

Training Course in Sexual and Reproductive Health Research 2011 - Interviews with the course participants - Fatima Kozacoka

Interview with

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Tell about yourself

I am Dr Reeka Pradhan, studying in Tianjin medical university as a post-graduate student in obstetrics and gynaecology. I have completed MD degree from Tver medical academy Russia in 2002.

After graduation, I returned to my country. I did an internship for a year, then worked as a house officer for about 7 years in different departments like medicine, pathology, anesthesia, gynecology and obstetrics. During these 7 years I had a chance to work in B. P. Smriti Hospital, Om Hospital, Prasuti Hospital, Bharatpur teaching hospital. I have joined volunteer services as physician in remote parts of Nepal. During that time I realized how Nepalese women are suffering from insufficient care (incl. hygiene, reproductive tract infections, antenatal care, post natal care including family planning etc.) Nepal is a developing country where everything is in primitive stage, even god gifted natural beauty. A lot of women in villages suffer from not only from the lack of education, but also they are suffering from very minor things in their society. They are dominated by their husbands or people in community. After observing all these hazardous happening in women's life, I was really encouraged to stand as gynecologist in the world.

Why you have chosen to study this course?

Fortunately I got to know about GFMER site which provides access to online course and serves as a teacher, guider for those who are in a learning phase. This training programme gives a lot of information about different topics and how to find out topic related research which is very important for the learners like me on the initial phase. I believe that the opportunity to participate in such activity is a unique chance. It will help me to complete my resident training and allow me to access further educational opportunities. I feel very lucky to have such opportunity and I would like to extend this to others. I am happy from heart to gain new knowledge, because I wish to serve as a doctor to the poor people of the world.

How do you manage to combine your work commitments with course commitments?

As a post graduate resident, I have to learn the art of surgery and many other things in hospital. I have managed to combine my course and work commitments; however I cannot complete each and every assignment in the required time. Also, it is a big challenge for me to do the literature search, because I do not have a lot of experience doing it. I am often returning late from the hospital and do not have energy to study process. I am learning to manage my time to participate in this course actively. I hope to submit all of my assignments far before the deadline.

How does a typical day at your work look like?

My day start from early morning 7am as it takes half an hour to reach my hospital. I work in gynecological department, where I used to go in the operation theatre almost everyday. Besides this I have to go out patients door (OPD) where so many sexual and reproductive health cases visit for treatment and counseling. I usually go through education and courses in the evening and weekend as we, resident physician have busy schedule.

What was your biggest work challenge you have dealt with? (Share the outcome or the results)

The biggest work challenge for me was to work as a physician in remote parts of the Nepal where so many women have SRH and utero-vaginal prolapse (UVP). Some of them recovered after general management and counseling and some were brought to hospital for further treatment. It is very difficult to deal with such situations, because many women are uneducated and have economic problems. Once, I have seen smile on the old woman face after operation sponsored by hospital and organization.

What would you like to achieve in five years?

I would like to complete training in gynecology and obstetrics, then help the poor women all over the world through my knowledge and capacity.