Course in Sexual and Reproductive Health Research; 2010 Sep 11; Geneva.

2. WHO Department of Child and Adolescent Health and Development. The evidence base for our approach to improve the quality and expand the coverage of health services for adolescents. Paper presented at: Training Course in Sexual and Reproductive Health Research; 2010 Sep 11; Geneva.
3. WHO. Evolution of the national adolescent-friendly clinic initiative in South Africa. Geneva: WHO; 2009.