

# Recueil de l'OMS sur la planification familiale post- partum

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# Guide de l'OMS de la planification familiale post-partum



## Guide women through their postpartum family planning options

The Postpartum Family Planning Compendium integrates core WHO guidance for clinicians, program managers, and policy-makers.

### 1. What are the woman's characteristics?

Choose Medical Conditions:	Breastfeeding Status:	Current Medication Use:	Other Characteristics:
<input type="text" value="If Selected"/>	<input type="radio"/> Yes <input type="radio"/> No	<input type="text" value="If Selected"/>	<input type="text" value="If Selected"/>

<https://postpartumfp.srhr.org/>

Le recueil de l'OMS sur la planification familiale post-partum

# ÉTUDE DE CAS

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**Hier**, une femme de 32 ans a accouché d'un bébé en bonne santé à 38 semaines de gestation à l'hôpital local. Elle **allaite**. Elle a des antécédents d'**hypertension et fume**. Elle est intéressée par l'implant contraceptif. *Est-elle éligible à l'implant contraceptif avant sa sortie de l'hôpital ?*

### 1. What are the woman's characteristics?

<b>Choose Medical Conditions:</b> 0 Selected	<b>Breastfeeding Status:</b> <input type="radio"/> Yes <input type="radio"/> No	<b>Current Medication Use:</b> 0 Selected	<b>Other Characteristics:</b> 0 Selected
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🕒 Time interval after delivery:

0 hours    48 hours    3 weeks    4 weeks    6 weeks    6 months    12 months

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*Est-elle éligible à l'implant contraceptif avant sa sortie de l'hôpital ?*

### 1. What are the woman's characteristics?

The screenshot shows a form with four main sections for data entry:

- Choose Medical Conditions:** A text input field containing "x Hypertension".
- Breastfeeding Status:** Two radio buttons, "Yes" (selected) and "No".
- Current Medication Use:** A text input field containing "0 Selected".
- Other Characteristics:** A text input field containing "0 Selected".

Below these sections is a "Time interval after delivery" slider. The slider has a clock icon on the left and is labeled with "0 hours", "48 hours", "3 weeks", "4 weeks", "6 weeks", "6 months", and "12 months". The slider bar is currently set to "48 hours", and a red arrow points to this selection.

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### 1. What are the woman's characteristics?

The screenshot shows a digital form with four main sections: 'Choose Medical Conditions:', 'Breastfeeding Status:', 'Current Medication Use:', and 'Other Characteristics:'. The 'Choose Medical Conditions:' section contains a search box with 'x Hypertension' entered. The 'Breastfeeding Status:' section has two radio buttons: 'Yes' (selected) and 'No'. The 'Current Medication Use:' and 'Other Characteristics:' sections both show '0 Selected'. Below these sections is a 'Time interval after delivery:' slider. The slider has a clock icon on the left and is marked with '0 hours', '48 hours', '3 weeks', '4 weeks', '6 weeks', '6 months', and '12 months'. A blue arrow points to the '48 hours' mark on the slider.

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Hier, une femme de 32 ans a accouché d'un bébé en bonne santé à 38 semaines de gestation à l'hôpital local. Elle **allaite**. Elle a des antécédents d'**hypertension**. Elle est intéressée par l'implant contraceptif.

*Est-elle éligible à l'implant contraceptif avant sa sortie de l'hôpital ?*

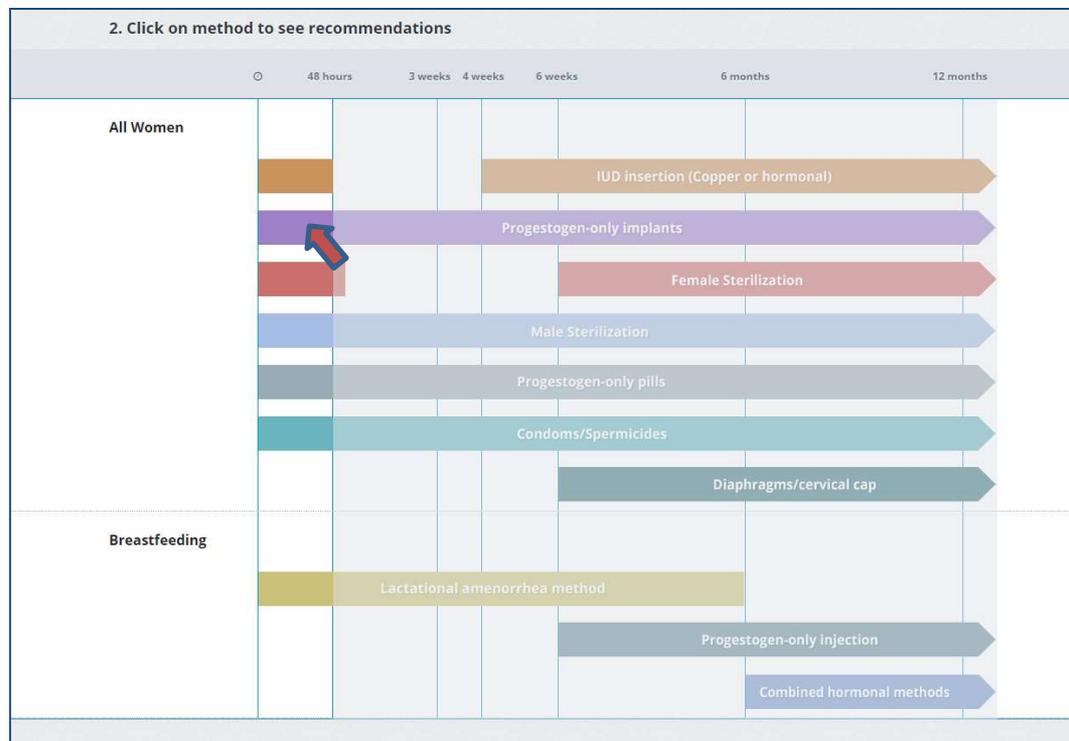
### 1. What are the woman's characteristics?

The screenshot shows a digital form with four main sections: 'Choose Medical Conditions:', 'Breastfeeding Status:', 'Current Medication Use:', and 'Other Characteristics:'. In the 'Choose Medical Conditions:' section, a search box contains 'x Hypertension' with a red arrow pointing to it. In the 'Breastfeeding Status:' section, the 'Yes' radio button is selected, indicated by a blue arrow. The 'Current Medication Use:' and 'Other Characteristics:' sections both show '0 Selected'. At the bottom, a 'Time interval after delivery:' slider is set to 48 hours, with a blue arrow pointing to the slider handle. The slider has markers for 0 hours, 48 hours, 3 weeks, 4 weeks, 6 weeks, 6 months, and 12 months.

## ÉTUDE DE CAS

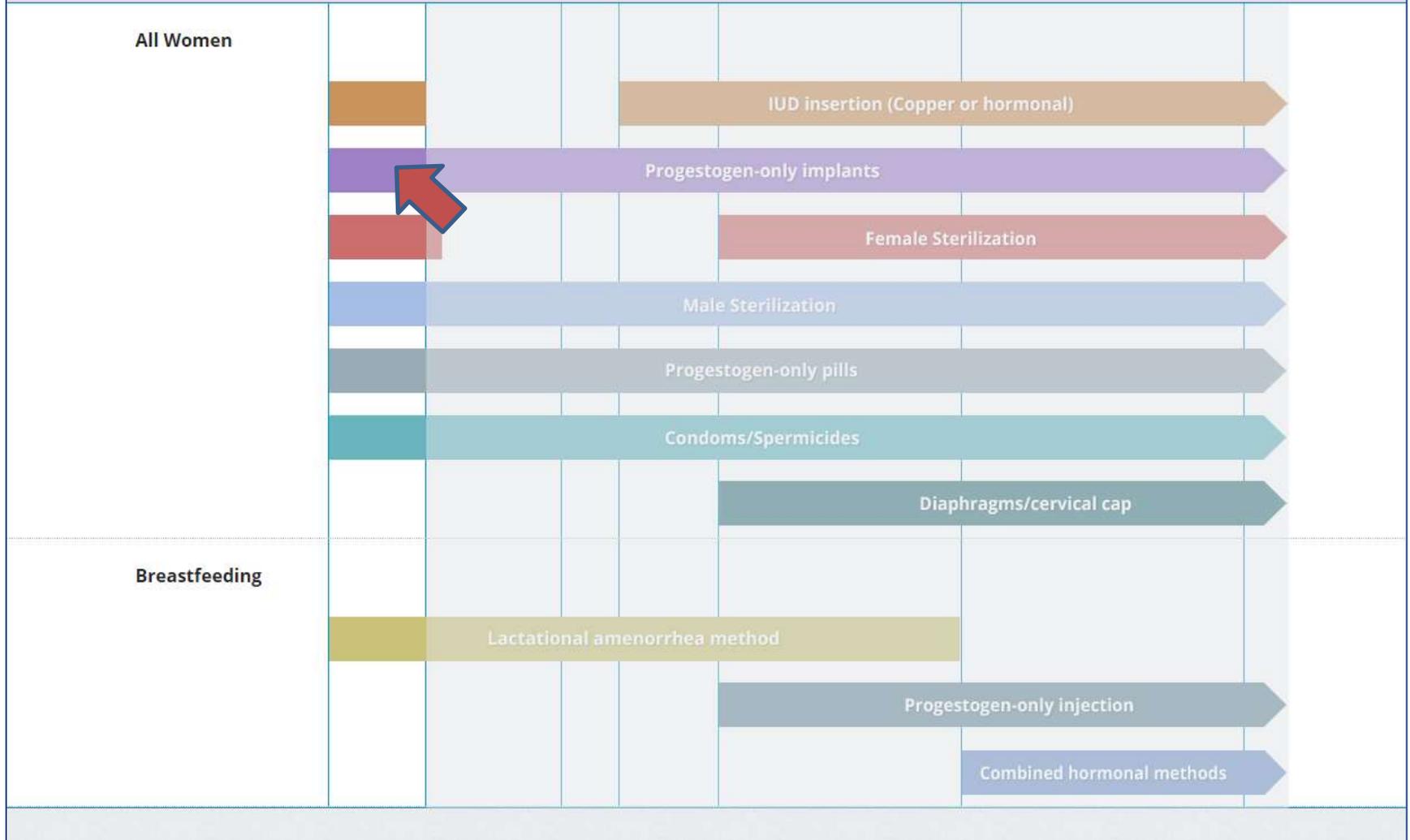
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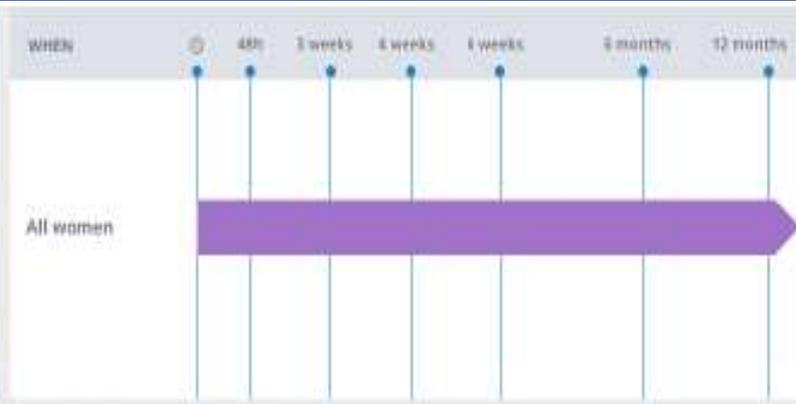


## 2. Click on method to see recommendations

⊙ 48 hours 3 weeks 4 weeks 6 weeks 6 months 12 months



# Implant contraceptif, dans les 48 heures post-partum



**Description**

Small, flexible rods or capsules placed under the skin of the upper arm; contains progestogen hormone only

**How it works**

Thickens cervical mucous to block sperm and egg from meeting and prevents ovulation

**Effectiveness to prevent pregnancy**

>99%

**Comments**

Implants: Health-care provider must insert and remove; can be used for 3–5 years depending on implant; irregular vaginal bleeding common but not harmful

# Implant contraceptif, dans les 48 heures post-partum

## Conditions / Subconditions

### Breastfeeding Status:

Breastfeeding	Category	Clarifications/Special considerations
	LNG /ETG	
a) < 6 weeks postpartum	2	
b) ≥ 6 weeks to < 6 months postpartum (primarily breastfeeding)	1	
c) ≥ 6 months postpartum	1	

### Medical Condition:

Hypertension	Category	Clarifications/Special considerations
	LNG /ETG	
a) History of hypertension, where blood pressure CANNOT be evaluated (including hypertension in pregnancy)	2	<a href="#">Read More</a>
b) Adequately controlled	1	

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## 1. What are the woman's characteristics?

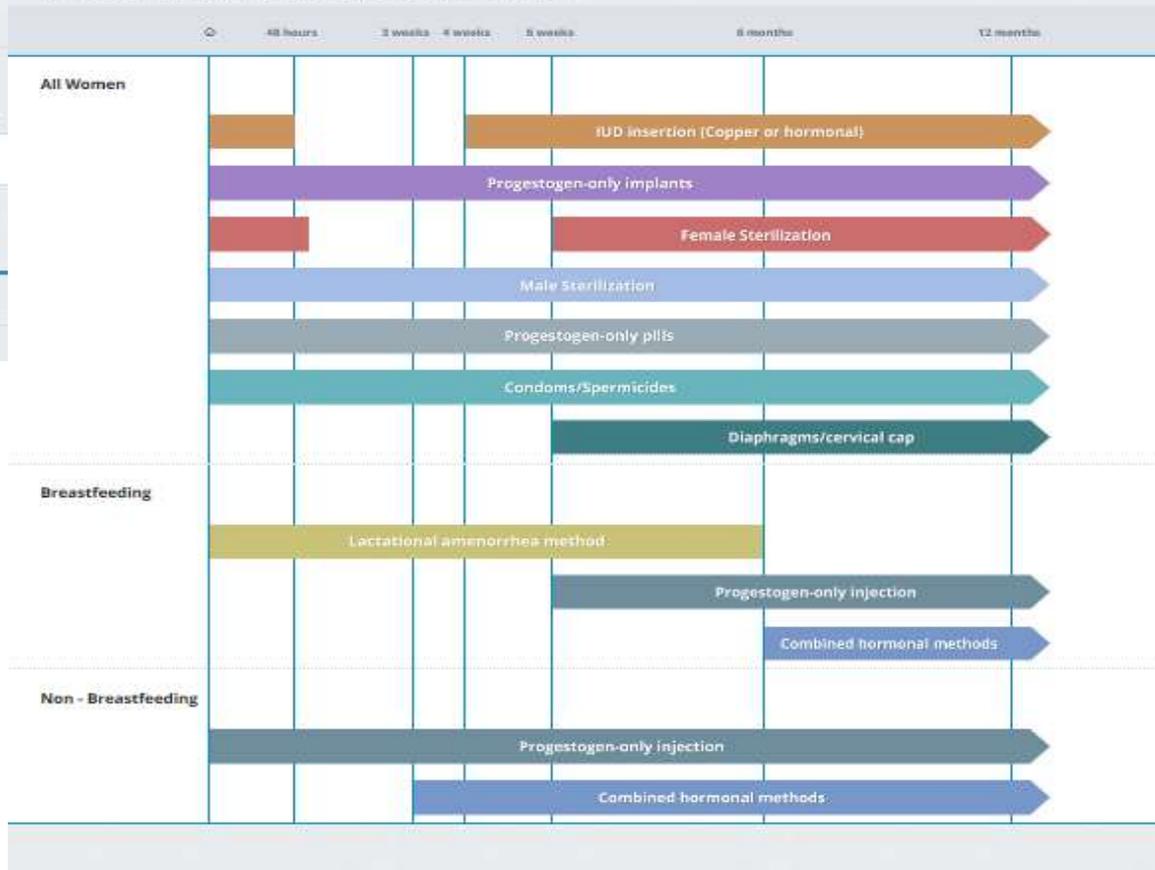
Choose Medical Conditions:

Breastfeeding Status:  Yes  No

Current Medication Use:

Time interval after delivery:  0 hours 48 hours 3 weeks 4 weeks

## 2. Click on family planning method to see recommendations



# Conseils de planification familiale post-partum à portée de main : Placez un signet !

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### 1. What are the woman's characteristics?

Choose Medical Conditions:	Breastfeeding Status:	Current Medication Use:	Other Characteristics:
<input type="text" value="0 Selected"/>	<input checked="" type="radio"/> Yes <input type="radio"/> No	<input type="text" value="0 Selected"/>	<input type="text" value="0 Selected"/>

# Merci !

Suivez-nous sur Twitter **@HRPresearch**

Consultez notre site Web, à l'adresse

[https://www.who.int/teams/sexual-and-reproductive-health-and-research-\(srh\)/](https://www.who.int/teams/sexual-and-reproductive-health-and-research-(srh)/)