

Module 5: HIV/AIDS and young people - Adolescent health and development with a particular focus on sexual and reproductive health - Assignment

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The groups of young people in Mongolia who should be targeted with HIV interventions

In my opinion there are several groups of young people in Mongolia who should be targeted with HIV interventions:

1. Young college students – Ulaanbaatar is capital city of Mongolia, where major colleges and universities are located. Majority of high school graduates from countries come to Ulaanbaatar to continue their education in these institutions. Many of them end up living in dormitories, where life style is totally different from one they used to live in. There are a lot of wild parties that serve many alcohol drinks and many of these college students end up having unprotected sexual intercourses.
2. Sex workers – one of the most at risk groups of population due to fact that often they do not use any protection with their clients and they have multiple sex partners.
3. Men who have sex with men – second most at risk group of population of Mongolia. They tend not to use any protection.

The factors (the 'drivers') which make them vulnerable

These groups of young people are vulnerable to HIV infection because they find themselves invincible, they have not developed communications skills that may help them, such as refusal skills and condom-using skills. They are under peer pressure and economic factor may play a huge role in their vulnerability.

The most important interventions which would contribute to achieving the UNAIDS goal

I started to think about the interventions for each group and realised that many of these interventions are important for all these groups, therefore I developed the list of interventions that can be used for all. These interventions include but are not limited to:

- Provision of comprehensive sex education, perhaps with peer education modules.
- Supply of condom machines in dormitories and other premises of colleges as well as in areas where sex workers find their clients.

- Setting up sexual and reproductive health services within the vicinity of places where these groups gather the most.

Assignment document

1. [Ferguson J. HIV/AIDS and young people. Paper presented at: Training Course in Sexual and Reproductive Health Research; 2010 Sep 26; Geneva.](#)