

# ACCELERATING QUALITY FAMILY PLANNING SERVICES

WHO-FP ACCELERATOR PROJECT NEWSLETTER

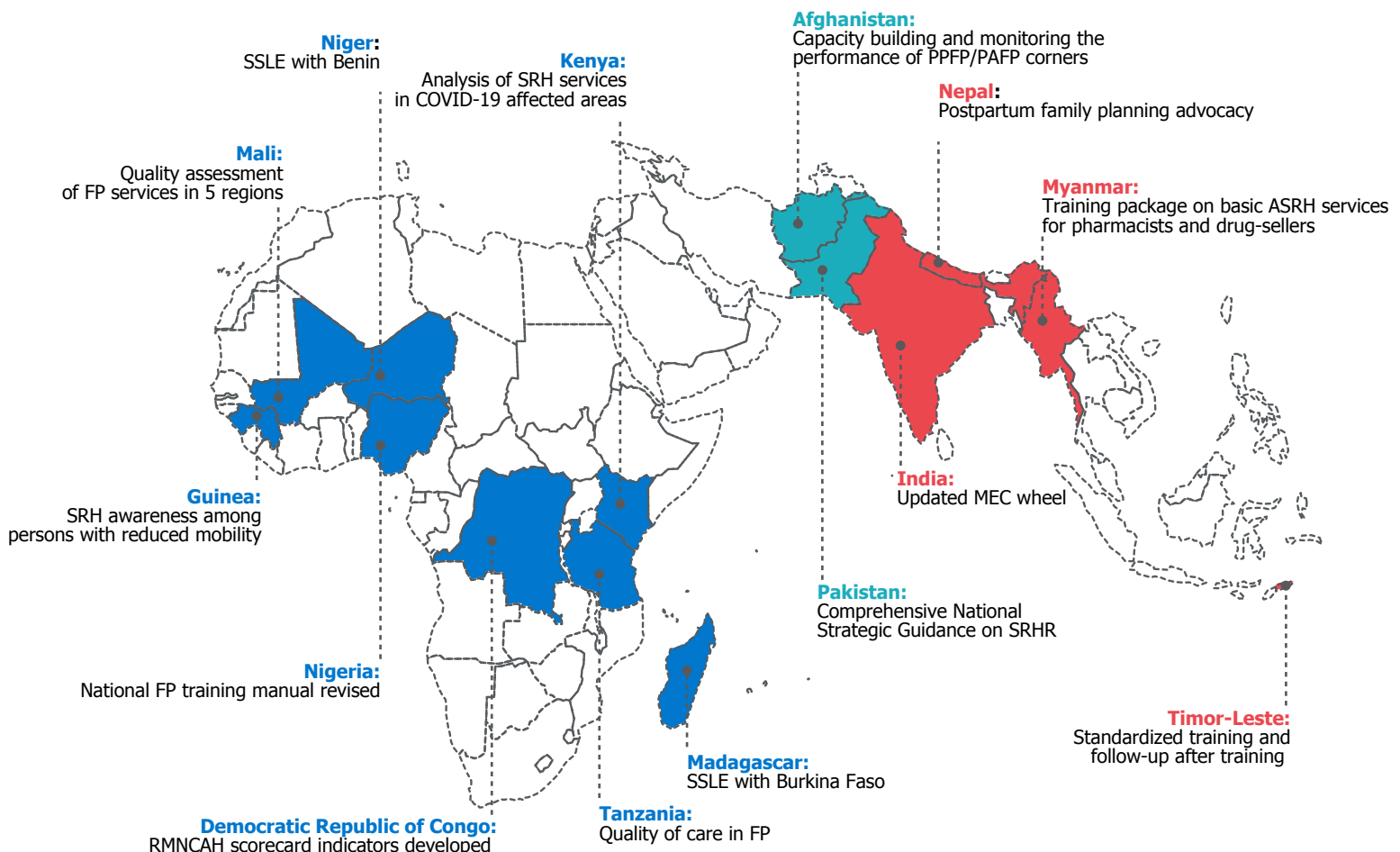
Issue 10 - September 2022

## WHO FAMILY PLANNING ACCELERATOR PROJECT

### Promoting quality and rights based family planning services

The WHO FP Accelerator project supports partners and ministries of health (MoH) to accelerate quality and rights-based family planning (FP) services within the broader frameworks of the Sustainable Development Goals (SDGs), Universal Health Coverage (UHC) and the WHO 13th Global Programme of Work (GPW13). The project contributes specifically to the attainment of SDG targets 3.1, 3.7 and 5.6 and to the GPW13 goal of 1 billion more people covered by UHC. The WHO-FP Accelerator Project is coordinated by the Contraception and Fertility Care (CFC) Unit in the WHO Department of Sexual and Reproductive Health and Research (WHO/SRH) and implemented with WHO's Regional and Country offices. The project is being implemented in 14 countries.

### FP Accelerator project: Current activity and progress



# COUNTRY NEWS

## Eastern Mediterranean Region



### Pakistan

#### Panel discussion on Pre-marital/Marital counseling

The Forum of Safe Motherhood and WHO CO deliberated the importance of premarital/marital counseling at the 18th Biennial International Scientific Conference in Karachi from 25-27 February 2022. The premarital/ marital counseling tool (Aghaaz) and its importance in improving reproductive health and rights, including family planning, were discussed.

#### Comprehensive National Strategic Guidance on SRHR & training package on pregnancy, childbirth, postpartum and newborn care (PCPNC)

WHO CO provided technical assistance to the Ministry of National Health Services, Regulation and Coordination for conducting expert group meetings at the provincial level from July to August 2022 to finalize the Comprehensive National Strategic Guidance on SRHR & the training package on PCPNC. These guidelines include pre-conception, antenatal, intra-natal and postnatal care, including comprehensive abortion care, family planning and self-care to ensure quality implementation of evidence - based recommendations.



Expert group meeting for finalization of comprehensive SRHR guidelines & training package of PCPNC, Karachi, 23-24 August 2022

## South-East Asia Region



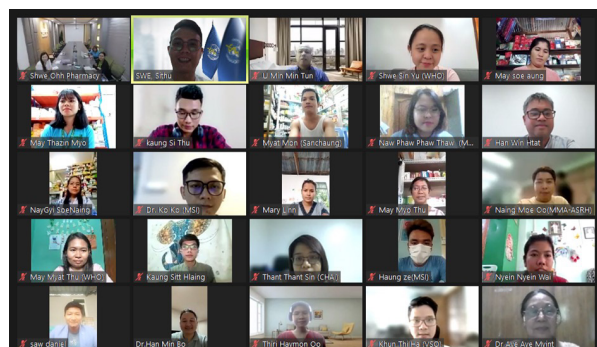
### Myanmar

#### Training on MEC wheel and DMT

WCO Myanmar conducted a two-day virtual training session (28-29 June 2022) on the MEC wheel, MEC mobile application and decision-making tool (DMT). 56 participants (doctors, nurses, midwives, and program management staff) from different local and international NGOs, Civil Society Organizations, Ethnic Health Organizations and private hospitals were trained. Printed MEC wheels and DMT were disseminated.

#### Training package on basic ASRH services for pharmacists and drug-sellers

To strengthen contraceptive access and choice through pharmacies and drug shops, WCO conducted a consultative meeting on 2 June 2022 with various stakeholders (39 participants). This led to the development of a training manual on basic adolescent sexual and reproductive health services for pharmacists and drug-sellers. A Consensus meeting was conducted on 28 July 2022 to finalize the contents of the training manual, the duration and timing of training, and the way forward on stakeholder advocacy and recruitment of trainees.



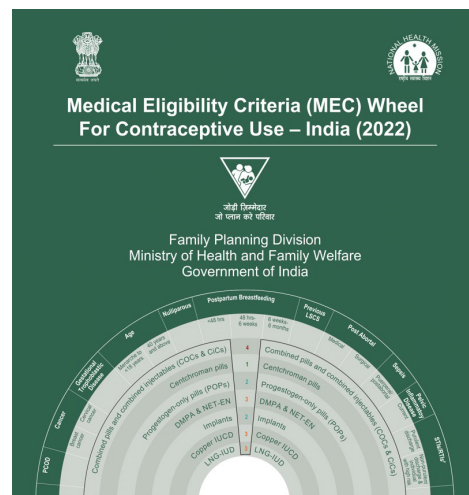
Consultative meeting for Development of Pharmacists training package on ASRH, 2 June 2022

# India

## Updated the MEC wheel

WCO supported the Ministry of Health and Family Welfare to update the India MEC wheel to include centchroman (a non-hormonal oral contraceptive) as a new contraceptive option and released it during the National Family Planning summit on 27 July 2022, attended by State program officers, national and international experts.

Updated India MEC Wheel with centchroman, July 2022



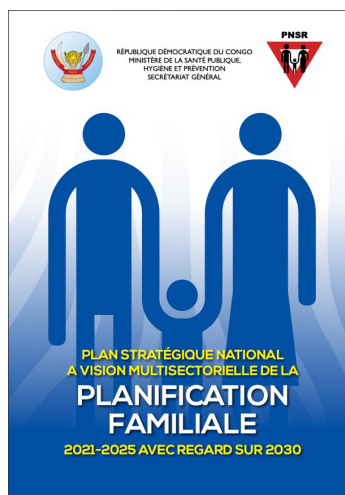
# Africa Region



## Democratic Republic of Congo

### National Multi-sectoral Family planning plan 2021-2025

The Ministry of Health released the National multi-sectoral family planning plan with a target set to increase the mCPR among all women of childbearing age to 23% by 2025. Six strategic areas have been identified to achieve this goal: (i) Obtain the effective commitment of the government and donors in favour of FP; (ii) Increase access to FP services; (iii) Improve the quality of FP services; (iv) Create demand for FP services; (v) Improve the logistics system for the supply of contraceptives and (vi) strengthen the monitoring and evaluation.



National Multi-sectoral family planning plan 2021-2025

Vue sous-nationale: République Démocratique Du Congo	
Catégorie	Indicateur
Priorités nationales	Mortalité maternelle
	Mortalité infantile
	Mortalité infantile/jeunesse
	Prévalence de la malnutrition chronique
	Mortalité Néonatale
	Nbr de bulletin trimestriel sur la SRMNEA-Nut publié par la DSFGS
Santé maternelle	Nbr des réunions de l'assemblée générale de la plateforme nationale SRMNEA-NUT
	Taux de couverture en CPW1 à la 16ème semaine
	Taux de couverture en CPN4
	Couverture de femmes enceintes dépistées au VIH
	% FE séropositives sous ARV pour la PTME
	% TPI 2 (SP)
	% TPI 3 (SP)
	% femme enceintes en VAT2+
	% d'accouchement assisté
	% des accouchées ayant bénéficié des CPn2
	Taux des nouvelles acceptantes sous méthodes contraceptives

### RMNCAH scorecard

A training workshop was organized in Matadi from 10 to 13 May 2022 on the use of the RMNCAH scorecard management tool, coupled with the selection and revision of indicators and colour thresholds of the country scorecard. 25 central-level experts were trained in the use of the RMNCAH scorecard management tool for analysis and monitoring of key indicator performance.

Indicators in the RMNCAH scorecard

# Guinea

### SRH awareness among persons with reduced mobility

WCO supported the Ministry of Health and Public Hygiene through the National Directorate of Family Health and Nutrition and initiated a pilot project to raise awareness of Sexual and Reproductive Health for people with reduced mobility, coupled with the provision of family planning services in the capital.



Sensitisation of marginalised and disabled people on the right to SRH and FP, Conakry

## Madagascar

### Training on integrated family planning and postpartum family planning (IFP/PPFP)

WCO supported the training of 34 health providers (30 May to 4 June 2022) from primary health centres in the Analanjorofo region on integrated family planning and post-partum family planning, including subcutaneous DMPA and Levoplant.

Training of Health providers on IFP/ PPFP, Analanjorofo, 30 May- 4 June 2022



### Orientation of Regional Managers on the guide for quality improvement in FP

The guide for quality improvement in family planning is disseminated to all regions of the country. Managers from all 23 regions were oriented on the guide and developed an action plan to improve the quality of care in FP for their region.

Orientation of regional managers on the guide for quality improvement in family planning

## South-South learning exchange (SSLE)

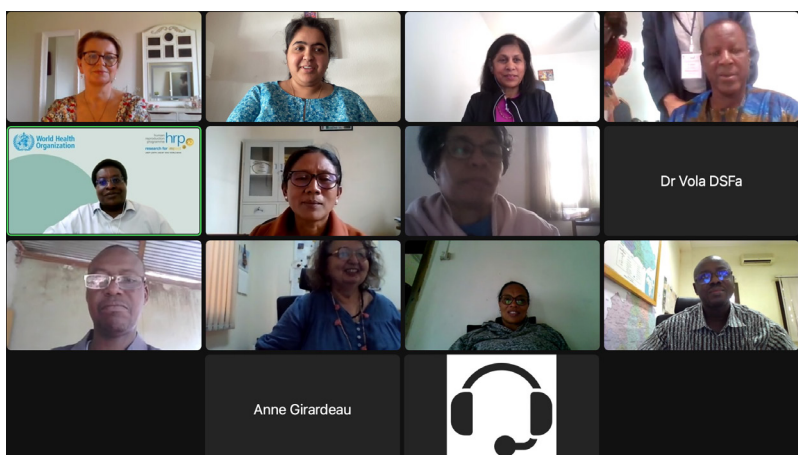
SSLE continues between Nigeria- Uganda, and Sri Lanka-Nepal. Madagascar and Burkina Faso have embarked on a reciprocal SSLE. Niger and Benin are preparing to commence an SSLE.



### Madagascar- Burkina Faso

A virtual kick off-meeting was held between Madagascar and Burkina Faso on 17 May 2022, with representatives from WHO CO, RO, HQ and the Ministry of Health. This was followed by three more meetings between the two countries from June- September 2022.

The learning need for Madagascar is 'how to strengthen the scaling up of subcutaneous DMPA self-injection' with a focus on improving the health provider's acceptance of this strategy and increasing the uptake of self-injection among women. Burkina Faso identified its learning need as 'how to improve the community-based approach for the uptake of DMPA s/c'. In-person meetings are planned at the end of October as part of SSLE.

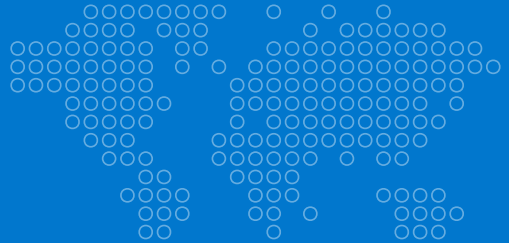


Virtual kick-off meeting, SSLE Madagascar-Burkina Faso, 17 May 2022

### Niger-Benin

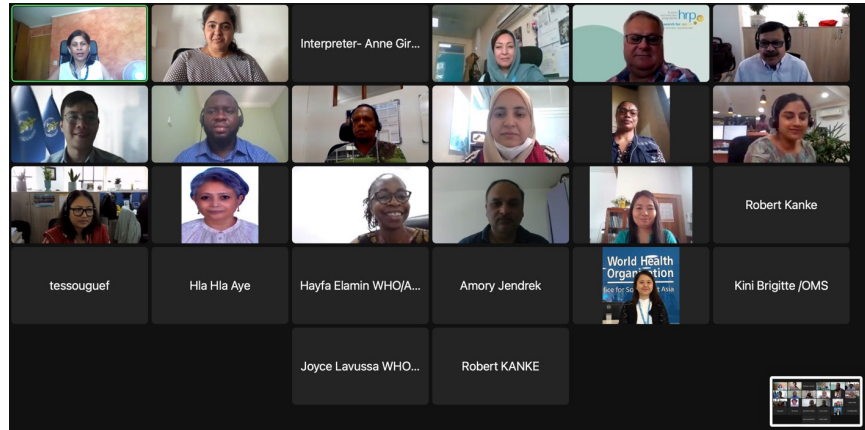
Following the situational analysis on PPFP services, Niger has initiated discussions with Benin for an SSLE to learn 'how to scale up long-term contraceptive methods in postpartum family planning and delegate tasks'. The WHO Benin and Niger teams agreed to the five steps of SSLE and are preparing in-country discussions.

# Updates From Regional Offices and HQ



## After-Action review meeting

An After-action review meeting was conducted with the 14 countries on 14 June 2022. Countries shared their achievements, challenges and lessons learnt during the three years of the FP Accelerator project. Lessons learned reinforced that early engagement of leadership from the Ministry of Health, the technical working group and other national stakeholders are important for the project's success. Accelerating and scaling interventions should be in accordance with the country context and MoH's guidance to have relevance in results and stakeholder ownership.



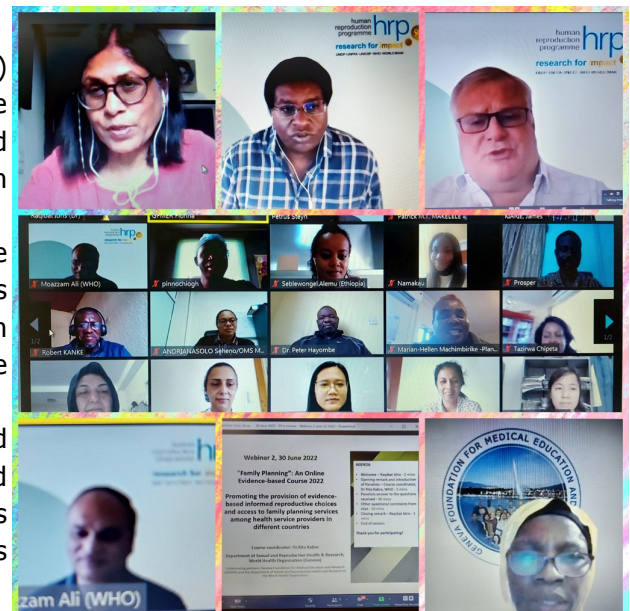
After-action review meeting, 14 June 2022

## Evidence-Based Course on Family Planning

WHO and Geneva Foundation for Medical Education and Research (GFMER) conducted an online evidence-based course on family planning from 8 June 2022 to 5 July 2022 to promote the provision of evidence-based informed reproductive choices and access to family planning services among health service providers in different countries.

One hundred twenty-four participants from 38 countries enrolled for the course, and over 90% of them completed the course. Seventeen coaches from 14 countries mentored the participants. The course was offered in English and French, with about a quarter of participants enrolled on the French course.

Two webinars (21 June 2022 and 30 June 2022) were organized to respond to queries raised by the participants. Successful participants were awarded a certificate of course completion. At the end of the course, a webinar was organized for participants, coaches, course resource persons and organizers to reflect on the course. The course material can be accessed at <https://www.gfmer.ch/SRH-Course-2022/family-planning/files.htm>

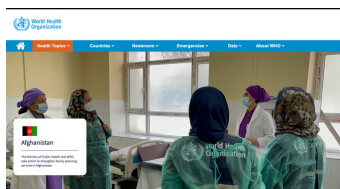


Webinar during Evidence-based course on FP, 30 June 2022

## Web Stories

On the occasion of World Contraception Day on 26 September 2022, three web stories from the Accelerator countries (Afghanistan, Democratic Republic of Congo, and Niger) were published on the WHO website.

## Publications



**April 2022:** Impact story from Afghanistan 'Increased availability of family planning services' published in 2020-2021 WHO End of Biennium results report. It showcases the establishment and effectiveness of the postpartum and postabortion family planning corners in improving contraceptive uptake.



**April 2022:** This manuscript describes the experiences, lessons learnt, working strategies and methodologies in using the WHO five-step methodology to conduct SSLE between Nepal and Sri Lanka.



**August 2022:** This manuscript describes the methodology and results of the situational analysis conducted in Nepal to identify the needs, gaps and provide evidence for strengthening future programming in the area of postpartum family planning.



**September 2022:** This case study is published in the 'Good practices in South-South and Triangular cooperation for Sustainable development (vol.4)'. It describes the rationale, process and achievements of the SSLE between Nepal and Sri Lanka.

# Meet the Team



**Dr Shwe Sin Yu**  
National Professional Officer (RMNCAH),  
Myanmar

I am a medical doctor with a Master's degree in International Health and have more than ten years of experience in Reproductive, Maternal, Newborn, Child, and Adolescent (RMNCAH) health areas. I joined WHO Myanmar in 2015 and am responsible to provide technical and managerial support for the implementation and monitoring of RMNCAH programmes. Key priorities include supporting the Ministry of Health and collaborative partners in the development of RMNCAH strategies and plans, adaptation of WHO evidence-based guidelines, recommendations and tools, and ensuring the utilization of these at respective levels of health systems, followed by capacity-building activities.

The FP Accelerator project has helped the RMNCAH team to effectively organize training for health care providers (both public and private) on the provision of FP services and equip them with standard FP guidelines and tools such as MEC Wheel and DMT for Family Planning, translated and adapted to country context. This has contributed to improving contraceptive uptake and access to quality family planning services in Myanmar.



**Dr Bernadette Dramou**  
National Professional Officer  
(SRMNTA-NUT), Guinea

I hold a State Doctorate in Medicine, with a Diploma in Public Health: Health and development orientation and a certificate in Planning and Management of Reproductive health programmes, and I have more than 20 years of professional experience. I joined WHO Guinea in 2019 as the National Professional officer for Maternal, Newborn, Child, Adolescent-Youth Health, Elderly and Nutrition (SRMNTA-NUT). My key responsibilities include supporting the development and implementation of norms, standards and tools, supporting the Ministry of Health, other government departments, partners and NGOs in the development, implementation and monitoring/evaluation of policies, strategies and plans related to RMNCAH+N, strengthening collaboration with UN agencies, bilateral and multilateral partners and NGOs, supporting operational research, and providing technical support for better integration of health programmes.

The FP Accelerator project has helped initiate an SSLE with Cote d'Ivoire that resulted in the revision and adaptation of training modules in adolescent and youth health and development in line with the Global AA-HA strategy.



**COMING  
SOON**

- Consultation on Scaling-up evidence-based family planning practices, 1-2 November 2022, Geneva, Switzerland
- International Conference in Family planning (ICFP), 14-17 November 2022, Pattaya, Thailand

**Share your experiences!**



We invite you to post experiences and lessons learned during implementation of the FP Accelerator project with us.

## FAMILY PLANNING >>> ACCELERATOR PROJECT

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[https://www.who.int/teams/sexual-and-reproductive-health-and-research-\(srh\)/overview](https://www.who.int/teams/sexual-and-reproductive-health-and-research-(srh)/overview)

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This newsletter is designed for those involved or interested in the FP-Accelerator project at WHO Headquarters, Regional and country offices. It features current and upcoming activities, accomplishments by the team and useful resources. We welcome submissions of project updates by any team member for inclusion in the next newsletter, scheduled for December 2022.

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