

BROCHURE 2022



Family Planning : An Online Evidence-based Course

Organizers

Geneva Foundation for Medical Education and Research (GFMER) in collaboration with the World Health Organization's (WHO) Department of Sexual and Reproductive Health & Research, World Health Organization (Geneva)

Course Duration

8 June - 5 July 2022 (4 weeks)

Contact

The Administrative Office
**Geneva Foundation for Medical
Education and Research (GFMER)**

Chemin de Beau-Soleil 12
1206 Geneva, Switzerland.

Email: familyplanning@gfmer.org
Website: <https://www.gfmer.ch>

Introduction

In response to the real need and a high demand for continuing training in family planning, the Geneva Foundation for Medical Education and Research, in partnership with the Department of Sexual and Reproductive Health and Research of the World Health Organization, offers an online upgraded training course in family planning "Family Planning": An Online Evidence-based Course".

This training course is designed for health professionals of different levels of knowledge and education (Doctors, nurses, midwives, managers, social workers etc.) who are involved in the provision of sexual and reproductive health services worldwide, especially in the developing and least developed countries.

The goal of this course is to promote the provision of evidence-based informed reproductive choices and access to family planning services among health service providers in different countries.

Family Planning : An Online Evidence-based Course

Expected outcomes/Aims

- All students are able to comprehend the fundamentals of evidence-based information and knowledge about family planning methods.
- Enable students to deliver appropriate information and knowledge about available and accessible family planning methods to couples and individuals to enable the couples and individuals to decide the number, spacing, and timing of children, while attaining and maintaining the highest standard of sexual and reproductive health (SRH).
- An effective and functional network is created for the continuing exchange of knowledge and experience among institutions and health care providers in and amongst countries and regions.
- Ensure the delivery of cost effective and pragmatic approaches to optimize the dissemination of evidence-based practices among health care providers in different countries.

Learning Objectives

On completion of this course students will be able:

- To describe the Frameworks for family planning programmes
- To define basic indicators related to population and family planning and their use in decision making
- To explain the basic steps of counselling for family planning and informed decision-making process on contraceptive choice
- To characterize the following contraceptive methods based on mechanism of action, indicators of effectiveness, side effects, non-contraceptive benefits, eligibility criteria and interventions for certain problems during use.
- To apply the principles of reproductive rights and gender issues related to family planning.
- To analyse and use the WHO guidance documents and tools, training material in family planning for counselling or programming in countries.
- To develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs in relation to family planning and be able to recommend an appropriate method of contraception as per individual/couple needs.

Basic content of the course

1. Family Planning Frameworks and Indicators, Reproductive Rights, and Gender
2. Contraceptive Methods (for each contraceptive method, the online presentation will include the following topics: mechanism of action, indicators of effectiveness, side effects, non-contraceptive benefits, eligibility criteria and interventions for certain problems during use)
3. Family Planning Guidelines and Tools
4. Principles of Integration of Family Planning and Counselling, Postpartum FP, Resources and Financing, Effects of Covid-19 on FP, Telemedicine

Major topics

Family Planning Frameworks and Indicators, Reproductive Rights, and Gender

1. Frameworks for family planning programmes
 - UHC, SDG, RH Strategy, UNSG Strategy
2. Indicators on family planning
 - Contraceptive Prevalence
 - Unmet need for FP
 - Others
3. Special target populations groups
4. Concepts of reproductive rights
5. Gender issues and relations

Contraceptive Methods

1. Hormonal
 - Progestogen-only contraceptives
 - Progestogen-only pills (POPs)
 - Progestogen-only injectable contraceptives (POIs)
 - Progestogen-only implants
 - Progesterone-Releasing Vaginal Ring
 - Combined hormonal contraceptives
 - Combined oral contraceptives (COCs)
 - Combined contraceptive patch
 - Combined contraceptive vaginal ring (CVR)
 - Combined injectable contraceptives (CICs)
2. Emergency contraception (EC) or postcoital contraception
 - Copper-bearing IUDs (Cu-IUD) for EC
 - Emergency contraceptive pills (ECPs)
3. Intrauterine devices (IUDs)
 - Copper-bearing IUDs (Cu-IUD)
 - Levonorgestrel-releasing IUDs (LNG-IUD)
4. Permanent methods
 - Female sterilization (tubal ligation)
 - Male sterilization (vasectomy)
5. Barrier methods
 - Male and female condoms
 - Other barrier methods
6. Spermicides
7. Fertility awareness methods
 - Standard Days Method (SDM)
 - Others
8. Lactational amenorrhea method

For each contraceptive method, the online presentation will include the following topics: mechanism of action, indicators of effectiveness, side effects, non-contraceptive benefits, eligibility criteria and interventions for certain problems during use.

Family Planning Guidelines and Tools

1. Medical eligibility criteria
2. Selected practices recommendation including recommendations on HIV and Selfcare DMPA-SC.
3. Decision making tool
4. Handbook for family planning
5. Task sharing
6. Quality of care in FP services
7. Other tools

Principles of Integration of Family Planning and Counselling, Postpartum FP, Resources and Financing, Effects of Covid-19 on FP, Telemedicine

1. Principles of integration of family planning and counselling
2. Postpartum FP
3. Resources and financing on reproductive health and family planning
4. COVID-19 and FP, Telemedicine/ Digital medicine



Rita Kabra
Course coordinator
WHO HQ (Geneva)



Raqibat Idris
GFMER Course
manager



Fionna Poon
GFMER Course
administrator

Course Coordinator

Rita Kabra
Department of Sexual and Reproductive Health and Research, World Health
Organization (Geneva)

Eligible Candidates

Health professionals, paramedical staff, project planners and managers in health-related areas, advocates, government officials and social scientists from WHO EMRO countries.

Teaching language

The teaching language of the course is English.

Our Country Coordinators / Coaches



Afghanistan -
Homa Kabiri



Burkina Faso -
Bruno Ki



Gulf Cooperation
Council - Khadija
Ahmed Matrook



Malawi -
Tazirwa Chipeta



Pakistan -
Anjum Ara Saeed



Bangladesh -
Andrew Ashim Roy



Cameroon - Gregory
Edie Halle-Ekane



India - Rathnamala M.
Desai



MENA Region -
Amr Awad



Palestine -
Shoroq Abuhamad



Bhutan -
Sonam Wangdi



Egypt -
Nana Abuelsoud



Iran - Shayesteh
Hajizadeh



Mexico - Atziri
Ramirez-Negrin



Sudan -
Khalifa Elmusharaf



Bolivia -
Carlos Encinas



Ethiopia - Melaku
Samuel Hottessa



Iraq - Hamdia Mirkhan
Ahmed



Mozambique -
Chadreque Muluana



South Sudan -
Joyce Acok Donato



Bahrain -
Maryam Alaradi



Ethiopia - Ambaw
Damtew Belete



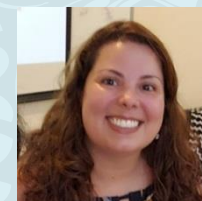
Kenya - Peter Otieno
Khayombe



Nepal -
Anil Thapa



Uganda -
Morris Okwir



Brazil - Mariana
Felisbino-Mendes



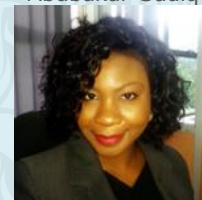
Georgia -
Lela Shengelia



Lebanon -
Ayah Al Bizri



Nigeria - Aishatu
Abubakar-Sadiq



Zambia -
Namakau Nyambe

In alphabetical order by country

Learning Methods



On each of the topic, the following items will be posted:

1. A set of slides with accompanying talking points
2. Reference documents
3. Other audio-visual materials
4. An assignment (individual or group) and/ or multiple-choice questions (MCQs)

What is required of you?

For each module, participants must:

- Study the video presentations and slide sets.
- Read all accompanying documents.
- Answer to the MCQs and complete the short assignment, after going through the slide set and documents.
- Review the feedback provided by the coach.

A personal coach will be assigned to each participant, whose role is to facilitate the learning process and serve as tutor.

Course validation and certificate

In-order to obtain the certificate:

- Participants are required to have completed the short assignments that are part of each module.
- Participants are required to complete and submit the end of course survey.

The successful participants will receive a certificate signed by the World Health Organization's Department of Sexual and Reproductive Health and Research/Human Reproduction Programme and the Geneva Foundation for Medical Education and Research.

Admission Procedures

1. Submit the online application form:

https://docs.google.com/forms/d/e/1FAIpQLSfA46BZ_kIL4z97M6wp96Lor-DBMO8VKgZPzNgityhrcftcLg/viewform

2. Submit the following documents that are required to process admission via email (familyplanning@gfmer.org):

- A curriculum vitae, including sections on current and previous positions.
- A letter of motivation stating clearly your interests and reasons for applying to the Course (1 page maximum).

3. Wait for the acceptance notice from the administrative office.

4. If your application is accepted, settle the course fee before the course commences.

Important Dates

Start date: 8 June 2022

End date: 5 July 2022

Application deadline: 17 May 2022

Payment deadline: 24 May 2022

Course Fee

USD 200

Course Website

<https://www.gfmer.ch/SRH-Course-2022/family-planning/index.htm>

Application Form

https://docs.google.com/forms/d/e/1FAIpQLSfA46BZ_kIL4z97M6wp96Lor-DBMO8VKgZPzNgityhrcftcLg/viewform

Contact

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