

Adolescent health and development with a particular focus on sexual and reproductive health

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**World Health
Organization**

Training Course in Sexual and Reproductive Health Research
Geneva 2010

Objectives of the course:

As a result of undertaking the course, participants will know:

- Why they need to invest in the health and development of adolescents (including their sexual and reproductive health)
- What they could do to improve the health and development of adolescents and how to do this (with a particular focus on too-early pregnancy and HIV),
- Where they could get support to do this.

The topics to be covered in the course:

1. The meaning of adolescence, the rationale for addressing adolescents, the needs and problems of adolescents, and frameworks for addressing the health and development of adolescents.
2. Evidence-based approaches to sexuality education to adolescents
3. Evidence based approaches to sexual and reproductive health service provision to adolescents
4. Adolescent pregnancy
5. HIV and young people

The topics to be covered in the course:

The topics were selected by you, from a list of ten items. We thank you for articulating your expectations clearly. The topics on the list which we will not cover in this course are:

- Understanding and responding to the special needs of adolescent girls
- Understanding and responding to the special needs of adolescent boys
- Strengthening the way in which national RH and HIV programmes address adolescents
- Monitoring the way in which RH and HIV programmes are addressing adolescents

Teaching-learning methods to be used in course:

We will address one topic per week in September. In the week of 30 August, we will address topic 1, in the week of 6 September, we will address topic 2 and so on. In this week, we will address all five topics.

On each of the topic, we will post the following items:

- A set of 10-15 slides with accompanying talking points
- 1-2 key WHO documents
- One assignment

You will be required to read the materials and do the assignment. You will also have an opportunity to send us your comments and questions, which we will respond to.

Course facilitators:

The course will be conducted by members of the Adolescent Health and Development team of the department of Child and Adolescent Health and Development. We are (in alphabetical order):

- Paul Bloem
- Anita Blavo
- Krishna Bose
- Meena Cabral
- Venkatraman Chandra-Mouli
- Virginia Camacho
- Jane Ferguson
- Marcus Stahlhofer

Thank you !

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