

## **INTERPRACTICE 21<sup>ST</sup> CENTURY PROJECT**



### **REPORT ON TRAINING FOR INTERPRACTICE- 21<sup>ST</sup> E- LEARNING MODULE (PRETERM INFANT FEEDING AND GROWTH MONITORING) AT TWO SITES, MEXICO**

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## **INTRODUCTION**

The aims of INTERPRACTICE-21st project is to promote the use of the INTERGROWTH-21st protocols (<https://intergrowth21.tghn.org/>) to standardize preterm postnatal growth monitoring and feeding practices using breastmilk. The appropriate use of these tools would hopefully ensure improved growth monitoring, development and survival of preterm infants. Ultimately, the INTERPRACTICE-21st seeks to gain high level policy support for global acceptance and use of the standards for monitoring preterm babies and infants up to the age of five through integration of the growth charts into clinical practice. Collaborating with INTERPRACTICE-21st CENTURY, the Geneva Foundation for Medical Education and Research (GFMER) seeks to advance knowledge on prematurity and promote widespread acceptance and use of the monitoring tools through its e-learning course on “Assessing Newborn Growth by Anthropometry and Preterm Infant Feeding and Growth Monitoring. The Geneva Foundation for Medical Education and Research in Geneva was established to provide opportunities for continuous professional education and research especially for low- and middle-income countries.

## **THE COURSE AT HOSPITAL DR. MANUEL GEA GONZALEZ**

The Hospital Dr. Manuel Gea Gonzalez is a general hospital. It belongs to the public health system and offers medical care to patients that do not own any type of insurance. It performs up to four thousand deliveries a year. A big part of medical care is offered by general practitioners during their internship and medical doctors performing their residency. This course was aimed at increasing these staff’s knowledge on the subject of preterm monitoring and development.

The participants were sent the information 3 weeks before the course started so they would be prepared to understand the contents.

The department of Technology at the Hospital Dr. Manuel Gea Gonzalez set up everything for the 18 of March 2019 training, ensuring that the internet was working correctly in order for all the participants to access the online course.

The online workshop on INTERGROWTH-21st and INTERPRACTICE-21st was held on the 19th of March 2019 at the “Fernando Ortiz Monasterio” auditorium in the Hospital Dr. Manuel Gea Gonzalez in Mexico City.

The workshop started with an inaugural programme from 7:00-7:30 by a speech from Dr. Rodolfo Vik, who is in charge of the general practitioners doing their internship. Afterwards, each of the 120 participants were guided by Dr. Atziri Ramirez Negrin, the Mexican representative of the Geneva Foundation for Medical Education and Research (GFMER) who gave the instructions and explained how to access the different components of the online course. She wished good luck to all the participants.

At 9:30 a break was held where chilaquiles, a Mexican dish based on tortilla, sauce and chicken were served.

Afterwards at 10:30 the course was restarted. By 14:30, all the participants had completed all the exams on both modules. This was verified by a team made up by Dr. Atziri Ramirez Negrin

and Liliana Sanchez, an assistant. All the participants passed with at least an 80% score on all the components of both online courses.

The course certificates were printed and handed one week later at a ceremony managed by the Obstetrics and Gynecology department.

### **THE COURSE AT THE NATIONAL SCHOOL OF NURSING**

The National School of Nursing is part of the National University of Mexico and focuses their attention on educating nurses. We invited nurses to take the course.

On the 27th of March at 15:30 pm an opening ceremony took place at the computer hall. This ceremony was guided by the chief of education of the institution. Afterwards, all the 19 participants finished the Intergrowth Newborn anthropometry module.

On the 28th of March at 15:00 pm the participants took the module on Interpractice preterm infant feeding and finished it. At 18:00 hrs all the participants took the quizzes for both courses. All of them successfully completed the course with a score of 80% or more. Thereafter, a dinner was served based on flautas (hard shell tacos filled with chicken, meat, cheese, and potatoes). All the participants enjoyed this meal. A week later the course certificates were handed to the participants.

### **TRAINING PICTURES**



