E- learning course on a public health approach to address female genital mutilation

#### Module 4: Session 1

Comprehensive Health Action Plans which address FGM



### Learning objectives

- To know how to systematically develop a comprehensive health action plan (including advocacy)
- To know the key areas to generate relevant data from situational assessment
- To learn how to develop a theory of change
- To develop and refine an action plan guided by WHO's strategic four pillars



#### **Session overview**

- Recap why health sector needs to address
   FGM
- Situation Assessment
- Theory of change
- The four pillars for comprehensive health action plans
- How to develop an advocacy plan



#### Introduction

- Module 1 session 3 highlighted why the health sector needs to address FGM
  - Public health issue
  - Costly to health system
  - Health care providers
  - Health care providers are already change agents
  - Health system has existent infrastructure for health promotion
- Health systems therefore require a comprehensive health action plan to take up this role



## Situational Assessment



#### **Situational Assessment**

#### • Collate data on:

- 1) FGM epidemiology (prevalence, types, geographical distribution, practitioners, drivers)
- 2) National FGM response and health sector response to FGM (plans, interventions scope and scale)
- 3) Health system status (specifically RMNCAH\* management, health information system structure and function, health system strengthening initiatives)
- 4) Legal and health professional regulatory status (law, health professional regulation against FGM medicalization, enforcement mechanisms)



\*Reproductive, maternal, neonatal, child and adolescent health

#### **EXAMPLE: FGM context and health system status**

FGM Profile	Health System and Health Sector Response	National Response and Legal Position
50% among 15 – 49 years 25% among 0 – 15 years FGM type 2 and 3	De-centralized health system FGM treatment costs 50 million/year No health sector response	Law against FGM is present - includes clause on FGM medicalization
15% of women with FGM reporting health worker performed FGM	No district health management information system II (DHIS-2) Coverage	Health professional regulatory mechanism in place but no specificity on FGM medicalization
High with regional variation on FGM prevalence	Human Resource for Health is critically low	National response includes several sectors
<ul> <li>10% of women supportive to</li> <li>FGM continuation</li> <li>15% of men supportive to</li> <li>EGM continuation</li> </ul>	Initiative to strengthen competencies of health workers at primary health care	

## Theory of change



## Theory of change

#### What is it?

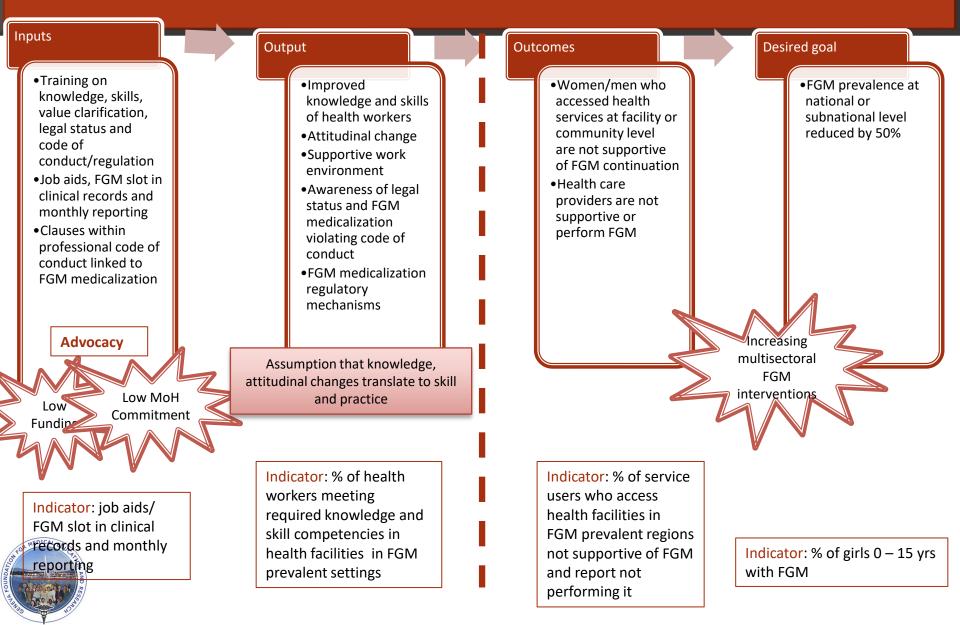
A comprehensive description and illustration of how and why a desired change is expected to happen in a particular context

#### How to develop it?

- Identify long term goal and work backwards using outcomes pathway – what conditions need to be in place in each step
- Add indicators to be able to measure performance for each result
- Consider facilitators, barriers and assumptions
- Determine your organizations' accountability ceiling to claim credit/responsibility for



## Theory of change



# Four Pillars of Action for planning

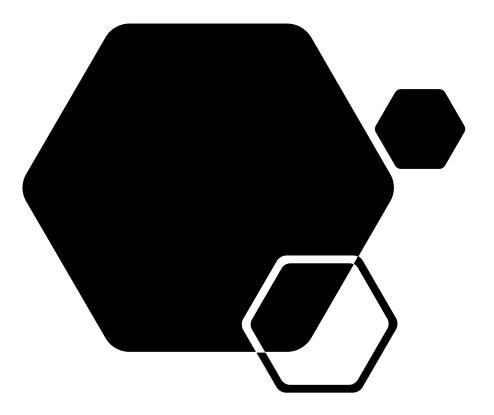


## Four pillars of a comprehensive health action plan that addresses FGM

- To mobilize political will and funding
- To strengthen the knowledge and skills of health care providers
- To strengthen monitoring and evaluation and accountability
- To facilitate in creating a supportive environment to enact legal and regulatory frameworks



## Policy, financing and governance





## Pillar 1. Mobilize political will and funding

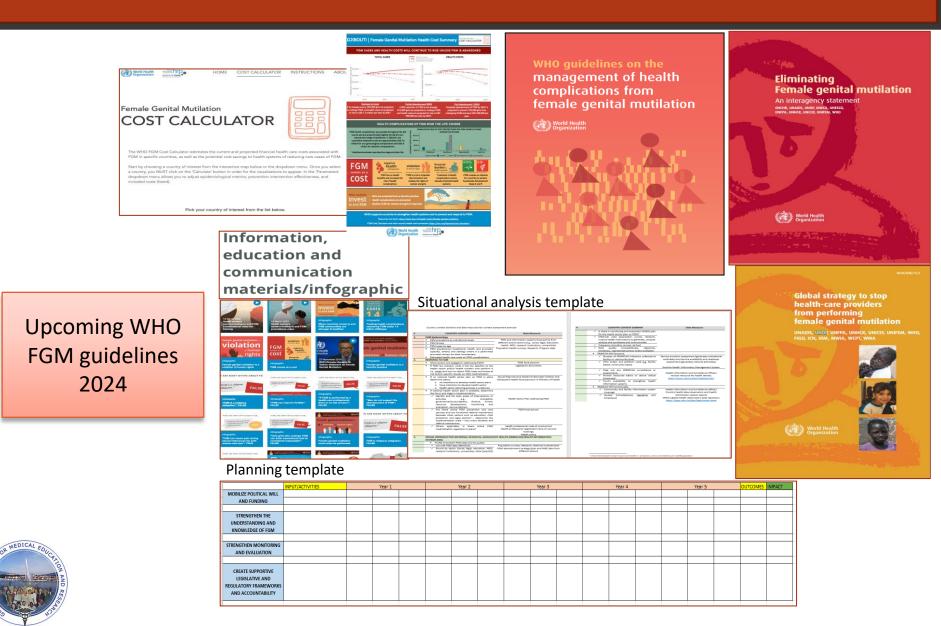
#### Actions can include:

- Advocacy for investment in elimination efforts
- Mobilize and coordinate efforts to support national and health policy against the medicalization of FGM
- Advocate for sustained and coordinated health sector planning, budgeting and actions within RMNCAH\*
- Advocate for a sustainable, coordinated public and private partnership in financing FGM-elimination programs



\* Reproductive, maternal, neonatal, child and adolescent health

### Pillar 1. WHO resources



## Example

Activities	Facilitators/barriers	Responsible to follow up	Technical support required	Stakeholders	Timeline	Cost/ Source
1. Include FGM within National RH Policy and RMNCAH Investment Framework	Facilitators: 1) High political commitment 2) National Policy for the Eradication of Female Genital Mutilation 3) An upcoming review of National RH/MNH Strategy National RMNCAH Investment Framework	MoH focal person	None/WHO resources	Ministry of Health, NGO, UN agencies, health professional associations and private sector	1 year	50,000 USD/UN or other donor



## Knowledge and skills





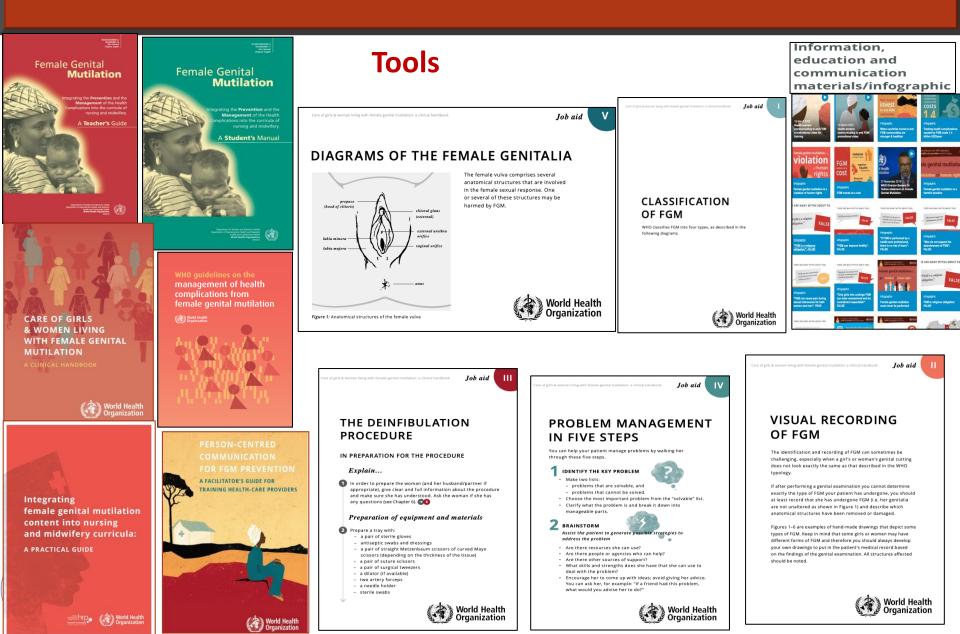
## Pillar 2. Strengthen the understanding and knowledge of health care providers

#### **Actions:**

- Develop national guidelines
- Strengthen health workers' required competencies to provide FGM prevention and appropriate management in facility and community health services
- Integrate FGM training modules within pre- and inservice curricula and other trainings tools



#### Pillar 2. WHO resources



### Example

Activities	Facilitators /barriers	Responsible to follow up	Technical support required	Stakeholders	Timeline	Cost/ Source
Train all health workers in my clinic	Facilitators: WHO resources, GFMER training Barriers: Finding time to complete in a timely manner	Name person from group	None	Health facility managers, health workers	3 – 6 months	500 USD/health facility management



# Monitoring and evaluation accountability





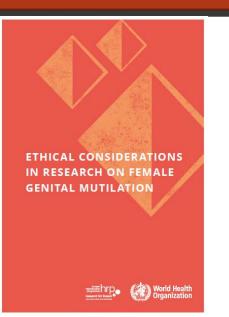
## Pillar 3. Strengthen monitoring, evaluation and accountability

#### **Actions:**

- Develop M&E plan for health action plan and implement it
- Develop mechanisms to increase accountability on FGM related services and FGM medicalization at facility and community levels
- FGM data integrated within health information systems at clinic (e.g. antenatal records) and program (e.g. health facility monthly reports e.g. de-infibulation) level
- Strengthen reporting linkages between health, legal/regulatory and child protective services
- Institutionalize feedback to communities
- Include FGM data in the reporting of Universal Periodic Review and RMNCAH country reports

#### Pillar 3. WHO resources





Upcoming validated questionnaire on FGM related knowledge, attitude and practice for health care providers in FGM prevalent settings (2024)



https://cdn.who.int/media/docs/defaultsource/documents/ddi/facilityanalysisguidancermncah.pdf?sfvrsn=2055e453\_2&download=true

Upcoming guide for measurement of FGM for the health sector (2023)



## Example

Activities	Facilitators /barriers	Responsible to follow up	Technical support required	Stakeholders	Timeline	Cost/ Source
Lobby for FGM integration into the existing routine health information System and Develop and test FGM indicators at facility level	<ul> <li>Low</li> <li>commitme</li> <li>nt to</li> <li>include</li> <li>FGM</li> </ul>	MoH staff	WHO resources/WHO staff	Ministry of Health Officials, Health information System Managers, Health facility managers, health workers	3 – 12 months	20,000 USD / UN agency/other donor
Develop an accountability framework for FGM medicalization	<ul><li>Facilitator</li><li>Law against FGM</li></ul>	MoH staff, professional association, regulatory institution	None	Ministry of Health, Regulatory body, Ministry of Justice, other sectors involved in	12 months	20,000 USD / Government and donors

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## Supportive legislative and regulatory frameworks





## Pillar 4. Create supportive legislative and regulatory frameworks

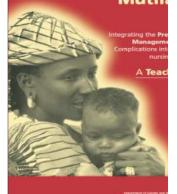
#### **Actions:**

- Develop and enforce legal and professional sanctions on FGM medicalization
- Inform health-care providers about human rights, legal and ethical perspectives on FGM practice and their responsibility to educate/empower women and girls on their human rights and how to access legal service
- Integrate ethics around FGM medicalization in code of conduct for professional practice
- Issue a joint policy statement to end FGM practice from the Ministry of Health and professional regulatory/syndicates/councils and organizations



#### Pillar 4. WHO resources





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MODULE 3: MANAGEMENT OF GIRLS AND WOMEN WITH FGM COMPLICATIONS

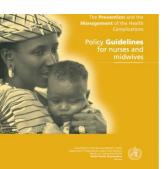
of FGM ....

General objectives											
Essential competen	cies										



#### MODULE 4: MANAGEMENT OF WOMEN WITH FGM DURING PREGNANCY, LABOUR, DELIVERY AND THE POSTPARTUM PERIOD

#### APPENDIX :

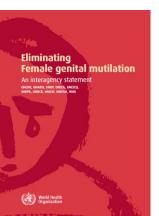




#### Information, education and communication materials/infographic







### Example

Activities	Facilitators/ barriers	Responsible to follow up	Technical support required	Stakeholders	Timeline	Cost/ Source
<ol> <li>Include content on FGM medicalization in code of ethics /conduct for health professionals</li> </ol>	Barrier: Code of ethics and conduct is not enforced. Facilitator: Existence of supportive regulatory bodies.	Focal person in professional regulatory institutions	WHO resources	Health professional organizations and regulatory institutes and ministry of health	12 months	20,000USD/ UN agency/other donor

### Take away notes

- Know relevant FGM epidemiology, health system, legal and regulation status well
- Develop a comprehensive plan informed by this context using a theory of change and anticipating barriers and facilitators that may affect activity implementation
- There are several WHO resources available to support this
- Develop a monitoring and evaluation plan for the health action plan
- Improve plans by monitoring and evaluation (doing and learning)



## Advocacy

- Definition
- When it is needed?
- Steps to develop an advocacy plan



## Advocacy Definition

"A deliberate, strategic and nondiscriminatory human rights-based process, formed around evidence and the experiences of rights-holders, aimed at influencing decision-makers and other relevant stakeholders in order to hold duty-bearers to account, achieve change in policy and practice, and thus contribute to the ending of the practice of female genital mutilation."





Advocacy Toolkit: Towards the national implementation of the Istanbul Convention as a tool to end Female Genital Mutilation. End FGM European Network; 2019 May.

### When is advocacy needed?

Reliable data are lacking

Efforts to end FGM are severely under-resourced and require urgent investment

Low levels of awareness among the public and government officials to apply public health approach

Insufficient support and funding from the international community

Reluctance of national governments or ministries of health to take action on the issue

Absence of laws/health professional regulations

### Advocacy plan development

Step 1. Analyse the context: Situational assessment

Step 2. Decide on impact, priorities and objectives: What do we want?

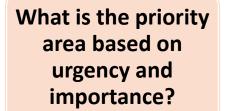
Step 3. Select target audiences: Who can help us?

Step 4. Construct the advocacy message: What to say?



Step 5. Craft the advocacy method: How to do it?

## Step 2: Identify priority area, impact and objectives



What is the impact of advocacy efforts?



How to achieve advocacy impact?



#### Example

Prioritized area for advocacy	Advocacy objectives (how to)	Impact
Low commitment from ministry of health high level officials to address FGM as a public health issue	<ul> <li>MoH leadership buy in and not being obstructive</li> <li>A joint policy statement of MoH and all relevant partners commitment to end FGM</li> <li>RMNCAH focal persons buy in to include FGM within policies, plans and investment cases</li> <li>Health professions training institutes buy in</li> </ul>	<ul> <li>FGM included in RMNCAH health policies, investment case, plans and training</li> </ul>

## Step 3: Identify target audience

#### PRIMARY

Primary stakeholders and institutions with the power to effect real change

#### **Remember:**

- Each objective can have one or more target audience
- Investment in understanding target audience well to know how to influence is part of a successful advocacy efforts

#### **SECONDARY**

- Has no direct power to make decisions but has influence over your primary target audience and can offer a point of access to them.
- Is essentially the messenger who has a stake and champion e.g. political advisor, a parliamentarian assistant, a recognised expert, or a wellknown media, FGM survivor activist



### Figure out your target audience

#### Example table for evaluating the best target audiences/stakeholders for advocacy activities:

Target		4	Expectation – what can we expect from the target?



#### Step 4: Construct the advocacy message

#### A common template used for constructing primary advocacy messages is:

> Statement	The central idea which sets out the cause of the problem and highlights why change is important
> Evidence	The relevant evidence and data, which supports the statement. This should be conveyed using tailored language
Example	A real life example that adds a human element to the message and appeals to the emotions
> Goal	The overall objective that you hope to achieve
<ul><li>Action</li><li>Desired</li></ul>	The solution to the problem which your target audience can carry out

#### Secondary advocacy messages

 Additional messages that are tailored to specific target audiences in order to clarify the situation and explain in detail how various objectives will be met. They can detail the specific actions required by certain individuals and draw upon the objectives set out in your Advocacy Strategy.

### Advocacy message characteristics

#### To be effective, advocacy messages must be:

- Simple and clear with a balance between the rational and emotional components
- Ideally free of jargon, to ensure that they are accessible to your target audience
- Include a timeframe for when you wish to achieve your objective
- Repeated via various advocacy methods so as to ensure it is memorable and the action desired is actually carried out.



## Example: Advocacy message targeting ministers of health, director general and high level officials

Statement	The health sector cannot be at the receiving end of female genital mutilation health complications but needs to be proactive in promoting its end including stopping health care providers who perform it.
Evidence	Nine of ten women in our country have undergone female genital mutilation having varied physical, reproductive, urogenital and mental health complications that cost 20 million USD per year. Female genital mutilation violates the code of conduct of do no harm and health professional performing should be sanctioned as their involvement endorses the practice continuation creating a false sense of safety.
Example	Halima a 25 year old woman has frequent urinary infections and has been having difficulties conceiving a child for the last 5 years. Her husband, a labourer can barely afford medical bills for her infections and cannot afford infertility care. We would have no case like Halima had she not undergone FGM. Do we need to continue this practice?
Goal	The health sector should actively promote FGM abandonment through health promotion services at facility and community level and provide necessary support for FGM survivors
Action Desired	The ministry of health to issue a joint statement with professional regulatory bodies and professional associations calling for FGM abandonment and committing as a sector to contribute into national FGM abandonment and committing as a sector to contribute into national FGM abandonment efforts



### Step 5: Craft the advocacy method/s

#### **Types of advocacy methods**

- 1.Lobbying (commonest)
- 2.Negotiating
- 3.Advisory role
- 4.Campaigning
- 5.Working with the media6.Partnerships



Consider characteristics, advantages and disadvantages of each method – see slide set reference

# Monitoring and evaluation of an advocacy plan

- Important to reflect on and assess advocacy plans effectiveness, efficiency and impact
  - what worked, what didn't and why?
  - what went better than expected and why?
  - what could be improved and how?
  - which risk was not sufficiently managed and represented a barrier for success?
  - were there unexpected opportunities/obstacles?
- Develop indicators of progress for planned activities/outputs (measure of effort and work), outcomes (measures of effect and achievement of your objectives) and general impact

Adapted from: Advocacy Toolkit: Towards the national implementation of the Istanbul Convention as a tool to end Female Genital Mutilation. End FGM European Network; 2019 May.

#### Summary: Advocacy plan overview

IMPACT Overall goal of your advocacy	<b>PRIORITY(IES)</b> Steps to achieve your impact	<b>OBJECTIVE(S)</b> Specific asks to achieve your priorities	TARGET(S) Those who have the power to fulfil your asks	MESSAGE(S) Structured communication to support your asks	<b>METHOD(S)</b> Way(s) to deliver your message	RESOURCE(S) What you have/ need	M&E INDICATORS How you measure success

Adapted from: Advocacy Toolkit: Towards the national implementation of the Istanbul Convention as a tool to end Female Genital Mutilation. End FGM European Network; 2019 May.

#### **Other useful tools:**

• Communication advocacy tools by Kihara et al., 2022

#### **Overview of advocacy planning**

IMPACT Overall goal of your advocacy	PRIORITY(IES) Steps to achieve your impact	OBJECTIVE(S) Specific asks to achieve your priorities	TARGET(S) Those who have the power to fulfil your asks	MESSAGE(S) Structured communication to support your asks	S)Way(s)	RESOURCE (S) What you have/ need	INDICATORS
e.g. Mobilize investme nt and political commitm ent	e.g. Commitment form MoH to recognize FGM as a health topic	0. 0	e.g. RMNACH Director, MoH DG	Write advocacy message-refer to slide 40	e.g. Lobbying	e.g. Cost calculator Fact sheet	1. FGM integrated within RMNCAH policy/frame work for investment

### Take away points

- Advocacy is the key tool to effect change
- Advocacy interventions need to be well planned, monitored and evaluated
- Local structures of power and authority including health care providers can be effective advocates for abandonment of











### Lobbying characteristics, advantages and disadvantages

Cha	racteristics	Adv	vantages	Dis	advantages
•	Main advocacy method, all other methods are	•	Direct contact with	•	Decision-
	conducted to ensure it is as effective as possible		those with power and		makers can
•	Involves gaining access to and influencing key decision-		establishment of a trust		use your
	makers that have the power to affect a policy change		relationship		meetings to
	on the issue of your concern	•	Ensuring direct		claim they
•	Build a relationship with decision-makers, being seen as		communication		are listening
	both a reliable source of quality analysis and a		between rights-holders		to
	representative of stakeholders, in order to share		and decision-makers		stakeholders
	information on your issue and persuade them to take	•	Entails and encourages		even when
	action		a direct action for		they are
•	Most commonly involves face-to-face meetings and		change		inactive
	briefings with decision-makers and their staff but can				
	also involve experts sharing the newest information on				
	the issue				
•	It is of utmost importance to keep the lines of				
	communication open between your organisation and				
TION	the decision-maker and develop a mutually beneficial				
	and constructive relationship				

### Negotiating characteristics, advantages and disadvantages

Characteristics	Advantages	Disadvantages
<ul> <li>Similar to lobbying but entails presenting a position and debating with an opposition in order to achieve change.</li> <li>Often conducted with decision-makers who have different priorities and a compromised agreement is usually the aim</li> <li>Analyse the situation fully before meetings to enable you to counter arguments and be fully secured on your organisation's position regarding various points</li> <li>Decide on your key points, which are nonnegotiable, and those on which you are willing to compromise, as part of your Advocacy Strategy</li> <li>Sometimes it is the only option to achieve any change</li> </ul>	<ul> <li>Enables communication even with those who have opposing priorities</li> <li>Ensures a pragmatic approach that enables real, even if not ideal, change</li> <li>The preparation for negotiation enables you to create watertight arguments for your cause</li> </ul>	<ul> <li>Sometimes a compromise cannot be reached, and this might result in frustration</li> <li>Can result in a change that is not strong enough, which might be counterproductive for final goal</li> <li>It can be a waste of time and limited resources if little progress is made</li> </ul>

### Advisory role characteristics, advantages and disadvantages

#### Characteristics

- Decision-makers, public and the media often value the expert nature of civil society organisations
- Organisations can use their advisory role as a method of advocacy
- Put your own agenda and objectives at the forefront of any advice you are invited, or you request, to give

#### Advantages

- Allows to be seen nationally (and internationally) as an expert
- The preparation for expert contributions produces a deeper and enriching understanding of a specific topic, which can benefit the organisation's future work
- In case the contribution is written, another material is produced that can be used again as basis for further advocacy meetings

#### Disadvantages

 Preparing thorough expert contributions can be very time- and resource-consuming (unless the material is not yet ready for a previous research)

# Campaigning characteristics, advantages and disadvantages

Characteristics	Advantages	Disadvantages
• It mobilises wide <b>public support</b> in order to bring about social change	Allows to become	<ul> <li>Risks to</li> </ul>
and raise awareness among both the broad public and the target	known nationally	oversimplify
advocacy audiences on a certain issue and make them your allies.	(and	the message
<ul> <li>Main objective is to build a movement around your asks to gain</li> </ul>	internationally) as a	• Common
support from the population and to increase the pressure on your	key actor on a	enthusiasm
target audience to comply with them since governments and decision-	specific issue	for a public
makers are ultimately accountable to their citizens.	Makes your cause	campaign
Uses democratic tools both offline and online, including: peaceful	well known to the	can lead to
protest, demonstrations, rallies, petitions, public actions (such as flash	public and increases	s setting up
mobs, stalls), events (performances, exhibitions), online awareness	the public support	too high and
raising through social media (such as Facebook, Twitter, YouTube).	to it, making your	non-
• The more people are involved, the more visible the advocacy message	advocacy messages	achievable
will be, the more called to answer on their accountability the decision-	more powerful	objectives,
makers will feel.	A well-developed	which might
<ul> <li>When planning an advocacy campaign, its objective, timeframe</li> </ul>	campaign targeting	finally end
(possibly planning actions around key dates to maximise their impact),	multiple	up in
target population, mediums to reach it, concrete actions and	stakeholders might	frustration
resources needed should be clearly defined in advance.	bring new funding	
	opportunities	

very important for an advocacy campaign to spread positive messaging, in order to inspire and encourage people to take action!

# Partnerships characteristics, advantages and disadvantages

Characteristics	Advantages	Disadvantages
<ul> <li>Characteristics</li> <li>Forming partnerships with other organisations also advocating for the same goal is a very important advocacy method</li> <li>Create synergies, combine strengths, and talk with a common voice, which has a greater weight before decision-makers.</li> <li>Partnerships can be formed with other FGM-related organisations or those dealing with different aspects of gender-based violence against women and girls.</li> <li>It may also be useful to collaborate with organisations dealing with completely different subject matters, including those working on development, education, asylum and migration,</li> </ul>	<ul> <li>Strength in numbers with a powerful voice</li> <li>Pooling of financial and human resources</li> <li>Reduces duplication of effort</li> <li>Enhances credibility of advocacy campaigns or organisations themselves</li> <li>Enables you to target a wider audience</li> <li>Calls for specific actions</li> </ul>	·
<ul> <li>discrimination, health, depending on the issue you are focusing on.</li> <li>A partner could work with you to reach target audiences in different ways or could simply promote your issue as part of a coordinated effort.</li> <li>It is important to formalise the relationship in some way and to communicate fully about potential collaboration and actions</li> </ul>	may be given more legitimacy if partner is an expert in that area, can therefore ensure advocacy on all aspects	<ul> <li>Consuming</li> <li>May have to compromise on certain issues if it is difficult to find a common objective and vision –</li> <li>Opponents may be able to exploit differences between the partners</li> </ul>



#### **Partnerships example**

#### Celebrating commitment at country level in Kenya

On 2 February, WHO and HRP hosted an event with the Government of Kenya to celebrate the country's strong commitment to FGM abandonment by 2030. Kenya has developed an accelerated comprehensive national plan. The event brought together representatives from the Ministry of Health and other related ministries addressing FGM, along with United Nations agencies, development partners, donors, health professional associations and civil society. The speakers shared their perspectives on national, regional and global efforts to end FGM, focusing on the crucial role of the health sector as part of multi-sectoral efforts.



World Health Organization. The International Day of Zero Tolerance for Female Genital Mutilation (FGM): Celebrating commitment at country level in Kenya. WHO; 2023 Feb.

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