

Module 5: HIV/AIDS and young people - Adolescent health and development with a particular focus on sexual and reproductive health - Assignment

Chandra Thapa
MITRA Samaj, Sanepa, Lalitpur, Nepal

Young people who should be targeted with HIV Interventions in Nepal

- Sex workers and children sexually exploited
- Young MSMs
- Young IDUs

The factors (the 'drivers') which make them vulnerable

Sex workers and children sexually exploited

- Extreme poverty
- Have parents or siblings who sell/exchange sex
- Illiteracy
- Lack of information and health services
- Lack of provision of health services and products
- Human trafficking
- Live without parental care (on the streets or in institutions) or live with older relatives or guardians or in dysfunctional families
- Use substances (alcohol and other drugs), need for money to purchase drugs
- Have been displaced through war (internally and externally) or have migrated between rural and urban areas or outside of their country of origin in search of employment (because of forced labour or for sexual exploitation)
- Social discrimination

Young MSMs

- Extreme poverty
- Illiteracy
- Lack of provision of health services and products
- Lack of information and health services
- Human trafficking

- Social discrimination/exclusion

Young IDUs

- Are peers of most-at-risk young people
- Have parents or siblings who inject drugs
- Illiteracy and lack of information
- Lack of provision of health services and products
- Lack of care and family environment (discordant parents /couples)
- Social discrimination/exclusion
- Have dropped out of school or have limited access to information and education

Most important interventions which would contribute to achieving the UNAIDS goal

Sex workers and children sexually exploited

- Research for identifying age segregated information
- Advocacy, communication and social mobilization
- Developing and dissemination of targeted IEC materials
- Provision of friendly health services and health products
- Inter-sectoral coordination and partnership for creating enabling environments/ social support
- Effective implementation of laws/ regulations against human trafficking

Young MSMs

- Research for identifying age segregated information
- Advocacy, communication and social mobilization
- Developing and dissemination of targeted IEC materials
- Provision of friendly health services and health products
- Effective implementation of laws/ regulations against human social discrimination
- Inter-sectoral coordination and partnership for creating enabling environments/ social support

Young IDUs

- Research for identifying age segregated information
- Advocacy, communication and social mobilization

- Developing and dissemination of targeted IEC materials
- Provision of friendly health services and health products
- Inter-sectoral coordination and partnership for creating enabling environments/ social support

Assignment document

1. [Ferguson J. HIV/AIDS and young people. Paper presented at: Training Course in Sexual and Reproductive Health Research; 2010 Sep 26; Geneva.](#)