



The Karnataka Health Promotion Trust is a charitable trust, registered in 2003 under the Indian Trusts Act. KHPT works closely with the University of Manitoba and the Karnataka State AIDS Prevention Society (KSAPS) in Karnataka. KHPT's vision is to empower communities in Karnataka and India to improve their health, reduce the incidence and burden of HIV and AIDS, and assert their rights and dignity. KHPT focuses on supporting and implementing initiatives related to sexual and reproductive health with a specific focus on HIV/AIDS, maternal and newborn health and tuberculosis.

KHPT is directly implementing programs in many states of India namely Karnataka, Maharashtra, Andhra Pradesh, and Rajasthan while providing technical support to an even larger number of states across the country. KHPT operates all its programs with the following key principles which are also the strengths that have led to the success of its programs:

- To reach a quick scale and coverage that can achieve the desired impact at population level
- Work in close coordination with existing public health systems to ensure sustainability of program activities
- Health systems strengthening as an inherent plan of the design of programs
- Programs and services designed to meet the community needs in consultation with communities that are served
- Stringent monitoring and evaluation systems to monitor outputs, outcomes and impact

Following are some of the innovations implemented by KHPT, some of which are already a part of state and national guidelines and programs:

- Link worker model for implementing rural targeted interventions
- Peer based outreach design and planning at community level with simple user friendly tools
- Innovative types of STI/ HIV care services to cater to different typologies of high risk groups and vulnerable population
- Introduction of colour coded treatment packs for STI syndromes
- Robust M&E systems that tracks individuals across care continuum
- Innovative community mobilization strategies resulting in community empowerment leading to better service utilization and reducing the impact of HIV
- Onsite mentoring to primary health centers to improve the quality of delivery and postpartum care
- Improved and simple tools to front line workers to better plan and manage outreach services related to maternal, newborn and child health

Amidst implementing major projects and programs, KHPT has always maintained its focus on research. They include both action research as well as impact assessments. Here are few that are mentioned. A large number of them are published in peer reviewed journals and presented in national and international conferences. The details can be found in the website.

- Integrated behavioural and biological assessments for STI and HIV among female sex workers, men who have sex with men and transgender (MSM-T) and clients of sex workers.
- District wide general population surveys for prevalence of risk behaviour, STI and HIV.
- Assessments of the quality of STI and HIV related services
- Mathematical modelling of impact of HIV prevention programs
- Cost analysis of HIV programs and services
- Mapping of availability and accessibility of maternal, newborn and child health services in private and public sector in N Karnataka
- Assessments of quality of maternal, newborn and child health services in private and public sector in K Karnataka
- Evaluation of onsite mentoring program in improving the quality of maternal and newborn services in primary health centers of N Karnataka

***Recently, KHPT won the category WHO Awards for Excellence in Primary Healthcare for 'Innovations for Improving Access and Ensuring Continuity of Care' at the very prestigious ICICI Lombard & CNBC TV18 India Healthcare Awards 2012***

**Website: [www.khpt.org](http://www.khpt.org)**